

Harri O HemilÃ¸

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4650604/publications.pdf>

Version: 2024-02-01

137
papers

3,752
citations

136885

32
h-index

149623

56
g-index

146
all docs

146
docs citations

146
times ranked

3170
citing authors

#	ARTICLE	IF	CITATIONS
1	Bias against Vitamin C in Mainstream Medicine: Examples from Trials of Vitamin C for Infections. <i>Life</i> , 2022, 12, 62.	1.1	6
2	Quantile Treatment Effect of Zinc Lozenges on Common Cold Duration: A Novel Approach to Analyze the Effect of Treatment on Illness Duration. <i>Frontiers in Pharmacology</i> , 2022, 13, 817522.	1.6	3
3	OUP accepted manuscript. <i>European Journal of Preventive Cardiology</i> , 2022, , .	0.8	1
4	Assessment of vitamin C effects on pneumonia and COVID-19 using Mendelian randomization: analysis may be misleading. <i>European Journal of Clinical Nutrition</i> , 2022, 76, 1347-1348.	1.3	3
5	Vitamin C May Improve Left Ventricular Ejection Fraction: A Meta-Analysis. <i>Frontiers in Cardiovascular Medicine</i> , 2022, 9, 789729.	1.1	10
6	Vitamin C and the risk of atrial fibrillation: Mendelian randomization study may be misleading. <i>Clinical Nutrition</i> , 2022, , .	2.3	1
7	Commentary: The Long History of Vitamin C: From Prevention of the Common Cold to Potential Aid in the Treatment of COVID-19. <i>Frontiers in Immunology</i> , 2021, 12, 659001.	2.2	6
8	Vitamin C May Increase the Recovery Rate of Outpatient Cases of SARS-CoV-2 Infection by 70%: Reanalysis of the COVID A to Z Randomized Clinical Trial. <i>Frontiers in Immunology</i> , 2021, 12, 674681.	2.2	28
9	Carrageenan nasal spray may double the rate of recovery from coronavirus and influenza virus infections: Reanalysis of randomized trial data. <i>Pharmacology Research and Perspectives</i> , 2021, 9, e00810.	1.1	15
10	Vitamin C and zinc lozenges for COVID-19?. <i>Journal of the American Pharmacists Association: JAPhA</i> , 2021, 61, e39.	0.7	5
11	Comment on "Therapeutic target and molecular mechanism of vitamin C-treated pneumonia: a systematic study of network pharmacology" by R. Li, C. Guo, Y. Li, X. Liang, L. Yang and W. Huang, <i>Food Funct.</i> , 2020, 11, 4765. <i>Food and Function</i> , 2021, 12, 1371-1372.	2.1	2
12	Benefit of OTC Formula Against COVID-19 Is Explained by Selection Bias. <i>Journal of Evidence-based Integrative Medicine</i> , 2021, 26, 2515690X2110584.	1.4	0
13	Reanalysis of the Effect of Vitamin C on Mortality in the CITRIS-ALI Trial: Important Findings Dismissed in the Trial Report. <i>Frontiers in Medicine</i> , 2020, 7, 590853.	1.2	24
14	Vitamin C for Cardiac Surgery Patients: Several Errors in a Published Meta-Analysis. Comment on "Effects of Vitamin C on Organ Function in Cardiac Surgery Patients: A Systematic Review and Meta-Analysis. <i>Nutrients</i> 2019, 11, 2103" <i>Nutrients</i> , 2020, 12, 586.	1.7	3
15	Cochrane has not consistently followed the COPE guidelines. <i>European Journal of Clinical Investigation</i> , 2020, 50, e13216.	1.7	1
16	Vitamin C may reduce the duration of mechanical ventilation in critically ill patients: a meta-regression analysis. <i>Journal of Intensive Care</i> , 2020, 8, 15.	1.3	103
17	The effect of Î²-carotene on the mortality of male smokers is modified by smoking and by vitamins C and E: evidence against a uniform effect of nutrient. <i>Journal of Nutritional Science</i> , 2020, 9, e11.	0.7	9
18	Vitamin E and Mortality in Male Smokers of the ATBC Study: Implications for Nutritional Recommendations. <i>Frontiers in Nutrition</i> , 2020, 7, 36.	1.6	3

