

# Ben Ainsworth

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

34  
papers

411  
citations

9  
h-index

20  
g-index

44  
ext. papers

587  
ext. citations

4.7  
avg, IF

3.67  
L-index

#	Paper	IF	Citations
34	Qualitative study on perceptions of use of Fractional Exhaled Nitric Oxide (FeNO) in asthma reviews.. <i>Npj Primary Care Respiratory Medicine</i> , <b>2022</b> , 32, 13	3.2	
33	White Paper: Open Digital Health - accelerating transparent and scalable health promotion and treatment.. <i>Health Psychology Review</i> , <b>2022</b> , 1-17	7.1	1
32	The Detrimental Clinical Associations of Anxiety and Depression with Difficult Asthma Outcomes. <i>Journal of Personalized Medicine</i> , <b>2022</b> , 12, 686	3.6	0
31	A qualitative study exploring the barriers to attending structured education programmes among adults with type 2 diabetes.. <i>BMC Health Services Research</i> , <b>2022</b> , 22, 584	2.9	0
30	Infection control in the home: a qualitative study exploring perceptions and experiences of adhering to protective behaviours in the home during the COVID-19 pandemic. <i>BMJ Open</i> , <b>2021</b> , 11, e056161	2.161	2
29	A Web-Based Intervention (Germ Defence) to Increase Handwashing During a Pandemic: Process Evaluations of a Randomized Controlled Trial and Public Dissemination. <i>Journal of Medical Internet Research</i> , <b>2021</b> , 23, e26104	7.6	
28	Primary Care implementation of Germ Defence, a digital behaviour change intervention to improve household infection control during the COVID-19 pandemic: A structured summary of a study protocol for a randomised controlled trial. <i>Trials</i> , <b>2021</b> , 22, 263	2.8	1
27	Adapting Behavioral Interventions for a Changing Public Health Context: A Worked Example of Implementing a Digital Intervention During a Global Pandemic Using Rapid Optimisation Methods. <i>Frontiers in Public Health</i> , <b>2021</b> , 9, 668197	6	5
26	Effectiveness of digital interventions to improve household and community infection prevention and control behaviours and to reduce incidence of respiratory and/or gastro-intestinal infections: a rapid systematic review. <i>BMC Public Health</i> , <b>2021</b> , 21, 1180	4.1	4
25	Mixed methods process evaluation of my breathing matters, a digital intervention to support self-management of asthma. <i>Npj Primary Care Respiratory Medicine</i> , <b>2021</b> , 31, 35	3.2	2
24	Infection Control Behavior at Home During the COVID-19 Pandemic: Observational Study of a Web-Based Behavioral Intervention (Germ Defence). <i>Journal of Medical Internet Research</i> , <b>2021</b> , 23, e221797	7.6	8
23	A feasibility trial of a digital mindfulness-based intervention to improve asthma-related quality of life for primary care patients with asthma. <i>Journal of Behavioral Medicine</i> , <b>2021</b> , 1	3.6	0
22	Dissociating breathlessness symptoms from mood in asthma. <i>Biological Psychology</i> , <b>2021</b> , 165, 108193	3.2	4
21	Feasibility and Acceptability of a Group Mindfulness Intervention in a Difficult Asthma Clinic. <i>Mindfulness</i> , <b>2020</b> , 11, 1734-1746	2.9	2
20	Adding web-based behavioural support to exercise referral schemes for inactive adults with chronic health conditions: the e-coachER RCT. <i>Health Technology Assessment</i> , <b>2020</b> , 24, 1-106	4.4	4
19	One year later: Highlighting the challenges and opportunities in disseminating a breathing-retraining digital behaviour change intervention. <i>Digital Health</i> , <b>2020</b> , 6, 2055207620936441	4	1
18	Impact of Personal Alcohol Consumption on Aspects of Medical Student Alcohol-Related Competencies. <i>Alcohol and Alcoholism</i> , <b>2019</b> , 54, 325-330	3.5	2

17	The importance of differentiating behavioural and psychological treatment effects from placebo in respiratory interventions. <i>European Respiratory Journal</i> , <b>2019</b> , 53,	13.6	3
16	Evaluation of a breathing retraining intervention to improve quality of life in asthma: quantitative process analysis of the BREATHE randomized controlled trial. <i>Clinical Rehabilitation</i> , <b>2019</b> , 33, 1139-1149 <sup>3</sup>	3.3	2
15	A systematic review of psychological, physical health factors, and quality of life in adult asthma. <i>Npj Primary Care Respiratory Medicine</i> , <b>2019</b> , 29, 37	3.2	25
14	A Framework for Analyzing and Measuring Usage and Engagement Data (AMUsED) in Digital Interventions: Viewpoint. <i>Journal of Medical Internet Research</i> , <b>2019</b> , 21, e10966	7.6	27
13	Feasibility trial of a digital self-management intervention <i>My Breathing Matters</i> to improve asthma-related quality of life for UK primary care patients with asthma. <i>BMJ Open</i> , <b>2019</b> , 9, e032465	3	8
12	Using an Analysis of Behavior Change to Inform Effective Digital Intervention Design: How Did the PRIMIT Website Change Hand Hygiene Behavior Across 8993 Users?. <i>Annals of Behavioral Medicine</i> , <b>2017</b> , 51, 423-431	4.5	28
11	Testing the differential effects of acceptance and attention-based psychological interventions on intrusive thoughts and worry. <i>Behaviour Research and Therapy</i> , <b>2017</b> , 91, 72-77	5.2	5
10	Addressing unmet needs in understanding asthma mechanisms: From the European Asthma Research and Innovation Partnership (EARIP) Work Package (WP)2 collaborators. <i>European Respiratory Journal</i> , <b>2017</b> , 49,	13.6	31
9	Evaluating psychological interventions in a novel experimental human model of anxiety. <i>Journal of Psychiatric Research</i> , <b>2015</b> , 63, 117-22	5.2	17
8	Use of the Nijmegen Questionnaire in asthma. <i>ERJ Open Research</i> , <b>2015</b> , 1,	3.5	2
7	The person-based approach to enhancing the acceptability and feasibility of interventions. <i>Pilot and Feasibility Studies</i> , <b>2015</b> , 1, 37	1.9	109
6	Attention control in mood and anxiety disorders: evidence from the antisaccade task. <i>Human Psychopharmacology</i> , <b>2013</b> , 28, 274-80	2.3	19
5	The effect of focused attention and open monitoring meditation on attention network function in healthy volunteers. <i>Psychiatry Research</i> , <b>2013</b> , 210, 1226-31	9.9	82
4	P.4.b.005 Impaired attentional control in high and low anxious healthy volunteers: evidence from the antisaccade task. <i>European Neuropsychopharmacology</i> , <b>2009</b> , 19, S599	1.2	12
3	Infection Control Behavior at Home During the COVID-19 Pandemic: Observational Study of a Web-Based Behavioral Intervention (Germ Defence) (Preprint)		1
2	A Framework for Analyzing and Measuring Usage and Engagement Data (AMUsED) in Digital Interventions: Viewpoint (Preprint)		1
1	Effectiveness of digital interventions to improve household and community infection prevention and control behaviours and to reduce incidence of respiratory and/or gastro-intestinal infections: A rapid systematic review		2