

Penny M Kris-Etherton

List of Publications by Year in descending order

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Version: 2024-02-01

363
papers

46,831
citations

1883

102
h-index

1928

207
g-index

374
all docs

374
docs citations

374
times ranked

41356
citing authors

#	ARTICLE	IF	CITATIONS
1	Fish Consumption, Fish Oil, Omega-3 Fatty Acids, and Cardiovascular Disease. <i>Circulation</i> , 2002, 106, 2747-2757.	1.6	3,043
2	Diet and Lifestyle Recommendations Revision 2006. <i>Circulation</i> , 2006, 114, 82-96.	1.6	2,354
3	Bioactive compounds in foods: their role in the prevention of cardiovascular disease and cancer. <i>American Journal of Medicine</i> , 2002, 113, 71-88.	0.6	1,896
4	Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women—2011 Update. <i>Circulation</i> , 2011, 123, 1243-1262.	1.6	1,576
5	Triglycerides and Cardiovascular Disease. <i>Circulation</i> , 2011, 123, 2292-2333.	1.6	1,511
6	AHA Dietary Guidelines. <i>Circulation</i> , 2000, 102, 2284-2299.	1.6	1,376
7	Dietary Fats and Cardiovascular Disease: A Presidential Advisory From the American Heart Association. <i>Circulation</i> , 2017, 136, e1-e23.	1.6	884
8	Polyunsaturated fatty acids in the food chain in the United States. <i>American Journal of Clinical Nutrition</i> , 2000, 71, 179S-188S.	2.2	807
9	Interventions to Promote Physical Activity and Dietary Lifestyle Changes for Cardiovascular Risk Factor Reduction in Adults. <i>Circulation</i> , 2010, 122, 406-441.	1.6	760
10	n-3 Fatty acid dietary recommendations and food sources to achieve essentiality and cardiovascular benefits. <i>American Journal of Clinical Nutrition</i> , 2006, 83, 1526S-1535S.	2.2	759
11	Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women—2011 Update. <i>Journal of the American College of Cardiology</i> , 2011, 57, 1404-1423.	1.2	679
12	Omega-6 Fatty Acids and Risk for Cardiovascular Disease. <i>Circulation</i> , 2009, 119, 902-907.	1.6	653
13	Soy Protein, Isoflavones, and Cardiovascular Health. <i>Circulation</i> , 2006, 113, 1034-1044.	1.6	605
14	Effects of the National Cholesterol Education Program's Step I and Step II dietary intervention programs on cardiovascular disease risk factors: a meta-analysis. <i>American Journal of Clinical Nutrition</i> , 1999, 69, 632-646.	2.2	546
15	Omega-3 Fatty Acids and Cardiovascular Disease. <i>Arteriosclerosis, Thrombosis, and Vascular Biology</i> , 2003, 23, 151-152.	1.1	523
16	Primary Prevention of Coronary Heart Disease: Guidance From Framingham. <i>Circulation</i> , 1998, 97, 1876-1887.	1.6	520
17	High-monounsaturated fatty acid diets lower both plasma cholesterol and triacylglycerol concentrations. <i>American Journal of Clinical Nutrition</i> , 1999, 70, 1009-1015.	2.2	506
18	Population Approaches to Improve Diet, Physical Activity, and Smoking Habits. <i>Circulation</i> , 2012, 126, 1514-1563.	1.6	488

