

Grzegorz Bilo

List of Publications by Citations

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130
papers

6,898
citations

38
h-index

81
g-index

161
ext. papers

8,242
ext. citations

4.1
avg. IF

5.52
L-index

#	Paper	IF	Citations
130	European Society of Hypertension position paper on ambulatory blood pressure monitoring. <i>Journal of Hypertension</i> , 2013 , 31, 1731-68	1.9	898
129	European Society of Hypertension guidelines for blood pressure monitoring at home: a summary report of the Second International Consensus Conference on Home Blood Pressure Monitoring. <i>Journal of Hypertension</i> , 2008 , 26, 1505-26	1.9	578
128	European Society of Hypertension practice guidelines for ambulatory blood pressure monitoring. <i>Journal of Hypertension</i> , 2014 , 32, 1359-66	1.9	547
127	Assessment and management of blood-pressure variability. <i>Nature Reviews Cardiology</i> , 2013 , 10, 143-55	14.8	476
126	European Society of Hypertension practice guidelines for home blood pressure monitoring. <i>Journal of Human Hypertension</i> , 2010 , 24, 779-85	2.6	349
125	Awake systolic blood pressure variability correlates with target-organ damage in hypertensive subjects. <i>Hypertension</i> , 2007 , 50, 325-32	8.5	216
124	Relationship between short-term blood pressure variability and large-artery stiffness in human hypertension: findings from 2 large databases. <i>Hypertension</i> , 2012 , 60, 369-77	8.5	194
123	Weather-related changes in 24-hour blood pressure profile: effects of age and implications for hypertension management. <i>Hypertension</i> , 2006 , 47, 155-61	8.5	173
122	A new method for assessing 24-h blood pressure variability after excluding the contribution of nocturnal blood pressure fall. <i>Journal of Hypertension</i> , 2007 , 25, 2058-66	1.9	166
121	Blood pressure variability: assessment, predictive value, and potential as a therapeutic target. <i>Current Hypertension Reports</i> , 2015 , 17, 537	4.7	119
120	Impact of telemonitoring at home on the management of elderly patients with congestive heart failure. <i>Journal of Telemedicine and Telecare</i> , 2008 , 14, 300-5	6.8	110
119	Prognostic value of blood pressure variability and average blood pressure levels in patients with hypertension and diabetes. <i>Diabetes Care</i> , 2013 , 36 Suppl 2, S312-24	14.6	109
118	Modulation of hepcidin production during hypoxia-induced erythropoiesis in humans in vivo: data from the HIGHCARE project. <i>Blood</i> , 2011 , 117, 2953-9	2.2	105
117	Blood pressure variability, cardiovascular risk, and risk for renal disease progression. <i>Current Hypertension Reports</i> , 2012 , 14, 421-31	4.7	93
116	Methodology and technology for peripheral and central blood pressure and blood pressure variability measurement: current status and future directions - Position statement of the European Society of Hypertension Working Group on blood pressure monitoring and cardiovascular variability. <i>Journal of Hypertension</i> , 2016 , 34, 1615-77	1.9	89
115	Blood pressure variability: clinical relevance and application. <i>Journal of Clinical Hypertension</i> , 2018 , 20, 1133-1137	2.3	79
114	Clinical recommendations for high altitude exposure of individuals with pre-existing cardiovascular conditions: A joint statement by the European Society of Cardiology, the Council on Hypertension of the European Society of Cardiology, the European Society of Hypertension, the International Society of Mountain Medicine, the Italian Society of Hypertension and the Italian Society of Mountain Medicine. <i>European Heart Journal</i> , 2018 , 39, 1546-1554	9.5	77

