

Aleksandra Luszczynska

List of Publications by Citations

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173
papers

8,163
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h-index

87
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197
ext. papers

9,457
ext. citations

3.9
avg, IF

6.35
L-index

#	Paper	IF	Citations
173	The general self-efficacy scale: multicultural validation studies. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2005 , 139, 439-57	2.7	752
172	Mechanisms of health behavior change in persons with chronic illness or disability: the Health Action Process Approach (HAPA). <i>Rehabilitation Psychology</i> , 2011 , 56, 161-70	2.7	360
171	Implementation intention and action planning interventions in health contexts: state of the research and proposals for the way forward. <i>Applied Psychology: Health and Well-Being</i> , 2014 , 6, 1-47	6.8	324
170	Planning and Self-Efficacy in the Adoption and Maintenance of Breast Self-Examination: A Longitudinal Study on Self-Regulatory Cognitions. <i>Psychology and Health</i> , 2003 , 18, 93-108	2.9	257
169	Adoption and maintenance of four health behaviors: theory-guided longitudinal studies on dental flossing, seat belt use, dietary behavior, and physical activity. <i>Annals of Behavioral Medicine</i> , 2007 , 33, 156-66	4.5	256
168	Self-Efficacy and Health-Related Outcomes of Collective Trauma. <i>European Psychologist</i> , 2009 , 14, 51-62	4.4	195
167	How to Overcome Health-Compromising Behaviors. <i>European Psychologist</i> , 2008 , 13, 141-151	4.4	193
166	A meta-analysis of the relationship between job burnout and secondary traumatic stress among workers with indirect exposure to trauma. <i>Psychological Services</i> , 2014 , 11, 75-86	2.5	166
165	Planning to break unwanted habits: habit strength moderates implementation intention effects on behaviour change. <i>British Journal of Social Psychology</i> , 2009 , 48, 507-23	6.8	163
164	Social-cognitive predictors of physical exercise adherence: three longitudinal studies in rehabilitation. <i>Health Psychology</i> , 2008 , 27, S54-63	5	160
163	Planning to lose weight: randomized controlled trial of an implementation intention prompt to enhance weight reduction among overweight and obese women. <i>Health Psychology</i> , 2007 , 26, 507-12	5	154
162	An implementation intentions intervention, the use of a planning strategy, and physical activity after myocardial infarction. <i>Social Science and Medicine</i> , 2006 , 62, 900-8	5.1	152
161	Improving fruit and vegetable consumption: a self-efficacy intervention compared with a combined self-efficacy and planning intervention. <i>Health Education Research</i> , 2007 , 22, 630-8	1.8	137
160	Associations between job burnout and self-efficacy: a meta-analysis. <i>Anxiety, Stress and Coping</i> , 2016 , 29, 367-86	3.1	134
159	Self-efficacy as a moderator of the planning-behaviour relationship in interventions designed to promote physical activity. <i>Psychology and Health</i> , 2011 , 26, 151-66	2.9	134
158	Implementation intention and planning interventions in Health Psychology: Recommendations from the Synergy Expert Group for research and practice. <i>Psychology and Health</i> , 2016 , 31, 814-39	2.9	131
157	Multidimensional health locus of control: comments on the construct and its measurement. <i>Journal of Health Psychology</i> , 2005 , 10, 633-42	3.1	126

