Xihe Zhu

List of Publications by Year
in descending order

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93	1,312	393982	476904
papers	citations	19 h-index	29 g-index

95	95	95	878
all docs	docs citations	times ranked	citing authors

#	Article	IF	Citations
1	â€œEverybody Wants to be Includedâ€: Experiences with â€˜Inclusiveâ€™ Strategies in Physical Education. Journal of Developmental and Physical Disabilities, 2023, 35, 273-293.	1.0	2
2	Movement behaviors, comorbidities, and health-related quality of life among adults with visual impairments. Disability and Rehabilitation, 2022, 44, 4361-4367.	0.9	7
3	Mental Health, Bullying, and Victimization among Chinese Adolescents. Children, 2022, 9, 240.	0.6	8
4	Absent, Incapable, and â€œNormalâ€: Understanding the Inclusiveness of Visually Impaired Studentsâ€™ Experiences in Integrated Physical Education. Adapted Physical Activity Quarterly, 2022, 39, 424-445.	0.6	6
5	Predicting physical activity among adults with visual impairments using the theory of planned behavior. Disability and Health Journal, 2022, 15, 101363.	1.6	2
6	â€˜The rest of the time I would just stand there and look stupidâ€™: access in integrated physical education among adults with visual impairments. Sport, Education and Society, 2021, 26, 862-874.	1.5	14
7	Barriers and facilitators to inclusion in integrated physical education: Adapted physical educatorsâ€™ perspectives. European Physical Education Review, 2021, 27, 297-311.	1.2	17
8	Physical Activity Among Children with Visual Impairments, Siblings, and Parents: Exploring Familial Factors. Maternal and Child Health Journal, 2021, 25, 471-478.	0.7	3
9	Experiences in physical education and sport: reflections of female athletes with visual impairments. Curriculum Studies in Health and Physical Education, 2021, 12, 67-79.	0.9	4
10	Physical Activity, Self-efficacy and Health-related Quality of Life among Adults with Visual Impairments. Disability and Rehabilitation, 2021, 43, 530-536.	0.9	22
11	Physical activity, nutrition, and psychological well-being among youth with visual impairments and their siblings. Disability and Rehabilitation, 2021, 43, 1420-1428.	0.9	4
12	Learnersâ€™ motivational response to the Science, PE, & Me! curriculum: A situational interest perspective. Journal of Sport and Health Science, 2021, 10, 243-251.	3.3	5
13	The impact of moderate physical activity and student interaction on retention at a community college. Journal of American College Health, 2021, , 1-8.	0.8	1
14	Barriers, Expectancy-Value Beliefs, and Physical Activity Engagement Among Adults With Visual Impairments. Adapted Physical Activity Quarterly, 2021, 38, 286-306.	0.6	3
15	Accelerometer measured physical activity among youth with autism and age, sex, and body mass index matched peers: A preliminary study. Disability and Health Journal, 2021, 14, 101102.	1.6	6
16	The 24-Hour Movement Guidelines and Body Composition Among Youth Receiving Special Education Services in the United States. Journal of Physical Activity and Health, 2021, 18, 838-843.	1.0	11
17	Effects of a one-year physical activity intervention on fundamental movement skills of boys with severe intellectual disabilities. Research in Developmental Disabilities, 2021, 114, 103980.	1.2	3
18	Academic Stress, Physical Activity, Sleep, and Mental Health among Chinese Adolescents. International Journal of Environmental Research and Public Health, 2021, 18, 7257.	1.2	35

