

# Tracy L Tylka

## List of Publications by Year in descending order

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Version: 2025-02-01

107  
papers

11,524  
citations

25047

53  
h-index

24882

102  
g-index

108  
all docs

108  
docs citations

108  
times ranked

5762  
citing authors

#	ARTICLE	IF	CITATIONS
1	The Intuitive Eating Scale-3: Development and psychometric evaluation. <i>Appetite</i> , 2024, 199, 107407.	2.8	5
2	Mediating effects of a weight-inclusive health promotion program on maladaptive eating in women with high body mass index. <i>Eating Behaviors</i> , 2023, 49, 101730.	2.3	4
3	Potential contributing roles of early affiliative memories, social safeness and body appreciation to adolescents'™ well-being. <i>Journal of Health Psychology</i> , 2022, 27, 445-455.	2.8	9
4	Demographic predictors of objectification theory and tripartite influence model constructs: The U.S. Body Project I. <i>Body Image</i> , 2022, 40, 182-199.	5.1	43
5	Pathways from sociocultural and objectification constructs to body satisfaction among men: The U.S. Body Project I. <i>Body Image</i> , 2022, 41, 84-96.	5.1	40
6	Demographic and sociocultural predictors of sexuality-related body image and sexual frequency: The U.S. Body Project I. <i>Body Image</i> , 2022, 41, 109-127.	5.1	25
7	Pathways from sociocultural and objectification constructs to body satisfaction among women: The U.S. Body Project I. <i>Body Image</i> , 2022, 41, 195-208.	5.1	47
8	Racial identity differences in pathways from sociocultural and objectification constructs to body satisfaction: The U.S. Body Project I. <i>Body Image</i> , 2022, 41, 140-155.	5.1	28
9	The dangers of the rabbit hole: Reflections on social media as a portal into a distorted world of edited bodies and eating disorder risk and the role of algorithms. <i>Body Image</i> , 2022, 41, 292-297.	5.1	49
10	Sexual orientation differences in pathways from sociocultural and objectification constructs to body satisfaction: The U.S. Body Project I. <i>Body Image</i> , 2022, 41, 181-194.	5.1	20
11	Demographic predictors of body image satisfaction: The U.S. Body Project I. <i>Body Image</i> , 2022, 41, 17-31.	5.1	51
12	Short forms of the Body Appreciation Scale-2 (BAS-2SF): Item selection and psychometric evaluation. <i>Body Image</i> , 2022, 41, 308-330.	5.1	20
13	Early memories of warmth and safeness, and current social safeness: Longitudinal contributions for girls'™ body appreciation. <i>Current Psychology</i> , 2022, , .	1.8	0
14	#Bopo: Enhancing body image through body positive social media- evidence to date and research directions. <i>Body Image</i> , 2022, 41, 367-374.	5.1	61
15	Psychometric properties of a Mandarin Chinese version of the Body Appreciation Scale-2 with residents from Chinese mainland. <i>Body Image</i> , 2022, 42, 110-119.	5.1	10
16	Body acceptance by others: Refinement of the construct, and development and psychometric evaluation of a revised measure " The Body Acceptance by Others Scale-2. <i>Body Image</i> , 2021, 36, 238-253.	5.1	25
17	Intuitive eating and its psychological correlates: A <sc>meta-analysis</sc>. <i>International Journal of Eating Disorders</i> , 2021, 54, 1073-1098.	4.6	130
18	Body functionality: A review of the literature. <i>Body Image</i> , 2021, 36, 149-171.	5.1	161

