

Penny M Kris-Etherton

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

357
papers

36,302
citations

89
h-index

185
g-index

373
ext. papers

41,206
ext. citations

6
avg, IF

7.2
L-index

| # | Paper | IF | Citations |
|-----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-----------|
| 357 | Effects of preconception lifestyle intervention in infertile women with obesity: The FIT-PLESE randomized controlled trial.. <i>PLoS Medicine</i> , 2022 , 19, e1003883 | 11.6 | 2 |
| 356 | Dietary Fat: The Good, the Bad, and What Is Best? 2022 , 309-318 | | |
| 355 | Role of dietary spices in modulating inflammation and oxidative stress 2022 , 545-580 | | |
| 354 | Health aspects of high-oleic oils 2022 , 201-243 | | 1 |
| 353 | Randomized Double-Blind Controlled Trial of Freeze-Dried Strawberry Powder Supplementation in Adults with Overweight or Obesity and Elevated Cholesterol. 2022 , 1-11 | | 0 |
| 352 | Impact of Alpha-linolenic Acid, the Vegetable Omega-3 Fatty Acid, on Cardiovascular Disease and Cognition.. <i>Advances in Nutrition</i> , 2022 , | 10 | 3 |
| 351 | Abdominal Subcutaneous Adipose Tissue, Diet, and Risk of Cardiovascular Disease: What do we Know?. <i>International Journal of Cardiovascular Sciences</i> , 2021 , 35, 46-47 | 0.4 | |
| 350 | Science dialogue mapping of knowledge and knowledge gaps related to the effects of dairy intake on human cardiovascular health and disease. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 61, 179-195 | 11.5 | 2 |
| 349 | 2021 Dietary Guidance to Improve Cardiovascular Health: A Scientific Statement From the American Heart Association. <i>Circulation</i> , 2021 , 144, e472-e487 | 16.7 | 47 |
| 348 | Diet Quality Assessment and the Relationship between Diet Quality and Cardiovascular Disease Risk.. <i>Nutrients</i> , 2021 , 13, | 6.7 | 3 |
| 347 | Special Considerations for Healthy Lifestyle Promotion Across the Life Span in Clinical Settings: A Science Advisory From the American Heart Association. <i>Circulation</i> , 2021 , CIR0000000000001014 | 16.7 | 1 |
| 346 | Strategies for Promotion of a Healthy Lifestyle in Clinical Settings: Pillars of Ideal Cardiovascular Health: A Science Advisory From the American Heart Association. <i>Circulation</i> , 2021 , CIR0000000000001018 | 16.7 | 2 |
| 345 | Medical Nutrition Therapy for Lipid and Lipoprotein Disorders. <i>Contemporary Cardiology</i> , 2021 , 159-171 | 0.1 | 1 |
| 344 | Nutrition and behavioral health disorders: depression and anxiety. <i>Nutrition Reviews</i> , 2021 , 79, 247-260 | 6.4 | 28 |
| 343 | Effect of varying quantities of lean beef as part of a Mediterranean-style dietary pattern on lipids and lipoproteins: a randomized crossover controlled feeding trial. <i>American Journal of Clinical Nutrition</i> , 2021 , 113, 1126-1136 | 7 | 3 |
| 342 | Polymorphisms in the stearoyl-CoA desaturase gene modify blood glucose response to dietary oils varying in MUFA content in adults with obesity. <i>British Journal of Nutrition</i> , 2021 , 1-10 | 3.6 | 1 |
| 341 | Culinary Medicine for Family Medicine Residents. <i>Medical Science Educator</i> , 2021 , 31, 1015-1018 | 0.7 | 0 |