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19	Omega-3 Polyunsaturated Fatty Acid (Fish Oil) Supplementation and the Prevention of Clinical Cardiovascular Disease. <i>Circulation</i> , 2017, 135, e867-e884.	1.6	484
20	Meal Timing and Frequency: Implications for Cardiovascular Disease Prevention: A Scientific Statement From the American Heart Association. <i>Circulation</i> , 2017, 135, e96-e121.	1.6	469
21	Dietary $\hat{\pm}$ -Linolenic Acid Reduces Inflammatory and Lipid Cardiovascular Risk Factors in Hypercholesterolemic Men and Women. <i>Journal of Nutrition</i> , 2004, 134, 2991-2997.	1.3	451
22	National Lipid Association Recommendations for Patient-Centered Management of Dyslipidemia: Part 2. <i>Journal of Clinical Lipidology</i> , 2015, 9, S1-S122.e1.	0.6	430
23	Cardiovascular disease risk of dietary stearic acid compared with trans, other saturated, and unsaturated fatty acids: a systematic review. <i>American Journal of Clinical Nutrition</i> , 2010, 91, 46-63.	2.2	408
24	Fish Consumption, Fish Oil, Omega-3 Fatty Acids, and Cardiovascular Disease. <i>Arteriosclerosis, Thrombosis, and Vascular Biology</i> , 2003, 23, e20-30.	1.1	390
25	2021 Dietary Guidance to Improve Cardiovascular Health: A Scientific Statement From the American Heart Association. <i>Circulation</i> , 2021, 144, e472-e487.	1.6	370
26	Lyon Diet Heart Study. <i>Circulation</i> , 2001, 103, 1823-1825.	1.6	361
27	Antioxidant Vitamin Supplements and Cardiovascular Disease. <i>Circulation</i> , 2004, 110, 637-641.	1.6	359
28	Obesity, adiposity, and dyslipidemia: A consensus statement from the National Lipid Association. <i>Journal of Clinical Lipidology</i> , 2013, 7, 304-383.	0.6	346
29	Seafood Long-Chain n-3 Polyunsaturated Fatty Acids and Cardiovascular Disease: A Science Advisory From the American Heart Association. <i>Circulation</i> , 2018, 138, e35-e47.	1.6	346
30	The Role of Tree Nuts and Peanuts in the Prevention of Coronary Heart Disease: Multiple Potential Mechanisms. <i>Journal of Nutrition</i> , 2008, 138, 1746S-1751S.	1.3	333
31	Recommended Dietary Pattern to Achieve Adherence to the American Heart Association/American College of Cardiology (AHA/ACC) Guidelines: A Scientific Statement From the American Heart Association. <i>Circulation</i> , 2016, 134, e505-e529.	1.6	322
32	Evidence that the antioxidant flavonoids in tea and cocoa are beneficial for cardiovascular health. <i>Current Opinion in Lipidology</i> , 2002, 13, 41-49.	1.2	321
33	AHA Dietary Guidelines. <i>Stroke</i> , 2000, 31, 2751-2766.	1.0	310
34	Monounsaturated Fatty Acids and Risk of Cardiovascular Disease. <i>Circulation</i> , 1999, 100, 1253-1258.	1.6	307
35	Dietary reference intakes for DHA and EPA. <i>Prostaglandins Leukotrienes and Essential Fatty Acids</i> , 2009, 81, 99-104.	1.0	303
36	Effects of cocoa powder and dark chocolate on LDL oxidative susceptibility and prostaglandin concentrations in humans. <i>American Journal of Clinical Nutrition</i> , 2001, 74, 596-602.	2.2	299

