## Chia-Chen Liu

## List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Cross-Sectional Associations of Physical Fitness Performance Level and Sleep Duration among Older Adults: Results from the National Physical Fitness Survey in Taiwan. International Journal of Environmental Research and Public Health, 2020, 17, 388.	2.6	14
2	Oral Resveratrol supplementation attenuates exercise-induced Interleukin-6 but not Oxidative Stress after a high intensity cycling challenge in adults. International Journal of Medical Sciences, 2021, 18, 2137-2145.	2.5	13
3	Effects of Oral Resveratrol Supplementation on Glycogen Replenishment and Mitochondria Biogenesis in Exercised Human Skeletal Muscle. Nutrients, 2020, 12, 3721.	4.1	10
4	Associations of sleep duration with physical fitness performance and self-perception of health: a cross-sectional study of Taiwanese adults aged 23–45. BMC Public Health, 2021, 21, 594.	2.9	3