

Tracy L Tylka

List of Publications by Year in Descending Order

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Version: 2024-04-09

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

126 papers	7,445 citations	46 h-index	86 g-index
133 ext. papers	8,900 ext. citations	5.5 avg, IF	6.94 L-index

#	Paper	IF	Citations
126	Pathways from sociocultural and objectification constructs to body satisfaction among men: The U.S. Body Project I.. <i>Body Image</i> , 2022 , 41, 84-96	7.4	11
125	Demographic and sociocultural predictors of sexuality-related body image and sexual frequency: The U.S. Body Project I.. <i>Body Image</i> , 2022 , 41, 109-127	7.4	8
124	Pathways from sociocultural and objectification constructs to body satisfaction among women: The U.S. Body Project I.. <i>Body Image</i> , 2022 , 41, 195-208	7.4	10
123	Racial identity differences in pathways from sociocultural and objectification constructs to body satisfaction: The U.S. Body Project I.. <i>Body Image</i> , 2022 , 41, 140-155	7.4	6
122	The dangers of the rabbit hole: Reflections on social media as a portal into a distorted world of edited bodies and eating disorder risk and the role of algorithms.. <i>Body Image</i> , 2022 , 41, 292-297	7.4	0
121	Sexual orientation differences in pathways from sociocultural and objectification constructs to body satisfaction: The U.S. Body Project I.. <i>Body Image</i> , 2022 , 41, 181-194	7.4	8
120	Demographic predictors of body image satisfaction: The U.S. Body Project I.. <i>Body Image</i> , 2022 , 41, 17-31	7.4	7
119	Short forms of the Body Appreciation Scale-2 (BAS-2SF): Item selection and psychometric evaluation.. <i>Body Image</i> , 2022 , 41, 308-330	7.4	0
118	#Bopo: Enhancing body image through body positive social media- evidence to date and research directions.. <i>Body Image</i> , 2022 , 41, 367-374	7.4	1
117	Demographic predictors of objectification theory and tripartite influence model constructs: The U.S. Body Project I.. <i>Body Image</i> , 2021 , 40, 182-199	7.4	10
116	Body acceptance by others: Refinement of the construct, and development and psychometric evaluation of a revised measure - The Body Acceptance by Others Scale-2. <i>Body Image</i> , 2021 , 36, 238-253	7.4	3
115	Intuitive eating and its psychological correlates: A meta-analysis. <i>International Journal of Eating Disorders</i> , 2021 , 54, 1073-1098	6.3	17
114	Body functionality: A review of the literature. <i>Body Image</i> , 2021 , 36, 149-171	7.4	29
113	Translation and Validation of the Brazilian Portuguese Version of the Broad Conceptualization of Beauty Scale With Brazilian Women. <i>Psychology of Women Quarterly</i> , 2021 , 45, 351-371	3.2	0
112	Adolescent girls' body appreciation: influences of compassion and social safeness, and association with disordered eating. <i>Eating and Weight Disorders</i> , 2021 , 1	3.6	0
111	Self-Compassion and Body Image Flexibility 2021 , 118-132		
110	Client and Reader Preparation 2021 , 7-31		

109 Fueling Our Bodies **2021**, 296-318

108 Objectification and Self-Objectification **2021**, 183-202

107 Life-Enhancing Movement **2021**, 319-341

106 Appearance Ideals and Media Literacy **2021**, 43-67

105 Functionality Appreciation **2021**, 156-174

104 Embodiment **2021**, 175-182

103 Social Comparison **2021**, 219-230

102 Defining Beauty and Cultural Pride **2021**, 107-117

101 Self-Care **2021**, 280-295

100 Protective Filtering **2021**, 249-266

99 Weight Stigma versus Weight Inclusivity **2021**, 68-94

98 Next Steps in the Journey **2021**, 361-364

97 Sexual Intimacy **2021**, 203-218

96 Clinician Preparation **2021**, 32-42

95 Adaptive Appearance Investment and Quality of Life **2021**, 342-360

94 Body Acceptance by Others **2021**, 95-106

93 Body Appreciation **2021**, 147-155

92 Positive Body Image Workbook: A Clinical and Self-Improvement Guide **2021**,

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91 Approaching Our Bodies **2021**, 133-146