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| 340 | The effect of herbs and spices on risk factors for cardiometabolic diseases: a review of human clinical trials. <i>Nutrition Reviews</i> , 2021 , | 6.4 | 1 |
| 339 | Effects of Oral Contraception and Lifestyle Modification on Incretins and TGF- β Superfamily Hormones in PCOS. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2021 , 106, 108-119 | 5.6 | 2 |
| 338 | Lifestyle modifications alone or combined with hormonal contraceptives improve sexual dysfunction in women with polycystic ovary syndrome. <i>Fertility and Sterility</i> , 2021 , 115, 474-482 | 4.8 | 3 |
| 337 | A prospective study of waist circumference trajectories and incident cardiovascular disease in China: the Kailuan Cohort Study. <i>American Journal of Clinical Nutrition</i> , 2021 , 113, 338-347 | 7 | 6 |
| 336 | Four weeks of spice consumption lowers plasma proinflammatory cytokines and alters the function of monocytes in adults at risk for cardiometabolic disease: secondary outcome analysis in a three-period, randomized, crossover, controlled feeding trial. <i>American Journal of Clinical Nutrition</i> , 2021 , | 7 | 1 |
| 335 | Greater Scores for Dietary Fat and Grain Quality Components Underlie Higher Total Healthy Eating Index-2015 Scores, While Whole Fruits, Seafood, and Plant Proteins Are Most Favorably Associated with Cardiometabolic Health in US Adults. <i>Current Developments in Nutrition</i> , 2021 , 5, nzab015 | 0.4 | 2 |
| 334 | Effects of Cranberry Juice Supplementation on Cardiovascular Disease Risk Factors in Adults with Elevated Blood Pressure: A Randomized Controlled Trial. <i>Nutrients</i> , 2021 , 13, | 6.7 | 4 |
| 333 | Matrix Effects on the Delivery Efficacy of Bifidobacterium animalis subsp. BB-12 on Fecal Microbiota, Gut Transit Time, and Short-Chain Fatty Acids in Healthy Young Adults. <i>MSphere</i> , 2021 , 6, e0008421 | 5 | 2 |
| 332 | 2021 ACC Expert Consensus Decision Pathway on the Management of ASCVD Risk Reduction in Patients With Persistent Hypertriglyceridemia: A Report of the American College of Cardiology Solution Set Oversight Committee. <i>Journal of the American College of Cardiology</i> , 2021 , 78, 960-993 | 15.1 | 28 |
| 331 | Peanuts or An Isocaloric Lower Fat, Higher Carbohydrate Nighttime Snack Have Similar Effects on Fasting Glucose in Adults with Elevated Fasting Glucose Concentrations: A 6-Week Randomized Crossover Trial. <i>Journal of Nutrition</i> , 2021 , | 4.1 | 1 |
| 330 | Herbs and spices at a relatively high culinary dosage improves 24-hour ambulatory blood pressure in adults at risk of cardiometabolic diseases: a randomized, crossover, controlled-feeding study. <i>American Journal of Clinical Nutrition</i> , 2021 , | 7 | 1 |
| 329 | The design and rationale of a multi-center randomized clinical trial comparing one avocado per day to usual diet: The Habitual Diet and Avocado Trial (HAT). <i>Contemporary Clinical Trials</i> , 2021 , 110, 106565 | 2.3 | 0 |
| 328 | The Weight Optimization Revamping Lifestyle using the Dietary Guidelines (WORLD) Study: Sustained Weight Loss Over 12 Months. <i>Obesity</i> , 2020 , 28, 1235-1244 | 8 | 0 |
| 327 | Public health guidelines should recommend reducing saturated fat consumption as much as possible: NO. <i>American Journal of Clinical Nutrition</i> , 2020 , 112, 19-24 | 7 | 15 |
| 326 | Public health guidelines should recommend reducing saturated fat consumption as much as possible: Debate Consensus. <i>American Journal of Clinical Nutrition</i> , 2020 , 112, 25-26 | 7 | 15 |
| 325 | The Type and Amount of Dietary Fat Affect Plasma Factor VIIc, Fibrinogen, and PAI-1 in Healthy Individuals and Individuals at High Cardiovascular Disease Risk: 2 Randomized Controlled Trials. <i>Journal of Nutrition</i> , 2020 , 150, 2089-2100 | 4.1 | 1 |
| 324 | Public health guidelines should recommend reducing saturated fat consumption as much as possible: YES. <i>American Journal of Clinical Nutrition</i> , 2020 , 112, 13-18 | 7 | 25 |
| 323 | Barriers, Opportunities, and Challenges in Addressing Disparities in Diet-Related Cardiovascular Disease in the United States. <i>Journal of the American Heart Association</i> , 2020 , 9, e014433 | 6 | 25 |