156	Meaning in life and physical health: systematic review and meta-analysis. <i>Health Psychology Review</i> , 2017 , 11, 387-418	7.1	122
155	Received social support, self-efficacy, and finding benefits in disease as predictors of physical functioning and adherence to antiretroviral therapy. <i>Patient Education and Counseling</i> , 2007 , 66, 37-42	3.1	107
154	Self-regulatory cognitions, social comparison, and perceived peers behaviors as predictors of nutrition and physical activity: a comparison among adolescents in Hungary, Poland, Turkey, and USA. <i>Psychology and Health</i> , 2004 , 19, 577-593	2.9	106
153	Good practice characteristics of diet and physical activity interventions and policies: an umbrella review. <i>BMC Public Health</i> , 2015 , 15, 19	4.1	91
152	Measuring one component of dispositional self-regulation: attention control in goal pursuit. <i>Personality and Individual Differences</i> , 2004 , 37, 555-566	3.3	90
151	Self-efficacy and social support predict benefit finding 12 months after cancer surgery: The mediating role of coping strategies. <i>Psychology, Health and Medicine</i> , 2005 , 10, 365-375	2.1	90
150	Enhancing reporting of behavior change intervention evaluations. <i>Journal of Acquired Immune Deficiency Syndromes (1999)</i> , 2014 , 66 Suppl 3, S293-9	3.1	88
149	Changes in self-regulatory cognitions as predictors of changes in smoking and nutrition behaviour. <i>Psychology and Health</i> , 2009 , 24, 545-61	2.9	87
148	Family-related predictors of body weight and weight-related behaviours among children and adolescents: a systematic umbrella review. <i>Child: Care, Health and Development</i> , 2012 , 38, 321-31	2.8	85
147	Coping and quality of life after tumor surgery: personal and social resources promote different domains of quality of life. <i>Anxiety, Stress and Coping</i> , 2007 , 20, 61-75	3.1	76
146	Planning and self-efficacy interventions encouraging replacing energy-dense foods intake with fruit and vegetable: A longitudinal experimental study. <i>Psychology and Health</i> , 2016 , 31, 40-64	2.9	75
145	Effects of dyadic planning on physical activity in couples: A randomized controlled trial. <i>Health Psychology</i> , 2017 , 36, 8-20	5	75
144	Social support and quality of life among lung cancer patients: a systematic review. <i>Psycho-Oncology</i> , 2013 , 22, 2160-8	3.9	74
143	Implementation conditions for diet and physical activity interventions and policies: an umbrella review. <i>BMC Public Health</i> , 2015 , 15, 1250	4.1	70
142	A culture-based study of personal and social influences of adolescent smoking. <i>European Journal of Public Health</i> , 2005 , 15, 393-8	2.1	70
141	Self-Efficacy, Planning, or a Combination of Both? A Longitudinal Experimental Study Comparing Effects of Three Interventions on Adolescents' Body Fat. <i>PLoS ONE</i> , 2016 , 11, e0159125	3.7	68
140	Dispositional self-efficacy as a personal resource factor in coping after surgery. <i>Personality and Individual Differences</i> , 2005 , 39, 807-818	3.3	67
139	Views of policy makers and health promotion professionals on factors facilitating implementation and maintenance of interventions and policies promoting physical activity and healthy eating: results of the DEDIPAC project. <i>BMC Public Health</i> , 2017 , 17, 932	4.1	66

138	Predicting posttraumatic growth among Hurricane Katrina survivors living with HIV: the role of self-efficacy, social support, and PTSD symptoms. <i>Anxiety, Stress and Coping</i> , 2009 , 22, 449-63	3.1	66
137	A dietary planning intervention increases fruit consumption in Iranian women. <i>Appetite</i> , 2013 , 63, 1-6	4.5	64
136	What Comes First, Job Burnout or Secondary Traumatic Stress? Findings from Two Longitudinal Studies from the U.S. and Poland. <i>PLoS ONE</i> , 2015 , 10, e0136730	3.7	64
135	Which characteristics of planning matter? Individual and dyadic physical activity plans and their effects on plan enactment. <i>Social Science and Medicine</i> , 2017 , 189, 53-62	5.1	63
134	Changes in finding benefit after cancer surgery and the prediction of well-being one year later. <i>Social Science and Medicine</i> , 2006 , 63, 1614-24	5.1	61
133	Changing nutrition, physical activity and body weight among student nurses and midwives: effects of a planning intervention and self-efficacy beliefs. <i>Journal of Health Psychology</i> , 2009 , 14, 1075-84	3.1	59
132	Physical activity after cardiac rehabilitation: Evidence that different types of self-efficacy are important in maintainers and relapsers.. <i>Rehabilitation Psychology</i> , 2006 , 51, 314-321	2.7	59
131	Effects of school-based interventions targeting obesity-related behaviors and body weight change: a systematic umbrella review. <i>Behavioral Medicine</i> , 2011 , 37, 15-25	4.4	58
130	Are goal intentions or implementation intentions better predictors of health behavior? A longitudinal study in orthopedic rehabilitation.. <i>Rehabilitation Psychology</i> , 2007 , 52, 97-102	2.7	58
129	Money and the fear of death: The symbolic power of money as an existential anxiety buffer. <i>Journal of Economic Psychology</i> , 2013 , 36, 55-67	2.5	53
128	A cluster randomized controlled trial comparing the effectiveness of an individual planning intervention with collaborative planning in adolescent friendship dyads to enhance physical activity (TWOgether). <i>BMC Public Health</i> , 2018 , 18, 911	4.1	48
127	Cultivating secondary traumatic growth among healthcare workers: the role of social support and self-efficacy. <i>Journal of Clinical Psychology</i> , 2014 , 70, 831-46	2.8	47
126	Explaining Counterproductive Work Behaviors Among Police Officers: The Indirect Effects of Job Demands Are Mediated by Job Burnout and Moderated by Job Control and Social Support. <i>Human Performance</i> , 2015 , 28, 332-350	2.4	45
125	Caregiving in the Illness Context 2016 ,		44
124	Emotional and uncontrolled eating styles and chocolate chip cookie consumption. A controlled trial of the effects of positive mood enhancement. <i>Appetite</i> , 2010 , 54, 143-9	4.5	43
123	Planning to change diet: a controlled trial of an implementation intentions training intervention to reduce saturated fat intake among patients after myocardial infarction. <i>Journal of Psychosomatic Research</i> , 2007 , 63, 491-7	4.1	41
122	Posttraumatic stress reactions as a disruption in anxiety-buffer functioning: Dissociation and responses to mortality salience as predictors of severity of posttraumatic symptoms.. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i> , 2011 , 3, 329-341	7.8	39
121	Recovery self-efficacy and intention as predictors of running or jogging behavior: A cross-lagged panel analysis over a two-year period. <i>Psychology of Sport and Exercise</i> , 2007 , 8, 247-260	4.2	39

