

Juan F Lison

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

54
papers

872
citations

16
h-index

28
g-index

58
ext. papers

1,118
ext. citations

2.9
avg, IF

4.34
L-index

| # | Paper | IF | Citations |
|----|--|-----|-----------|
| 54 | The Impact of a Web-Based Lifestyle Educational Program (Living Better) Reintervention on Hypertensive Overweight or Obese Patients. <i>Nutrients</i> , 2022 , 14, 2235 | 6.7 | 1 |
| 53 | The short and long-term effects of aerobic, strength, or mixed exercise programs on schizophrenia symptomatology.. <i>Scientific Reports</i> , 2021 , 11, 24300 | 4.9 | 2 |
| 52 | Dispositional Mindfulness and Inflammatory Bowel Disease: Mindful Awareness Mediates the Relation Between Severity and Quality of Life, Stress, and Fatigue. <i>Mindfulness</i> , 2021 , 12, 1524-1533 | 2.9 | 3 |
| 51 | A novel (targeted) kinesio taping application on chronic low back pain: Randomized clinical trial. <i>PLoS ONE</i> , 2021 , 16, e0250686 | 3.7 | 1 |
| 50 | Impact of the COVID-19 Pandemic on the Lifestyles and Quality of Life of Women With Fertility Problems: A Cross-Sectional Study. <i>Frontiers in Public Health</i> , 2021 , 9, 686115 | 6 | 5 |
| 49 | Scoring systems for the evaluation of adnexal masses nature: current knowledge and clinical applications. <i>Journal of Obstetrics and Gynaecology</i> , 2021 , 41, 340-347 | 1.3 | 4 |
| 48 | Minimally Invasive Myomectomy: An Overview on the Surgical Approaches and a Comparison with Mini-Laparotomy. <i>Journal of Investigative Surgery</i> , 2021 , 34, 443-450 | 1.2 | 8 |
| 47 | Comparison of three different exercise training modalities (aerobic, strength and mixed) in patients with schizophrenia: study protocol for a multicentre randomised wait-list controlled trial. <i>BMJ Open</i> , 2021 , 11, e046216 | 3 | 0 |
| 46 | Effectiveness of a Blended Internet-Based Mindfulness Intervention in Inflammatory Bowel Disease Patients: a Mixed-Methods Non-randomized Controlled Trial. <i>Mindfulness</i> , 2021 , 12, 2767 | 2.9 | 1 |
| 45 | Efficacy of platelet-rich plasma as an adjuvant to surgical carpal ligament release: a prospective, randomized controlled clinical trial. <i>Scientific Reports</i> , 2020 , 10, 2085 | 4.9 | 8 |
| 44 | The effect of a mindfulness-based therapy on different biomarkers among patients with inflammatory bowel disease: a randomised controlled trial. <i>Scientific Reports</i> , 2020 , 10, 6071 | 4.9 | 14 |
| 43 | Impact of a Web-Based Exercise and Nutritional Education Intervention in Patients Who Are Obese With Hypertension: Randomized Wait-List Controlled Trial. <i>Journal of Medical Internet Research</i> , 2020 , 22, e14196 | 7.6 | 13 |
| 42 | Validation and Measurement Invariance of the Scale of Positive and Negative Experience (SPANE) in a Spanish General Sample. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17, | 4.6 | 8 |
| 41 | Efficacy of an Internet-Based Intervention to Promote a Healthy Lifestyle on the Reproductive Parameters of Overweight and Obese Women: Study Protocol for a Randomised Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17, | 4.6 | 1 |
| 40 | Analysis of the Impact of the Confinement Resulting from COVID-19 on the Lifestyle and Psychological Wellbeing of Spanish Pregnant Women: An Internet-Based Cross-Sectional Survey. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17, | 4.6 | 59 |
| 39 | Non-pharmacological pain control in outpatient hysteroscopies. <i>Minimally Invasive Therapy and Allied Technologies</i> , 2020 , 29, 10-19 | 2.1 | 32 |
| 38 | Effects of diaphragmatic myofascial release on gastroesophageal reflux disease: a preliminary randomized controlled trial. <i>Scientific Reports</i> , 2019 , 9, 7273 | 4.9 | 4 |