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| 322 | The effect of culinary doses of spices in a high-saturated fat, high-carbohydrate meal on postprandial lipemia and endothelial function: a randomized, controlled, crossover pilot trial. <i>Food and Function</i> , 2020 , 11, 3191-3200 | 6.1 | 7 |
| 321 | Spices in a High-Saturated-Fat, High-Carbohydrate Meal Reduce Postprandial Proinflammatory Cytokine Secretion in Men with Overweight or Obesity: A 3-Period, Crossover, Randomized Controlled Trial. <i>Journal of Nutrition</i> , 2020 , 150, 1600-1609 | 4.1 | 15 |
| 320 | Relative validity and reliability of a diet risk score (DRS) for clinical practice. <i>BMJ Nutrition, Prevention and Health</i> , 2020 , 3, 263-269 | 6.7 | 5 |
| 319 | The Effect of Inflammation and Insulin Resistance on Lipid and Lipoprotein Responsiveness to Dietary Intervention. <i>Current Developments in Nutrition</i> , 2020 , 4, nzaa160 | 0.4 | 4 |
| 318 | Replacing Saturated Fats with Unsaturated Fats from Walnuts or Vegetable Oils Lowers Atherogenic Lipoprotein Classes Without Increasing Lipoprotein(a). <i>Journal of Nutrition</i> , 2020 , 150, 818-825 | 4.1 | 10 |
| 317 | Dietary Cholesterol and Cardiovascular Risk: A Science Advisory From the American Heart Association. <i>Circulation</i> , 2020 , 141, e39-e53 | 16.7 | 67 |
| 316 | Walnuts and Vegetable Oils Containing Oleic Acid Differentially Affect the Gut Microbiota and Associations with Cardiovascular Risk Factors: Follow-up of a Randomized, Controlled, Feeding Trial in Adults at Risk for Cardiovascular Disease. <i>Journal of Nutrition</i> , 2020 , 150, 806-817 | 4.1 | 24 |
| 315 | Perspective: The Role of Beverages as a Source of Nutrients and Phytonutrients. <i>Advances in Nutrition</i> , 2020 , 11, 507-523 | 10 | 11 |
| 314 | Circulating Concentrations of Essential Fatty Acids, Linoleic and Linolenic Acid, in US Adults in 2003-2004 and 2011-2012 and the Relation with Risk Factors for Cardiometabolic Disease: An NHANES Analysis. <i>Current Developments in Nutrition</i> , 2020 , 4, nzaa149 | 0.4 | 1 |
| 313 | Diet and Lp(a): Does Dietary Change Modify Residual Cardiovascular Risk Conferred by Lp(a)?. <i>Nutrients</i> , 2020 , 12, | 6.7 | 11 |
| 312 | Omega-3 Long-Chain Polyunsaturated Fatty Acids Intake by Ethnicity, Income, and Education Level in the United States: NHANES 2003-2014. <i>Nutrients</i> , 2020 , 12, | 6.7 | 9 |
| 311 | Nutrition and atherosclerotic cardiovascular disease 2020 , 393-411 | | 1 |
| 310 | Intestinal microbiota-derived tryptophan metabolites are predictive of Ah receptor activity. <i>Gut Microbes</i> , 2020 , 12, 1-24 | 8.8 | 35 |
| 309 | A Moderate-Fat Diet with One Avocado per Day Increases Plasma Antioxidants and Decreases the Oxidation of Small, Dense LDL in Adults with Overweight and Obesity: A Randomized Controlled Trial. <i>Journal of Nutrition</i> , 2020 , 150, 276-284 | 4.1 | 12 |
| 308 | Review of current evidence and clinical recommendations on the effects of low-carbohydrate and very-low-carbohydrate (including ketogenic) diets for the management of body weight and other cardiometabolic risk factors: A scientific statement from the National Lipid Association Nutrition and Lifestyle Task Force. <i>Journal of Clinical Lipidology</i> , 2019 , 13, 689-711.e1 | 4.9 | 104 |
| 307 | Omega-3 Fatty Acid Intake by Age, Gender, and Pregnancy Status in the United States: National Health and Nutrition Examination Survey 2003-2014. <i>Nutrients</i> , 2019 , 11, | 6.7 | 40 |
| 306 | Practical Nutrition for the Primary Care Provider: A Pilot Test. <i>Medical Science Educator</i> , 2019 , 29, 363-373. | 7 | 1 |
| 305 | Aging women and their endothelium: probing the relative role of estrogen on vasodilator function. <i>American Journal of Physiology - Heart and Circulatory Physiology</i> , 2019 , 317, H395-H404 | 5.2 | 31 |