#	ARTICLE	IF	CITATIONS
19	Zinc acetate lozenges for the treatment of the common cold: a randomised controlled trial. <i>BMJ Open</i> , 2020, 10, e031662.	0.8	17
20	Commentary: Vitamin C supplementation for prevention and treatment of pneumonia. <i>Frontiers in Medicine</i> , 2020, 7, 595988.	1.2	4
21	Vitamin C and COVID-19. <i>Frontiers in Medicine</i> , 2020, 7, 559811.	1.2	26
22	Vitamin C as a Possible Therapy for COVID-19. <i>Infection and Chemotherapy</i> , 2020, 52, 222.	1.0	36
23	Meta-analysis on vitamin C and the common cold in children may be misleading. <i>European Journal of Clinical Pharmacology</i> , 2019, 75, 1747-1748.	0.8	5
24	Random-Effects Assumption in Meta-analyses. <i>JAMA - Journal of the American Medical Association</i> , 2019, 322, 81.	3.8	2
25	Errors in a meta-analysis on vitamin C and post-operative atrial fibrillation. <i>International Journal of Surgery</i> , 2019, 64, 66.	1.1	1
26	Vitamin C Can Shorten the Length of Stay in the ICU: A Meta-Analysis. <i>Nutrients</i> , 2019, 11, 708.	1.7	183
27	Many continuous variables should be analyzed using the relative scale: a case study of β_2 -agonists for preventing exercise-induced bronchoconstriction. <i>Systematic Reviews</i> , 2019, 8, 282.	2.5	5
28	Effect of β -Carotene Supplementation on the Risk of Pneumonia Is Heterogeneous in Males: Effect Modification by Cigarette Smoking. <i>Journal of Nutritional Science and Vitaminology</i> , 2018, 64, 374-378.	0.2	6
29	Letter: Comparison of different vitamin E forms is confounded by heterogeneity in vitamin E effects. <i>Nutrition Reviews</i> , 2018, 76, 722-723.	2.6	1
30	Vitamin C for preventing atrial fibrillation in high risk patients: a systematic review and meta-analysis. <i>BMC Cardiovascular Disorders</i> , 2017, 17, 49.	0.7	73
31	Publication bias in meta-analysis of ascorbic acid for postoperative atrial fibrillation. <i>American Journal of Health-System Pharmacy</i> , 2017, 74, 372-373.	0.5	4
32	Vitamins E and C May Differ in Their Effect on Contrast-Induced Acute Kidney Injury. <i>American Journal of Kidney Diseases</i> , 2017, 69, 708-709.	2.1	1
33	Vitamin E May Protect Against Contrast-Induced Acute Kidney Injury. <i>Journal of the American College of Cardiology</i> , 2017, 69, 1878.	1.2	0
34	Zinc lozenges and the common cold: a meta-analysis comparing zinc acetate and zinc gluconate, and the role of zinc dosage. <i>JRSM Open</i> , 2017, 8, 205427041769429.	0.2	75
35	Erroneous calculation of sample size in a vitamin C and atrial fibrillation trial. <i>Journal of Cardiology</i> , 2017, 69, 895.	0.8	0
36	Vitamin C in Clinical Therapeutics. <i>Clinical Therapeutics</i> , 2017, 39, 2110-2112.	1.1	3