113	Non-invasive beat-to-beat blood pressure monitoring: new developments. <i>Blood Pressure Monitoring</i> , 2003 , 8, 31-6	1.3	76
112	Validation of the Somnotouch-NIBP noninvasive continuous blood pressure monitor according to the European Society of Hypertension International Protocol revision 2010. <i>Blood Pressure Monitoring</i> , 2015 , 20, 291-4	1.3	75
111	Changes in 24 h ambulatory blood pressure and effects of angiotensin II receptor blockade during acute and prolonged high-altitude exposure: a randomized clinical trial. <i>European Heart Journal</i> , 2014 , 35, 3113-22	9.5	70
110	Ethnic differences in the degree of morning blood pressure surge and in its determinants between Japanese and European hypertensive subjects: data from the ARTEMIS study. <i>Hypertension</i> , 2015 , 66, 750-6	8.5	69
109	Why Is Out-of-Office Blood Pressure Measurement Needed?. <i>Hypertension</i> , 2009 , 54, 181-7	8.5	66
108	Hypertension in Chronic Kidney Disease Part 2: Role of Ambulatory and Home Blood Pressure Monitoring for Assessing Alterations in Blood Pressure Variability and Blood Pressure Profiles. <i>Hypertension</i> , 2016 , 67, 1102-10	8.5	59
107	Blood pressure and LDL-cholesterol targets for prevention of recurrent strokes and cognitive decline in the hypertensive patient: design of the European Society of Hypertension-Chinese Hypertension League Stroke in Hypertension Optimal Treatment randomized trial. <i>Journal of Hypertension</i> , 2014 , 32, 1888-97	1.9	55
106	High-altitude hypoxia and periodic breathing during sleep: gender-related differences. <i>Journal of Sleep Research</i> , 2013 , 22, 322-30	5.8	53
105	Effects of acetazolamide on central blood pressure, peripheral blood pressure, and arterial distensibility at acute high altitude exposure. <i>European Heart Journal</i> , 2013 , 34, 759-66	9.5	51
104	Home Blood Pressure Measurements Will Not Replace 24-Hour Ambulatory Blood Pressure Monitoring. <i>Hypertension</i> , 2009 , 54, 188-95	8.5	51
103	Obstructive sleep apnea syndrome as a cause of resistant hypertension. <i>Hypertension Research</i> , 2014 , 37, 601-13	4.7	50
102	Italian society of hypertension guidelines for conventional and automated blood pressure measurement in the office, at home and over 24 hours. <i>High Blood Pressure and Cardiovascular Prevention</i> , 2008 , 15, 283-310	2.9	49
101	Blood pressure measurement in research and in clinical practice: recent evidence. <i>Current Opinion in Nephrology and Hypertension</i> , 2004 , 13, 343-57	3.5	49
100	Assessment of long-term antihypertensive treatment by clinic and ambulatory blood pressure: data from the European Lacidipine Study on Atherosclerosis. <i>Journal of Hypertension</i> , 2007 , 25, 1087-94	1.9	46
99	Ambulatory blood pressure in untreated and treated hypertensive patients at high altitude: the High Altitude Cardiovascular Research-Andes study. <i>Hypertension</i> , 2015 , 65, 1266-72	8.5	45
98	The pulsatile component of blood pressure: its role in the pathogenesis of atherosclerosis. <i>Blood Pressure</i> , 2007 , 16, 238-45	1.7	45
97	Obstructive sleep apnoea treatment and blood pressure: which phenotypes predict a response? A systematic review and meta-analysis. <i>European Respiratory Journal</i> , 2020 , 55,	13.6	42
96	Assessment of overall blood pressure variability and its different components. <i>Blood Pressure Monitoring</i> , 2003 , 8, 155-9	1.3	42

