

# Katy M Horner

## List of Publications by Year in descending order

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Version: 2024-02-01

30  
papers

737  
citations

623188

14  
h-index

580395

25  
g-index

30  
all docs

30  
docs citations

30  
times ranked

1134  
citing authors

| #  | ARTICLE   | IF  | CITATIONS |
|----|---|-----|-----------|
| 1  | The Impact of Protein Supplementation on Appetite and Energy Intake in Healthy Older Adults: A Systematic Review with Meta-Analysis. <i>Advances in Nutrition</i> , 2021, 12, 490-502.  | 2.9 | 12        |
| 2  | Moringa oleifera leaf extract influences oxidative metabolism in C2C12 myotubes through SIRT1-PPAR $\alpha$ pathway. <i>Phytomedicine Plus</i> , 2021, 1, 100014.   | 0.9 | 13        |
| 3  | A Comparison of the Effect of 20- and 40-Min Session Durations of External Counterpulsation on Neuromuscular Function, Cortisol and Comfort in Physically Active Young Men. <i>Journal of Science in Sport and Exercise</i> , 2021, 3, 138-146. | 0.4 | 0         |
| 4  | Effect of Combined Interval and Continuous Exercise Training on Gastric Emptying, Appetite, and Adaptive Responses in Men With Overweight and Obesity. <i>Frontiers in Nutrition</i> , 2021, 8, 654902.   | 1.6 | 2         |
| 5  | Nutrition and Frailty: Opportunities for Prevention and Treatment. <i>Nutrients</i> , 2021, 13, 2349.   | 1.7 | 79        |
| 6  | What is known about the FTP <sup>20</sup> test related to cycling? A scoping review. <i>Journal of Sports Sciences</i> , 2021, 39, 2735-2745.   | 1.0 | 8         |
| 7  | Moringa oleifera Leaf Extract Upregulates Nrf2/HO-1 Expression and Ameliorates Redox Status in C2C12 Skeletal Muscle Cells. <i>Molecules</i> , 2021, 26, 5041.  | 1.7 | 21        |
| 8  | Biomarkers of appetite: is there a potential role for metabolomics?. <i>Nutrition Research Reviews</i> , 2020, 33, 271-286.   | 2.1 | 12        |
| 9  | Reproducibility of Objective and Subjective Markers of Exercise Recovery in College Aged Males. <i>International Journal of Exercise Science</i> , 2020, 13, 1041-1051.   | 0.5 | 0         |
| 10 | Effect of External Counterpulsation on Exercise Recovery in Team Sport Athletes. <i>International Journal of Sports Medicine</i> , 2019, 40, 511-518.   | 0.8 | 5         |
| 11 | The Role of Mineral and Trace Element Supplementation in Exercise and Athletic Performance: A Systematic Review. <i>Nutrients</i> , 2019, 11, 696.  | 1.7 | 69        |
| 12 | Sweet and Umami Taste Perception Differs with Habitual Exercise in Males. <i>Nutrients</i> , 2019, 11, 155.   | 1.7 | 22        |
| 13 | Variable Glycemic Responses to Intact and Hydrolyzed Milk Proteins in Overweight and Obese Adults Reveal the Need for Precision Nutrition. <i>Journal of Nutrition</i> , 2019, 149, 88-97.  | 1.3 | 12        |
| 14 | Effects of a casein hydrolysate versus intact casein on gastric emptying and amino acid responses. <i>European Journal of Nutrition</i> , 2019, 58, 955-964.  | 1.8 | 9         |
| 15 | Modification of aftertaste with a menthol mouthwash reduces food wanting, liking, and ad libitum intake of potato crisps. <i>Appetite</i> , 2017, 108, 57-67.   | 1.8 | 13        |
| 16 | Bioavailability of milk protein-derived bioactive peptides: a glycaemic management perspective. <i>Nutrition Research Reviews</i> , 2016, 29, 91-101.   | 2.1 | 44        |
| 17 | Food reward in active compared to inactive men: Roles for gastric emptying and body fat. <i>Physiology and Behavior</i> , 2016, 160, 43-49.   | 1.0 | 24        |
| 18 | Influence of habitual physical activity on gastric emptying in healthy males and relationships with body composition and energy expenditure. <i>British Journal of Nutrition</i> , 2015, 114, 489-496.  | 1.2 | 21        |

| #  | ARTICLE   | IF  | CITATIONS |
|----|---|-----|-----------|
| 19 | Effect of Aerobic versus Resistance Exercise on Pulse Wave Velocity, Intima Media Thickness and Left Ventricular Mass in Obese Adolescents. <i>Pediatric Exercise Science</i> , 2015, 27, 494-502.  | 0.5 | 16        |
| 20 | Post-Exercise Heart Rate Recovery and Cardiometabolic Risk Factors in Obese African-American versus White Adolescents. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 910-911.  | 0.2 | 0         |
| 21 | Appetite-related peptides in childhood and adolescence: role of ghrelin, PYY, and GLP-1. <i>Applied Physiology, Nutrition and Metabolism</i> , 2015, 40, 1089-1099.   | 0.9 | 20        |
| 22 | Acute Exercise and Gastric Emptying: A Meta-Analysis and Implications for Appetite Control. <i>Sports Medicine</i> , 2015, 45, 659-678.   | 3.1 | 95        |
| 23 | Exercise, Appetite Control, and Body Weight Regulation. , 2015, , 123-136.  |     | 1         |
| 24 | Coffee for morning hunger pangs. An examination of coffee and caffeine on appetite, gastric emptying, and energy intake. <i>Appetite</i> , 2014, 83, 317-326.   | 1.8 | 19        |
| 25 | Reproducibility of subjective appetite ratings and ad libitum test meal energy intake in overweight and obese males. <i>Appetite</i> , 2014, 81, 116-122.   | 1.8 | 31        |
| 26 | Reproducibility of gastric emptying in overweight and obese males. <i>Clinical Nutrition</i> , 2014, 33, 684-688.   | 2.3 | 9         |
| 27 | Coffee For Morning Hunger Pangs. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 14.   | 0.2 | 0         |
| 28 | The Interaction Between Exercise, Appetite, and Food Intake. <i>American Journal of Lifestyle Medicine</i> , 2013, 7, 265-273.  | 0.8 | 3         |
| 29 | Exercise, appetite and weight management: understanding the compensatory responses in eating behaviour and how they contribute to variability in exercise-induced weight loss. <i>British Journal of Sports Medicine</i> , 2012, 46, 315-322. | 3.1 | 131       |
| 30 | The effects of weight loss strategies on gastric emptying and appetite control. <i>Obesity Reviews</i> , 2011, 12, 935-951.   | 3.1 | 46        |