120	At-home environment, out-of-home environment, snacks and sweetened beverages intake in preadolescence, early and mid-adolescence: the interplay between environment and self-regulation. <i>Journal of Youth and Adolescence</i> , 2013 , 42, 1873-83	4.5	36
119	Advancing the evidence base for public policies impacting on dietary behaviour, physical activity and sedentary behaviour in Europe: The Policy Evaluation Network promoting a multidisciplinary approach. <i>Food Policy</i> , 2020 , 96, 101873	5	35
118	The proof is in the eating: subjective peer norms are associated with adolescents' eating behaviour. <i>Public Health Nutrition</i> , 2015 , 18, 1044-51	3.3	34
117	Sedentary behaviours and health-related quality of life. A systematic review and meta-analysis. <i>Health Psychology Review</i> , 2018 , 12, 195-210	7.1	34
116	Enabling, Not Cultivating: Received Social Support and Self-Efficacy Explain Quality of Life After Lung Cancer Surgery. <i>Annals of Behavioral Medicine</i> , 2017 , 51, 1-12	4.5	33
115	Secondary trauma self-efficacy: concept and its measurement. <i>Psychological Assessment</i> , 2013 , 25, 917-23	3.3	33
114	Emotional support for men and women with cancer: do patients receive what their partners provide?. <i>International Journal of Behavioral Medicine</i> , 2007 , 14, 156-63	2.6	33
113	Protective, promotive, and buffering effects of perceived social support in managerial stress: The moderating role of personality. <i>Anxiety, Stress and Coping</i> , 2005 , 18, 227-244	3.1	32
112	The interplay of received social support and self-regulatory factors in smoking cessation. <i>Psychology and Health</i> , 2013 , 29, 16-31	2.9	31
111	Cervical screening among migrant women: a qualitative study of Polish, Slovak and Romanian women in London, UK. <i>Journal of Family Planning and Reproductive Health Care</i> , 2012 , 38, 229-38		31
110	Social inequalities in adolescent depression: the role of parental social support and optimism. <i>International Journal of Social Psychiatry</i> , 2013 , 59, 474-81	8.5	30
109	Change in breast self-examination behavior: effects of intervention on enhancing self-efficacy. <i>International Journal of Behavioral Medicine</i> , 2004 , 11, 95-103	2.6	30
108	Sedentary behaviors and anxiety among children, adolescents and adults: a systematic review and meta-analysis. <i>BMC Public Health</i> , 2019 , 19, 459	4.1	29
107	Posttraumatic Stress Disorder Involves Disrupted Anxiety-Buffer Mechanisms. <i>Journal of Social and Clinical Psychology</i> , 2011 , 30, 819-841	1.6	29
106	Predictors of asking medical personnel about handwashing: the moderating role of patients' age and MRSA infection status. <i>Patient Education and Counseling</i> , 2007 , 68, 79-85	3.1	28
105	Effects of Internet-Based Self-Efficacy Intervention on Secondary Traumatic Stress and Secondary Posttraumatic Growth among Health and Human Services Professionals Exposed to Indirect Trauma. <i>Frontiers in Psychology</i> , 2016 , 7, 1009	3.4	28
104	Access to excess: how do adolescents deal with unhealthy foods in their environment?. <i>European Journal of Public Health</i> , 2013 , 23, 752-6	2.1	27
103	Two kinds of items in quality of life instruments: 'indicator and causal variables' in the EORTC qlq-c30. <i>Quality of Life Research</i> , 2006 , 15, 131-41	3.7	27