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19	High School Student Fitness Test Attributions: Does BMI or Performance Matter?. Journal of Teaching in Physical Education, 2021, 40, 49-57.	0.9	2
20	Before School Exercise Effects on Fitness and Academic Performance in Schoolchildren: A Retrospective Case-Controlled Study. Journal of Teaching in Physical Education, 2021, , 1-6.	0.9	0
21	Air Pollution and Outdoor Recreation on Urban Trails: A Case Study of the Elizabeth River Trail, Norfolk. Atmosphere, 2021, 12, 1304.	1.0	0
22	Fitness testing experiences in integrated physical education as reflected by adults with visual impairments. European Physical Education Review, 2020, 26, 747-763.	1.2	5
23	Health and fitness indicators of individuals with intellectual disabilities in China: Performance differences among disability levels. Journal of Intellectual and Developmental Disability, 2020, 45, 155-158.	1.1	2
24	Health-related fitness knowledge growth in middle school years: Individual- and school-level correlates. Journal of Sport and Health Science, 2020, 9, 664-669.	3.3	6
25	Schoolâ€based bullying experiences as reflected by adults with visual impairments. Psychology in the Schools, 2020, 57, 296-309.	1.1	6
26	Exploring the Experiences of Children with ASD in Self-contained Physical Education: a Modified Scrapbooking Study. Advances in Neurodevelopmental Disorders, 2020, 4, 51-58.	0.7	7
27	Brief Report: Reactivity to Accelerometer Measurement among Adolescents with Autism Spectrum Disorder. Journal of Autism and Developmental Disorders, 2020, 51, 2996-3000.	1.7	3
28	Performance calibration among youth with visual impairment on a 6-minute endurance run test. British Journal of Visual Impairment, 2020, 38, 324-332.	0.5	1
29	Cardiorespiratory Fitness Growth in Middle School: Socio-Demographic Factor Associations. Research Quarterly for Exercise and Sport, 2020, , 1-8.	0.8	2
30	Reactivity to accelerometer measurement of youth with moderate and severe intellectual disabilities. Journal of Intellectual Disability Research, 2020, 64, 667-672.	1.2	8
31	Twenty-Four-Hour Movement Guidelines and Body Weight in Youth. Journal of Pediatrics, 2020, 218, 204-209.	0.9	25
32	Movement in High School: Proportion of Chinese Adolescents Meeting 24-Hour Movement Guidelines. International Journal of Environmental Research and Public Health, 2020, 17, 2395.	1.2	13
33	Examining physical education experiences at integrated and residential schools for students with visual impairments. British Journal of Visual Impairment, 2020, 38, 312-323.	0.5	1
34	Proportions of youth with visual impairments meeting 24â€hr movement guidelines. Child: Care, Health and Development, 2020, 46, 345-351.	0.8	14
35	Understanding the Inclusiveness of Integrated Physical Education From the Perspectives of Adults With Visual Impairments. Adapted Physical Activity Quarterly, 2020, 37, 141-159.	0.6	28
36	â€œMy Eyes Have Nothing to Do With How My Legs Moveâ€: Individuals With Visual Impairmentsâ€™ Experiences With Learning to Run. Adapted Physical Activity Quarterly, 2020, 37, 253-269.	0.6	6