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19	Translation and Validation of the Brazilian Portuguese Version of the Broad Conceptualization of Beauty Scale With Brazilian Women. <i>Psychology of Women Quarterly</i> , 2021, 45, 351-371.	2.6	4
20	Adolescent girls' body appreciation: influences of compassion and social safeness, and association with disordered eating. <i>Eating and Weight Disorders</i> , 2021, 27, 1359-1366.	2.5	3
21	The Body Acceptance by Others Scale-2 (BAOS-2): Psychometric properties of a Bahasa Malaysia (Malay) translation and an assessment of invariance across Malaysia, the United Kingdom, and the United States. <i>Body Image</i> , 2021, 38, 346-357.	5.1	8
22	The Positive Body Image among Adolescents Scale (PBIAS): Conceptualization, development, and psychometric evaluation among adolescents from Belgium. <i>Body Image</i> , 2021, 38, 270-288.	5.1	23
23	Models of Body Image for Boys and Men. , 2021, , 7-20.		15
24	Smile pretty and watch your back: Personal safety anxiety and vigilance in objectification theory.. <i>Journal of Personality and Social Psychology</i> , 2021, 121, 1195-1222.	6.1	47
25	Intuitive eating is connected to self-reported weight stability in community women and men. <i>Eating Disorders</i> , 2020, 28, 256-264.	4.0	70
26	Introduction to the special issue on yoga and positive embodiment: a note from the editors on how we got here. <i>Eating Disorders</i> , 2020, 28, 309-314.	4.0	7
27	Cross-cultural measurement invariance of the Body Appreciation Scale-2 across five countries. <i>Body Image</i> , 2020, 34, 270-276.	5.1	20
28	The Body Acceptance by Others Scale: An assessment of its factorial validity in adults from the United Kingdom. <i>Body Image</i> , 2020, 35, 71-74.	5.1	8
29	Editors' response to Clarivate Analytics' decision to suppress Body Image from receiving a 2019 Impact Factor. <i>Body Image</i> , 2020, 34, iii-v.	5.1	3
30	Body image and depressive symptoms among transgender and cisgender adults: Examining a model integrating the tripartite influence model and objectification theory. <i>Body Image</i> , 2020, 35, 53-62.	5.1	47
31	Future directions for research on yoga and positive embodiment. <i>Eating Disorders</i> , 2020, 28, 542-547.	4.0	13
32	Examining the effects of mindfulness-based yoga instruction on positive embodiment and affective responses. <i>Eating Disorders</i> , 2020, 28, 458-475.	4.0	24
33	A conceptual model describing mechanisms for how yoga practice may support positive embodiment. <i>Eating Disorders</i> , 2020, 28, 376-399.	4.0	45
34	The effects of yoga on functionality appreciation and additional facets of positive body image. <i>Body Image</i> , 2020, 34, 184-195.	5.1	43
35	The roles of self-compassion, body surveillance, and body appreciation in predicting intrinsic motivation for physical activity: Cross-sectional associations, and prospective changes within a yoga context. <i>Body Image</i> , 2019, 29, 110-117.	5.1	75
36	Beyond "truly exceptional": A tribute to Thomas F. Cash, an innovative leader in the body image field. <i>Body Image</i> , 2019, 31, 191-197.	5.1	3

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37	Recognizing the Fundamental Right to be Fat: A Weight-Inclusive Approach to Size Acceptance and Healing From Sizeism. <i>Women and Therapy</i> , 2019, 42, 22-44.	0.9	75
38	Perceptions of male partner pressure to be thin and pornography use: Associations with eating disorder symptomatology in a community sample of adult women. <i>International Journal of Eating Disorders</i> , 2019, 52, 189-194.	4.6	31
39	Body Image: Celebrating the past, appreciating the present, and envisioning the future. <i>Body Image</i> , 2018, 24, A1-A3.	5.1	11
40	Development and exploration of the gratitude model of body appreciation in women. <i>Body Image</i> , 2018, 25, 14-22.	5.1	84
41	Is intuitive eating related to resting state vagal activity?. <i>Autonomic Neuroscience: Basic and Clinical</i> , 2018, 210, 72-75.	3.3	3
42	Mechanisms underlying weight status and healthcare avoidance in women: A study of weight stigma, body-related shame and guilt, and healthcare stress. <i>Body Image</i> , 2018, 25, 139-147.	5.1	190
43	Overview of the Field of Positive Body Image. , 2018, , 6-33.		61
44	Evaluating the impact of a brief yoga intervention on preadolescentsâ€™ body image and mood. <i>Body Image</i> , 2018, 27, 196-201.	5.1	40
45	Muttarak's Study Design Cannot Support the Link Between the Bodyâ€™Positive Movement and Overweight or Obesity. <i>Obesity</i> , 2018, 26, 1527-1527.	4.3	4
46	Trappings of femininity: A test of the "beauty as currency" hypothesis in shaping college women's gender activism. <i>Body Image</i> , 2017, 21, 66-70.	5.1	69
47	The Functionality Appreciation Scale (FAS): Development and psychometric evaluation in U.S. community women and men. <i>Body Image</i> , 2017, 23, 28-44.	5.1	244
48	Exposure to thin-ideal media affect most, but not all, women: Results from the Perceived Effects of Media Exposure Scale and open-ended responses. <i>Body Image</i> , 2017, 23, 188-205.	5.1	58
49	Is body dissatisfaction changing across time? A cross-temporal meta-analysis.. <i>Psychological Bulletin</i> , 2017, 143, 293-320.	13.8	196
50	A Dutch translation and validation of the Body Appreciation Scale-2: An investigation with female university students in the Netherlands. <i>Body Image</i> , 2016, 19, 44-48.	5.1	61
51	A weight-neutral versus weight-loss approach for health promotion in women with high BMI: A randomized-controlled trial. <i>Appetite</i> , 2016, 105, 364-374.	2.8	125
52	Perceiving beauty in all women: Psychometric evaluation of the Broad Conceptualization of Beauty Scale. <i>Body Image</i> , 2016, 17, 67-81.	5.1	107
53	Internalized weight stigma moderates eating behavior outcomes in women with high BMI participating in a healthy living program. <i>Appetite</i> , 2016, 102, 32-43.	2.8	91
54	Scientific Weightism: A View of Mainstream Weight Stigma Research Through a Feminist Lens. , 2016, , 9-28.		23