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| 37 | Effects of myofascial release in erector spinae myoelectric activity and lumbar spine kinematics in non-specific chronic low back pain: Randomized controlled trial. <i>Clinical Biomechanics</i> , 2019 , 63, 27-33 | 2.2 | 12 |
| 36 | Effects of pregnancy on lumbar motion patterns and muscle responses. <i>Spine Journal</i> , 2019 , 19, 364-371 | 4 | 5 |
| 35 | Short-Term Effects of Kinesio Taping in the Treatment of Latent and Active Upper Trapezius Trigger Points: two Prospective, Randomized, Sham-Controlled Trials. <i>Scientific Reports</i> , 2019 , 9, 14478 | 4.9 | 3 |
| 34 | Determining the optimal maximal and submaximal voluntary contraction tests for normalizing the erector spinae muscles. <i>PeerJ</i> , 2019 , 7, e7824 | 3.1 | 4 |
| 33 | Analysis of the efficacy of an internet-based self-administered intervention ("Living Better") to promote healthy habits in a population with obesity and hypertension: An exploratory randomized controlled trial. <i>International Journal of Medical Informatics</i> , 2019 , 124, 13-23 | 5.3 | 16 |
| 32 | Effects and underlying mechanisms of unstable shoes on chronic low back pain: a randomized controlled trial. <i>Clinical Rehabilitation</i> , 2018 , 32, 654-662 | 3.3 | 4 |
| 31 | Home-exercise Childhood Obesity Intervention: A Randomized Clinical Trial Comparing Print Versus Web-based (Move It) Platforms. <i>Journal of Pediatric Nursing</i> , 2018 , 42, e79-e84 | 2.2 | 6 |
| 30 | Effects of unstable shoes on trunk muscle activity in patients with chronic low back pain. <i>Gait and Posture</i> , 2018 , 64, 165-168 | 2.6 | 2 |
| 29 | Changes in trunk posture and muscle responses in standing during pregnancy and postpartum. <i>PLoS ONE</i> , 2018 , 13, e0194853 | 3.7 | 8 |
| 28 | Osteopathic Manipulative Treatment Including Specific Diaphragm Techniques Improves Pain and Disability in Chronic Nonspecific Low Back Pain: A Randomized Trial. <i>Archives of Physical Medicine and Rehabilitation</i> , 2018 , 99, 1720-1729 | 2.8 | 14 |
| 27 | Transcutaneous Nerve Stimulation for Pain Relief During Office Hysteroscopy: A Randomized Controlled Trial. <i>Obstetrics and Gynecology</i> , 2017 , 129, 363-370 | 4.9 | 25 |
| 26 | Changes in physical fitness of a home-based physical exercise program in childhood obesity: A quasi-experimental uncontrolled study. <i>Journal of Child Health Care</i> , 2017 , 21, 153-161 | 2 | 2 |
| 25 | Effects of Myofascial Release in Nonspecific Chronic Low Back Pain: A Randomized Clinical Trial. <i>Spine</i> , 2017 , 42, 627-634 | 3.3 | 35 |
| 24 | Exergames on Line for Childhood Obesity: Using a Web Platform as an Ambulatory Program to Increase the Acceptance and Adherence to Physical Activity (PA). <i>Lecture Notes of the Institute for Computer Sciences, Social-Informatics and Telecommunications Engineering</i> , 2017 , 127-134 | 0.2 | 3 |
| 23 | Emotional eating as a mediator between anxiety and cholesterol in population with overweight and hypertension. <i>Psychology, Health and Medicine</i> , 2017 , 22, 911-918 | 2.1 | 1 |
| 22 | In Reply. <i>Obstetrics and Gynecology</i> , 2017 , 129, 1141 | 4.9 | |
| 21 | A New Racket Sport That Provokes Similar Heart Rate As Soccer And Basketball In Children. <i>Medicine and Science in Sports and Exercise</i> , 2017 , 49, 881 | 1.2 | |
| 20 | Effect of Kinesio Taping on gastrocnemius activity and ankle range of movement during gait in healthy adults: A randomized controlled trial. <i>Physical Therapy in Sport</i> , 2016 , 18, 56-61 | 3 | 15 |