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| 304 | Association of Trajectory of Cardiovascular Health Score and Incident Cardiovascular Disease. <i>JAMA Network Open</i> , 2019 , 2, e194758 | 10.4 | 52 |
| 303 | A Meta-Analysis of 46 Studies Identified by the FDA Demonstrates that Soy Protein Decreases Circulating LDL and Total Cholesterol Concentrations in Adults. <i>Journal of Nutrition</i> , 2019 , 149, 968-981 | 4.1 | 36 |
| 302 | n-3 Docosapentaenoic Acid Intake and Relationship with Plasma Long-Chain n-3 Fatty Acid Concentrations in the United States: NHANES 2003-2014. <i>Lipids</i> , 2019 , 54, 221-230 | 1.6 | 9 |
| 301 | Innovation to Create a Healthy and Sustainable Food System: A Science Advisory From the American Heart Association. <i>Circulation</i> , 2019 , 139, e1025-e1032 | 16.7 | 20 |
| 300 | Replacing Saturated Fat With Walnuts or Vegetable Oils Improves Central Blood Pressure and Serum Lipids in Adults at Risk for Cardiovascular Disease: A Randomized Controlled-Feeding Trial. <i>Journal of the American Heart Association</i> , 2019 , 8, e011512 | 6 | 37 |
| 299 | The effect of nuts on markers of glycemic control: a systematic review and meta-analysis of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2019 , 109, 297-314 | 7 | 31 |
| 298 | Assessing the impact of the diet on cardiometabolic outcomes: are multiple measurements post-intervention necessary?. <i>European Journal of Clinical Nutrition</i> , 2019 , 73, 1546-1550 | 5.2 | |
| 297 | Predicting the effects of supplemental EPA and DHA on the omega-3 index. <i>American Journal of Clinical Nutrition</i> , 2019 , 110, 1034-1040 | 7 | 42 |
| 296 | Omega-3 Fatty Acids for the Management of Hypertriglyceridemia: A Science Advisory From the American Heart Association. <i>Circulation</i> , 2019 , 140, e673-e691 | 16.7 | 169 |
| 295 | Common Variants in Lipid Metabolism-Related Genes Associate with Fat Mass Changes in Response to Dietary Monounsaturated Fatty Acids in Adults with Abdominal Obesity. <i>Journal of Nutrition</i> , 2019 , 149, 1749-1756 | 4.1 | 5 |
| 294 | Relationships between seafood consumption during pregnancy and childhood and neurocognitive development: Two systematic reviews. <i>Prostaglandins Leukotrienes and Essential Fatty Acids</i> , 2019 , 151, 14-36 | 2.8 | 44 |
| 293 | An abundance of seafood consumption studies presents new opportunities to evaluate effects on neurocognitive development. <i>Prostaglandins Leukotrienes and Essential Fatty Acids</i> , 2019 , 151, 8-13 | 2.8 | 5 |
| 292 | Recent Clinical Trials Shed New Light on the Cardiovascular Benefits of Omega-3 Fatty Acids. <i>Methodist DeBakey Cardiovascular Journal</i> , 2019 , 15, 171-178 | 2.1 | 26 |
| 291 | Diets Enriched with Conventional or High-Oleic Acid Canola Oils Lower Atherogenic Lipids and Lipoproteins Compared to a Diet with a Western Fatty Acid Profile in Adults with Central Adiposity. <i>Journal of Nutrition</i> , 2019 , 149, 471-478 | 4.1 | 31 |
| 290 | Association of reported fish intake and supplementation status with the omega-3 index. <i>Prostaglandins Leukotrienes and Essential Fatty Acids</i> , 2019 , 142, 4-10 | 2.8 | 30 |
| 289 | Nutrition and Cardiovascular Disease-an Update. <i>Current Atherosclerosis Reports</i> , 2018 , 20, 8 | 6 | 54 |
| 288 | Medical Nutrition Education, Training, and Competencies to Advance Guideline-Based Diet Counseling by Physicians: A Science Advisory From the American Heart Association. <i>Circulation</i> , 2018 , 137, e821-e841 | 16.7 | 56 |
| 287 | Impact of a Weight Management Intervention on Eating Competence: Importance of Measurement Interval in Protocol Design. <i>American Journal of Health Promotion</i> , 2018 , 32, 718-728 | 2.5 | 7 |