95	Ambulatory blood pressure values in the Ongoing Telmisartan Alone and in Combination with Ramipril Global Endpoint Trial (ONTARGET). <i>Hypertension</i> , 2012 , 60, 1400-6	8.5	41
94	Hypertension in Chronic Kidney Disease Part 1: Out-of-Office Blood Pressure Monitoring: Methods, Thresholds, and Patterns. <i>Hypertension</i> , 2016 , 67, 1093-101	8.5	40
93	Device-guided paced breathing in the home setting: effects on exercise capacity, pulmonary and ventricular function in patients with chronic heart failure: a pilot study. <i>Circulation: Heart Failure</i> , 2008 , 1, 178-83	7.6	39
92	Statins, antihypertensive treatment, and blood pressure control in clinic and over 24 hours: evidence from PHYLLIS randomised double blind trial. <i>BMJ, The</i> , 2010 , 340, c1197	5.9	38
91	High-altitude exposure of three weeks duration increases lung diffusing capacity in humans. <i>Journal of Applied Physiology</i> , 2011 , 110, 1564-71	3.7	38
90	Blood pressure control by the nifedipine GITS-telmisartan combination in patients at high cardiovascular risk: the TALENT study. <i>Journal of Hypertension</i> , 2011 , 29, 600-9	1.9	35
89	Acute high-altitude exposure reduces lung diffusion: data from the HIGHCARE Alps project. <i>Respiratory Physiology and Neurobiology</i> , 2013 , 188, 223-8	2.8	34
88	Effects of selective and nonselective beta-blockade on 24-h ambulatory blood pressure under hypobaric hypoxia at altitude. <i>Journal of Hypertension</i> , 2011 , 29, 380-7	1.9	34
87	Evaluating 24-h antihypertensive efficacy by the smoothness index: a meta-analysis of an ambulatory blood pressure monitoring database. <i>Journal of Hypertension</i> , 2010 , 28, 2177-83	1.9	34
86	Sex and acetazolamide effects on chemoreflex and periodic breathing during sleep at altitude. <i>Chest</i> , 2015 , 147, 120-131	5.3	31
85	Evening versus morning dosing of antihypertensive drugs in hypertensive patients with sleep apnoea: a cross-over study. <i>Journal of Hypertension</i> , 2015 , 33, 393-400	1.9	31
84	Blood pressure and low-density lipoprotein-cholesterol lowering for prevention of strokes and cognitive decline: a review of available trial evidence. <i>Journal of Hypertension</i> , 2014 , 32, 1741-50	1.9	31
83	Benefits of tight blood pressure control in diabetic patients with hypertension: importance of early and sustained implementation of effective treatment strategies. <i>Diabetes Care</i> , 2011 , 34 Suppl 2, S297-303	14.6	31
82	Association of central and peripheral pulse pressure with intermediate cardiovascular phenotypes. <i>Journal of Hypertension</i> , 2012 , 30, 67-74	1.9	30
81	Aging, High Altitude, and Blood Pressure: A Complex Relationship. <i>High Altitude Medicine and Biology</i> , 2015 , 16, 97-109	1.9	29
80	Effects of slow deep breathing at high altitude on oxygen saturation, pulmonary and systemic hemodynamics. <i>PLoS ONE</i> , 2012 , 7, e49074	3.7	29
79	Time-weighted vs. conventional quantification of 24-h average systolic and diastolic ambulatory blood pressures. <i>Journal of Hypertension</i> , 2010 , 28, 459-64	1.9	29
78	Excessive Erythrocytosis and Cardiovascular Risk in Andean Highlanders. <i>High Altitude Medicine and Biology</i> , 2018 , 19, 221-231	1.9	29