#	ARTICLE	IF	CITATIONS
37	Duration of the common cold and similar continuous outcomes should be analyzed on the relative scale: a case study of two zinc lozenge trials. BMC Medical Research Methodology, 2017, 17, 82.	1.4	13
38	Zinc Acetate Lozenges May Improve the Recovery Rate of Common Cold Patients: An Individual Patient Data Meta-Analysis. Open Forum Infectious Diseases, 2017, 4, ofx059.	0.4	39
39	Vitamin C and Infections. Nutrients, 2017, 9, 339.	1.7	315
40	Vitamin E administration may decrease the incidence of pneumonia in elderly males. Clinical Interventions in Aging, 2016, Volume 11, 1379-1385.	1.3	70
41	Vitamin E and the risk of pneumonia: using the I2 statistic to quantify heterogeneity within a controlled trial. British Journal of Nutrition, 2016, 116, 1530-1536.	1.2	9
42	Many continuous variables such as the duration of the common cold should be analyzed using the relative scale. Journal of Clinical Epidemiology, 2016, 78, 128-129.	2.4	6
43	Zinc acetate lozenges for treating the common cold: an individual patient data meta-analysis. British Journal of Clinical Pharmacology, 2016, 82, 1393-1398.	1.1	30
44	Thomas Chalmers, vitamin C and the common cold. Journal of the Royal Society of Medicine, 2016, 109, 46-46.	1.1	3
45	Vitamin D Supplementation and Upper Respiratory Tract Infections in Adolescent Swimmers: A Randomized Controlled Trial. Pediatric Exercise Science, 2015, 27, 113-119.	0.5	26
46	Exercise, Antioxidants, and the Risk for Pneumonia. Medicine and Science in Sports and Exercise, 2015, 47, 668.	0.2	1
47	Impure placebo is a useless concept. Theoretical Medicine and Bioethics, 2015, 36, 279-289.	0.4	9
48	Zinc lozenges and vitamin C for the common cold are not examples of placebo effect in action. Journal of Clinical Epidemiology, 2015, 68, 1524-1525.	2.4	1
49	The effectiveness of high dose zinc acetate lozenges on various common cold symptoms: a meta-analysis. BMC Family Practice, 2015, 16, 24.	2.9	26
50	Common Cold Treatment Using Zinc. JAMA - Journal of the American Medical Association, 2015, 314, 730.	3.8	4
51	Vitamin and Mineral Supplements in the Primary Prevention of Cardiovascular Disease and Cancer. Annals of Internal Medicine, 2014, 160, 655.	2.0	0
52	The effect of vitamin C on bronchoconstriction and respiratory symptoms caused by exercise: a review and statistical analysis. Allergy, Asthma and Clinical Immunology, 2014, 10, 58.	0.9	20
53	Clinical use of placebo treatments may undermine the trust of patients: a response to Gold and Lichtenberg. Journal of Medical Ethics, 2014, 40, 787-788.	1.0	4
54	Can <sc>CAM</sc> treatments be evidence-based?. Focus on Alternative and Complementary Therapies, 2014, 19, 84-89.	0.1	9

#	ARTICLE	IF	CITATIONS
55	Vitamin C and asthma. <i>Journal of Allergy and Clinical Immunology</i> , 2014, 134, 1216.	1.5	3
56	The Effect of Vitamin E on Mortality Is Not Uniform across the Population. <i>Journal of Nutritional Science and Vitaminology</i> , 2014, 60, 455-456.	0.2	0
57	Does Exercise Prevent the Common Cold?. <i>Korean Journal of Family Medicine</i> , 2014, 35, 259.	0.4	0
58	Vitamin C for preventing and treating pneumonia. <i>The Cochrane Library</i> , 2013, 2013, CD005532.	1.5	113
59	Vitamin C and common cold-induced asthma: a systematic review and statistical analysis. <i>Allergy, Asthma and Clinical Immunology</i> , 2013, 9, 46.	0.9	26
60	Vitamin C for preventing and treating the common cold. <i>The Cochrane Library</i> , 2013, 2013, CD000980.	1.5	450
61	Vitamin supplements and mortality in older people. <i>American Journal of Clinical Nutrition</i> , 2013, 98, 502-512.	2.2	5
62	Vitamin C Should Be Tested against Exercise-induced Bronchoconstriction. <i>American Journal of Respiratory and Critical Care Medicine</i> , 2013, 188, 1370-1370.	2.5	7
63	Vitamin C may alleviate exercise-induced bronchoconstriction: a meta-analysis. <i>BMJ Open</i> , 2013, 3, e002416.	0.8	44
64	Vitamin C for preventing and treating tetanus. <i>The Cochrane Library</i> , 2013, , CD006665.	1.5	15
65	Zinc lozenges may shorten common cold duration. <i>Expert Review of Respiratory Medicine</i> , 2012, 6, 253-254.	1.0	1
66	Maternal use of selective serotonin reuptake inhibitors during pregnancy and neonatal bone density. <i>Early Human Development</i> , 2012, 88, 191-194.	0.8	20
67	Subgroup analysis of large trials can guide further research: a case study of vitamin E and pneumonia. <i>Clinical Epidemiology</i> , 2011, 3, 51.	1.5	25
68	Vitamin C and Community-acquired Pneumonia. <i>American Journal of Respiratory and Critical Care Medicine</i> , 2011, 184, 621-622.	2.5	11
69	The effect of vitamin C on upper respiratory infections in adolescent swimmers: a randomized trial. <i>European Journal of Pediatrics</i> , 2011, 170, 59-63.	1.3	28
70	Vitamin C and asthma in children: modification of the effect by age, exposure to dampness and the severity of asthma. <i>Clinical and Translational Allergy</i> , 2011, 1, 9.	1.4	8
71	Randomised trials on vitamin C. <i>British Journal of Nutrition</i> , 2011, 105, 485-487.	1.2	3
72	The Effect of Vitamin C on the Common Cold. <i>Journal of Pharmacy Practice</i> , 2011, 24, 241-242.	0.5	4

