

Konstantinos Papanikolaou

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4819486/publications.pdf>

Version: 2024-02-01

26
papers

339
citations

840776

11
h-index

888059

17
g-index

27
all docs

27
docs citations

27
times ranked

439
citing authors

#	ARTICLE	IF	CITATIONS
1	Hybrid type, multicomponent interval training upregulates musculoskeletal fitness of adults with overweight and obesity in a volume-dependent manner: A 1-year dose-response randomised controlled trial. <i>European Journal of Sport Science</i> , 2023, 23, 432-443.	2.7	12
2	Skeletal muscle phenotype and game performance in elite women football players. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 39-53.	2.9	2
3	Hybrid neuromuscular training promotes musculoskeletal adaptations in inactive overweight and obese women: A training-detaining randomized controlled trial. <i>Journal of Sports Sciences</i> , 2021, 39, 503-512.	2.0	12
4	HPA axis responses to acute exercise differ in smokers and non-smokers. <i>Physiology and Behavior</i> , 2021, 229, 113258.	2.1	2
5	Effect of whey vs. soy protein supplementation on recovery kinetics following speed endurance training in competitive male soccer players: a randomized controlled trial. <i>Journal of the International Society of Sports Nutrition</i> , 2021, 18, 23.	3.9	15
6	Recovery Kinetics Following Small-Sided Games in Competitive Soccer Players: Does Player Density Size Matter?. <i>International Journal of Sports Physiology and Performance</i> , 2021, 16, 1270-1280.	2.3	4
7	Hybrid Neuromuscular Training Improves Cardiometabolic Health and Alters Redox Status in Inactive Overweight and Obese Women: A Randomized Controlled Trial. <i>Antioxidants</i> , 2021, 10, 1601.	5.1	11
8	Low-Grade Systemic Inflammation Interferes with Anabolic and Catabolic Characteristics of the Aged Human Skeletal Muscle. <i>Oxidative Medicine and Cellular Longevity</i> , 2021, 2021, 1-14.	4.0	7
9	In-Season Integrative Neuromuscular Strength Training Improves Performance of Early-Adolescent Soccer Athletes. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 516-526.	2.1	25
10	High-intensity interval neuromuscular training promotes exercise behavioral regulation, adherence and weight loss in inactive obese women. <i>European Journal of Sport Science</i> , 2020, 20, 783-792.	2.7	23
11	Redox-dependent regulation of satellite cells following aseptic muscle trauma: Implications for sports performance and nutrition. <i>Free Radical Biology and Medicine</i> , 2020, 161, 125-138.	2.9	7
12	Recovery Kinetics After Speed-Endurance Training in Male Soccer Players. <i>International Journal of Sports Physiology and Performance</i> , 2020, 15, 395-408.	2.3	8
13	The redox-dependent regulation of satellite cells following aseptic muscle trauma (SpEED): study protocol for a randomized controlled trial. <i>Trials</i> , 2019, 20, 469.	1.6	2
14	Dose-response effects of high-intensity interval neuromuscular exercise training on weight loss, performance, health and quality of life in inactive obese adults: Study rationale, design and methods of the DoIT trial. <i>Contemporary Clinical Trials Communications</i> , 2019, 15, 100386.	1.1	17
15	Exercise in Glucose-6-Phosphate Dehydrogenase Deficiency: Harmful or Harmless? A Narrative Review. <i>Oxidative Medicine and Cellular Longevity</i> , 2019, 2019, 1-7.	4.0	13
16	The Yo-Yo Intermittent Endurance Level 2 Test: Reliability of Performance Scores, Physiological Responses and Overload Characteristics in Competitive Soccer, Basketball and Volleyball Players. <i>Journal of Human Kinetics</i> , 2019, 67, 223-233.	1.5	9
17	Protein-Based Supplementation to Enhance Recovery in Team Sports: What is the Evidence?. <i>Journal of Sports Science and Medicine</i> , 2019, 18, 523-536.	1.6	15
18	The effect of pre-exercise ingestion of corinthian currant on endurance performance and blood redox status. <i>Journal of Sports Sciences</i> , 2018, 36, 2172-2180.	2.0	6

#	ARTICLE	IF	CITATIONS
19	Exercise and Redox Status Responses Following Alpha-Lipoic Acid Supplementation in G6PD Deficient Individuals. <i>Antioxidants</i> , 2018, 7, 162.	5.1	6
20	Post-Game High Protein Intake May Improve Recovery of Football-Specific Performance during a Congested Game Fixture: Results from the PRO-FOOTBALL Study. <i>Nutrients</i> , 2018, 10, 494.	4.1	26
21	Disparate Habitual Physical Activity and Dietary Intake Profiles of Elderly Men with Low and Elevated Systemic Inflammation. <i>Nutrients</i> , 2018, 10, 566.	4.1	17
22	High intensity, circuit-type integrated neuromuscular training alters energy balance and reduces body mass and fat in obese women: A 10-month training-detraining randomized controlled trial. <i>PLoS ONE</i> , 2018, 13, e0202390.	2.5	43
23	The Effects of Acute Low-Volume HIIT and Aerobic Exercise on Leukocyte Count and Redox Status. <i>Journal of Sports Science and Medicine</i> , 2018, 17, 501-508.	1.6	28
24	Protein ingestion preserves proteasome activity during intense aseptic inflammation and facilitates skeletal muscle recovery in humans. <i>British Journal of Nutrition</i> , 2017, 118, 189-200.	2.3	29
25	An 8-month Small-group Circuit Functional Training Program Improves Body Composition And Performance Of Overweight/obese Women.. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 325.	0.4	0
26	Protein supplementation alters redox-status and proteosomic activity following aseptic inflammation induced by exercise. <i>Free Radical Biology and Medicine</i> , 2016, 96, S42.	2.9	0