

Andrzej Kochanowicz

List of Publications by Year in descending order

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papers

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28
all docs

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docs citations

28
times ranked

398
citing authors

#	ARTICLE	IF	CITATIONS
1	Elbow Joint Position and Force Senses in Young and Adult Untrained People and Gymnasts. International Journal of Environmental Research and Public Health, 2022, 19, 7592.	1.2	4
2	The Neuromuscular Characteristics of Gymnasts'™ Jumps and Landings at Particular Stages of Sports Training. Journal of Human Kinetics, 2021, 78, 15-28.	0.7	3
3	Serum levels of bone formation and resorption markers in relation to vitamin D status in professional gymnastics and physically active men during upper and lower body high-intensity exercise. Journal of the International Society of Sports Nutrition, 2021, 18, 29.	1.7	6
4	Single High-Dose Vitamin D Supplementation as an Approach for Reducing Ultramarathon-Induced Inflammation: A Double-Blind Randomized Controlled Trial. Nutrients, 2021, 13, 1280.	1.7	9
5	Does the PPARA Intron 7 Gene Variant (rs4253778) Influence Performance in Power/Strength-Oriented Athletes? A Case-Control Replication Study in three Cohorts of European Gymnasts. Journal of Human Kinetics, 2021, 79, 77-85.	0.7	5
6	cfDNA Changes in Maximal Exercises as a Sport Adaptation Predictor. Genes, 2021, 12, 1238.	1.0	4
7	Remote Ischemic Preconditioning Reduces Marathon-Induced Oxidative Stress and Decreases Liver and Heart Injury Markers in the Serum. Frontiers in Physiology, 2021, 12, 731889.	1.3	3
8	Effect of 10 consecutive days of remote ischemic preconditioning on local neuromuscular performance. Journal of Electromyography and Kinesiology, 2021, 60, 102584.	0.7	1
9	Ultra-Marathon-Induced Increase in Serum Levels of Vitamin D Metabolites: A Double-Blind Randomized Controlled Trial. Nutrients, 2020, 12, 3629.	1.7	19
10	Effect of Ischemic Preconditioning on Marathon-Induced Changes in Serum Exerkine Levels and Inflammation. Frontiers in Physiology, 2020, 11, 571220.	1.3	6
11	Ferritin Genes Overexpression in PBMC and a Rise in Exercise Performance as an Adaptive Response to Ischaemic Preconditioning in Young Men. BioMed Research International, 2019, 2019, 1-9.	0.9	8
12	Neuromuscular and Torque Kinetic Changes After 10 Months of Explosive Sport Training in Prepubertal Gymnasts. Pediatric Exercise Science, 2019, 31, 77-84.	0.5	4
13	Changes in the Muscle Activity of Gymnasts During a Handstand on Various Apparatus. Journal of Strength and Conditioning Research, 2019, 33, 1609-1618.	1.0	13
14	TNFA expression level changes observed in response to the Wingate Anaerobic Test in non-trained and trained individuals. Baltic Journal of Health and Physical Activity, 2019, 11, 1-10.	0.2	8
15	Relationship between postural control and muscle activity during a handstand in young and adult gymnasts. Human Movement Science, 2018, 58, 195-204.	0.6	14
16	The effect of gymnastic training on muscle strength and co-activation during isometric elbow and glenohumeral flexion/extension. Journal of Sports Medicine and Physical Fitness, 2018, 58, 966-973.	0.4	13
17	Neurofeedback for the enhancement of dynamic balance of judokas. Biology of Sport, 2018, 35, 99-102.	1.7	26
18	The Effect of Nordic Walking Training Combined with Vitamin D Supplementation on Postural Control and Muscle Strength in Elderly People-A Randomized Controlled Trial. International Journal of Environmental Research and Public Health, 2018, 15, 1951.	1.2	14

#	ARTICLE	IF	CITATIONS
19	Relationship between Joint Position Sense, Force Sense, and Muscle Strength and the Impact of Gymnastic Training on Proprioception. BioMed Research International, 2018, 2018, 1-10.	0.9	29
20	Association of High Cardiovascular Fitness and the Rate of Adaptation to Heat Stress. BioMed Research International, 2018, 2018, 1-6.	0.9	5
21	Changes in pro-inflammatory markers and leucine concentrations in response to Nordic Walking training combined with vitamin D supplementation in elderly women. Biogerontology, 2017, 18, 535-548.	2.0	45
22	Effect of Lower and Upper Body High Intensity Training on Genes Associated with Cellular Stress Response. BioMed Research International, 2017, 2017, 1-8.	0.9	7
23	Cellular Stress Response Gene Expression During Upper and Lower Body High Intensity Exercises. PLoS ONE, 2017, 12, e0171247.	1.1	7
24	Maximal Power of the Lower Limbs of Youth Gymnasts and Biomechanical Indicators of the Forward Handspring Vault Versus the Sports Result. Journal of Human Kinetics, 2016, 53, 33-40.	0.7	16
25	The level of body balance in a handstand and the effectiveness of sports training in gymnastics. Baltic Journal of Health and Physical Activity, 2015, 7, 117-124.	0.2	8
26	Criteria of Initial Selection of Candidates for Artistic Gymnastics. Baltic Journal of Health and Physical Activity, 2010, 2, .	0.2	1
27	Gymnasts' Special Quickness-Force Abilities and the Indicators of Jump from a Springboard. Baltic Journal of Health and Physical Activity, 2010, 2, .	0.2	5
28	Special Fitness and the Effectiveness of Technical Preparation in Gymnastic Vault Event in Athletes at the Directed Stage. Baltic Journal of Health and Physical Activity, 2009, 1, .	0.2	4