

Jennifer B Keogh

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

137
papers

6,838
citations

49
h-index

79
g-index

161
ext. papers

7,845
ext. citations

5.2
avg, IF

6.18
L-index

| # | Paper | IF | Citations |
|-----|--|-----|-----------|
| 137 | Developing and implementing a new methodology to test the affordability of currently popular weight loss diet meal plans and healthy eating principles.. <i>BMC Public Health</i> , 2022 , 22, 23 | 4.1 | 1 |
| 136 | Effect of a moderate dose of fructose in solid foods on TAG, glucose and uric acid before and after a 1-month moderate sugar-feeding period. <i>British Journal of Nutrition</i> , 2021 , 126, 837-843 | 3.6 | |
| 135 | The effect of intermittent energy restriction on weight loss and diabetes risk markers in women with a history of gestational diabetes: a 12-month randomized control trial. <i>American Journal of Clinical Nutrition</i> , 2021 , 114, 794-803 | 7 | 5 |
| 134 | A comparison of dietary quality and nutritional adequacy of popular energy-restricted diets against the Australian Guide to Healthy Eating and the Mediterranean Diet. <i>British Journal of Nutrition</i> , 2021 , 1-14 | 3.6 | 3 |
| 133 | Consumption of a Beverage Containing Aspartame and Acesulfame K for Two Weeks Does Not Adversely Influence Glucose Metabolism in Adult Males and Females: A Randomized Crossover Study. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17, | 4.6 | 2 |
| 132 | Differential Effects of Dietary Patterns on Advanced Glycation end Products: A Randomized Crossover Study. <i>Nutrients</i> , 2020 , 12, | 6.7 | 7 |
| 131 | Impact of intermittent vs. continuous energy restriction on weight and cardiometabolic factors: a 12-month follow-up. <i>International Journal of Obesity</i> , 2020 , 44, 1236-1242 | 5.5 | 7 |
| 130 | Energy Intake and Satiety Responses of Eggs for Breakfast in Overweight and Obese Adults-A Crossover Study. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17, | 4.6 | 4 |
| 129 | Women@ Barriers to Weight Loss, Perception of Future Diabetes Risk and Opinions of Diet Strategies Following Gestational Diabetes: An Online Survey. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17, | 4.6 | 1 |
| 128 | Dietary Interventions for Night Shift Workers: A Literature Review. <i>Nutrients</i> , 2019 , 11, | 6.7 | 9 |
| 127 | The effect of intermittent compared with continuous energy restriction on glycaemic control in patients with type 2 diabetes: 24-month follow-up of a randomised noninferiority trial. <i>Diabetes Research and Clinical Practice</i> , 2019 , 151, 11-19 | 7.4 | 19 |
| 126 | Women@ Barriers to Weight Loss, Knowledge of Future Diabetes Risk and Opinions of Diet Strategies Following Gestational Diabetes: An Online Survey (OR08-01-19). <i>Current Developments in Nutrition</i> , 2019 , 3, | 0.4 | 78 |
| 125 | Non-nutritive Sweeteners and Glycaemic Control. <i>Current Atherosclerosis Reports</i> , 2019 , 21, 49 | 6 | 7 |
| 124 | Does Nut Consumption Reduce Mortality and/or Risk of Cardiometabolic Disease? An Updated Review Based on Meta-Analyses. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16, | 4.6 | 9 |
| 123 | Effects of Weight Loss on FGF-21 in Human Subjects: An Exploratory Study. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16, | 4.6 | 2 |
| 122 | Effect of intermittent compared to continuous energy restriction on weight loss and weight maintenance after 12 months in healthy overweight or obese adults. <i>International Journal of Obesity</i> , 2019 , 43, 2028-2036 | 5.5 | 29 |
| 121 | Effects of Different Weight Loss Approaches on CVD Risk. <i>Current Atherosclerosis Reports</i> , 2018 , 20, 27 | 6 | 17 |