90 Body Talk **2021**, 231-248

89 Introduction to the Positive Body Image Workbook **2021**, 1-6

88 Rippling Effect: Mentorship **2021**, 267-279

87 The Body Acceptance by Others Scale-2 (BAOS-2): Psychometric properties of a Bahasa Malaysia (Malay) translation and an assessment of invariance across Malaysia, the United Kingdom, and the United States. *Body Image*, **2021**, 38, 346-357 7.4 2

86 The Positive Body Image among Adolescents Scale (PBIAS): Conceptualization, development, and psychometric evaluation among adolescents from Belgium. *Body Image*, **2021**, 38, 270-288 7.4 6

85 Models of Body Image for Boys and Men **2021**, 7-20 4

84 Examining the effects of mindfulness-based yoga instruction on positive embodiment and affective responses. *Eating Disorders*, **2020**, 28, 458-475 3.9 10

83 A conceptual model describing mechanisms for how yoga practice may support positive embodiment. *Eating Disorders*, **2020**, 28, 376-399 3.9 18

82 The effects of yoga on functionality appreciation and additional facets of positive body image. *Body Image*, **2020**, 34, 184-195 7.4 14

81 The Breast Size Satisfaction Survey (BSSS): Breast size dissatisfaction and its antecedents and outcomes in women from 40 nations. *Body Image*, **2020**, 32, 199-217 7.4 14

80 Smile pretty and watch your back: Personal safety anxiety and vigilance in objectification theory. *Journal of Personality and Social Psychology*, **2020**, 6.5 10

79 Introduction to the special issue on yoga and positive embodiment: a note from the editors on how we got here. *Eating Disorders*, **2020**, 28, 309-314 3.9 3

78 Cross-cultural measurement invariance of the Body Appreciation Scale-2 across five countries. *Body Image*, **2020**, 34, 270-276 7.4 5

77 The Body Acceptance by Others Scale: An assessment of its factorial validity in adults from the United Kingdom. *Body Image*, **2020**, 35, 71-74 7.4 2

76 Body image and depressive symptoms among transgender and cisgender adults: Examining a model integrating the tripartite influence model and objectification theory. *Body Image*, **2020**, 35, 53-62 7.4 5

75 Future directions for research on yoga and positive embodiment. *Eating Disorders*, **2020**, 28, 542-547 3.9 5

74 Potential contributing roles of early affiliative memories, social safeness and body appreciation to adolescents' well-being. *Journal of Health Psychology*, **2020**, 1359105320953463 3.1 3