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37	Summary of American Heart Association Diet and Lifestyle Recommendations Revision 2006. <i>Arteriosclerosis, Thrombosis, and Vascular Biology</i> , 2006, 26, 2186-2191.	1.1	295
38	Omega-3 Fatty Acids for the Management of Hypertriglyceridemia: A Science Advisory From the American Heart Association. <i>Circulation</i> , 2019, 140, e673-e691.	1.6	282
39	Nuts and their bioactive constituents: effects on serum lipids and other factors that affect disease risk. <i>American Journal of Clinical Nutrition</i> , 1999, 70, 504S-511S.	2.2	281
40	Dietary α -linolenic acid inhibits proinflammatory cytokine production by peripheral blood mononuclear cells in hypercholesterolemic subjects. <i>American Journal of Clinical Nutrition</i> , 2007, 85, 385-391.	2.2	276
41	The Evidence for Dietary Prevention and Treatment of Cardiovascular Disease. <i>Journal of the American Dietetic Association</i> , 2008, 108, 287-331.	1.3	276
42	Anti-inflammatory effects of polyunsaturated fatty acids in THP-1 cells. <i>Biochemical and Biophysical Research Communications</i> , 2005, 336, 909-917.	1.0	272
43	The effects of a whole grain-enriched hypocaloric diet on cardiovascular disease risk factors in men and women with metabolic syndrome. <i>American Journal of Clinical Nutrition</i> , 2008, 87, 79-90.	2.2	257
44	Effects of Reducing Dietary Saturated Fatty Acids on Plasma Lipids and Lipoproteins in Healthy Subjects. <i>Arteriosclerosis, Thrombosis, and Vascular Biology</i> , 1998, 18, 441-449.	1.1	255
45	The Effects of Nuts on Coronary Heart Disease Risk. <i>Nutrition Reviews</i> , 2001, 59, 103-111.	2.6	253
46	Dose-response effects of omega-3 fatty acids on triglycerides, inflammation, and endothelial function in healthy persons with moderate hypertriglyceridemia. <i>American Journal of Clinical Nutrition</i> , 2011, 93, 243-252.	2.2	243
47	BIOACTIVE COMPOUNDS IN NUTRITION AND HEALTH-RESEARCH METHODOLOGIES FOR ESTABLISHING BIOLOGICAL FUNCTION: The Antioxidant and Anti-inflammatory Effects of Flavonoids on Atherosclerosis. <i>Annual Review of Nutrition</i> , 2004, 24, 511-538.	4.3	241
48	Cranberries and Their Bioactive Constituents in Human Health. <i>Advances in Nutrition</i> , 2013, 4, 618-632.	2.9	233
49	Achieving optimal essential fatty acid status in vegetarians: current knowledge and practical implications. <i>American Journal of Clinical Nutrition</i> , 2003, 78, 640S-646S.	2.2	229
50	Review of current evidence and clinical recommendations on the effects of low-carbohydrate and very-low-carbohydrate (including ketogenic) diets for the management of body weight and other cardiometabolic risk factors: A scientific statement from the National Lipid Association Nutrition and Lifestyle Task Force. <i>Journal of Clinical Lipidology</i> , 2019, 13, 689-711.e1.	0.6	225
51	Accuracy of Energy Intake Data Estimated by a Multiplepass, 24-hour Dietary Recall Technique. <i>Journal of the American Dietetic Association</i> , 2000, 100, 303-311.	1.3	222
52	Worksite Wellness Programs for Cardiovascular Disease Prevention. <i>Circulation</i> , 2009, 120, 1725-1741.	1.6	212
53	Saturated Fatty Acids and Cardiovascular Disease: Replacements for Saturated Fat to Reduce Cardiovascular Risk. <i>Healthcare (Switzerland)</i> , 2017, 5, 29.	1.0	207
54	Dietary Omega-3 Fatty Acid Intake and Cardiovascular Risk. <i>American Journal of Cardiology</i> , 2006, 98, 3-18.	0.7	204

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55	Fatty acids in cardiovascular health and disease: A comprehensive update. <i>Journal of Clinical Lipidology</i> , 2012, 6, 216-234.	0.6	201
56	American Heart Association Guide for Improving Cardiovascular Health at the Community Level, 2013 Update. <i>Circulation</i> , 2013, 127, 1730-1753.	1.6	201
57	Managing Abnormal Blood Lipids. <i>Circulation</i> , 2005, 112, 3184-3209.	1.6	199
58	A Quantitative Risk-Benefit Analysis of Changes in Population Fish Consumption. <i>American Journal of Preventive Medicine</i> , 2005, 29, 325-325.	1.6	197
59	Plant Protein and Animal Proteins: Do They Differentially Affect Cardiovascular Disease Risk?. <i>Advances in Nutrition</i> , 2015, 6, 712-728.	2.9	189
60	The need to advance nutrition education in the training of health care professionals and recommended research to evaluate implementation and effectiveness. <i>American Journal of Clinical Nutrition</i> , 2014, 99, 1153S-1166S.	2.2	180
61	Randomized Controlled Trial of Preconception Interventions in Infertile Women With Polycystic Ovary Syndrome. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2015, 100, 4048-4058.	1.8	180
62	Intakes of long-chain omega-3 fatty acid associated with reduced risk for death from coronary heart disease in healthy adults. <i>Current Atherosclerosis Reports</i> , 2008, 10, 503-509.	2.0	172
63	Determinants of Erythrocyte Omega-3 Fatty Acid Content in Response to Fish Oil Supplementation: A Dose-Response Randomized Controlled Trial. <i>Journal of the American Heart Association</i> , 2013, 2, e000513.	1.6	172
64	A Randomized Trial of Improved Weight Loss With a Prepared Meal Plan in Overweight and Obese Patients. <i>Archives of Internal Medicine</i> , 2000, 160, 2150.	4.3	164
65	Increasing Referral and Participation Rates to Outpatient Cardiac Rehabilitation: The Valuable Role of Healthcare Professionals in the Inpatient and Home Health Settings. <i>Circulation</i> , 2012, 125, 1321-1329.	1.6	162
66	A Quantitative Analysis of Fish Consumption and Coronary Heart Disease Mortality. <i>American Journal of Preventive Medicine</i> , 2005, 29, 335-346.	1.6	161
67	A Moderate-Protein Diet Produces Sustained Weight Loss and Long-Term Changes in Body Composition and Blood Lipids in Obese Adults. <i>Journal of Nutrition</i> , 2009, 139, 514-521.	1.3	161
68	Dietary Cholesterol and Cardiovascular Risk: A Science Advisory From the American Heart Association. <i>Circulation</i> , 2020, 141, e39-e53.	1.6	161
69	Tree nuts and the lipid profile: a review of clinical studies. <i>British Journal of Nutrition</i> , 2006, 96, S68-S78.	1.2	160
70	Guide to Primary Prevention of Cardiovascular Diseases. <i>Circulation</i> , 1997, 95, 2329-2331.	1.6	152
71	Effects of dietary pulse consumption on body weight: a systematic review and meta-analysis of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2016, 103, 1213-1223.	2.2	150
72	A healthy approach to dietary fats: understanding the science and taking action to reduce consumer confusion. <i>Nutrition Journal</i> , 2017, 16, 53.	1.5	150