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| 120 | Probiotics, prebiotics, synbiotics and insulin sensitivity. <i>Nutrition Research Reviews</i> , 2018 , 31, 35-51 | 7 | 105 |
| 119 | Cholesterol-Lowering Effects of Plant Sterols in One Serve of Wholegrain Wheat Breakfast Cereal Biscuits-a Randomised Crossover Clinical Trial. <i>Foods</i> , 2018 , 7, | 4.9 | 6 |
| 118 | Effect of Intermittent Energy Restriction on Flow Mediated Dilatation, a Measure of Endothelial Function: A Short Report. <i>International Journal of Environmental Research and Public Health</i> , 2018 , 15, | 4.6 | 9 |
| 117 | Effect of Intermittent Compared With Continuous Energy Restricted Diet on Glycemic Control in Patients With Type 2 Diabetes: A Randomized Noninferiority Trial. <i>JAMA Network Open</i> , 2018 , 1, e180756 | 10.4 | 72 |
| 116 | Nuts and Cardio-Metabolic Disease: A Review of Meta-Analyses. <i>Nutrients</i> , 2018 , 10, | 6.7 | 28 |
| 115 | The Role of Choice in Weight Loss Strategies: A Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2018 , 10, | 6.7 | 6 |
| 114 | Dietary quality and carotid intima media thickness in type 1 and type 2 diabetes: Follow-up of a randomised controlled trial. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2018 , 28, 830-838 | 4.5 | 7 |
| 113 | Consumption of red and processed meat and refined grains for 4weeks decreases insulin sensitivity in insulin-resistant adults: A randomized crossover study. <i>Metabolism: Clinical and Experimental</i> , 2017 , 68, 173-183 | 12.7 | 14 |
| 112 | A systematic review of the effect of dietary saturated and polyunsaturated fat on heart disease. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2017 , 27, 1060-1080 | 4.5 | 85 |
| 111 | Effects of Two Different Dietary Patterns on Inflammatory Markers, Advanced Glycation End Products and Lipids in Subjects without Type 2 Diabetes: A Randomised Crossover Study. <i>Nutrients</i> , 2017 , 9, | 6.7 | 21 |
| 110 | Benefits of Nut Consumption on Insulin Resistance and Cardiovascular Risk Factors: Multiple Potential Mechanisms of Actions. <i>Nutrients</i> , 2017 , 9, | 6.7 | 71 |
| 109 | Changes in Lipids and Inflammatory Markers after Consuming Diets High in Red Meat or Dairy for Four Weeks. <i>Nutrients</i> , 2017 , 9, | 6.7 | 14 |
| 108 | Effects of Weight Loss on Advanced Glycation End Products in Subjects with and without Diabetes: A Preliminary Report. <i>International Journal of Environmental Research and Public Health</i> , 2017 , 14, | 4.6 | 16 |
| 107 | Association between dairy intake, lipids and vascular structure and function in diabetes. <i>World Journal of Diabetes</i> , 2017 , 8, 202-212 | 4.7 | 6 |
| 106 | Clinical and dietary predictors of common carotid artery intima media thickness in a population with type 1 and type 2 diabetes: A cross-sectional study. <i>World Journal of Diabetes</i> , 2017 , 8, 18-27 | 4.7 | |
| 105 | The effects of intermittent compared to continuous energy restriction on glycaemic control in type 2 diabetes; a pragmatic pilot trial. <i>Diabetes Research and Clinical Practice</i> , 2016 , 122, 106-112 | 7.4 | 86 |
| 104 | Dairy foods and the risk of type 2 diabetes. <i>Current Opinion in Lipidology</i> , 2016 , 27, 539-40 | 4.4 | |
| 103 | Effect of weight loss induced by energy restriction on measures of arterial compliance: A systematic review and meta-analysis. <i>Atherosclerosis</i> , 2016 , 247, 7-20 | 3.1 | 20 |