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37	Body image and physical education: Reflections of individuals with visual impairments. European Physical Education Review, 2019, 25, 1002-1016.	1.2	6
38	The Association between Health-Related Fitness and Physical Activity during Weekdays: Do Fit Students Exercise More after School?. Sustainability, 2019, 11, 4127.	1.6	4
39	Exploring the Intersection Between Disability and Overweightness in Physical Education Among Females With Visual Impairments. Research Quarterly for Exercise and Sport, 2019, 90, 344-354.	0.8	12
40	Movement and mental health: Behavioral correlates of anxiety and depression among children of 6â€“17â€¯years old in the U.S.. Mental Health and Physical Activity, 2019, 16, 60-65.	0.9	63
41	Paraeducator Support in Integrated Physical Education as Reflected by Adults With Visual Impairments. Adapted Physical Activity Quarterly, 2019, 36, 91-108.	0.6	13
42	Reactivity to Accelerometer Measurement of Children With Visual Impairments and Their Family Members. Adapted Physical Activity Quarterly, 2019, 36, 492-500.	0.6	6
43	The meaning of youth physical activity experiences among individuals with psoriasis: A retrospective inquiry. European Physical Education Review, 2019, 25, 374-388.	1.2	1
44	Examining the Health Outcomes of College Climbers: Applying the Perceived Health Outcomes of Recreation Scale. Journal of Outdoor Recreation, Education, and Leadership, 2019, 11, 258-261.	0.1	2
45	Prevalence and Demographic Correlates of Overweight, Physical Activity, and Screen Time Among School-Aged Children in Urban China: The Shanghai Study. Asia-Pacific Journal of Public Health, 2018, 30, 118-127.	0.4	16
46	Evaluation of a concept-based physical education unit for energy balance education. Journal of Sport and Health Science, 2018, 7, 353-362.	3.3	12
47	Barriers and facilitators of physical education participation for students with disabilities: an exploratory study. International Journal of Inclusive Education, 2018, 22, 130-141.	1.5	28
48	Self-efficacy and physical activity among adults with visual impairments. Disability and Health Journal, 2018, 11, 324-329.	1.6	20
49	Physical activity and obesity among nine-year-old children with and without chronic health problems, illness, or disabilities in Ireland. Disability and Health Journal, 2018, 11, 143-148.	1.6	12
50	Gender- and school-level correlates of growth in health-related fitness knowledge among US high-school students. Health Education Journal, 2018, 77, 927-938.	0.6	5
51	Weekday Physical Activity and Health-Related Fitness of Youths with Visual Impairments and those with Autism Spectrum Disorder and Visual Impairments. Journal of Visual Impairment and Blindness, 2018, 112, 372-384.	0.4	14
52	Three-Year Health-Related Fitness Knowledge Growth in One Curriculum Context: Impact of Sociodemographic Factors. Journal of Teaching in Physical Education, 2018, , 1-7.	0.9	0
53	Factors influencing high school girlsâ€™ enrolment in elective physical education: an exploratory qualitative inquiry. Curriculum Studies in Health and Physical Education, 2018, 9, 286-299.	0.9	7
54	Inappropriate Practices in Fitness Testing and Reporting: Alternative Strategies. Journal of Physical Education, Recreation and Dance, 2018, 89, 46-51.	0.1	9

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55	Females With Visual Impairments in Physical Education: Exploring the Intersection Between Disability and Gender Identities. Research Quarterly for Exercise and Sport, 2018, 89, 298-308.	0.8	19
56	Physical Educatorsâ€™ Habitual Physical Activity and Self-Efficacy for Regular Exercise. Physical Educator: A Magazine for the Profession, 2018, 75, 50-63.	0.0	1
57	Curriculum Intervention Research as a Source of Knowledge of Most Worth. Kinesiology Review, 2018, 7, 240-250.	0.4	6
58	Improving studentsâ€™ knowledge and values in physical education through Physical Best lessons. European Physical Education Review, 2017, 23, 223-236.	1.2	8
59	The meaning of physical education and sport among elite athletes with visual impairments. European Physical Education Review, 2017, 23, 375-391.	1.2	35
60	Effects of cognitive demand on situational interest and running task performances. Educational Psychology, 2017, 37, 907-920.	1.2	9
61	Development and validation of an energy-balance knowledge test for fourth- and fifth-grade students. Journal of Sports Sciences, 2017, 35, 1004-1011.	1.0	4
62	Overweight, obesity, and screen-time viewing among Chinese school-aged children: National prevalence estimates from the 2016 Physical Activity and Fitness in Chinaâ€”The Youth Study. Journal of Sport and Health Science, 2017, 6, 404-409.	3.3	73
63	Experiences of Individuals With Visual Impairments in Integrated Physical Education: A Retrospective Study. Research Quarterly for Exercise and Sport, 2017, 88, 425-435.	0.8	61
64	Physical Activity and Sedentary Behaviors of Urban Chinese Children: Grade Level Prevalence and Academic Burden Associations. BioMed Research International, 2017, 2017, 1-7.	0.9	20
65	Physical Education Experiences at Residential Schools for Students who Are Blind: A Phenomenological Inquiry. Journal of Visual Impairment and Blindness, 2017, 111, 135-147.	0.4	27
66	Mobility Status as a Predictor of Obesity, Physical Activity, and Screen Time Use among Children Aged 5-11ÂYears in the United States. Journal of Pediatrics, 2016, 176, 23-29.e1.	0.9	21
67	Enhancing energy balance education through physical education and self-monitoring technology. European Physical Education Review, 2016, 22, 137-149.	1.2	6
68	Perceived Health Outcomes of Recreation Scale (PHORS): Reliability, Validity and Invariance. Measurement in Physical Education and Exercise Science, 2016, 20, 27-37.	1.3	20
69	Physical activity and situational interest in mobile technology integrated physical education: A preliminary study. Acta Gymnica, 2016, 46, 59-67.	1.1	18
70	Physical Activity for Adults with Visual Impairments: Impact of Socio-Demographic Factors. European Journal of Adapted Physical Activity, 2016, 9, 3-14.	0.5	21
71	Student perspectives of grading in physical education. European Physical Education Review, 2015, 21, 409-420.	1.2	15
72	Tracking energy balance in adolescents: Levels of compliance, energy flux, and learning. Journal of Exercise Science and Fitness, 2015, 13, 35-41.	0.8	5