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73	Position of the American Dietetic Association and Dietitians of Canada: dietary fatty acids. <i>Journal of the American Dietetic Association</i> , 2007, 107, 1599-611.	1.3	150
74	2021 ACC Expert Consensus Decision Pathway on the Management of ASCVD Risk Reduction in Patients With Persistent Hypertriglyceridemia. <i>Journal of the American College of Cardiology</i> , 2021, 78, 960-993.	1.2	146
75	Soy Protein Reduces Serum Cholesterol by Both Intrinsic and Food Displacement Mechanisms. <i>Journal of Nutrition</i> , 2010, 140, 2302S-2311S.	1.3	145
76	Effect of dietary pulse intake on established therapeutic lipid targets for cardiovascular risk reduction: a systematic review and meta-analysis of randomized controlled trials. <i>Cmaj</i> , 2014, 186, E252-E262.	0.9	144
77	Design criteria for studies examining individual fatty acid effects on cardiovascular disease risk factors: human and animal studies. <i>American Journal of Clinical Nutrition</i> , 1997, 65, 1590S-1596S.	2.2	143
78	Provision of Foods Differing in Energy Density Affects Long-Term Weight Loss. <i>Obesity</i> , 2005, 13, 1052-1060.	4.0	139
79	Effect of Dietary Pulses on Blood Pressure: A Systematic Review and Meta-analysis of Controlled Feeding Trials. <i>American Journal of Hypertension</i> , 2014, 27, 56-64.	1.0	136
80	Association of Trajectory of Cardiovascular Health Score and Incident Cardiovascular Disease. <i>JAMA Network Open</i> , 2019, 2, e194758.	2.8	136
81	Total Fat Intake Modifies Plasma Fatty Acid Composition in Humans. <i>Journal of Nutrition</i> , 2001, 131, 231-234.	1.3	135
82	Omega-3 Fatty Acids and Cardiovascular Disease: Are There Benefits?. <i>Current Treatment Options in Cardiovascular Medicine</i> , 2016, 18, 69.	0.4	135
83	Effects of moderate-fat (from monounsaturated fat) and low-fat weight-loss diets on the serum lipid profile in overweight and obese men and women. <i>American Journal of Clinical Nutrition</i> , 2004, 79, 204-212.	2.2	132
84	Impact of Peanuts and Tree Nuts on Body Weight and Healthy Weight Loss in Adults. <i>Journal of Nutrition</i> , 2008, 138, 1741S-1745S.	1.3	132
85	Longitudinal Change in Fasting Blood Glucose and Myocardial Infarction Risk in a Population Without Diabetes. <i>Diabetes Care</i> , 2017, 40, 1565-1572.	4.3	132
86	Polyunsaturated Fatty Acids and Cardiovascular Health. <i>Nutrition Reviews</i> , 2004, 62, 414-426.	2.6	125
87	Intestinal microbiota-derived tryptophan metabolites are predictive of Ah receptor activity. <i>Gut Microbes</i> , 2020, 12, 1788899.	4.3	123
88	Comparison of monounsaturated fat with carbohydrates as a replacement for saturated fat in subjects with a high metabolic risk profile: studies in the fasting and postprandial states. <i>American Journal of Clinical Nutrition</i> , 2007, 86, 1611-1620.	2.2	121
89	A Macadamia Nut-Rich Diet Reduces Total and LDL-Cholesterol in Mildly Hypercholesterolemic Men and Women. <i>Journal of Nutrition</i> , 2008, 138, 761-767.	1.3	121
90	AHA Scientific Statement: AHA Dietary Guidelines. <i>Journal of Nutrition</i> , 2001, 131, 132-146.	1.3	119