#	ARTICLE	IF	CITATIONS
73	Vitamin E may affect the life expectancy of men, depending on dietary vitamin C intake and smoking. <i>Age and Ageing</i> , 2011, 40, 215-220.	0.7	53
74	Zinc Lozenges May Shorten the Duration of Colds: A Systematic Review. <i>Open Respiratory Medicine Journal</i> , 2011, 5, 51-58.	1.3	73
75	Vitamin C and the treatment of tetanus. <i>Annals of African Medicine</i> , 2010, 9, 108.	0.2	1
76	Letter to the Editor. <i>Journal of Parenteral and Enteral Nutrition</i> , 2009, 33, 447-448.	1.3	1
77	Vitamin D Level, Respiratory Tract Infections, and Controlled Trials. <i>Archives of Internal Medicine</i> , 2009, 169, 1443.	4.3	1
78	Modification of the Effect of Vitamin E Supplementation on the Mortality of Male Smokers by Age and Dietary Vitamin C. <i>American Journal of Epidemiology</i> , 2009, 169, 946-953.	1.6	75
79	Vitamin E is likely to affect mortality even at low doses. <i>Clinical Trials</i> , 2009, 6, 392-393.	0.7	5
80	Predicting the incidence of human campylobacteriosis in Finland with time series analysis. <i>Apmis</i> , 2009, 117, 614-622.	0.9	5
81	Evidence-based medicine and the role of antioxidants in physically stressed people. <i>Nutrition Reviews</i> , 2009, 67, 61-63.	2.6	1
82	Vitamin C and exercise-induced bronchoconstriction in athletes. <i>Journal of Allergy and Clinical Immunology</i> , 2009, 123, 274-275.	1.5	4
83	Vitamin C for the common cold should not be rejected on the basis of old and erroneous articles. <i>Journal of Allergy and Clinical Immunology</i> , 2009, 124, 859.	1.5	2
84	Vitamin E supplementation may transiently increase tuberculosis risk in males who smoke heavily and have high dietary vitamin C intake – reply by Hemilä & Kaprio. <i>British Journal of Nutrition</i> , 2009, 101, 146-147.	1.2	3
85	Vitamins and minerals. , 2009, , 275-307.		1
86	Commentaries on “Vitamin C for preventing and treating the common cold”™ with responses from the review author. <i>Evidence-Based Child Health: A Cochrane Review Journal</i> , 2008, 3, 723-728.	2.0	4
87	Vitamin E supplementation and pneumonia risk in males who initiated smoking at an early age: effect modification by body weight and dietary vitamin C. <i>Nutrition Journal</i> , 2008, 7, 33.	1.5	35
88	Vitamin C and sex differences in respiratory tract infections. <i>Respiratory Medicine</i> , 2008, 102, 625-626.	1.3	17
89	Vitamin E supplementation may transiently increase tuberculosis risk in males who smoke heavily and have high dietary vitamin C intake. <i>British Journal of Nutrition</i> , 2008, 100, 896-902.	1.2	38
90	Vitamin C for preventing and treating tetanus. , 2008, , CD006665.		6

