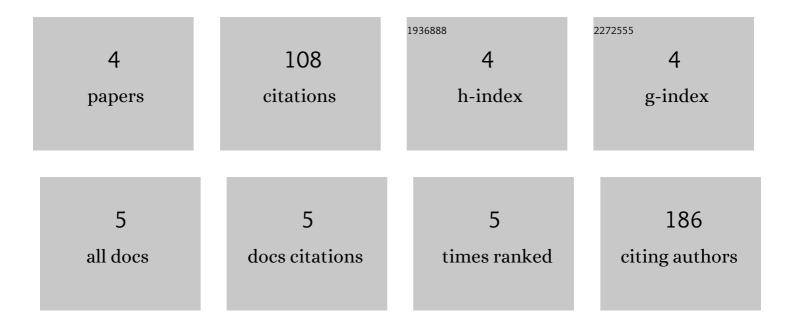
## Ashley Cox

## List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/4725431/publications.pdf Version: 2024-02-01



Δεμιέν ζου

#	Article	IF	CITATIONS
1	High Intensity Interval Training (HIIT) Improves Cardiorespiratory Fitness (CRF) in Healthy, Overweight and Obese Adolescents: A Systematic Review and Meta-Analysis of Controlled Studies. International Journal of Environmental Research and Public Health, 2020, 17, 2955.	1.2	55
2	Efficacy of School-Based Interventions for Improving Muscular Fitness Outcomes in Adolescent Boys: A Systematic Review and Meta-analysis. Sports Medicine, 2020, 50, 543-560.	3.1	23
3	BASES Conference 2019 – Programme and Abstracts. Journal of Sports Sciences, 2019, 37, 1-93.	1.0	22
4	"lt's Just Not Something We Do at Schoolâ€: Adolescent Boys' Understanding, Perceptions, and Experiences of Muscular Fitness Activity. International Journal of Environmental Research and Public Health, 2021, 18, 4923.	1.2	8