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91	The Diversity of Health Effects of Individual <i>trans</i> Fatty Acid Isomers. <i>Lipids</i> , 2007, 42, 787-799.	0.7	119
92	Effects of Whole Grains on Coronary Heart Disease Risk. <i>Current Atherosclerosis Reports</i> , 2010, 12, 368-376.	2.0	119
93	Dietary <i>cis</i> and <i>trans</i> monounsaturated and saturated FA and plasma lipids and lipoproteins in men. <i>Lipids</i> , 2002, 37, 123-131.	0.7	118
94	Effects of pistachios on cardiovascular disease risk factors and potential mechanisms of action: a dose-response study. <i>American Journal of Clinical Nutrition</i> , 2008, 88, 651-659.	2.2	118
95	When to Start Cholesterol-Lowering Therapy in Patients With Coronary Heart Disease. <i>Circulation</i> , 1997, 95, 1683-1685.	1.6	117
96	Benefit of Delayed Fertility Therapy With Preconception Weight Loss Over Immediate Therapy in Obese Women With PCOS. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2016, 101, 2658-2666.	1.8	116
97	Low-Calorie Sweetened Beverages and Cardiometabolic Health: A Science Advisory From the American Heart Association. <i>Circulation</i> , 2018, 138, e126-e140.	1.6	116
98	Trending Cardiovascular Nutrition Controversies. <i>Journal of the American College of Cardiology</i> , 2017, 69, 1172-1187.	1.2	115
99	Beef in an Optimal Lean Diet study: effects on lipids, lipoproteins, and apolipoproteins. <i>American Journal of Clinical Nutrition</i> , 2012, 95, 9-16.	2.2	112
100	Nutrition and behavioral health disorders: depression and anxiety. <i>Nutrition Reviews</i> , 2021, 79, 247-260.	2.6	111
101	Limitations of Observational Evidence: Implications for Evidence-Based Dietary Recommendations. <i>Advances in Nutrition</i> , 2014, 5, 7-15.	2.9	110
102	Long-chain omega-3 fatty acids: time to establish a dietary reference intake. <i>Nutrition Reviews</i> , 2013, 71, 692-707.	2.6	107
103	Weight Loss and Lowering Androgens Predict Improvements in Health-Related Quality of Life in Women With PCOS. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2016, 101, 2966-2974.	1.8	107
104	Dietary stearic acid and risk of cardiovascular disease: Intake, sources, digestion, and absorption. <i>Lipids</i> , 2005, 40, 1193-1200.	0.7	104
105	Milk Products, Dietary Patterns and Blood Pressure Management. <i>Journal of the American College of Nutrition</i> , 2009, 28, 103S-119S.	1.1	104
106	A Quantitative Analysis of Fish Consumption and Stroke Risk. <i>American Journal of Preventive Medicine</i> , 2005, 29, 347-352.	1.6	103
107	Medical Nutrition Education, Training, and Competencies to Advance Guideline-Based Diet Counseling by Physicians: A Science Advisory From the American Heart Association. <i>Circulation</i> , 2018, 137, e821-e841.	1.6	101
108	Nutrigenomics, the Microbiome, and Gene-Environment Interactions: New Directions in Cardiovascular Disease Research, Prevention, and Treatment. <i>Circulation: Cardiovascular Genetics</i> , 2016, 9, 291-313.	5.1	99