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| 102 | Acute effect of red meat and dairy on glucose and insulin: a randomized crossover study. <i>American Journal of Clinical Nutrition</i> , 2016 , 103, 71-6 | 7 | 7 |
| 101 | Intermittent energy restriction in type 2 diabetes: A short discussion of medication management. <i>World Journal of Diabetes</i> , 2016 , 7, 627-630 | 4.7 | 12 |
| 100 | Polyphenols and Glycemic Control. <i>Nutrients</i> , 2016 , 8, | 6.7 | 252 |
| 99 | Weight-Loss Outcomes: A Systematic Review and Meta-Analysis of Intermittent Energy Restriction Trials Lasting a Minimum of 6 Months. <i>Nutrients</i> , 2016 , 8, | 6.7 | 63 |
| 98 | Effect of Improving Dietary Quality on Arterial Stiffness in Subjects with Type 1 and Type 2 Diabetes: A 12 Months Randomised Controlled Trial. <i>Nutrients</i> , 2016 , 8, | 6.7 | 6 |
| 97 | Differential Effects of Red Meat/Refined Grain Diet and Dairy/Chicken/Nuts/Whole Grain Diet on Glucose, Insulin and Triglyceride in a Randomized Crossover Study. <i>Nutrients</i> , 2016 , 8, | 6.7 | 19 |
| 96 | Response to the comment by Kuipers and Pruiboom. <i>Metabolism: Clinical and Experimental</i> , 2016 , 65, e5 | 12.7 | |
| 95 | Fructose acute effects on glucose, insulin, and triglyceride after a solid meal compared with sucralose and sucrose in a randomized crossover study. <i>American Journal of Clinical Nutrition</i> , 2016 , 103, 1453-7 | 7 | 16 |
| 94 | Reply to: "Effect of weight loss induced by energy restriction on measures of arterial compliance: A systematic review and meta-analysis". <i>Atherosclerosis</i> , 2016 , 252, 203-204 | 3.1 | 1 |
| 93 | Salt Restriction in Diabetes. <i>Current Diabetes Reports</i> , 2015 , 15, 58 | 5.6 | 2 |
| 92 | Attitudes and beliefs of Australian adults on reality television cooking programmes and celebrity chefs. Is there cause for concern? Descriptive analysis presented from a consumer survey. <i>Appetite</i> , 2015 , 91, 7-12 | 4.5 | 13 |
| 91 | Effect of sodium and potassium supplementation on vascular and endothelial function: a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2015 , 101, 939-46 | 7 | 15 |
| 90 | Red meat, dairy, and insulin sensitivity: a randomized crossover intervention study. <i>American Journal of Clinical Nutrition</i> , 2015 , 101, 1173-9 | 7 | 45 |
| 89 | Sustained effects of a protein @reloadQn glycaemia and gastric emptying over 4 weeks in patients with type 2 diabetes: A randomized clinical trial. <i>Diabetes Research and Clinical Practice</i> , 2015 , 108, e31-47.4 | 7.4 | 43 |
| 88 | Dietary patterns and cognitive decline in an Australian study of ageing. <i>Molecular Psychiatry</i> , 2015 , 20, 860-6 | 15.1 | 90 |
| 87 | A review of potential metabolic etiologies of the observed association between red meat consumption and development of type 2 diabetes mellitus. <i>Metabolism: Clinical and Experimental</i> , 2015 , 64, 768-79 | 12.7 | 85 |
| 86 | Effect of improving dietary quality on carotid intima media thickness in subjects with type 1 and type 2 diabetes: a 12-mo randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2015 , 102, 771-9 | 7 | 16 |
| 85 | Dietary predictors of arterial stiffness in a cohort with type 1 and type 2 diabetes. <i>Atherosclerosis</i> , 2015 , 238, 175-81 | 3.1 | 17 |

