

# Milena L Contreras

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4871291/publications.pdf>

Version: 2024-02-01

12  
papers

76  
citations

2148532

4  
h-index

1905433

7  
g-index

12  
all docs

12  
docs citations

12  
times ranked

25  
citing authors

#	ARTICLE	IF	CITATIONS
1	Examining the Impact of Different Components of Sleep Quality on Anxiety Among Family Carers of People with Dementia. <i>Journal of Geriatric Psychiatry and Neurology</i> , 2023, 36, 63-72.	1.2	4
2	What are the educational and support needs of family carers looking after someone in the early stages of Alzheimer's disease? A qualitative retrospective approach. <i>Health and Social Care in the Community</i> , 2022, 30, 1726-1734.	0.7	6
3	Internet-delivered guided self-help acceptance and commitment therapy for family carers of people with dementia (iACT4CARERS): a feasibility study. <i>Aging and Mental Health</i> , 2022, 26, 1933-1941.	1.5	13
4	The Psychometric Properties of the Spanish Reinforcement Sensitivity Theory " Personality Questionnaire (RST-PQ) and its Relationship with Everyday Behaviors. <i>Spanish Journal of Psychology</i> , 2022, 25, e8.	1.1	2
5	Internet-delivered guided self-help Acceptance and Commitment Therapy for family carers of people with dementia (iACT4CARERS): a qualitative study of carer views and acceptability. <i>International Journal of Qualitative Studies on Health and Well-being</i> , 2022, 17, 2066255.	0.6	9
6	Factors Related to the Quality of Life in Family Carers of People With Dementia: A Meta-Analysis. <i>Journal of Geriatric Psychiatry and Neurology</i> , 2021, 34, 482-500.	1.2	7
7	Factors predicting quality of life in family carers of people with dementia: The role of psychological inflexibility. <i>Journal of Contextual Behavioral Science</i> , 2021, 22, 7-12.	1.3	3
8	Therapists' perceptions and acceptability of providing internet-delivered guided self-help acceptance and commitment therapy (ACT) for family carers of people with dementia (iACT4CARERS): a qualitative study. <i>The Cognitive Behaviour Therapist</i> , 2021, 14, .	0.4	3
9	Examining the carer-related and patient-related factors predicting anxiety amongst family carers of people with dementia. <i>Alzheimer's and Dementia</i> , 2021, 17, e051608.	0.4	0
10	Exploring the impact of carer stressors and psychological inflexibility on depression and anxiety in family carers of people with dementia. <i>Journal of Contextual Behavioral Science</i> , 2020, 17, 119-125.	1.3	21
11	Challenges in dementia care: comparing key issues from Brazil and the United Kingdom. <i>Dementia E Neuropsychologia</i> , 2020, 14, 216-222.	0.3	8
12	Factors affecting the quality of life of family carers of people with dementia: the role of carer anxiety. <i>Psychology, Health and Medicine</i> , 0, , 1-11.	1.3	0