73	Intuitive eating is connected to self-reported weight stability in community women and men. <i>Eating Disorders</i> , 2020 , 28, 256-264	3.9	46
72	The roles of self-compassion, body surveillance, and body appreciation in predicting intrinsic motivation for physical activity: Cross-sectional associations, and prospective changes within a yoga context. <i>Body Image</i> , 2019 , 29, 110-117	7.4	48
71	Recognizing the Fundamental Right to be Fat: A Weight-Inclusive Approach to Size Acceptance and Healing From Sizeism. <i>Women and Therapy</i> , 2019 , 42, 22-44	1.9	45
70	Perceptions of male partner pressure to be thin and pornography use: Associations with eating disorder symptomatology in a community sample of adult women. <i>International Journal of Eating Disorders</i> , 2019 , 52, 189-194	6.3	29
69	Development and exploration of the gratitude model of body appreciation in women. <i>Body Image</i> , 2018 , 25, 14-22	7.4	55
68	Is intuitive eating related to resting state vagal activity?. <i>Autonomic Neuroscience: Basic and Clinical</i> , 2018 , 210, 72-75	2.4	2
67	Mechanisms underlying weight status and healthcare avoidance in women: A study of weight stigma, body-related shame and guilt, and healthcare stress. <i>Body Image</i> , 2018 , 25, 139-147	7.4	101
66	Evaluating the impact of a brief yoga intervention on preadolescents' body image and mood. <i>Body Image</i> , 2018 , 27, 196-201	7.4	21
65	Muttarak's Study Design Cannot Support the Link Between the Body-Positive Movement and Overweight or Obesity. <i>Obesity</i> , 2018 , 26, 1527	8	2
64	Adapting the Body Appreciation Scale-2 for Children: A psychometric analysis of the BAS-2C. <i>Body Image</i> , 2017 , 21, 97-102	7.4	27
63	Trappings of femininity: A test of the "beauty as currency" hypothesis in shaping college women's gender activism. <i>Body Image</i> , 2017 , 21, 66-70	7.4	49
62	The Functionality Appreciation Scale (FAS): Development and psychometric evaluation in U.S. community women and men. <i>Body Image</i> , 2017 , 23, 28-44	7.4	130
61	Exposure to thin-ideal media affect most, but not all, women: Results from the Perceived Effects of Media Exposure Scale and open-ended responses. <i>Body Image</i> , 2017 , 23, 188-205	7.4	36
60	Is body dissatisfaction changing across time? A cross-temporal meta-analysis. <i>Psychological Bulletin</i> , 2017 , 143, 293-320	19.1	120
59	A weight-neutral versus weight-loss approach for health promotion in women with high BMI: A randomized-controlled trial. <i>Appetite</i> , 2016 , 105, 364-74	4.5	81
58	Perceiving beauty in all women: Psychometric evaluation of the Broad Conceptualization of Beauty Scale. <i>Body Image</i> , 2016 , 17, 67-81	7.4	72
57	Internalized weight stigma moderates eating behavior outcomes in women with high BMI participating in a healthy living program. <i>Appetite</i> , 2016 , 102, 32-43	4.5	68
56	Teaching Intuitive Eating and Acceptance and Commitment Therapy Skills Via a Web-Based Intervention: A Pilot Single-Arm Intervention Study. <i>JMIR Research Protocols</i> , 2016 , 5, e180	2	49