77	Morning blood pressure surge: pathophysiology, clinical relevance and therapeutic aspects. <i>Integrated Blood Pressure Control</i> , 2018 , 11, 47-56	3.5	28
76	Changes in subendocardial viability ratio with acute high-altitude exposure and protective role of acetazolamide. <i>Hypertension</i> , 2013 , 61, 793-9	8.5	27
75	Seasonal variation in blood pressure: Evidence, consensus and recommendations for clinical practice. Consensus statement by the European Society of Hypertension Working Group on Blood Pressure Monitoring and Cardiovascular Variability. <i>Journal of Hypertension</i> , 2020 , 38, 1235-1243	1.9	26
74	Treating Visit-to-Visit Blood Pressure Variability to Improve Prognosis: Is Amlodipine the Drug of Choice?. <i>Hypertension</i> , 2017 , 70, 862-866	8.5	24
73	Effects of beta-blockade on exercise performance at high altitude: a randomized, placebo-controlled trial comparing the efficacy of nebivolol versus carvedilol in healthy subjects. <i>Cardiovascular Therapeutics</i> , 2012 , 30, 240-8	3.3	24
72	Should 24-h ambulatory blood pressure monitoring be done in every patient with diabetes?. <i>Diabetes Care</i> , 2009 , 32 Suppl 2, S298-304	14.6	24
71	Office and 24-h ambulatory blood pressure control by treatment in general practice: the SMonitoraggio della pressione ARteriosa nella medicina TErritorialeSstudy. <i>Journal of Hypertension</i> , 2010 , 28, 910-7	1.9	24
70	Blood pressure variability: its relevance for cardiovascular homeostasis and cardiovascular diseases. <i>Hypertension Research</i> , 2020 , 43, 609-620	4.7	21
69	Continuous positive airway pressure increases haemoglobin O2 saturation after acute but not prolonged altitude exposure. <i>European Heart Journal</i> , 2010 , 31, 457-63	9.5	21
68	Index measured at an intermediate altitude to predict impending acute mountain sickness. <i>Medicine and Science in Sports and Exercise</i> , 2011 , 43, 1811-8	1.2	21
67	How to improve the assessment of 24-h blood pressure variability. <i>Blood Pressure Monitoring</i> , 2005 , 10, 321-3	1.3	21
66	Determinants of poor hypertension management in patients with ischaemic heart disease. <i>Blood Pressure</i> , 2005 , 14, 284-92	1.7	20
65	MASKed-unconTrolled hypERTension management based on office BP or on ambulatory blood pressure measurement (MASTER) Study: a randomised controlled trial protocol. <i>BMJ Open</i> , 2018 , 8, e021038	3.3	20
64	Effects of hypobaric hypoxia exposure at high altitude on left ventricular twist in healthy subjects: data from HIGHCARE study on Mount Everest. <i>European Heart Journal Cardiovascular Imaging</i> , 2016 , 17, 635-43	4.1	19
63	Guidelines for the management of hypertension and target organ damage: reply. <i>Journal of Hypertension</i> , 2013 , 31, 2464-5	1.9	19
62	Lifestyle, psychological, socioeconomic and environmental factors and their impact on hypertension during the coronavirus disease 2019 pandemic. <i>Journal of Hypertension</i> , 2021 , 39, 1077-1089	1.9	19
61	Assessment and interpretation of blood pressure variability in a clinical setting. <i>Blood Pressure</i> , 2013 , 22, 345-54	1.7	18
60	Clinical relevance of day-by-day blood pressure and heart rate variability: new information from home self-measurements. <i>Hypertension</i> , 2008 , 52, 1006-8	8.5	18

59	Impact of cuff positioning on blood pressure measurement accuracy: may a specially designed cuff make a difference?. <i>Hypertension Research</i> , 2017 , 40, 573-580	4.7	17
58	Disappearance of isocapnic buffering period during increasing work rate exercise at high altitude. <i>European Journal of Cardiovascular Prevention and Rehabilitation</i> , 2008 , 15, 354-8		17
57	Ischemic changes in exercise ECG in a hypertensive subject acutely exposed to high altitude. Possible role of a high-altitude induced imbalance in myocardial oxygen supply-demand. <i>International Journal of Cardiology</i> , 2014 , 171, e100-2	3.2	16
56	Rate of blood pressure changes assessed by 24 h ambulatory blood pressure monitoring: another meaningful index of blood pressure variability?. <i>Journal of Hypertension</i> , 2011 , 29, 1054-8	1.9	15
55	Home blood pressure monitoring: methodology, clinical relevance and practical application: a 2021 position paper by the Working Group on Blood Pressure Monitoring and Cardiovascular Variability of the European Society of Hypertension. <i>Journal of Hypertension</i> , 2021 , 39, 1742-1767	1.9	15
54	Blood pressure at high altitude: physiology and clinical implications. <i>Kardiologia Polska</i> , 2019 , 77, 596-603.	0.9	14
53	Structure and function of large arteries in hypertension in relation to oxidative stress markers. <i>Kardiologia Polska</i> , 2013 , 71, 917-23	0.9	13
52	Mean arterial pressure estimated by brachial pulse wave analysis and comparison with currently used algorithms. <i>Journal of Hypertension</i> , 2020 , 38, 2161-2168	1.9	13
51	Reduction of 24-h blood pressure variability in extreme obese patients 10 days and 6 months after bariatric surgery depending on pre-existing hypertension. <i>European Journal of Internal Medicine</i> , 2019 , 60, 39-45	3.9	12
50	Diastolic dysfunction in controlled hypertensive patients with mild-moderate obstructive sleep apnea. <i>International Journal of Cardiology</i> , 2015 , 187, 686-92	3.2	11
49	Blood pressure variability and kidney disease: another vicious circle?. <i>Journal of Hypertension</i> , 2018 , 36, 1019-1021	1.9	11
48	Efficacy of olmesartan/amlodipine combination therapy in reducing ambulatory blood pressure in moderate-to-severe hypertensive patients not controlled by amlodipine alone. <i>Hypertension Research</i> , 2014 , 37, 836-44	4.7	11
47	Home blood pressure control is low during the critical morning hours in patients with hypertension: the SURGE observational study. <i>Family Practice</i> , 2012 , 29, 421-6	1.9	11
46	Blood pressure response to six-minute walk test in hypertensive subjects exposed to high altitude: effects of antihypertensive combination treatment. <i>International Journal of Cardiology</i> , 2016 , 219, 27-32 ^{3,2}		10
45	Proteomic-Biostatistic Integrated Approach for Finding the Underlying Molecular Determinants of Hypertension in Human Plasma. <i>Hypertension</i> , 2017 , 70, 412-419	8.5	10
44	Modulation of urinary peptidome in humans exposed to high altitude hypoxia. <i>Molecular BioSystems</i> , 2012 , 8, 959-66		10
43	Nation-wide hypertension screening in Italy: data from May Measurements Month 2017-Europe. <i>European Heart Journal Supplements</i> , 2019 , 21, D66-D70	1.5	9
42	Moving Beyond Office Blood Pressure to Achieve a Personalized and More Precise Hypertension Management: Which Way to Go?. <i>Hypertension</i> , 2017 ,	8.5	9