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| 84 | Effect of weight loss on pulse wave velocity: systematic review and meta-analysis. <i>Arteriosclerosis, Thrombosis, and Vascular Biology</i> , 2015 , 35, 243-52 | 9.4 | 68 |
| 83 | Sodium and potassium excretion are related to bone mineral density in women with coeliac disease. <i>Clinical Nutrition</i> , 2015 , 34, 265-8 | 5.9 | 4 |
| 82 | A systematic review of vascular and endothelial function: effects of fruit, vegetable and potassium intake. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2015 , 25, 253-66 | 4.5 | 26 |
| 81 | Dietary intake in adults with type 1 and type 2 diabetes: validation of the Dietary Questionnaire for Epidemiological Studies version 2 FFQ against a 3-d weighed food record and 24-h urinalysis. <i>British Journal of Nutrition</i> , 2015 , 114, 2056-63 | 3.6 | 13 |
| 80 | Comparative analysis of the Cancer Council of Victoria and the online Commonwealth Scientific and Industrial Research Organisation FFQ. <i>British Journal of Nutrition</i> , 2015 , 114, 1683-93 | 3.6 | 2 |
| 79 | Weight Loss, Dietary Intake and Pulse Wave Velocity. <i>Pulse</i> , 2015 , 3, 134-40 | 1.6 | 7 |
| 78 | Dairy consumption and insulin sensitivity: a systematic review of short- and long-term intervention studies. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2015 , 25, 3-8 | 4.5 | 49 |
| 77 | Dietary quality in people with type 1 and type 2 diabetes compared to age, sex and BMI matched controls. <i>Diabetes Research and Clinical Practice</i> , 2015 , 107, e7-10 | 7.4 | 9 |
| 76 | Long term weight maintenance after advice to consume low carbohydrate, higher protein diets--a systematic review and meta analysis. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2014 , 24, 224-35 | 4.5 | 98 |
| 75 | The association between carotid intima media thickness and individual dietary components and patterns. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2014 , 24, 495-502 | 4.5 | 26 |
| 74 | Impact of different biopolymer networks on the digestion of gastric structured emulsions. <i>Food Hydrocolloids</i> , 2014 , 36, 102-114 | 10.6 | 70 |
| 73 | Attitudes and beliefs of health risks associated with sodium intake in diabetes. <i>Appetite</i> , 2014 , 83, 97-102 | 3.5 | 9 |
| 72 | Postprandial effects of potassium supplementation on vascular function and blood pressure: a randomised cross-over study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2014 , 24, 148-54 | 4.5 | 12 |
| 71 | Tailoring the digestion of structured emulsions using mixed monoglyceride-lipase interfaces. <i>Food Hydrocolloids</i> , 2014 , 36, 151-161 | 10.6 | 49 |
| 70 | Digestion of microencapsulated oil powders: in vitro lipolysis and in vivo absorption from a food matrix. <i>Food and Function</i> , 2014 , 5, 2905-12 | 6.1 | 19 |
| 69 | Effects of intermittent compared to continuous energy restriction on short-term weight loss and long-term weight loss maintenance. <i>Clinical Obesity</i> , 2014 , 4, 150-6 | 3.6 | 40 |
| 68 | Effect of high potassium diet on endothelial function. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2014 , 24, 983-9 | 4.5 | 17 |
| 67 | Postprandial effects of a high salt meal on serum sodium, arterial stiffness, markers of nitric oxide production and markers of endothelial function. <i>Atherosclerosis</i> , 2014 , 232, 211-6 | 3.1 | 39 |

