

Takashi Arao

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4689082/publications.pdf>

Version: 2024-02-01

22
papers

420
citations

933447

10
h-index

794594

19
g-index

24
all docs

24
docs citations

24
times ranked

651
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|--|-----|-----------|
| 1 | Do the Impacts of Mentally Active and Passive Sedentary Behavior on Dementia Incidence Differ by Physical Activity Level? A 5-year Longitudinal Study. <i>Journal of Epidemiology</i> , 2023, 33, 410-418. | 2.4 | 5 |
| 2 | Physical activity and/or sedentary behaviour and the development of functional disability in community-dwelling older adults in Tsuru, Japan: a prospective cohort study (the Tsuru Longitudinal) <i>Tj ETQq0 0 0 ngBT /Overclock 10 Tf</i> | 0.0 | 0 |
| 3 | Association of domain-specific physical activity and sedentary behavior with cardiometabolic health among office workers. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 1224-1235. | 2.9 | 4 |
| 4 | Longitudinal associations of social group engagement with physical activity among Japanese older adults. <i>Archives of Gerontology and Geriatrics</i> , 2021, 92, 104259. | 3.0 | 9 |
| 5 | Relationship of workplace exercise with work engagement and psychological distress in employees: A cross-sectional study from the MYLS study. <i>Preventive Medicine Reports</i> , 2020, 17, 101030. | 1.8 | 24 |
| 6 | Health promotion for workers focusing on physical activity and sedentary behavior: Epidemiological studies in occupational health at the Physical Fitness Research Institute. <i>Japanese Journal of Physical Fitness and Sports Medicine</i> , 2020, 69, 429-436. | 0.0 | 0 |
| 7 | Relation between communicative and critical health literacy and physical activity in Japanese adults: a cross-sectional study. <i>The Journal of Physical Fitness and Sports Medicine</i> , 2018, 7, 75-80. | 0.3 | 2 |
| 8 | The association of single and combined factors of sedentary behavior and physical activity with subjective cognitive complaints among community-dwelling older adults: Cross-sectional study. <i>PLoS ONE</i> , 2018, 13, e0195384. | 2.5 | 28 |
| 9 | A randomized-controlled trial focusing on socio-economic status for promoting vegetable intake among adults using a web-based nutrition intervention programme: study protocol. <i>BMC Public Health</i> , 2017, 17, 74. | 2.9 | 5 |
| 10 | An additive effect of leading role in the organization between social participation and dementia onset among Japanese older adults: the AGES cohort study. <i>BMC Geriatrics</i> , 2017, 17, 297. | 2.7 | 39 |
| 11 | Reduction in Vegetable Intake Disparities With a Web-Based Nutrition Education Intervention Among Lower-Income Adults in Japan: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2017, 19, e377. | 4.3 | 6 |
| 12 | Association of dog ownership with health-related QOL in young and middle-aged adult. <i>International Journal of Human Culture Studies</i> , 2017, 2017, 47-56. | 0.0 | 0 |
| 13 | Feasibility and effectiveness of a cosmetic intervention program for institutionalized older women in Japan. <i>Preventive Medicine Reports</i> , 2016, 4, 242-247. | 1.8 | 2 |
| 14 | Association of household income and education with eating behaviors in Japanese adults: a cross-sectional study. <i>BMC Public Health</i> , 2015, 16, 61. | 2.9 | 30 |
| 15 | Socioeconomic position and work, travel, and recreation-related physical activity in Japanese adults: a cross-sectional study. <i>BMC Public Health</i> , 2015, 15, 916. | 2.9 | 18 |
| 16 | Study on Current Levels of Physical Activity and Sedentary Behavior among Middle School Students in Beijing, China. <i>PLoS ONE</i> , 2015, 10, e0133544. | 2.5 | 41 |
| 17 | Prevalence Rates of Self-Care Behaviors and Related Factors in a Rural Hypertension Population: A Questionnaire Survey. <i>International Journal of Hypertension</i> , 2013, 2013, 1-8. | 1.3 | 51 |
| 18 | Prevalence, Purposes, and Perceived Effectiveness of Complementary and Alternative Medicine Use in a Hypertension Population: A Questionnaire Survey. , 2013, 2013, 1-7. | | 16 |

| # | ARTICLE | IF | CITATIONS |
|----|--|-----|-----------|
| 19 | Development of the Chinese Family Support Scale in a Sample of Chinese Patients with Hypertension. PLoS ONE, 2013, 8, e85682. | 2.5 | 11 |
| 20 | Effect of a worksite-based intervention program on metabolic parameters in middle-aged male white-collar workers: A randomized controlled trial. Preventive Medicine, 2010, 51, 11-17. | 3.4 | 65 |
| 21 | Impact of lifestyle intervention on physical activity and diet of Japanese workers. Preventive Medicine, 2007, 45, 146-152. | 3.4 | 43 |
| 22 | Effects of a 5-year exercise-centered health-promoting programme on mortality and ADL impairment in the elderly. Age and Ageing, 2003, 32, 585-592. | 1.6 | 19 |