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109	Low Fat and High Monounsaturated Fat Diets Decrease Human Low Density Lipoprotein Oxidative Susceptibility In Vitro. <i>Journal of Nutrition</i> , 2001, 131, 1758-1763.	1.3	98
110	Improved Diet Quality with Peanut Consumption. <i>Journal of the American College of Nutrition</i> , 2004, 23, 660-668.	1.1	98
111	Examining Breast Cancer Growth and Lifestyle Risk Factors: Early Life, Childhood, and Adolescence. <i>Clinical Breast Cancer</i> , 2008, 8, 334-342.	1.1	97
112	Acute Consumption of Walnuts and Walnut Components Differentially Affect Postprandial Lipemia, Endothelial Function, Oxidative Stress, and Cholesterol Efflux in Humans with Mild Hypercholesterolemia. <i>Journal of Nutrition</i> , 2013, 143, 788-794.	1.3	97
113	Effects of sugar-sweetened and sugar-free cocoa on endothelial function in overweight adults. <i>International Journal of Cardiology</i> , 2011, 149, 83-88.	0.8	95
114	Pistachios Increase Serum Antioxidants and Lower Serum Oxidized-LDL in Hypercholesterolemic Adults. <i>Journal of Nutrition</i> , 2010, 140, 1093-1098.	1.3	93
115	Oleic acid-derived oleoylethanolamide: A nutritional science perspective. <i>Progress in Lipid Research</i> , 2017, 67, 1-15.	5.3	93
116	DHA-enriched high-oleic acid canola oil improves lipid profile and lowers predicted cardiovascular disease risk in the canola oil multicenter randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2014, 100, 88-97.	2.2	91
117	Clinical Practice Guidelines for Healthy Eating for the Prevention and Treatment of Metabolic and Endocrine Diseases in Adults: Cosponsored by the American Association of Clinical Endocrinologists/The American College of Endocrinology and the Obesity Society. <i>Endocrine Practice</i> , 2013, 19, 1-82.	1.1	90
118	Dietary Intakes of EPA and DHA Omega-3 Fatty Acids among US Childbearing-Age and Pregnant Women: An Analysis of NHANES 2001-2014. <i>Nutrients</i> , 2018, 10, 416.	1.7	90
119	Effect of a Moderate Fat Diet With and Without Avocados on Lipoprotein Particle Number, Size and Subclasses in Overweight and Obese Adults: A Randomized, Controlled Trial. <i>Journal of the American Heart Association</i> , 2015, 4, e001355.	1.6	89
120	The Evidence for α -Linolenic Acid and Cardiovascular Disease Benefits: Comparisons with Eicosapentaenoic Acid and Docosahexaenoic Acid. <i>Advances in Nutrition</i> , 2014, 5, 863S-876S.	2.9	88
121	Recent discoveries in inclusive food-based approaches and dietary patterns for reduction in risk for cardiovascular disease. <i>Current Opinion in Lipidology</i> , 2002, 13, 397-407.	1.2	87
122	Effects of Diets High in Walnuts and Flax Oil on Hemodynamic Responses to Stress and Vascular Endothelial Function. <i>Journal of the American College of Nutrition</i> , 2010, 29, 595-603.	1.1	87
123	Nutrition and Cardiovascular Disease—an Update. <i>Current Atherosclerosis Reports</i> , 2018, 20, 8.	2.0	87
124	Effects of almond consumption on the reduction of LDL-cholesterol: a discussion of potential mechanisms and future research directions. <i>Nutrition Reviews</i> , 2011, 69, 171-185.	2.6	85
125	Effects of Daily Almond Consumption on Cardiometabolic Risk and Abdominal Adiposity in Healthy Adults With Elevated LDL-Cholesterol: A Randomized Controlled Trial. <i>Journal of the American Heart Association</i> , 2015, 4, e000993.	1.6	85
126	A Diet High in Protein, Dairy, and Calcium Attenuates Bone Loss over Twelve Months of Weight Loss and Maintenance Relative to a Conventional High-Carbohydrate Diet in Adults. <i>Journal of Nutrition</i> , 2008, 138, 1096-1100.	1.3	84