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73	The impacts of adolescent beliefs in performing a cardiorespiratory fitness test. International Journal of Sport and Exercise Psychology, 2015, 13, 182-192.	1.1	6
74	Relationship Between Motivation and Learning in Physical Education and After-School Physical Activity. Research Quarterly for Exercise and Sport, 2014, 85, 468-477.	0.8	47
75	Adolescentsâ€™ Interest and Performances in Aerobic Fitness Testing. Journal of Teaching in Physical Education, 2014, 33, 53-67.	0.9	9
76	Situational interest and physical activity in fitness testing: A need for pedagogical engineering. International Journal of Sport and Exercise Psychology, 2014, 12, 76-89.	1.1	5
77	Using Sensewear armband and diet journal to promote adolescents' energy balance knowledge and motivation. Journal of Sport and Health Science, 2014, 3, 326-332.	3.3	11
78	Physical activity and fitness knowledge learning in physical education: Seeking a common ground. European Physical Education Review, 2013, 19, 256-270.	1.2	28
79	Motivational cost aspects of physical education in middle school students. Educational Psychology, 2013, 33, 465-481.	1.2	11
80	Exploring Students' Conception and Expectations of Achievement in Physical Education. Measurement in Physical Education and Exercise Science, 2013, 17, 62-73.	1.3	11
81	Adolescent Expectancy-Value Motivation, Achievement in Physical Education, and Physical Activity Participation. Journal of Teaching in Physical Education, 2013, 32, 287-304.	0.9	10
82	Curriculum Matters. Elementary School Journal, 2012, 113, 215-229.	0.9	45
83	Are Kâ€“12 Learners Motivated in Physical Education? A Meta-Analysis. Research Quarterly for Exercise and Sport, 2012, 83, 36-48.	0.8	36
84	Influence of personal and lesson factors on caloric expenditure in physical education. Journal of Sport and Health Science, 2012, 1, 49-56.	3.3	9
85	Measurement Invariance of Expectancy-Value Questionnaire in Physical Education. Measurement in Physical Education and Exercise Science, 2012, 16, 41-54.	1.3	18
86	Implementation challenges for a constructivist physical education curriculum. Physical Education and Sport Pedagogy, 2011, 16, 83-99.	1.8	42
87	High school studentsâ€™ experiences in a Sport Education unit: The importance of team autonomy and problem-solving opportunities. European Physical Education Review, 2011, 17, 203-217.	1.2	18
88	Student teachersâ€™ reflection during practicum: plenty on action, few in action. Reflective Practice, 2011, 12, 763-775.	0.7	26
89	Calorie Expenditure As Function Of Age-gender And Lesson Length-content Interaction In Physical Education. Medicine and Science in Sports and Exercise, 2010, 42, 521-522.	0.2	0
90	Adolescent expectancy-value motivation and learning: A disconnected case in physical education. Learning and Individual Differences, 2010, 20, 512-516.	1.5	16

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91	Situational interest, cognitive engagement, and achievement in physical education. Contemporary Educational Psychology, 2009, 34, 221-229.	1.6	76
92	Using Means-End of Recreation Scale (MERS) in outdoor recreation settings: Factorial and structural tenability. Journal of Leisure Research, 0, , 1-16.	1.0	2
93	Behavioral Correlates of Depression Among Adults with Visual Impairments. Journal of Visual Impairment and Blindness, 0, , 0145482X2110466.	0.4	5