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| 286 | Low-Calorie Sweetened Beverages and Cardiometabolic Health: A Science Advisory From the American Heart Association. <i>Circulation</i> , 2018 , 138, e126-e140 | 16.7 | 67 |
| 285 | Dietary Intakes of EPA and DHA Omega-3 Fatty Acids among US Childbearing-Age and Pregnant Women: An Analysis of NHANES 2001-2014. <i>Nutrients</i> , 2018 , 10, | 6.7 | 61 |
| 284 | A Clinician@ Guide for Trending Cardiovascular Nutrition Controversies: Part II. <i>Journal of the American College of Cardiology</i> , 2018 , 72, 553-568 | 15.1 | 68 |
| 283 | Considerations to facilitate a US study that replicates PREDIMED. <i>Metabolism: Clinical and Experimental</i> , 2018 , 85, 361-367 | 12.7 | 11 |
| 282 | Diets Low in Saturated Fat with Different Unsaturated Fatty Acid Profiles Similarly Increase Serum-Mediated Cholesterol Efflux from THP-1 Macrophages in a Population with or at Risk for Metabolic Syndrome: The Canola Oil Multicenter Intervention Trial. <i>Journal of Nutrition</i> , 2018 , 148, 721-728 | 4.1 | 7 |
| 281 | Roundtable discussion: Dietary fats in prevention of atherosclerotic cardiovascular disease. <i>Journal of Clinical Lipidology</i> , 2018 , 12, 574-582 | 4.9 | 2 |
| 280 | Convincing evidence supports reducing saturated fat to decrease cardiovascular disease risk. <i>BMJ Nutrition, Prevention and Health</i> , 2018 , 1, 23-26 | 6.7 | 13 |
| 279 | Identification of specialized pro-resolving mediator clusters from healthy adults after intravenous low-dose endotoxin and omega-3 supplementation: a methodological validation. <i>Scientific Reports</i> , 2018 , 8, 18050 | 4.9 | 42 |
| 278 | Projected Long-Chain n-3 Fatty Acid Intake Post-Replacement of Vegetables Oils with Stearidonic Acid-Modified Varieties: Results from a National Health and Nutrition Examination Survey 2003-2008 Analysis. <i>Lipids</i> , 2018 , 53, 961-970 | 1.6 | 1 |
| 277 | Tree Nut Consumption and Adipose Tissue Mass: Mechanisms of Action. <i>Current Developments in Nutrition</i> , 2018 , 2, nzy069 | 0.4 | 11 |
| 276 | Dietary Patterns Affect the Gut Microbiome-The Link to Risk of Cardiometabolic Diseases. <i>Journal of Nutrition</i> , 2018 , 148, 1402-1407 | 4.1 | 23 |
| 275 | Seafood Long-Chain n-3 Polyunsaturated Fatty Acids and Cardiovascular Disease: A Science Advisory From the American Heart Association. <i>Circulation</i> , 2018 , 138, e35-e47 | 16.7 | 217 |
| 274 | Consumption of Bifidobacterium animalis subsp. lactis BB-12 in yogurt reduced expression of TLR-2 on peripheral blood-derived monocytes and pro-inflammatory cytokine secretion in young adults. <i>European Journal of Nutrition</i> , 2017 , 56, 649-661 | 5.2 | 21 |
| 273 | Peripheral Inflammatory Biomarkers for Myocardial Infarction Risk: A Prospective Community-Based Study. <i>Clinical Chemistry</i> , 2017 , 63, 663-672 | 5.5 | 28 |
| 272 | Meal Timing and Frequency: Implications for Cardiovascular Disease Prevention: A Scientific Statement From the American Heart Association. <i>Circulation</i> , 2017 , 135, e96-e121 | 16.7 | 290 |
| 271 | Trending Cardiovascular Nutrition Controversies. <i>Journal of the American College of Cardiology</i> , 2017 , 69, 1172-1187 | 15.1 | 72 |
| 270 | Impact of hormonal contraception and weight loss on high-density lipoprotein cholesterol efflux and lipoprotein particles in women with polycystic ovary syndrome. <i>Clinical Endocrinology</i> , 2017 , 86, 739-746 | 3.4 | 7 |
| 269 | Dietary Fats and Cardiovascular Disease: A Presidential Advisory From the American Heart Association. <i>Circulation</i> , 2017 , 136, e1-e23 | 16.7 | 587 |