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| 66 | A reduction of 3 g/day from a usual 9 g/day salt diet improves endothelial function and decreases endothelin-1 in a randomised cross-over study in normotensive overweight and obese subjects. <i>Atherosclerosis</i> , 2014 , 233, 32-8 | 3.1 | 42 |
| 65 | Comparison of 2 weight-loss diets of different protein content on bone health: a randomized trial. <i>American Journal of Clinical Nutrition</i> , 2013 , 98, 1343-52 | 7 | 30 |
| 64 | Remission of diabetes in patients with long-standing type 2 diabetes following placement of adjustable gastric band: a retrospective case control study. <i>Diabetes, Obesity and Metabolism</i> , 2013 , 15, 383-5 | 6.7 | 13 |
| 63 | Food label education does not reduce sodium intake in people with type 2 diabetes mellitus. A randomised controlled trial. <i>Appetite</i> , 2013 , 68, 147-51 | 4.5 | 23 |
| 62 | Evaluation of the Swedish adjustable gastric band VC (SAGB-VC) in an Australian population: early results. <i>Canadian Journal of Surgery</i> , 2013 , 56, 15-20 | 2 | 3 |
| 61 | Foods contributing to sodium intake and urinary sodium excretion in a group of Australian women. <i>Public Health Nutrition</i> , 2013 , 16, 1837-42 | 3.3 | 12 |
| 60 | Sodium intake and excretion in individuals with type 2 diabetes mellitus: a cross-sectional analysis of overweight and obese males and females in Australia. <i>Journal of Human Nutrition and Dietetics</i> , 2012 , 25, 129-39 | 3.1 | 21 |
| 59 | Increased thiamine intake may be required to maintain thiamine status during weight loss in patients with type 2 diabetes. <i>Diabetes Research and Clinical Practice</i> , 2012 , 98, e40-2 | 7.4 | 6 |
| 58 | The role of edible mushrooms in health: Evaluation of the evidence. <i>Journal of Functional Foods</i> , 2012 , 4, 687-709 | 5.1 | 171 |
| 57 | Adherence to a Mediterranean diet and Alzheimer's disease risk in an Australian population. <i>Translational Psychiatry</i> , 2012 , 2, e164 | 8.6 | 126 |
| 56 | Meal replacements for weight loss in type 2 diabetes in a community setting. <i>Journal of Nutrition and Metabolism</i> , 2012 , 2012, 918571 | 2.7 | 12 |
| 55 | Impact of gastric structuring on the lipolysis of emulsified lipids. <i>Soft Matter</i> , 2011 , 7, 3513 | 3.6 | 217 |
| 54 | Food intake, postprandial glucose, insulin and subjective satiety responses to three different bread-based test meals. <i>Appetite</i> , 2011 , 57, 707-10 | 4.5 | 41 |
| 53 | A pilot comprehensive lifestyle intervention program (CLIP)--comparison with qualitative lifestyle advice and simvastatin on cardiovascular risk factors in overweight hypercholesterolaemic individuals. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2011 , 21, 165-72 | 4.5 | 10 |
| 52 | Fecal butyrate levels vary widely among individuals but are usually increased by a diet high in resistant starch. <i>Journal of Nutrition</i> , 2011 , 141, 883-9 | 4.1 | 133 |
| 51 | Endothelial function is impaired after a high-salt meal in healthy subjects. <i>American Journal of Clinical Nutrition</i> , 2011 , 93, 500-5 | 7 | 76 |
| 50 | Slowly and rapidly digested fat emulsions are equally satiating but their triglycerides are differentially absorbed and metabolized in humans. <i>Journal of Nutrition</i> , 2011 , 141, 809-15 | 4.1 | 54 |
| 49 | Long-term effects of weight loss with a very low carbohydrate and low fat diet on vascular function in overweight and obese patients. <i>Journal of Internal Medicine</i> , 2010 , 267, 452-61 | 10.8 | 80 |

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| 48 | Timing of protein ingestion relative to resistance exercise training does not influence body composition, energy expenditure, glycaemic control or cardiometabolic risk factors in a hypocaloric, high protein diet in patients with type 2 diabetes. <i>Diabetes, Obesity and Metabolism</i> , 2010 , 12, 1097-105 | 6.7 | 13 |
| 47 | Comparative analysis of two FFQ. <i>Public Health Nutrition</i> , 2010 , 13, 1553-8 | 3.3 | 16 |
| 46 | A high-protein diet with resistance exercise training improves weight loss and body composition in overweight and obese patients with type 2 diabetes. <i>Diabetes Care</i> , 2010 , 33, 969-76 | 14.6 | 136 |
| 45 | Long-term effects of a low carbohydrate, low fat or high unsaturated fat diet compared to a no-intervention control. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2010 , 20, 599-607 | 4.5 | 42 |
| 44 | Effect of glycomacropeptide fractions on cholecystokinin and food intake. <i>British Journal of Nutrition</i> , 2010 , 104, 286-90 | 3.6 | 38 |
| 43 | Achieving the salt intake target of 6 g/day in the current food supply in free-living adults using two dietary education strategies. <i>Journal of the American Dietetic Association</i> , 2010 , 110, 763-7 | | 35 |
| 42 | Mushrooms and agaritine: A mini-review. <i>Journal of Functional Foods</i> , 2010 , 2, 91-98 | 5.1 | 23 |
| 41 | Weight Loss and Adhesion Molecules 2010 , 217-226 | | |
| 40 | High protein-high red meat versus high carbohydrate weight loss diets do not differ in effect on genome stability and cell death in lymphocytes of overweight men. <i>Mutagenesis</i> , 2009 , 24, 271-7 | 2.8 | 14 |
| 39 | Long-term effects of a very-low-carbohydrate weight loss diet compared with an isocaloric low-fat diet after 12 mo. <i>American Journal of Clinical Nutrition</i> , 2009 , 90, 23-32 | 7 | 183 |
| 38 | Effects of a low-salt diet on flow-mediated dilatation in humans. <i>American Journal of Clinical Nutrition</i> , 2009 , 89, 485-90 | 7 | 111 |
| 37 | Estimating food intakes in Australia: validation of the Commonwealth Scientific and Industrial Research Organisation (CSIRO) food frequency questionnaire against weighed dietary intakes. <i>Journal of Human Nutrition and Dietetics</i> , 2009 , 22, 559-66 | 3.1 | 52 |
| 36 | High protein diets decrease total and abdominal fat and improve CVD risk profile in overweight and obese men and women with elevated triacylglycerol. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2009 , 19, 548-54 | 4.5 | 57 |
| 35 | Metabolic effects of weight loss on a very-low-carbohydrate diet compared with an isocaloric high-carbohydrate diet in abdominally obese subjects. <i>Journal of the American College of Cardiology</i> , 2008 , 51, 59-67 | 15.1 | 128 |
| 34 | Effect of a low-resource-intensive lifestyle modification program incorporating gymnasium-based and home-based resistance training on type 2 diabetes risk in Australian adults. <i>Diabetes Care</i> , 2008 , 31, 2244-50 | 14.6 | 36 |
| 33 | Wholegrain foods made from a novel high-amylose barley variety (Himalaya 292) improve indices of bowel health in human subjects. <i>British Journal of Nutrition</i> , 2008 , 99, 1032-40 | 3.6 | 88 |
| 32 | Effect of carbohydrate distribution on postprandial glucose peaks with the use of continuous glucose monitoring in type 2 diabetes. <i>American Journal of Clinical Nutrition</i> , 2008 , 87, 638-44 | 7 | 56 |
| 31 | Effects of weight loss from a very-low-carbohydrate diet on endothelial function and markers of cardiovascular disease risk in subjects with abdominal obesity. <i>American Journal of Clinical Nutrition</i> , 2008 , 87, 567-76 | 7 | 115 |