102	Hungry for an intervention? Adolescents' ratings of acceptability of eating-related intervention strategies. <i>BMC Public Health</i> , 2016 , 16, 5	4.1	26
101	Affect and enacted support in couples undergoing in-vitro fertilization: when providing is better than receiving. <i>Social Science and Medicine</i> , 2007 , 64, 1789-801	5.1	26
100	Associations between received social support and positive and negative affect: evidence for age differences from a daily-diary study. <i>European Journal of Ageing</i> , 2012 , 9, 361-371	3.6	25
99	Self-efficacy and quality of life among people with cardiovascular diseases: A meta-analysis. <i>Rehabilitation Psychology</i> , 2018 , 63, 295-312	2.7	25
98	Micro-environmental characteristics related to body weight, diet, and physical activity of children and adolescents: a systematic umbrella review. <i>International Journal of Environmental Health Research</i> , 2011 , 21, 317-30	3.6	24
97	The effects of mortality reminders on posttraumatic growth and finding benefits among patients with life-threatening illness and their caregivers. <i>Psychology and Health</i> , 2012 , 27, 1227-43	2.9	24
96	Discontinuity patterns in stages of the precaution adoption process model: meat consumption during a livestock epidemic. <i>British Journal of Health Psychology</i> , 2005 , 10, 221-35	8.3	24
95	It doesn't matter what they say, it matters how they behave: Parental influences and changes in body mass among overweight and obese adolescents. <i>Appetite</i> , 2016 , 96, 47-55	4.5	23
94	Mediated effects of social support for healthy nutrition: fruit and vegetable intake across 8 months after myocardial infarction. <i>Behavioral Medicine</i> , 2009 , 35, 30-8	4.4	22
93	Empowerment beliefs and intention to uptake cervical cancer screening: three psychosocial mediating mechanisms. <i>Women and Health</i> , 2012 , 52, 162-81	1.7	19
92	The interplay of dyadic and individual planning of pelvic-floor exercise in prostate-cancer patients following radical prostatectomy. <i>Journal of Behavioral Medicine</i> , 2012 , 35, 305-17	3.6	19
91	Food culture in the home environment: family meal practices and values can support healthy eating and self-regulation in young people in four European countries. <i>Applied Psychology: Health and Well-Being</i> , 2015 , 7, 22-40	6.8	18
90	Patients' coping profiles and partners' support provision. <i>Psychology and Health</i> , 2007 , 22, 749-764	2.9	18
89	Couples' daily self-regulation: The Health Action Process Approach at the dyadic level. <i>PLoS ONE</i> , 2018 , 13, e0205887	3.7	18
88	Comparing different boosters of planning interventions on changes in fat consumption in overweight and obese individuals: a randomized controlled trial. <i>International Journal of Psychology</i> , 2013 , 48, 604-15	1.9	17
87	Effects of a Self-Efficacy Intervention on Exercise: The Moderating Role of Diabetes and Cardiovascular Diseases. <i>Applied Psychology</i> , 2008 , 57, 644-659	4.3	17
86	Predicting performance and performance satisfaction: mindfulness and beliefs about the ability to deal with social barriers in sport. <i>Anxiety, Stress and Coping</i> , 2014 , 27, 270-87	3.1	16
85	The Interplay between Conscious and Automatic Self-Regulation and Adolescents' Physical Activity: The Role of Planning, Intentions, and Lack of Awareness. <i>Applied Psychology</i> , 2009 , 58, 257-273	4.3	16