41	Blood Pressure Response to Exercise in Hypertensive Subjects Exposed to High Altitude and Treatment Effects. <i>Journal of the American College of Cardiology</i> , 2015 , 66, 2806-2807	15.1	9
40	Home blood pressure during COVID-19-related lockdown in patients with hypertension. <i>European Journal of Preventive Cardiology</i> , 2021 ,	3.9	9
39	Effects of acute exposure to moderate altitude on blood pressure and sleep breathing patterns. <i>International Journal of Cardiology</i> , 2020 , 301, 173-179	3.2	8
38	Office and Ambulatory Arterial Hypertension in Highlanders: HIGHCARE-ANDES Highlanders Study. <i>Hypertension</i> , 2020 , 76, 1962-1970	8.5	8
37	The impact of systolic and diastolic blood pressure variability on mortality is age dependent: Data from the Dublin Outcome Study. <i>European Journal of Preventive Cardiology</i> , 2020 , 27, 355-364	3.9	8
36	Blood pressure changes in patients with chronic heart failure undergoing slow breathing training. <i>Blood Pressure</i> , 2016 , 25, 4-10	1.7	7
35	Effectiveness and safety of high-dose valsartan monotherapy in hypertension treatment: the ValTop study. <i>Hypertension Research</i> , 2010 , 33, 986-94	4.7	7
34	Current challenges for hypertension management: From better hypertension diagnosis to improved patients adherence and blood pressure control. <i>International Journal of Cardiology</i> , 2021 , 331, 262-269	3.2	7
33	Morning and smooth 24-h ambulatory blood pressure control is not achieved in general practice: results from the SURGE observational study. <i>Journal of Hypertension</i> , 2013 , 31, 616-23; discussion 623	1.9	6
32	Evening administration of antihypertensive drugs: filling a knowledge gap. <i>Journal of Hypertension</i> , 2010 , 28, 1390-2	1.9	6
31	Renin-Angiotensin-Aldosterone System Is Not Involved in the Arterial Stiffening Induced by Acute and Prolonged Exposure to High Altitude. <i>Hypertension</i> , 2017 , 70, 75-84	8.5	5
30	The effects of telmisartan alone or with hydrochlorothiazide on morning and 24-h ambulatory BP control: results from a practice-based study (SURGE 2). <i>Hypertension Research</i> , 2013 , 36, 322-7	4.7	5
29	Efficacy and tolerability of olmesartan/amlodipine combination therapy in patients with mild-to-severe hypertension: focus on 24-h blood pressure control. <i>Therapeutic Advances in Cardiovascular Disease</i> , 2010 , 4, 301-13	3.4	5
28	Upward Shift and Steepening of the Blood Pressure Response to Exercise in Hypertensive Subjects at High Altitude. <i>Journal of the American Heart Association</i> , 2018 , 7,	6	4
27	Temporal blood pressure patterns and cardiovascular events: good night or good morning . <i>Journal of Hypertension</i> , 2006 , 24, 1703-5	1.9	4
26	Blood pressure management in hypertensive patients with syncope: how to balance hypotensive and cardiovascular risk. <i>Journal of Hypertension</i> , 2020 , 38, 2356-2362	1.9	4
25	The effects of telmisartan alone or in combination with hydrochlorothiazide on morning home blood pressure control: the SURGE 2 practice-based study. <i>Blood Pressure</i> , 2013 , 22, 377-85	1.7	3
24	Effects of device-guided slow breathing training on exercise capacity, cardiac function, and respiratory patterns during sleep in male and female patients with chronic heart failure. <i>Polish Archives of Internal Medicine</i> , 2017 , 127, 8-15	1.9	3