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55	Teaching Intuitive Eating and Acceptance and Commitment Therapy Skills Via a Web-Based Intervention: A Pilot Single-Arm Intervention Study. <i>JMIR Research Protocols</i> , 2016, 5, e180.	1.4	59
56	Targeting Feeding and Eating Behaviors: Development of the Feeding Dynamic Intervention for Caregivers of 2- to 5-Year-Old Children. <i>Journal of Obesity</i> , 2015, 2015, 1-8.	3.6	10
57	Maternal and Child Roles in the Feeding Relationship. <i>Clinical Pediatrics</i> , 2015, 54, 179-182.	1.1	6
58	No harm in looking, right? Men's pornography consumption, body image, and well-being. <i>Psychology of Men and Masculinity</i> , 2015, 16, 97-107.	1.7	73
59	Rationale and design of the Feeding Dynamic Intervention (FDI) study for self-regulation of energy intake in preschoolers. <i>Contemporary Clinical Trials</i> , 2015, 41, 325-334.	1.8	13
60	Maternal intuitive eating as a moderator of the association between concern about child weight and restrictive child feeding. <i>Appetite</i> , 2015, 95, 158-165.	2.8	21
61	Is intuitive eating the same as flexible dietary control? Their links to each other and well-being could provide an answer. <i>Appetite</i> , 2015, 95, 166-175.	2.8	115
62	Assessing positive body image: Contemporary approaches and future directions. <i>Body Image</i> , 2015, 14, 130-145.	5.1	224
63	Self-compassion moderates body comparison and appearance self-worth's inverse relationships with body appreciation. <i>Body Image</i> , 2015, 15, 1-7.	5.1	147
64	What is and what is not positive body image? Conceptual foundations and construct definition. <i>Body Image</i> , 2015, 14, 118-129.	5.1	794
65	Exercise motives and positive body image in physically active college women and men: Exploring an expanded acceptance model of intuitive eating. <i>Body Image</i> , 2015, 15, 90-97.	5.1	139
66	A positive complement. <i>Body Image</i> , 2015, 14, 115-117.	5.1	15
67	The Body Appreciation Scale-2: Item refinement and psychometric evaluation. <i>Body Image</i> , 2015, 12, 53-67.	5.1	797
68	Self-compassion as a moderator of thinness-related pressures' associations with thin-ideal internalization and disordered eating. <i>Eating Behaviors</i> , 2015, 17, 23-26.	2.3	79
69	You Looking at Her "Hot" Body May Not be "Cool" for Me. <i>Psychology of Women Quarterly</i> , 2015, 39, 67-84.	2.6	48
70	Protective Factors. , 2015, , 430-444.		20
71	The Weight-Inclusive versus Weight-Normative Approach to Health: Evaluating the Evidence for Prioritizing Well-Being over Weight Loss. <i>Journal of Obesity</i> , 2014, 2014, 1-18.	3.6	396
72	Appearance-based exercise motivation moderates the relationship between exercise frequency and positive body image. <i>Body Image</i> , 2014, 11, 101-108.	5.1	177