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| 30 | Long-term effects of a high-protein weight-loss diet. <i>American Journal of Clinical Nutrition</i> , 2008 , 87, 23-9 | 7 | 118 |
| 29 | Salt intake and health in the Australian population. <i>Medical Journal of Australia</i> , 2008 , 189, 526 | 4 | 13 |
| 28 | Weight loss maintenance in women 3 years after following a 12-week structured weight loss program. <i>Obesity Research and Clinical Practice</i> , 2007 , 1, I-II | 5.4 | 4 |
| 27 | Effects of meals with high soluble fibre, high amylose barley variant on glucose, insulin, satiety and thermic effect of food in healthy lean women. <i>European Journal of Clinical Nutrition</i> , 2007 , 61, 597-604 | 5.2 | 64 |
| 26 | The effect of milk protein on the bioavailability of cocoa polyphenols. <i>Journal of Food Science</i> , 2007 , 72, S230-3 | 3.4 | 83 |
| 25 | Obesity and type 2 diabetes mellitus. <i>Nutrition and Dietetics</i> , 2007 , 64, S156-S161 | 2.5 | 0 |
| 24 | Metabolic effects of high-protein diets. <i>Current Atherosclerosis Reports</i> , 2007 , 9, 472-8 | 6 | 40 |
| 23 | Moderate weight loss reduces renin and aldosterone but does not influence basal or stimulated pituitary-adrenal axis function. <i>Hormone and Metabolic Research</i> , 2007 , 39, 694-9 | 3.1 | 47 |
| 22 | Low- and high-carbohydrate weight-loss diets have similar effects on mood but not cognitive performance. <i>American Journal of Clinical Nutrition</i> , 2007 , 86, 580-7 | 7 | 88 |
| 21 | Long-term weight maintenance and cardiovascular risk factors are not different following weight loss on carbohydrate-restricted diets high in either monounsaturated fat or protein in obese hyperinsulinaemic men and women. <i>British Journal of Nutrition</i> , 2007 , 97, 405-10 | 3.6 | 30 |
| 20 | Effects of weight loss on a low-carbohydrate diet on flow-mediated dilatation, adhesion molecules and adiponectin. <i>British Journal of Nutrition</i> , 2007 , 98, 852-9 | 3.6 | 62 |
| 19 | Comparison of isocaloric very low carbohydrate/high saturated fat and high carbohydrate/low saturated fat diets on body composition and cardiovascular risk. <i>Nutrition and Metabolism</i> , 2006 , 3, 7 | 4.6 | 85 |
| 18 | Health benefits of herbs and spices: the past, the present, the future. <i>Medical Journal of Australia</i> , 2006 , 185, S1-S24 | 4 | 318 |
| 17 | Effect of an energy-restricted, high-protein, low-fat diet relative to a conventional high-carbohydrate, low-fat diet on weight loss, body composition, nutritional status, and markers of cardiovascular health in obese women. <i>American Journal of Clinical Nutrition</i> , 2005 , 81, 1298-306 | 7 | 338 |
| 16 | Carbohydrate-restricted diets high in either monounsaturated fat or protein are equally effective at promoting fat loss and improving blood lipids. <i>American Journal of Clinical Nutrition</i> , 2005 , 81, 762-72 ⁷ | 7 | 95 |
| 15 | The role of meal replacements in obesity treatment. <i>Obesity Reviews</i> , 2005 , 6, 229-34 | 10.6 | 38 |
| 14 | Effect of weight loss on inflammatory and endothelial markers and FMD using two low-fat diets. <i>International Journal of Obesity</i> , 2005 , 29, 1445-51 | 5.5 | 65 |
| 13 | Effect of aging on transpyloric flow, gastric emptying, and intragastric distribution in healthy humans—impact on glycemia. <i>Digestive Diseases and Sciences</i> , 2005 , 50, 671-6 | 4 | 40 |