84	Bi-directional associations between parental feeding practices and children's body mass in parent-child dyads. <i>Appetite</i> , 2018 , 129, 192-197	4.5	15
83	Cervical cancer screening and psychosocial barriers perceived by patients. A systematic review. <i>Wspolczesna Onkologia</i> , 2014 , 18, 153-9	1	15
82	From Exhaustion to Disengagement via Self-Efficacy Change: Findings from Two Longitudinal Studies among Human Services Workers. <i>Frontiers in Psychology</i> , 2015 , 6, 2032	3.4	15
81	Enhancing intentions to attend cervical cancer screening with a stage-matched intervention. <i>British Journal of Health Psychology</i> , 2011 , 16, 33-46	8.3	14
80	Social orientations and adolescent health behaviours in Hungary. <i>International Journal of Psychology</i> , 2010 , 45, 12-20	1.9	14
79	Interacting effects of receiving social control and social support during smoking cessation. <i>Annals of Behavioral Medicine</i> , 2015 , 49, 141-6	4.5	13
78	What matters, parental or child perceptions of physical activity facilities? A prospective parent-child study explaining physical activity and body fat among children. <i>Psychology of Sport and Exercise</i> , 2018 , 34, 39-46	4.2	12
77	Association between Children's Physical Activity and Parental Practices Enhancing Children's Physical Activity: The Moderating Effects of Children's BMI z-Score. <i>Frontiers in Psychology</i> , 2017 , 8, 2359 ³ ·4		12
76	Social and cognitive predictors of fruit and vegetable intake among adolescents: the context of changes in body weight. <i>Journal of Health Psychology</i> , 2013 , 18, 667-79	3.1	12
75	Reciprocal relations among job demands, job control, and social support are moderated by neuroticism: A cross-lagged analysis. <i>Journal of Vocational Behavior</i> , 2007 , 71, 84-96	6	12
74	Jewish and non-Jewish World War II child and adolescent survivors at 60 years after war: effects of parental loss and age at exposure on well-being. <i>American Journal of Orthopsychiatry</i> , 2008 , 78, 369-77	2.8	12
73	The association between automatic thoughts about eating, the actual-ideal weight discrepancies, and eating disorders symptoms: a longitudinal study in late adolescence. <i>Eating and Weight Disorders</i> , 2014 , 19, 199-207	3.6	11
72	Self-Efficacy Mediates Effects of Exposure, Loss of Resources, and Life Stress on Posttraumatic Distress among Trauma Survivors. <i>Applied Psychology: Health and Well-Being</i> , 2009 , 1, 73-90	6.8	11
71	Social support influences on eating awareness in children and adolescents: the mediating effect of self-regulatory strategies. <i>Global Public Health</i> , 2016 , 11, 437-48	3.5	11
70	From enjoyment to physical activity or from physical activity to enjoyment? Longitudinal associations in parent-child dyads. <i>Psychology and Health</i> , 2018 , 33, 1269-1283	2.9	11
69	Predictors of support provision: a study with couples adapting to incontinence following radical prostatectomy. <i>British Journal of Health Psychology</i> , 2011 , 16, 472-87	8.3	10
68	Effects of a self-efficacy intervention on initiation of recommended exercises in patients with spondylosis. <i>Journal of Aging and Physical Activity</i> , 2007 , 15, 26-40	1.6	10
67	Am I Overweight? A Longitudinal Study on Parental and Peers Weight-Related Perceptions on Dietary Behaviors and Weight Status Among Adolescents. <i>Frontiers in Psychology</i> , 2016 , 7, 83	3.4	10