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| 268 | Smell and Taste Dysfunction Is Associated with Higher Serum Total Cholesterol Concentrations in Chinese Adults. <i>Journal of Nutrition</i> , 2017 , 147, 1546-1551 | 4.1 | 14 |
| 267 | Inclusion of Almonds in a Cholesterol-Lowering Diet Improves Plasma HDL Subspecies and Cholesterol Efflux to Serum in Normal-Weight Individuals with Elevated LDL Cholesterol. <i>Journal of Nutrition</i> , 2017 , 147, 1517-1523 | 4.1 | 19 |
| 266 | A Deficiency of Nutrition Education and Practice in Cardiology. <i>American Journal of Medicine</i> , 2017 , 130, 1298-1305 | 2.4 | 48 |
| 265 | Oleic acid-derived oleoylethanolamide: A nutritional science perspective. <i>Progress in Lipid Research</i> , 2017 , 67, 1-15 | 14.3 | 61 |
| 264 | Acute Peanut Consumption Alters Postprandial Lipids and Vascular Responses in Healthy Overweight or Obese Men. <i>Journal of Nutrition</i> , 2017 , 147, 835-840 | 4.1 | 24 |
| 263 | Omega-3 Polyunsaturated Fatty Acid (Fish Oil) Supplementation and the Prevention of Clinical Cardiovascular Disease: A Science Advisory From the American Heart Association. <i>Circulation</i> , 2017 , 135, e867-e884 | 16.7 | 371 |
| 262 | Incorporating freeze-dried strawberry powder into a high-fat meal does not alter postprandial vascular function or blood markers of cardiovascular disease risk: a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2017 , 105, 313-322 | 7 | 20 |
| 261 | Total Long-Chain n-3 Fatty Acid Intake and Food Sources in the United States Compared to Recommended Intakes: NHANES 2003-2008. <i>Lipids</i> , 2017 , 52, 917-927 | 1.6 | 33 |
| 260 | A healthy approach to dietary fats: understanding the science and taking action to reduce consumer confusion. <i>Nutrition Journal</i> , 2017 , 16, 53 | 4.3 | 97 |
| 259 | Longitudinal Change in Fasting Blood Glucose and Myocardial Infarction Risk in a Population Without Diabetes. <i>Diabetes Care</i> , 2017 , 40, 1565-1572 | 14.6 | 73 |
| 258 | Effects of isoflavone-containing soya protein on ex vivo cholesterol efflux, vascular function and blood markers of CVD risk in adults with moderately elevated blood pressure: a dose-response randomised controlled trial. <i>British Journal of Nutrition</i> , 2017 , 117, 1403-1413 | 3.6 | 14 |
| 257 | Effects of Dark Chocolate and Almonds on Cardiovascular Risk Factors in Overweight and Obese Individuals: A Randomized Controlled-Feeding Trial. <i>Journal of the American Heart Association</i> , 2017 , 6, | 6 | 28 |
| 256 | Healthy Dietary Patterns for Preventing Cardiometabolic Disease: The Role of Plant-Based Foods and Animal Products. <i>Current Developments in Nutrition</i> , 2017 , 1, | 0.4 | 33 |
| 255 | Effects of Bifidobacterium animalis subsp. lactis BB-12 on the lipid/lipoprotein profile and short chain fatty acids in healthy young adults: a randomized controlled trial. <i>Nutrition Journal</i> , 2017 , 16, 39 | 4.3 | 19 |
| 254 | Estimates of the direct and indirect cost savings associated with heart disease that could be avoided through dietary change in the United States. <i>Journal of Medical Economics</i> , 2017 , 20, 182-192 | 2.4 | 7 |
| 253 | The Role of Diet in the Prevention and Treatment of Cardiovascular Disease 2017 , 595-623 | | 3 |
| 252 | Saturated Fatty Acids and Cardiovascular Disease: Replacements for Saturated Fat to Reduce Cardiovascular Risk. <i>Healthcare (Switzerland)</i> , 2017 , 5, | 3.4 | 124 |
| 251 | Omega-3 Fatty Acids and Cardiovascular Disease: Are There Benefits?. <i>Current Treatment Options in Cardiovascular Medicine</i> , 2016 , 18, 69 | 2.1 | 107 |