#	ARTICLE	IF	CITATIONS
91	Vitamin C may affect lung infections. Journal of the Royal Society of Medicine, 2007, 100, 495-498.	1.1	31
92	RE: "BIAS IN CLINICAL INTERVENTION RESEARCH". American Journal of Epidemiology, 2007, 165, 1219-1219.	1.6	2
93	Antioxidant Supplements and Mortality. JAMA - Journal of the American Medical Association, 2007, 298, 401; author reply 402-3.	3.8	4
94	Vitamin C for preventing and treating pneumonia. , 2007, , CD005532.		21
95	Exercise, Vitamins and Respiratory Tract Infections. American Journal of Medicine, 2007, 120, e17.	0.6	3
96	Vitamin C for preventing and treating the common cold. , 2007, , CD000980.		89
97	Evidence-based medicine and vitamin E supplementation. American Journal of Clinical Nutrition, 2007, 86, 261-262.	2.2	0
98	VITAMIN E SUPPLEMENTATION AND RESPIRATORY INFECTIONS IN OLDER PEOPLE. Journal of the American Geriatrics Society, 2007, 55, 1311-1313.	1.3	6
99	Conclusions about intervention effects should not be based on surrogate end points. Free Radical Biology and Medicine, 2007, 42, 578-578.	1.3	0
100	Small trials focusing on surrogate end points may be uninformative. European Journal of Applied Physiology, 2007, 99, 707-708.	1.2	2
101	The Effect of Vitamin E on Common Cold Incidence Is Modified by Age, Smoking and Residential Neighborhood. Journal of the American College of Nutrition, 2006, 25, 332-339.	1.1	52
102	The Protective Effect of Vitamins A and C on Endotoxin-Induced Oxidative Renal Tissue Damage in Rats. Tohoku Journal of Experimental Medicine, 2006, 208, 99-100.	0.5	0
103	Analysis of clinical data with breached blindness by Shein-Chung Chow and Jun Shao, Statistics in Medicine 2004;23:1185-1193. Statistics in Medicine, 2006, 25, 1434-1437.	0.8	7
104	Letter to the Editor. Nutrition Reviews, 2006, 64, 476-477.	2.6	3
105	Physical Activity and the Risk of Pneumonia in Male Smokers Administered Vitamin E and Î²-Carotene. International Journal of Sports Medicine, 2006, 27, 336-341.	0.8	29
106	Potential harm of vitamin E supplementation. American Journal of Clinical Nutrition, 2005, 82, 1141-1142.	2.2	6
107	Allocation concealment and blinding: when ignorance is bliss. Medical Journal of Australia, 2005, 183, 165-166.	0.8	0
108	Echinacea, Vitamin C, the Common Cold, and Blinding. Clinical Infectious Diseases, 2005, 41, 762-763.	2.9	6