66	Problematic Internet Use, Social Needs, and Social Support Among Youth. <i>International Journal of Mental Health and Addiction</i> , 2019 , 17, 1008-1019	8.8	10
65	Cooking together: The IKEA effect on family vegetable intake. <i>British Journal of Health Psychology</i> , 2019 , 24, 896-912	8.3	9
64	Longitudinal relationships between self-efficacy, post-traumatic distress and salivary cortisol among motor vehicle accident survivors. <i>Stress and Health</i> , 2011 , 27, e261-e268	3.7	9
63	Individual and dyadic planning predicting pelvic floor exercise among prostate cancer survivors. <i>Rehabilitation Psychology</i> , 2015 , 60, 222-31	2.7	8
62	Body satisfaction and body weight in under- and healthy-weight adolescents: mediating effects of restrictive dieting, healthy and unhealthy food intake. <i>Eating and Weight Disorders</i> , 2020 , 25, 41-50	3.6	8
61	Long-term effects of a dyadic planning intervention with couples motivated to increase physical activity. <i>Psychology of Sport and Exercise</i> , 2020 , 49, 101710	4.2	7
60	Why are you eating, mom? Maternal emotional, restrained, and external eating explaining children's eating styles. <i>Appetite</i> , 2019 , 141, 104335	4.5	7
59	Self-efficacy moderates but collective efficacy mediates between motivational climate and athletes' well-being. <i>Applied Psychology: Health and Well-Being</i> , 2014 , 6, 280-99	6.8	7
58	Stressful Life Events 2012 ,		7
57	Inter-Relations between Partner-Provided Support and Self-Efficacy: A Dyadic Longitudinal Analysis. <i>Applied Psychology: Health and Well-Being</i> , 2019 , 11, 522-542	6.8	6
56	Perceptions of Physical Activity Promotion, Transportation Support, Physical Activity, and Body Mass: an Insight into Parent-Child Dyadic Processes. <i>International Journal of Behavioral Medicine</i> , 2019 , 26, 255-265	2.6	6
55	Inter-relationships among negative social control, self-efficacy, and physical activity in healthy couples. <i>British Journal of Health Psychology</i> , 2018 , 23, 580-596	8.3	6
54	Increasing the effectiveness of the Diabetes Prevention Program through if-then plans: study protocol for the randomized controlled trial of the McGill CHIP Healthy Weight Program. <i>BMC Public Health</i> , 2014 , 14, 470	4.1	6
53	Reciprocal relationships between three aspects of physical self-concept, vigorous physical activity, and lung function: A longitudinal study among late adolescents. <i>Psychology of Sport and Exercise</i> , 2012 , 13, 640-648	4.2	6
52	PTSD prevalence among Polish World War II survivors. <i>Psychiatria Polska</i> , 2016 , 50, 923-934	1.3	6
51	Meta-review of implementation determinants for policies promoting healthy diet and physically active lifestyle: application of the Consolidated Framework for Implementation Research.. <i>Implementation Science</i> , 2022 , 17, 2	8.4	6
50	Engagement With a Trauma Recovery Internet Intervention Explained With the Health Action Process Approach (HAPA): Longitudinal Study. <i>JMIR Mental Health</i> , 2018 , 5, e29	6	6
49	The Effects of If-Then Plans on Weight Loss: Results of the McGill CHIP Healthy Weight Program Randomized Controlled Trial. <i>Obesity</i> , 2018 , 26, 1285-1295	8	6

48	Promoting scientific integrity through open science in health psychology: results of the Synergy Expert Meeting of the European health psychology society. <i>Health Psychology Review</i> , 2021 , 15, 333-349	7.1	5
47	A vicious cycle among cognitions and behaviors enhancing risk for eating disorders. <i>BMC Psychiatry</i> , 2017 , 17, 154	4.2	5
46	Intrinsic Motivation Predicting Performance Satisfaction in Athletes: Further Psychometric Evaluations of the Sport Motivation Scale-6. <i>Polish Psychological Bulletin</i> , 2015 , 46, 309-319		5
45	A Rolling Stone Gathers No Moss-The Long Way from Good Intentions to Physical Activity Mediated by Planning, Social Support, and Self-Regulation. <i>Frontiers in Psychology</i> , 2016 , 7, 1024	3.4	5
44	Parental strategies restricting screen use among children, screen home environment, and child screen use as predictors of child body fat: A prospective parent-child study. <i>British Journal of Health Psychology</i> , 2019 , 24, 298-314	8.3	5
43	Associations between self-efficacy and sedentary behaviour: a meta-analysis. <i>Psychology and Health</i> , 2021 , 36, 271-289	2.9	5
42	What comes first, negative emotions, positive emotions, or moderate-to-vigorous physical activity?. <i>Mental Health and Physical Activity</i> , 2019 , 16, 38-42	5	4
41	Mental Strategies Predict Performance and Satisfaction with Performance among Soccer Players. <i>Journal of Human Kinetics</i> , 2017 , 59, 79-90	2.6	4
40	Women with family cancer history are at risk for poorer physical quality of life and lower self-efficacy: a longitudinal study among men and women with non-small cell lung cancer. <i>Health and Quality of Life Outcomes</i> , 2017 , 15, 62	3	4
39	Original article Functional perfectionism and healthy behaviors: the longitudinal relationships between the dimensions of perfectionism, nutrition behavior, and physical activity moderated by gender. <i>Current Issues in Personality Psychology</i> , 2015 , 2, 84-93	0.7	4
38	Frameworks for implementation of policies promoting healthy nutrition and physically active lifestyle: systematic review.. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2022 , 19, 16	8.4	4
37	Associations of parental and child food and exercise aversion with child food intake and physical activity. <i>Health Psychology</i> , 2019 , 38, 1116-1127	5	4
36	Links between meaning in life and physical quality of life after rehabilitation: Mediating effects of positive experiences with physical exercises and mobility. <i>PLoS ONE</i> , 2019 , 14, e0224503	3.7	3
35	Appraisal of transplant-related stressors, coping strategies, and psychosocial adjustment following kidney transplantation. <i>Stress and Health</i> , 2017 , 33, 437-447	3.7	3
34	The impact of a rural or urban context in eating awareness and self-regulation strategies in children and adolescents from eight European countries. <i>International Journal of Psychology</i> , 2014 , 49, 158-66	1.9	3
33	Changing Behavior Using Social Cognitive Theory 2020 , 32-45		3
32	Emotional or instrumental support? Distinct effects on vigorous exercise and affect. <i>Psychology of Sport and Exercise</i> , 2017 , 33, 66-74	4.2	2
31	Can regret prompt compensatory health behaviors? Findings from a clustered randomized trial with physically active adults. <i>Health Psychology Report</i> , 2018 , 6, 285-295	1.4	2