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| 250 | Recommended Dietary Pattern to Achieve Adherence to the American Heart Association/American College of Cardiology (AHA/ACC) Guidelines: A Scientific Statement From the American Heart Association. <i>Circulation</i> , 2016 , 134, e505-e529 | 16.7 | 227 |
| 249 | Effects of canola and high-oleic-acid canola oils on abdominal fat mass in individuals with central obesity. <i>Obesity</i> , 2016 , 24, 2261-2268 | 8 | 51 |
| 248 | Weight Loss and Lowering Androgens Predict Improvements in Health-Related Quality of Life in Women With PCOS. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2016 , 101, 2966-74 | 5.6 | 71 |
| 247 | Food-Based Approaches for Achieving Nutritional Adequacy with the Mediterranean, DASH, and USDA Food Patterns 2016 , 239-259 | | 0 |
| 246 | Pairing nuts and dried fruit for cardiometabolic health. <i>Nutrition Journal</i> , 2016 , 15, 23 | 4.3 | 22 |
| 245 | Consumption of Bifidobacterium animalis subsp. lactis BB-12 impacts upper respiratory tract infection and the function of NK and T γ cells in healthy adults. <i>Molecular Nutrition and Food Research</i> , 2016 , 60, 1161-71 | 5.9 | 22 |
| 244 | Interactions between dietary oil treatments and genetic variants modulate fatty acid ethanalamides in plasma and body weight composition. <i>British Journal of Nutrition</i> , 2016 , 115, 1012-23 | 3.6 | 23 |
| 243 | Effects of dietary pulse consumption on body weight: a systematic review and meta-analysis of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2016 , 103, 1213-23 | 7 | 106 |
| 242 | Benefit of Delayed Fertility Therapy With Preconception Weight Loss Over Immediate Therapy in Obese Women With PCOS. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2016 , 101, 2658-66 | 5.6 | 77 |
| 241 | Macronutrient Content of the Diet: What Do We Know About Energy Balance and Weight Maintenance?. <i>Current Obesity Reports</i> , 2016 , 5, 208-13 | 8.4 | 7 |
| 240 | Nutrigenomics, the Microbiome, and Gene-Environment Interactions: New Directions in Cardiovascular Disease Research, Prevention, and Treatment: A Scientific Statement From the American Heart Association. <i>Circulation: Cardiovascular Genetics</i> , 2016 , 9, 291-313 | | 66 |
| 239 | Evidence-Based Policy Making: Assessment of the American Heart Association's Strategic Policy Portfolio: A Policy Statement From the American Heart Association. <i>Circulation</i> , 2016 , 133, e615-53 | 16.7 | 24 |
| 238 | Medical Training to Achieve Competency in Lifestyle Counseling: An Essential Foundation for Prevention and Treatment of Cardiovascular Diseases and Other Chronic Medical Conditions: A Scientific Statement From the American Heart Association. <i>Circulation</i> , 2016 , 134, e308-e327 | 16.7 | 57 |
| 237 | Nutrition competencies in health professionals: education and training: a new paradigm. <i>Advances in Nutrition</i> , 2015 , 6, 83-7 | 10 | 53 |
| 236 | In vitro Production of IL-6 and IFN- γ s Influenced by Dietary Variables and Predicts Upper Respiratory Tract Infection Incidence and Severity Respectively in Young Adults. <i>Frontiers in Immunology</i> , 2015 , 6, 94 | 8.4 | 8 |
| 235 | Effects of culinary spices and psychological stress on postprandial lipemia and lipase activity: results of a randomized crossover study and in vitro experiments. <i>Journal of Translational Medicine</i> , 2015 , 13, 7 | 8.5 | 22 |
| 234 | Enhanced and Updated American Heart Association Heart-Check Front-of-Package Symbol: Efforts to Help Consumers Identify Healthier Food Choices. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2015 , 115, 876-84 | 3.9 | 3 |
| 233 | Effects of pistachios on the lipid/lipoprotein profile, glycemic control, inflammation, and endothelial function in type 2 diabetes: A randomized trial. <i>Metabolism: Clinical and Experimental</i> , 2015 , 64, 1521-9 | 12.7 | 57 |