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|----|---|-----|-----|
| 12 | Effects of drink volume and glucose load on gastric emptying and postprandial blood pressure in healthy older subjects. <i>American Journal of Physiology - Renal Physiology</i> , 2005 , 289, G240-8 | 5.1 | 34 |
| 11 | Flow-mediated dilatation is impaired by a high-saturated fat diet but not by a high-carbohydrate diet. <i>Arteriosclerosis, Thrombosis, and Vascular Biology</i> , 2005 , 25, 1274-9 | 9.4 | 130 |
| 10 | The satiating effect of dietary protein is unrelated to postprandial ghrelin secretion. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2005 , 90, 5205-11 | 5.6 | 61 |
| 9 | Very low-fat (12%) and high monounsaturated fat (35%) diets do not differentially affect abdominal fat loss in overweight, nondiabetic women. <i>Journal of Nutrition</i> , 2004 , 134, 1741-5 | 4.1 | 23 |
| 8 | Combining wheat bran with resistant starch has more beneficial effects on fecal indexes than does wheat bran alone. <i>American Journal of Clinical Nutrition</i> , 2004 , 79, 1020-8 | 7 | 116 |
| 7 | Long-term effects of a high-protein, low-carbohydrate diet on weight control and cardiovascular risk markers in obese hyperinsulinemic subjects. <i>International Journal of Obesity</i> , 2004 , 28, 661-70 | 5.5 | 177 |
| 6 | Trans fatty acids in adipose tissue and the food supply are associated with myocardial infarction. <i>Journal of Nutrition</i> , 2004 , 134, 874-9 | 4.1 | 94 |
| 5 | Meal replacements are as effective as structured weight-loss diets for treating obesity in adults with features of metabolic syndrome. <i>Journal of Nutrition</i> , 2004 , 134, 1894-9 | 4.1 | 101 |
| 4 | Can a food frequency questionnaire be used to capture dietary intake data in a 4 week clinical intervention trial?. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2004 , 13, 318-23 | 1 | 45 |
| 3 | Bone loss at the proximal femur and reduced lean mass following liver transplantation: a longitudinal study. <i>Nutrition</i> , 1999 , 15, 661-4 | 4.8 | 47 |
| 2 | Effect of weight on cardiovascular disease. <i>American Journal of Clinical Nutrition</i> , 1996 , 63, 419S-422S | 7 | 81 |
| 1 | Hand grip dynamometry as a predictor of postoperative complications reappraisal using age standardized grip strengths. <i>Journal of Parenteral and Enteral Nutrition</i> , 1989 , 13, 30-3 | 4.2 | 147 |