55	Scientific Weightism: A View of Mainstream Weight Stigma Research Through a Feminist Lens 2016 , 9-28		15
54	A Dutch translation and validation of the Body Appreciation Scale-2: An investigation with female university students in the Netherlands. <i>Body Image</i> , 2016 , 19, 44-48	7.4	39
53	No harm in looking, right? Men's pornography consumption, body image, and well-being.. <i>Psychology of Men and Masculinity</i> , 2015 , 16, 97-107	3.1	59
52	Rationale and design of the Feeding Dynamic Intervention (FDI) study for self-regulation of energy intake in preschoolers. <i>Contemporary Clinical Trials</i> , 2015 , 41, 325-34	2.3	10
51	Maternal intuitive eating as a moderator of the association between concern about child weight and restrictive child feeding. <i>Appetite</i> , 2015 , 95, 158-65	4.5	11
50	Is intuitive eating the same as flexible dietary control? Their links to each other and well-being could provide an answer. <i>Appetite</i> , 2015 , 95, 166-75	4.5	88
49	Assessing positive body image: Contemporary approaches and future directions. <i>Body Image</i> , 2015 , 14, 130-45	7.4	149
48	Self-compassion moderates body comparison and appearance self-worth's inverse relationships with body appreciation. <i>Body Image</i> , 2015 , 15, 1-7	7.4	112
47	What is and what is not positive body image? Conceptual foundations and construct definition. <i>Body Image</i> , 2015 , 14, 118-29	7.4	410
46	Exercise motives and positive body image in physically active college women and men: Exploring an expanded acceptance model of intuitive eating. <i>Body Image</i> , 2015 , 15, 90-7	7.4	88
45	The Body Appreciation Scale-2: item refinement and psychometric evaluation. <i>Body Image</i> , 2015 , 12, 53-67	7.4	410
44	Self-compassion as a moderator of thinness-related pressures' associations with thin-ideal internalization and disordered eating. <i>Eating Behaviors</i> , 2015 , 17, 23-6	3	62
43	You Looking at Her Hot Body May Not be Cool for Me: Integrating Male Partners' Pornography Use into Objectification Theory for Women. <i>Psychology of Women Quarterly</i> , 2015 , 39, 67-84	3.2	36
42	Targeting Feeding and Eating Behaviors: Development of the Feeding Dynamic Intervention for Caregivers of 2- to 5-Year-Old Children. <i>Journal of Obesity</i> , 2015 , 2015, 964249	3.7	6
41	Maternal and child roles in the feeding relationship: what are mothers doing?. <i>Clinical Pediatrics</i> , 2015 , 54, 179-82	1.2	5
40	Sanctioning Resistance to Sexual Objectification: An Integrative System Justification Perspective. <i>Journal of Social Issues</i> , 2014 , 70, 763-778	3.2	36
39	The weight-inclusive versus weight-normative approach to health: evaluating the evidence for prioritizing well-being over weight loss. <i>Journal of Obesity</i> , 2014 , 2014, 983495	3.7	233
38	Appearance-based exercise motivation moderates the relationship between exercise frequency and positive body image. <i>Body Image</i> , 2014 , 11, 101-8	7.4	120

37	Evidence for the Body Appreciation Scale's measurement equivalence/invariance between U.S. college women and men. <i>Body Image</i> , 2013 , 10, 415-8	7.4	61
36	Which adaptive maternal eating behaviors predict child feeding practices? An examination with mothers of 2- to 5-year-old children. <i>Eating Behaviors</i> , 2013 , 14, 57-63	3	46
35	The Intuitive Eating Scale-2: item refinement and psychometric evaluation with college women and men. <i>Journal of Counseling Psychology</i> , 2013 , 60, 137-53	3.6	309
34	Measuring Transgender Individuals' Comfort With Gender Identity and Appearance: Development and Validation of the Transgender Congruence Scale. <i>Psychology of Women Quarterly</i> , 2012 , 36, 179-196	3.2	124
33	Support for an expanded tripartite influence model with gay men. <i>Body Image</i> , 2012 , 9, 57-67	7.4	110
32	Interpersonal and intrapersonal links to body appreciation in college women: an exploratory model. <i>Body Image</i> , 2012 , 9, 227-35	7.4	74
31	Refinement of the tripartite influence model for men: dual body image pathways to body change behaviors. <i>Body Image</i> , 2011 , 8, 199-207	7.4	214
30	Expose the Illusions, Crack the Codes: Contextualizing Visual Media to Mold a New Reality. <i>Sex Roles</i> , 2011 , 65, 461-468	3.1	2
29	Fiction, Fashion, and Function Finale: An Introduction and Conclusion to the Special Issue on Gendered Body Image, Part III. <i>Sex Roles</i> , 2011 , 65, 447-460	3.1	6
28	The acceptance model of intuitive eating: a comparison of women in emerging adulthood, early adulthood, and middle adulthood. <i>Journal of Counseling Psychology</i> , 2011 , 58, 110-125	3.6	176
27	Fighting self-objectification in prevention and intervention contexts. 2011 , 187-214		45
26	"But I Like My Body": Positive body image characteristics and a holistic model for young-adult women. <i>Body Image</i> , 2010 , 7, 106-16	7.4	325
25	The Caregiver Eating Messages Scale: Development and psychometric investigation. <i>Body Image</i> , 2010 , 7, 317-26	7.4	46
24	Integrating Social Comparison Theory and Self-Esteem within Objectification Theory to Predict Women's Disordered Eating. <i>Sex Roles</i> , 2010 , 63, 18-31	3.1	121
23	Fiction, Fashion, and Function: An Introduction to the Special Issue on Gendered Body Image, Part I. <i>Sex Roles</i> , 2010 , 63, 1-5	3.1	10
22	Fiction, Fashion, and Function Revisited: An Introduction to the Special Issue on Gendered Body Image, Part II. <i>Sex Roles</i> , 2010 , 63, 601-608	3.1	10
21	One-size-does-not-fit-all: a case for further research on the tenets of the trust model. <i>Obesity</i> , 2009 , 17, 1478-80	8	3
20	A test and extension of objectification theory as it predicts disordered eating: Does women's age matter?. <i>Journal of Counseling Psychology</i> , 2009 , 56, 253-265	3.6	116