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| 232 | Effects of daily almond consumption on cardiometabolic risk and abdominal adiposity in healthy adults with elevated LDL-cholesterol: a randomized controlled trial. <i>Journal of the American Heart Association</i> , 2015 , 4, e000993 | 6 | 66 |
| 231 | Impact of functional foods on prevention of cardiovascular disease and diabetes. <i>Current Cardiology Reports</i> , 2015 , 17, 39 | 4.2 | 50 |
| 230 | Dose-response effects of marine omega-3 fatty acids on apolipoproteins, apolipoprotein-defined lipoprotein subclasses, and Lp-PLA2 in individuals with moderate hypertriglyceridemia. <i>Journal of Clinical Lipidology</i> , 2015 , 9, 360-7 | 4.9 | 19 |
| 229 | Emerging nutrition science on fatty acids and cardiovascular disease: nutritionists' perspectives. <i>Advances in Nutrition</i> , 2015 , 6, 326S-37S | 10 | 48 |
| 228 | Commentary on Making Sense of the Science of Sodium. <i>Nutrition Today</i> , 2015 , 50, 66-71 | 1.6 | 4 |
| 227 | Type and amount of dietary protein in the treatment of metabolic syndrome: a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2015 , 102, 757-70 | 7 | 43 |
| 226 | Randomized Controlled Trial of Preconception Interventions in Infertile Women With Polycystic Ovary Syndrome. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2015 , 100, 4048-58 | 5.6 | 125 |
| 225 | Plant protein and animal proteins: do they differentially affect cardiovascular disease risk?. <i>Advances in Nutrition</i> , 2015 , 6, 712-28 | 10 | 127 |
| 224 | High-oleic canola oil consumption enriches LDL particle cholesteryl oleate content and reduces LDL proteoglycan binding in humans. <i>Atherosclerosis</i> , 2015 , 238, 231-8 | 3.1 | 38 |
| 223 | Noninvasive assessment of hemodynamics: a comparative analysis of fingertip pulse contour analysis and impedance cardiography. <i>Blood Pressure Monitoring</i> , 2015 , 20, 209-14 | 1.3 | 4 |
| 222 | Red Blood Cell Docosapentaenoic Acid (DPA n-3) is Inversely Associated with Triglycerides and C-reactive Protein (CRP) in Healthy Adults and Dose-Dependently Increases Following n-3 Fatty Acid Supplementation. <i>Nutrients</i> , 2015 , 7, 6390-404 | 6.7 | 30 |
| 221 | National Lipid Association Recommendations for Patient-Centered Management of Dyslipidemia: Part 2. <i>Journal of Clinical Lipidology</i> , 2015 , 9, S1-122.e1 | 4.9 | 293 |
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