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List of Publications by Year in descending order

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Version: 2024-02-01

29
papers

472
citations

1039880

9
h-index

752573

20
g-index

32
all docs

32
docs citations

32
times ranked

969
citing authors

#	ARTICLE	IF	CITATIONS
1	White matter hyperintensities in vascular contributions to cognitive impairment and dementia (VCID): Knowledge gaps and opportunities. <i>Alzheimer's and Dementia: Translational Research and Clinical Interventions</i> , 2019, 5, 107-117.	1.8	250
2	Combined Dual-Task Gait Training and Aerobic Exercise to Improve Cognition, Mobility, and Vascular Health in Community-Dwelling Older Adults at Risk for Future Cognitive Decline. <i>Journal of Alzheimer's Disease</i> , 2017, 57, 747-763.	1.2	37
3	High-Intensity Interval Training in Older Adults: a Scoping Review. <i>Sports Medicine - Open</i> , 2021, 7, 49.	1.3	27
4	The impact of aerobic and resistance training intensity on markers of neuroplasticity in health and disease. <i>Ageing Research Reviews</i> , 2022, 80, 101698.	5.0	25
5	The HealthSteps, a lifestyle prescription program to improve physical activity and modifiable risk factors for chronic disease: a pragmatic randomized controlled trial. <i>BMC Public Health</i> , 2019, 19, 841.	1.2	23
6	Cognitive changes following multiple-modality exercise and mind-motor training in older adults with subjective cognitive complaints: The M4 study. <i>PLoS ONE</i> , 2018, 13, e0196356.	1.1	18
7	Multiple-modality exercise and mind-motor training to improve mobility in older adults: A randomized controlled trial. <i>Experimental Gerontology</i> , 2018, 103, 17-26.	1.2	15
8	Memory Function and Brain Functional Connectivity Adaptations Following Multiple-Modality Exercise and Mind-Motor Training in Older Adults at Risk of Dementia: An Exploratory Sub-Study. <i>Frontiers in Aging Neuroscience</i> , 2020, 12, 22.	1.7	15
9	Age-Related Changes in Postural Control in Physically Inactive Older Women. <i>Journal of Geriatric Physical Therapy</i> , 2019, 42, E81-E86.	0.6	10
10	Vascular cognitive impairment and dementia: An early career researcher perspective. <i>Alzheimer's and Dementia: Diagnosis, Assessment and Disease Monitoring</i> , 2022, 14, e12310.	1.2	10
11	Multiple-modality exercise and mind-motor training to improve cardiovascular health and fitness in older adults at risk for cognitive impairment: A randomized controlled trial. <i>Archives of Gerontology and Geriatrics</i> , 2017, 68, 149-160.	1.4	9
12	Heart failure management insights from primary care physicians and allied health care providers in Southwestern Ontario. <i>BMC Family Practice</i> , 2020, 21, 8.	2.9	6
13	The Benefits of High-Intensity Interval Training on Cognition and Blood Pressure in Older Adults With Hypertension and Subjective Cognitive Decline: Results From the Heart & Mind Study. <i>Frontiers in Aging Neuroscience</i> , 2021, 13, 643809.	1.7	6
14	Reshaping the path of vascular cognitive impairment with resistance training: a study protocol for a randomized controlled trial. <i>Trials</i> , 2021, 22, 217.	0.7	5
15	The Impact of Blood Pressure Dipping Status on Cognition, Mobility, and Cardiovascular Health in Older Adults Following an Exercise Program. <i>Gerontology and Geriatric Medicine</i> , 2018, 4, 233372141877033.	0.8	4
16	Systolic blood pressure dipping may be associated with mobility impairment and brain volume in community-dwelling older adults: An exploratory study. <i>Experimental Gerontology</i> , 2020, 141, 111100.	1.2	4
17	The independent associations of physical activity and sleep with neural activity during an inhibitory task: cross-sectional results from the MONITOR study. <i>Journal of Sleep Research</i> , 2022, 31, .	1.7	3
18	A Scoping Review of Multiple-modality Exercise and Cognition in Older Adults: Limitations and Future Directions. <i>Current Sports Medicine Reports</i> , 2020, 19, 298-325.	0.5	2

#	ARTICLE	IF	CITATIONS
19	HealthSteps Lifestyle Prescription Program Can Increase Physical Activity and Decrease Blood Pressure in At Risk Adults. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 392.	0.2	1
20	Impact of HealthSteps Lifestyle Prescription Program on Healthful Eating and Sedentary Time in At-Risk Adults. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 712-713.	0.2	1
21	Improvements in memory and brain functional connectivity in older adults with subjective cognitive complaints following multipleâ€modality exercise and mindâ€motor training: An exploratory subâ€study. <i>Alzheimer's and Dementia</i> , 2020, 16, e044196.	0.4	1
22	O3â€05â€04: The Efficacy of a Multiâ€Modality Exercise Program Combined With Mindâ€Motor Task Training for Older Adults at Risk of Cognitive Impairment on Usual and Dualâ€Task Gait: A Randomized Controlled Trial. <i>Alzheimer's and Dementia</i> , 2016, 12, P296.	0.4	0
23	Feasibility Of Square-stepping Exercise To Improve Mobility And Cognition In Long-term Care And Retirement Living.. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 216-217.	0.2	0
24	[P2â€570]: DOES A 6â€MONTH DUALâ€TASK GAIT AND AEROBIC EXERCISE INTERVENTION DIFFERENTIALLY IMPACT OLDER ADULTS WITH NORMAL VERSUS NONâ€NORMAL BLOOD PRESSURE DIPPING STATUS?. <i>Alzheimer's and Dementia</i> , 2017, 13, P864.	0.4	0
25	[O3â€01â€03]: MULTIPLEâ€MODALITY EXERCISE AND MINDâ€MOTOR TRAINING TO IMPROVE COGNITION IN OLDER ADULTS: RESULTS FROM THE M4 STUDY. <i>Alzheimer's and Dementia</i> , 2017, 13, P893.	0.4	0
26	Gender-Specific Effects in Cognition and Mobility Following Exercise in Older Adults at Risk for Dementia. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 617-618.	0.2	0
27	P1â€626: DUALâ€TASK GAIT AND CARDIORESPIRATORY FITNESS, BUT NOT VASCULAR HEALTH, PREDICT COGNITIVE FUNCTION IN COMMUNITYâ€DWELLING OLDER ADULTS WITH SUBJECTIVE COGNITIVE COMPLAINTS. <i>Alzheimer's and Dementia</i> , 2018, 14, P580.	0.4	0
28	Changes in Cardiovascular Health Following Exercise in Older Men and Women at Risk for Dementia. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 242.	0.2	0
29	Higher Fitness Levels Influence Association Between Cognition And Mobility In Older Adults With Hypertension And Dementia Risk. <i>Medicine and Science in Sports and Exercise</i> , 2020, 52, 7-7.	0.2	0