19	The trust model: a different feeding paradigm for managing childhood obesity. <i>Obesity</i> , 2008 , 16, 2197-204		55
18	Exploring entitlement as a moderator and mediator of the relationship between masculine gender role conflict and men's body esteem.. <i>Psychology of Men and Masculinity</i> , 2008 , 9, 67-81	3.1	25
17	Support for the uniqueness of body dissatisfaction from drive for muscularity among men. <i>Body Image</i> , 2007 , 4, 288-95	7.4	109
16	Development and Psychometric Evaluation of the Interpersonal Sexual Objectification Scale. <i>Psychology of Women Quarterly</i> , 2007 , 31, 176-189	3.2	156
15	Exploring a model of intuitive eating with college women.. <i>Journal of Counseling Psychology</i> , 2006 , 53, 486-497	3.6	218
14	Are intuitive eating and eating disorder symptomatology opposite poles of the same construct?. <i>Journal of Counseling Psychology</i> , 2006 , 53, 474-485	3.6	112
13	Development and psychometric evaluation of a measure of intuitive eating.. <i>Journal of Counseling Psychology</i> , 2006 , 53, 226-240	3.6	264
12	A Test of Objectification Theory with Lesbian Women. <i>Psychology of Women Quarterly</i> , 2006 , 30, 348-357	3.2	134
11	Exploring a model and moderators of disordered eating with Asian American college women.. <i>Journal of Counseling Psychology</i> , 2006 , 53, 36-47	3.6	34
10	Development and psychometric evaluation of the Male Body Attitudes Scale (MBAS). <i>Body Image</i> , 2005 , 2, 161-75	7.4	211
9	The Body Appreciation Scale: development and psychometric evaluation. <i>Body Image</i> , 2005 , 2, 285-97	7.4	516
8	College Men's Perceptions of Ideal Body Composition and Shape.. <i>Psychology of Men and Masculinity</i> , 2005 , 6, 209-220	3.1	163
7	Objectification Theory as It Relates to Disordered Eating Among College Women. <i>Sex Roles</i> , 2004 , 51, 719-730	3.1	184
6	Examining a Multidimensional Model of Eating Disorder Symptomatology Among College Women.. <i>Journal of Counseling Psychology</i> , 2004 , 51, 314-328	3.6	91
5	The Relation Between Body Dissatisfaction and Eating Disorder Symptomatology: An Analysis of Moderating Variables.. <i>Journal of Counseling Psychology</i> , 2004 , 51, 178-191	3.6	112
4	Exploring Young Women's Perceptions of the Effectiveness and Safety of Maladaptive Weight Control Techniques. <i>Journal of Counseling and Development</i> , 2002 , 80, 101-110	2.2	38
3	Exploring the construct validity of the eating disorder continuum.. <i>Journal of Counseling Psychology</i> , 1999 , 46, 268-276	3.6	77
2	Overview of the Field of Positive Body Image		37

1	Protective Factors	430-444	10
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