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| 19 | Using Virtual Reality to Distract Overweight Children from Bodily Sensations During Exercise. <i>Cyberpsychology, Behavior, and Social Networking</i> , 2016 , 19, 115-9 | 4.4 | 26 |
| 18 | Physical factors underlying the Timed "Up and Go" test in older adults. <i>Geriatric Nursing</i> , 2016 , 37, 122-7 | 2.1 | 35 |
| 17 | The effectiveness of a video-supported group-based Otago exercise programme on physical performance in community-dwelling older adults: a preliminary study. <i>Physiotherapy</i> , 2016 , 102, 280-6 | 3 | 29 |
| 16 | Effects of unstable shoes on trunk muscle activity and lumbar spine kinematics. <i>European Journal of Physical and Rehabilitation Medicine</i> , 2016 , 52, 440-6 | 4.4 | 3 |
| 15 | An internet-based self-administered intervention for promoting healthy habits and weight loss in hypertensive people who are overweight or obese: a randomized controlled trial. <i>BMC Cardiovascular Disorders</i> , 2015 , 15, 83 | 2.3 | 13 |
| 14 | Factors associated with the 6-minute walk test in nursing home residents and community-dwelling older adults. <i>Journal of Physical Therapy Science</i> , 2015 , 27, 3571-8 | 1 | 16 |
| 13 | Competitive active video games: Physiological and psychological responses in children and adolescents. <i>Paediatrics and Child Health</i> , 2015 , 20, 373-6 | 0.7 | 13 |
| 12 | Correlation between the level of physical activity as measured by accelerometer and the Harris Hip Score. <i>HIP International</i> , 2015 , 25, 461-5 | 1.7 | 7 |
| 11 | Effects of three different low-intensity exercise interventions on physical performance, muscle CSA and activities of daily living: a randomized controlled trial. <i>Experimental Gerontology</i> , 2014 , 58, 159-65 | 4.5 | 31 |
| 10 | Alternative options for prescribing physical activity among obese children and adolescents: brisk walking supported by an exergaming platform. <i>Nutricion Hospitalaria</i> , 2014 , 31, 841-8 | 1 | 5 |
| 9 | Psychometric properties and factor structure of the Spanish version of the HC-PAIRS questionnaire. <i>European Spine Journal</i> , 2013 , 22, 985-94 | 2.7 | 12 |
| 8 | Exercise intervention in childhood obesity: a randomized controlled trial comparing hospital-versus home-based groups. <i>Academic Pediatrics</i> , 2012 , 12, 319-25 | 2.7 | 19 |
| 7 | Could Virtual Reality Be an Effective Tool to Combat Obesity and Sedentariness in Children? Results from Two Research Studies. <i>Lecture Notes in Computer Science</i> , 2012 , 143-150 | 0.9 | |
| 6 | Impact of biomedical and biopsychosocial training sessions on the attitudes, beliefs, and recommendations of health care providers about low back pain: a randomised clinical trial. <i>Pain</i> , 2011 , 152, 2557-2563 | 8 | 90 |
| 5 | Pain relief by applying transcutaneous electrical nerve stimulation (TENS) during unsedated colonoscopy: a randomized double-blind placebo-controlled trial. <i>European Journal of Pain</i> , 2011 , 15, 29-35 | 3.7 | 15 |
| 4 | ¿Cuál es la respuesta fisiológica desencadenada por la aplicación de la técnica de estimulación nerviosa eléctrica transcutánea?. <i>Revista De La Sociedad Espanola Del Dolor</i> , 2010 , 17, 333-342 | 1.3 | 2 |
| 3 | Effect of resistance exercise during hemodialysis on physical function and quality of life: randomized controlled trial. <i>Clinical Nephrology</i> , 2009 , 71, 527-37 | 2.1 | 76 |
| 2 | Response of the flexion-relaxation phenomenon relative to the lumbar motion to load and speed. <i>Spine</i> , 2001 , 26, E421-6 | 3.3 | 53 |

- 1 Neuromuscular-skeletal constraints upon the dynamics of unimanual and bimanual coordination. *Experimental Brain Research*, **2000**, 131, 196-214 2.3 79