

# Katy M Horner

## List of Publications by Year in descending order

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Version: 2024-02-01

30  
papers

737  
citations

623734  
14  
h-index

580821  
25  
g-index

30  
all docs

30  
docs citations

30  
times ranked

1134  
citing authors

#	ARTICLE	IF	CITATIONS
1	Exercise, appetite and weight management: understanding the compensatory responses in eating behaviour and how they contribute to variability in exercise-induced weight loss. <i>British Journal of Sports Medicine</i> , 2012, 46, 315-322.	6.7	131
2	Acute Exercise and Gastric Emptying: A Meta-Analysis and Implications for Appetite Control. <i>Sports Medicine</i> , 2015, 45, 659-678.	6.5	95
3	Nutrition and Frailty: Opportunities for Prevention and Treatment. <i>Nutrients</i> , 2021, 13, 2349.	4.1	79
4	The Role of Mineral and Trace Element Supplementation in Exercise and Athletic Performance: A Systematic Review. <i>Nutrients</i> , 2019, 11, 696.	4.1	69
5	The effects of weight loss strategies on gastric emptying and appetite control. <i>Obesity Reviews</i> , 2011, 12, 935-951.	6.5	46
6	Bioavailability of milk protein-derived bioactive peptides: a glycaemic management perspective. <i>Nutrition Research Reviews</i> , 2016, 29, 91-101.	4.1	44
7	Reproducibility of subjective appetite ratings and ad libitum test meal energy intake in overweight and obese males. <i>Appetite</i> , 2014, 81, 116-122.	3.7	31
8	Food reward in active compared to inactive men: Roles for gastric emptying and body fat. <i>Physiology and Behavior</i> , 2016, 160, 43-49.	2.1	24
9	Sweet and Umami Taste Perception Differs with Habitual Exercise in Males. <i>Nutrients</i> , 2019, 11, 155.	4.1	22
10	Influence of habitual physical activity on gastric emptying in healthy males and relationships with body composition and energy expenditure. <i>British Journal of Nutrition</i> , 2015, 114, 489-496.	2.3	21
11	Moringa oleifera Leaf Extract Upregulates Nrf2/HO-1 Expression and Ameliorates Redox Status in C2C12 Skeletal Muscle Cells. <i>Molecules</i> , 2021, 26, 5041.	3.8	21
12	Appetite-related peptides in childhood and adolescence: role of ghrelin, PYY, and GLP-1. <i>Applied Physiology, Nutrition and Metabolism</i> , 2015, 40, 1089-1099.	1.9	20
13	Coffee for morning hunger pangs. An examination of coffee and caffeine on appetite, gastric emptying, and energy intake. <i>Appetite</i> , 2014, 83, 317-326.	3.7	19
14	Effect of Aerobic versus Resistance Exercise on Pulse Wave Velocity, Intima Media Thickness and Left Ventricular Mass in Obese Adolescents. <i>Pediatric Exercise Science</i> , 2015, 27, 494-502.	1.0	16
15	Modification of aftertaste with a menthol mouthwash reduces food wanting, liking, and ad libitum intake of potato crisps. <i>Appetite</i> , 2017, 108, 57-67.	3.7	13
16	Moringa oleifera leaf extract influences oxidative metabolism in C2C12 myotubes through SIRT1-PPAR $\alpha$ pathway. <i>Phytomedicine Plus</i> , 2021, 1, 100014.	2.0	13
17	Variable Glycemic Responses to Intact and Hydrolyzed Milk Proteins in Overweight and Obese Adults Reveal the Need for Precision Nutrition. <i>Journal of Nutrition</i> , 2019, 149, 88-97.	2.9	12
18	Biomarkers of appetite: is there a potential role for metabolomics?. <i>Nutrition Research Reviews</i> , 2020, 33, 271-286.	4.1	12

#	ARTICLE	IF	CITATIONS
19	The Impact of Protein Supplementation on Appetite and Energy Intake in Healthy Older Adults: A Systematic Review with Meta-Analysis. <i>Advances in Nutrition</i> , 2021, 12, 490-502.	6.4	12
20	Reproducibility of gastric emptying in overweight and obese males. <i>Clinical Nutrition</i> , 2014, 33, 684-688.	5.0	9
21	Effects of a casein hydrolysate versus intact casein on gastric emptying and amino acid responses. <i>European Journal of Nutrition</i> , 2019, 58, 955-964.	3.9	9
22	What is known about the FTP <sup>20</sup> test related to cycling? A scoping review. <i>Journal of Sports Sciences</i> , 2021, 39, 2735-2745.	2.0	8
23	Effect of External Counterpulsation on Exercise Recovery in Team Sport Athletes. <i>International Journal of Sports Medicine</i> , 2019, 40, 511-518.	1.7	5
24	The Interaction Between Exercise, Appetite, and Food Intake. <i>American Journal of Lifestyle Medicine</i> , 2013, 7, 265-273.	1.9	3
25	Effect of Combined Interval and Continuous Exercise Training on Gastric Emptying, Appetite, and Adaptive Responses in Men With Overweight and Obesity. <i>Frontiers in Nutrition</i> , 2021, 8, 654902.	3.7	2
26	Exercise, Appetite Control, and Body Weight Regulation. , 2015, , 123-136.		1
27	Post-Exercise Heart Rate Recovery and Cardiometabolic Risk Factors in Obese African-American versus White Adolescents. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 910-911.	0.4	0
28	A Comparison of the Effect of 20- and 40-Min Session Durations of External Counterpulsation on Neuromuscular Function, Cortisol and Comfort in Physically Active Young Men. <i>Journal of Science in Sport and Exercise</i> , 2021, 3, 138-146.	1.0	0
29	Coffee For Morning Hunger Pangs. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 14.	0.4	0
30	Reproducibility of Objective and Subjective Markers of Exercise Recovery in College Aged Males. <i>International Journal of Exercise Science</i> , 2020, 13, 1041-1051.	0.5	0