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73	Sanctioning Resistance to Sexual Objectification: An Integrative System Justification Perspective. <i>Journal of Social Issues</i> , 2014, 70, 763-778.	3.5	49
74	Evidence for the Body Appreciation Scale's measurement equivalence/invariance between U.S. college women and men. <i>Body Image</i> , 2013, 10, 415-418.	5.1	77
75	Which adaptive maternal eating behaviors predict child feeding practices? An examination with mothers of 2- to 5-year-old children. <i>Eating Behaviors</i> , 2013, 14, 57-63.	2.3	58
76	The Intuitive Eating Scaleâ€“2: Item refinement and psychometric evaluation with college women and men.. <i>Journal of Counseling Psychology</i> , 2013, 60, 137-153.	3.0	521
77	Measuring Transgender Individualsâ€™ Comfort With Gender Identity and Appearance. <i>Psychology of Women Quarterly</i> , 2012, 36, 179-196.	2.6	198
78	Support for an expanded tripartite influence model with gay men. <i>Body Image</i> , 2012, 9, 57-67.	5.1	154
79	Interpersonal and intrapersonal links to body appreciation in college women: An exploratory model. <i>Body Image</i> , 2012, 9, 227-235.	5.1	101
80	Refinement of the tripartite influence model for men: Dual body image pathways to body change behaviors. <i>Body Image</i> , 2011, 8, 199-207.	5.1	304
81	Fiction, Fashion, and Function Finale: An Introduction and Conclusion to the Special Issue on Gendered Body Image, Part III. <i>Sex Roles</i> , 2011, 65, 447-460.	2.5	7
82	The acceptance model of intuitive eating: A comparison of women in emerging adulthood, early adulthood, and middle adulthood.. <i>Journal of Counseling Psychology</i> , 2011, 58, 110-125.	3.0	222
83	Fighting self-objectification in prevention and intervention contexts.. , 2011, , 187-214.		48
84	Integrating Social Comparison Theory and Self-Esteem within Objectification Theory to Predict Womenâ€™s Disordered Eating. <i>Sex Roles</i> , 2010, 63, 18-31.	2.5	146
85	Fiction, Fashion, and Function: An Introduction to the Special Issue on Gendered Body Image, Part I. <i>Sex Roles</i> , 2010, 63, 1-5.	2.5	16
86	Fiction, Fashion, and Function Revisited: An Introduction to the Special Issue on Gendered Body Image, Part II. <i>Sex Roles</i> , 2010, 63, 601-608.	2.5	10
87	â€œBut I Like My Bodyâ€: Positive body image characteristics and a holistic model for young-adult women. <i>Body Image</i> , 2010, 7, 106-116.	5.1	433
88	The Caregiver Eating Messages Scale: Development and psychometric investigation. <i>Body Image</i> , 2010, 7, 317-326.	5.1	56
89	Oneâ€™s sizeâ€™ doesâ€™notâ€™fitâ€™all: A Case for Further Research on the Tenets of the Trust Model. <i>Obesity</i> , 2009, 17, 1478-1480.	4.3	4
90	A test and extension of objectification theory as it predicts disordered eating: Does women's age matter?. <i>Journal of Counseling Psychology</i> , 2009, 56, 253-265.	3.0	126

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91	The Trust Model: A Different Feeding Paradigm for Managing Childhood Obesity. <i>Obesity</i> , 2008, 16, 2197-2204.	4.3	67
92	Exploring entitlement as a moderator and mediator of the relationship between masculine gender role conflict and men's body esteem.. <i>Psychology of Men and Masculinity</i> , 2008, 9, 67-81.	1.7	31
93	Support for the uniqueness of body dissatisfaction from drive for muscularity among men. <i>Body Image</i> , 2007, 4, 288-295.	5.1	125
94	Development and Psychometric Evaluation of the Interpersonal Sexual Objectification Scale. <i>Psychology of Women Quarterly</i> , 2007, 31, 176-189.	2.6	193
95	Exploring a model of intuitive eating with college women.. <i>Journal of Counseling Psychology</i> , 2006, 53, 486-497.	3.0	301
96	Are intuitive eating and eating disorder symptomatology opposite poles of the same construct?. <i>Journal of Counseling Psychology</i> , 2006, 53, 474-485.	3.0	144
97	Development and psychometric evaluation of a measure of intuitive eating.. <i>Journal of Counseling Psychology</i> , 2006, 53, 226-240.	3.0	389
98	A Test of Objectification Theory with Lesbian Women. <i>Psychology of Women Quarterly</i> , 2006, 30, 348-357.	2.6	146
99	Exploring a model and moderators of disordered eating with Asian American college women.. <i>Journal of Counseling Psychology</i> , 2006, 53, 36-47.	3.0	49
100	College Men's Perceptions of Ideal Body Composition and Shape.. <i>Psychology of Men and Masculinity</i> , 2005, 6, 209-220.	1.7	204
101	Development and psychometric evaluation of the Male Body Attitudes Scale (MBAS). <i>Body Image</i> , 2005, 2, 161-175.	5.1	265
102	The Body Appreciation Scale: Development and psychometric evaluation. <i>Body Image</i> , 2005, 2, 285-297.	5.1	748
103	Objectification Theory as It Relates to Disordered Eating Among College Women. <i>Sex Roles</i> , 2004, 51, 719-730.	2.5	200
104	Examining a Multidimensional Model of Eating Disorder Symptomatology Among College Women.. <i>Journal of Counseling Psychology</i> , 2004, 51, 314-328.	3.0	96
105	The Relation Between Body Dissatisfaction and Eating Disorder Symptomatology: An Analysis of Moderating Variables.. <i>Journal of Counseling Psychology</i> , 2004, 51, 178-191.	3.0	120
106	Exploring Young Women's Perceptions of the Effectiveness and Safety of Maladaptive Weight Control Techniques. <i>Journal of Counseling and Development</i> , 2002, 80, 101-110.	2.2	41
107	Exploring the construct validity of the eating disorder continuum.. <i>Journal of Counseling Psychology</i> , 1999, 46, 268-276.	3.0	81