23	Role of acetazolamide and telmisartan/nifedipine-GITS combination in antagonizing the blood pressure rise induced by high altitude exposure. <i>International Journal of Cardiology</i> , 2016 , 225, 324-326	3.2	3
22	Blood Pressure Response in Miners Exposed to Chronic Intermittent Hypoxia in Chile. <i>Frontiers in Cardiovascular Medicine</i> , 2021 , 8, 701961	5.4	3
21	Effects of insomnia and restless legs syndrome on sleep arterial blood pressure: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2021 , 59, 101497	10.2	3
20	Insulin resistance and beat-to-beat cardiovascular dynamics: a constant relationship across different body mass index and blood pressure categories. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2015 , 100, 569-77	5.6	2
19	Response to Home Blood Pressure Measurements Will or Will Not Replace 24-Hour Ambulatory Blood Pressure Measurement. <i>Hypertension</i> , 2009 , 54,	8.5	2
18	Secondary Hypertension: Sleep Apnea 2007 , 134-143		2
17	False Versus True Resistant Hypertension 2013 , 59-75		2
16	2014 ,		1
15	A patient with high normal blood pressure--should we treat?. <i>Blood Pressure</i> , 2005 , 2, 50-2	1.7	1
14	Prognostic and Diagnostic Value of Ambulatory Blood Pressure Monitoring 2005 , 305-317		1
13	Predictive Factors for White-Coat Hypertension 2015 , 61-78		1
12	Home Blood Pressure Monitoring in Hypertension 2012 , 103-120		1
11	Cardiac autonomic regulation in patients undergoing pulmonary vein isolation for atrial fibrillation. <i>Journal of Cardiovascular Medicine</i> , 2019 , 20, 297-305	1.9	1
10	BLOOD PRESSURE EFFECTS OF OBSTRUCTIVE SLEEP APNEA TREATMENT BY CONTINUOUS POSITIVE AIRWAY PRESSURE. <i>Journal of Hypertension</i> , 2019 , 37, e40-e41	1.9	1
9	Practical aspects of treatment discontinuation and adherence. <i>Journal of Hypertension</i> , 2009 , 27, S18-21	1.9	0
8	Cardiac Autonomic Modulation and Response to Sub-Maximal Exercise in Chilean Hypertensive Miners.. <i>Frontiers in Physiology</i> , 2022 , 13, 846891	4.6	0
7	White Coat Hypertension: Definition, Terminology and Prevalence 2015 , 1-19		
6	Secondary Hypertension: Sleep Apnea 2013 , 99-106		

- 5 Home Blood Pressure Variability. *Updates in Hypertension and Cardiovascular Protection*, **2020**, 143-154 0.1
- 4 Cuff Design for Home Blood Pressure Monitors. *Updates in Hypertension and Cardiovascular Protection*, **2020**, 13-22 0.1
- 3 Diagnostic Approach to White Coat Effect and White Coat Hypertension **2015**, 21-50
- 2 ESTIMATION OF MEAN ARTERIAL PRESSURE BY THE ANALYSIS OF BRACHIAL PULSE WAVEFORM RECORDED BY APPLANATION TONOMOMETRY AND COMPARISON WITH CURRENTLY USED ALGORITHMS. *Journal of Hypertension*, **2021**, 39, e125-e126 1.9
- 1 EFFECTS OF INSOMNIA AND RESTLESS LEGS SYNDROME ON NIGHTTIME ARTERIAL BLOOD PRESSURE: A SYSTEMATIC REVIEW AND META-ANALYSIS. *Journal of Hypertension*, **2021**, 39, e176 1.9