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127	The bioavailability of ergothioneine from mushrooms (<i>Agaricus bisporus</i>) and the acute effects on antioxidant capacity and biomarkers of inflammation. <i>Preventive Medicine</i> , 2012, 54, S75-S78.	1.6	83
128	A Clinician's Guide for Trending Cardiovascular Nutrition Controversies. <i>Journal of the American College of Cardiology</i> , 2018, 72, 553-568.	1.2	83
129	A Meta-Analysis of 46 Studies Identified by the FDA Demonstrates that Soy Protein Decreases Circulating LDL and Total Cholesterol Concentrations in Adults. <i>Journal of Nutrition</i> , 2019, 149, 968-981.	1.3	83
130	AHA Science Advisory: Monounsaturated Fatty Acids and Risk of Cardiovascular Disease. <i>Journal of Nutrition</i> , 1999, 129, 2280-2284.	1.3	81
131	Dietary fatty acids, hemostasis, and cardiovascular disease risk11Continuing Education Questionnaire, page 492 Meets learning need codes 4040, 4050, 5160, and 9020. <i>Journal of the American Dietetic Association</i> , 2004, 104, 410-419.	1.3	80
132	Consumption of a Legume-Enriched, Low-Glycemic Index Diet Is Associated with Biomarkers of Insulin Resistance and Inflammation among Men at Risk for Colorectal Cancer. <i>Journal of Nutrition</i> , 2010, 140, 60-67.	1.3	79
133	Oats and CVD risk markers: a systematic literature review. <i>British Journal of Nutrition</i> , 2014, 112, S19-S30.	1.2	79
134	Ageing women and their endothelium: probing the relative role of estrogen on vasodilator function. <i>American Journal of Physiology - Heart and Circulatory Physiology</i> , 2019, 317, H395-H404.	1.5	79
135	Soy Protein, Isoflavones, and Cardiovascular Health. <i>Arteriosclerosis, Thrombosis, and Vascular Biology</i> , 2006, 26, 1689-1692.	1.1	75
136	Survey of Retail Milk Composition as Affected by Label Claims Regarding Farm-Management Practices. <i>Journal of the American Dietetic Association</i> , 2008, 108, 1198-1203.	1.3	75
137	Effects of pistachios on the lipid/lipoprotein profile, glycemic control, inflammation, and endothelial function in type 2 diabetes: A randomized trial. <i>Metabolism: Clinical and Experimental</i> , 2015, 64, 1521-1529.	1.5	75
138	Relationships between seafood consumption during pregnancy and childhood and neurocognitive development: Two systematic reviews. <i>Prostaglandins Leukotrienes and Essential Fatty Acids</i> , 2019, 151, 14-36.	1.0	75
139	The effect of nuts on markers of glycemic control: a systematic review and meta-analysis of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2019, 109, 297-314.	2.2	75
140	The effect of walnut intake on factors related to prostate and vascular health in older men. <i>Nutrition Journal</i> , 2008, 7, 13.	1.5	74
141	Independent associations of serum concentrations of 25-hydroxyvitamin D and parathyroid hormone with blood pressure among US adults. <i>Journal of Hypertension</i> , 2010, 28, 1821-1828.	0.3	74
142	A Deficiency of Nutrition Education and Practice in Cardiology. <i>American Journal of Medicine</i> , 2017, 130, 1298-1305.	0.6	73
143	Comparison of monounsaturated fat with carbohydrates as a replacement for saturated fat in subjects with a high metabolic risk profile: studies in the fasting and postprandial states. <i>American Journal of Clinical Nutrition</i> , 2007, 86, 1611-1620.	2.2	73
144	Balance of Unsaturated Fatty Acids Is Important to a Cholesterol-Lowering Diet: Comparison of Mid-Oleic Sunflower Oil and Olive Oil on Cardiovascular Disease Risk Factors. <i>Journal of the American Dietetic Association</i> , 2005, 105, 1080-1086.	1.3	72

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145	Omega-3 fatty acid concentrates in the treatment of moderate hypertriglyceridemia. Expert Opinion on Pharmacotherapy, 2008, 9, 1237-1248.	0.9	72
146	Dietary Guidelines for Americans 2010: Implications for Cardiovascular Disease. Current Atherosclerosis Reports, 2011, 13, 499-507.	2.0	72
147	Effects of canola and high oleic acid canola oils on abdominal fat mass in individuals with central obesity. Obesity, 2016, 24, 2261-2268.	1.5	72
148	Effects of whole and refined grains in a weight-loss diet on markers of metabolic syndrome in individuals with increased waist circumference: a randomized controlled-feeding trial. American Journal of Clinical Nutrition, 2014, 100, 577-586.	2.2	71
149	Medical Training to Achieve Competency in Lifestyle Counseling: An Essential Foundation for Prevention and Treatment of Cardiovascular Diseases and Other Chronic Medical Conditions: A Scientific Statement From the American Heart Association. Circulation, 2016, 134, e308-e327.	1.6	71
150	Lifestyle Approaches and Dietary Strategies to Lower LDL-Cholesterol and Triglycerides and Raise HDL-Cholesterol. Endocrinology and Metabolism Clinics of North America, 2009, 38, 45-78.	1.2	70
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#	ARTICLE	IF	CITATIONS
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