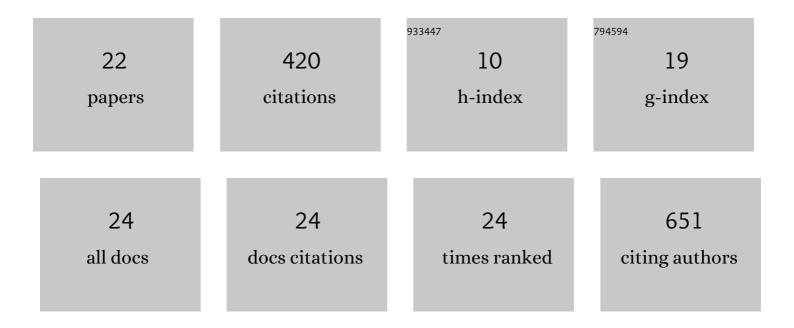
## Takashi Arao

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/4689082/publications.pdf Version: 2024-02-01



#	Article	IF	CITATIONS
1	Do the Impacts of Mentally Active and Passive Sedentary Behavior on Dementia Incidence Differ by Physical Activity Level? A 5-year Longitudinal Study. Journal of Epidemiology, 2023, 33, 410-418.	2.4	5

- Physical activity and/or sedentary behaviour and the development of functional disability in community-dwelling older adults in Tsuru, Japan: a prospective cohort study (the Tsuru Longitudinal) Tj ETQq0 0 0 ngBT /Over20ck 10 Tf 2

3	Association of domainâ€specific physical activity and sedentary behavior with cardiometabolic health among office workers. Scandinavian Journal of Medicine and Science in Sports, 2022, 32, 1224-1235.	2.9	4
4	Longitudinal associations of social group engagement with physical activity among Japanese older adults. Archives of Gerontology and Geriatrics, 2021, 92, 104259.	3.0	9
5	Relationship of workplace exercise with work engagement and psychological distress in employees: A cross-sectional study from the MYLS study. Preventive Medicine Reports, 2020, 17, 101030.	1.8	24
6	Health promotion for workers focusing on physical activity and sedentary behavior: Epidemiological studies in occupational health at the Physical Fitness Research Institute. Japanese Journal of Physical Fitness and Sports Medicine, 2020, 69, 429-436.	0.0	0
7	Relation between communicative and critical health literacy and physical activity in Japanese adults: a cross-sectional study. The Journal of Physical Fitness and Sports Medicine, 2018, 7, 75-80.	0.3	2
8	The association of single and combined factors of sedentary behavior and physical activity with subjective cognitive complaints among community-dwelling older adults: Cross-sectional study. PLoS ONE, 2018, 13, e0195384.	2.5	28
9	A randomized-controlled trial focusing on socio-economic status for promoting vegetable intake among adults using a web-based nutrition intervention programme: study protocol. BMC Public Health, 2017, 17, 74.	2.9	5
10	An additive effect of leading role in the organization between social participation and dementia onset among Japanese older adults: the AGES cohort study. BMC Geriatrics, 2017, 17, 297.	2.7	39
11	Reduction in Vegetable Intake Disparities With a Web-Based Nutrition Education Intervention Among Lower-Income Adults in Japan: Randomized Controlled Trial. Journal of Medical Internet Research, 2017, 19, e377.	4.3	6
12	Association of dog ownership with health-related QOL in young and middle-aged adult. International Journal of Human Culture Studies, 2017, 2017, 47-56.	0.0	0
13	Feasibility and effectiveness of a cosmetic intervention program for institutionalized older women in Japan. Preventive Medicine Reports, 2016, 4, 242-247.	1.8	2
14	Association of household income and education with eating behaviors in Japanese adults: a cross-sectional study. BMC Public Health, 2015, 16, 61.	2.9	30
15	Socioeconomic position and work, travel, and recreation-related physical activity in Japanese adults: a cross-sectional study. BMC Public Health, 2015, 15, 916.	2.9	18
16	Study on Current Levels of Physical Activity and Sedentary Behavior among Middle School Students in Beijing, China. PLoS ONE, 2015, 10, e0133544.	2.5	41
17	Prevalence Rates of Self-Care Behaviors and Related Factors in a Rural Hypertension Population: A Questionnaire Survey. International Journal of Hypertension, 2013, 2013, 1-8.	1.3	51
18	Prevalence, Purposes, and Perceived Effectiveness of Complementary and Alternative Medicine Use in a Hypertension Population: A Questionnaire Survey. , 2013, 2013, 1-7.		16

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#	Article	IF	CITATIONS
19	Development of the Chinese Family Support Scale in a Sample of Chinese Patients with Hypertension. PLoS ONE, 2013, 8, e85682.	2.5	11
20	Effect of a worksite-based intervention program on metabolic parameters in middle-aged male white-collar workers: A randomized controlled trial. Preventive Medicine, 2010, 51, 11-17.	3.4	65
21	Impact of lifestyle intervention on physical activity and diet of Japanese workers. Preventive Medicine, 2007, 45, 146-152.	3.4	43
22	Effects of a 5-year exercise-centered health-promoting programme on mortality and ADL impairment in the elderly. Age and Ageing, 2003, 32, 585-592.	1.6	19