#	ARTICLE	IF	CITATIONS
109	Assessment of blinding may be inappropriate after the trial. <i>Contemporary Clinical Trials</i> , 2005, 26, 512-514.	0.8	15
110	Vitamin C for Preventing and Treating the Common Cold. <i>PLoS Medicine</i> , 2005, 2, e168.	3.9	34
111	High-Dosage Vitamin E Supplementation and All-Cause Mortality. <i>Annals of Internal Medicine</i> , 2005, 143, 151.	2.0	12
112	Vitamin E and Respiratory Tract Infections in Elderly Persons. <i>JAMA - Journal of the American Medical Association</i> , 2004, 292, 2834.	3.8	6
113	Vitamin E and Beta-Carotene Supplementation and Hospital-Treated Pneumonia Incidence in Male Smokers. <i>Chest</i> , 2004, 125, 557-565.	0.4	77
114	Vitamin C Supplementation and Respiratory Infections: a Systematic Review. <i>Military Medicine</i> , 2004, 169, 920-925.	0.4	46
115	Vitamin C, respiratory infections and the immune system. <i>Trends in Immunology</i> , 2003, 24, 579-580.	2.9	30
116	Vitamin C and SARS coronavirus. <i>Journal of Antimicrobial Chemotherapy</i> , 2003, 52, 1049-1050.	1.3	82
117	Physical Activity and the Common Cold in Men Administered Vitamin E and ??-Carotene. <i>Medicine and Science in Sports and Exercise</i> , 2003, 35, 1815-1820.	0.2	39
118	Vitamin C, Vitamin E, and Beta-Carotene in Relation to Common Cold Incidence in Male Smokers. <i>Epidemiology</i> , 2002, 13, 32-37.	1.2	52
119	Vitamin C intake and susceptibility to the common cold. <i>British Journal of Nutrition</i> , 1997, 77, 59-72.	1.2	86
120	Vitamin C intake and susceptibility to pneumonia. <i>Pediatric Infectious Disease Journal</i> , 1997, 16, 836-837.	1.1	97
121	Blood donation, body iron stores, and risk of myocardial infarction. <i>BMJ: British Medical Journal</i> , 1997, 314, 1830-1830.	2.4	6
122	Vitamin C, the placebo effect, and the common cold: A case study of how preconceptions influence the analysis of results. <i>Journal of Clinical Epidemiology</i> , 1996, 49, 1079-1084.	2.4	45
123	To the dissent by Thomas Chalmers. <i>Journal of Clinical Epidemiology</i> , 1996, 49, 1087.	2.4	14
124	Vitamin C supplementation and common cold symptoms: Problems with inaccurate reviews. <i>Nutrition</i> , 1996, 12, 804-809.	1.1	58
125	Does Vitamin C Alleviate the Symptoms of the Common Cold? - A Review of Current Evidence. <i>Scandinavian Journal of Infectious Diseases</i> , 1994, 26, 1-6.	1.5	69
126	Vitamin C, cholesterol, and the nutritional recommendations. <i>American Journal of Cardiology</i> , 1993, 71, 503-504.	0.7	1

#	ARTICLE	IF	CITATIONS
127	Vitamin C and plasma cholesterol. <i>Critical Reviews in Food Science and Nutrition</i> , 1992, 32, 33-57.	5.4	35
128	Vitamin C and the common cold. <i>British Journal of Nutrition</i> , 1992, 67, 3-16.	1.2	117
129	VITAMIN C, NEUTROPHILS AND THE SYMPTOMS OF THE COMMON COLD. <i>Pediatric Infectious Disease Journal</i> , 1992, 11, 779.	1.1	2
130	Is there a biochemical basis for "nutrient need"? <i>Trends in Food Science and Technology</i> , 1991, 2, 73.	7.8	9
131	Nucleotide sequence of the secY gene from <i>Lactococcus lactis</i> and identification of conserved regions by comparison of four SecY proteins. <i>FEBS Letters</i> , 1991, 288, 114-118.	1.3	32
132	Vitamin C and lowering of blood pressure: need for intervention trials?. <i>Journal of Hypertension</i> , 1991, 9, 1076-1078.	0.3	5
133	A re-evaluation of nutritional goals -not just deficiency counts. <i>Medical Hypotheses</i> , 1986, 20, 17-27.	0.8	11
134	Nutritional need versus optimal intake. <i>Medical Hypotheses</i> , 1984, 14, 135-139.	0.8	13
135	Activated polymorphonuclear leucocytes consume vitamin C. <i>FEBS Letters</i> , 1984, 178, 25-30.	1.3	85
136	The effect of β -carotene on common cold incidence is modified by age and smoking: evidence against a uniform effect in a nutrient-disease relationship. <i>Nutrition and Dietary Supplements</i> , 0, , 117.	0.7	6
137	Zinc for preventing and treating the common cold. <i>The Cochrane Library</i> , 0, , .	1.5	7