30	The trajectory of COVID-19 pandemic and handwashing adherence: findings from 14 countries. <i>BMC Public Health</i> , 2021 , 21, 1791	4.1	2
29	Maternal practices and perceptions of child body mass status explain child energy expenditure behaviors and body mass. <i>Journal of Behavioral Medicine</i> , 2020 , 43, 904-915	3.6	2
28	Meaning in life and physical quality of life: Cross-lagged associations during inpatient rehabilitation. <i>Rehabilitation Psychology</i> , 2019 , 64, 425-434	2.7	2
27	It's time for effectiveness-implementation hybrid research on behaviour change. <i>Health Psychology Review</i> , 2020 , 14, 188-192	7.1	2
26	Theory-based digital intervention to promote weight loss and weight loss maintenance (Choosing Health): protocol for a randomised controlled trial. <i>BMJ Open</i> , 2020 , 10, e040183	3	2
25	Do Parent-Child Dyads with Excessive Body Mass Differ from Dyads with Normal Body Mass in Perceptions of Obesogenic Environment?. <i>Nutrients</i> , 2020 , 12,	6.7	2
24	Gender-Specific Body Areas Satisfaction and Body Weight Status in Adolescents: Mediating Effects of Physical Activity, Fruit and Vegetable Intake, and Energy-Dense Food Intake. <i>Applied Psychology: Health and Well-Being</i> , 2019 , 11, 80-101	6.8	2
23	Effects of Environmental Worry on Fruit and Vegetable Intake. <i>International Journal of Behavioral Medicine</i> , 2021 , 1	2.6	2
22	Appraisal Detection Bias and Well-Being in Close Relationships: Couples Experiencing Assisted Reproduction Treatment. <i>Applied Psychology: Health and Well-Being</i> , 2009 , 1, 165-187	6.8	1
21	Plans Not Needed if You Have High and Stable Self-Efficacy: Planning Intervention and Snack Intake in the Context of Self-Efficacy Trajectories. <i>Polish Psychological Bulletin</i> , 2010 , 41, 91-97		1
20	Sense of coherence and smoking in a sample of abused women. <i>Psychological Reports</i> , 2002 , 90, 1123-8	1.6	1
19	Eine 4-Länder-Studie über sexuelles Schutzverhalten bei Jugendlichen. <i>Zeitschrift Für Gesundheitspsychologie</i> , 2007 , 15, 109-118		1
18	Control Strategies and Daily Affect. <i>GeroPsych: the Journal of Gerontopsychology and Geriatric Psychiatry</i> , 2020 , 33, 155-169	1	1
17	Implementation Science and Translation in Behavior Change 2020 , 333-348		1
16	Sugar-sweetened beverage tax implementation processes: results of a scoping review.. <i>Health Research Policy and Systems</i> , 2022 , 20, 33	3.7	1
15	Physical Activity, Positive and Negative Symptoms of Psychosis, and General Psychopathology among People with Psychotic Disorders: A Meta-Analysis. <i>Journal of Clinical Medicine</i> , 2022 , 11, 2719	5.1	1
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