

# Saskia J Te Velde

## List of Publications by Year in descending order

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Version: 2024-02-01

107  
papers

4,549  
citations

109264

35  
h-index

118793

62  
g-index

110  
all docs

110  
docs citations

110  
times ranked

6120  
citing authors

#	ARTICLE	IF	CITATIONS
1	Apps to promote physical activity among adults: a review and content analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 97.	2.0	433
2	Differences in Weight Status and Energy-Balance Related Behaviors among Schoolchildren across Europe: The ENERGY-Project. <i>PLoS ONE</i> , 2012, 7, e34742.	1.1	231
3	Taste preferences, liking and other factors related to fruit and vegetable intakes among schoolchildren: results from observational studies. <i>British Journal of Nutrition</i> , 2008, 99, S7-S14.	1.2	195
4	The ER22/23EK Polymorphism in the Glucocorticoid Receptor Gene Is Associated with a Beneficial Body Composition and Muscle Strength in Young Adults. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2004, 89, 4004-4009.	1.8	147
5	Patterns in sedentary and exercise behaviors and associations with overweight in 9-14-year-old boys and girls - a cross-sectional study.. <i>BMC Public Health</i> , 2007, 7, 16.	1.2	142
6	Tracking of fruit and vegetable consumption from adolescence into adulthood and its longitudinal association with overweight. <i>British Journal of Nutrition</i> , 2007, 98, 431-438.	1.2	139
7	What works in school-based energy balance behaviour interventions and what does not? A systematic review of mediating mechanisms. <i>International Journal of Obesity</i> , 2011, 35, 1251-1265.	1.6	113
8	Effects of a comprehensive fruit- and vegetable-promoting school-based intervention in three European countries: the Pro Children Study. <i>British Journal of Nutrition</i> , 2008, 99, 893-903.	1.2	110
9	Personal, social and environmental predictors of daily fruit and vegetable intake in 11-year-old children in nine European countries. <i>European Journal of Clinical Nutrition</i> , 2008, 62, 834-841.	1.3	105
10	Determinants of adolescents' soft drink consumption. <i>Public Health Nutrition</i> , 2008, 11, 49-56.	1.1	101
11	Correlates of Fruit and Vegetable Consumption Among 11-Year-Old Belgian-Flemish and Dutch Schoolchildren. <i>Journal of Nutrition Education and Behavior</i> , 2006, 38, 211-221.	0.3	96
12	Measured sedentary time and physical activity during the school day of European 10- to 12-year-old children: The ENERGY project. <i>Journal of Science and Medicine in Sport</i> , 2014, 17, 201-206.	0.6	94
13	Evidence-based development of school-based and family-involved prevention of overweight across Europe: The ENERGY-project's design and conceptual framework. <i>BMC Public Health</i> , 2010, 10, 276.	1.2	92
14	European Energy balance Research to prevent excessive weight Gain among Youth (ENERGY) project: Design and methodology of the ENERGY cross-sectional survey. <i>BMC Public Health</i> , 2011, 11, 65.	1.2	91
15	Fruit and vegetable consumption in a sample of 11-year-old children in ten European countries - the PRO GREENS cross-sectional survey. <i>Public Health Nutrition</i> , 2014, 17, 2436-2444.	1.1	88
16	What features do Dutch university students prefer in a smartphone application for promotion of physical activity? A qualitative approach. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 31.	2.0	85
17	What helps children to move more at school recess and lunchtime? Mid-intervention results from Transform-Us! cluster-randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2014, 48, 271-277.	3.1	81
18	For whom and under what circumstances do school-based energy balance behavior interventions work? Systematic review on moderators. <i>Pediatric Obesity</i> , 2011, 6, e46-e57.	3.2	72

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19	Determinants of heart failure self-care: a systematic literature review. <i>Heart Failure Reviews</i> , 2012, 17, 367-385.	1.7	64
20	Determinants of adherence to heart failure medication: a systematic literature review. <i>Heart Failure Reviews</i> , 2013, 18, 409-427.	1.7	64
21	Equity-Specific Effects of 26 Dutch Obesity-Related Lifestyle Interventions. <i>American Journal of Preventive Medicine</i> , 2013, 44, e61-e70.	1.6	61
22	Appreciation and implementation of a school-based intervention are associated with changes in fruit and vegetable intake in 10- to 13-year old schoolchildren--the Pro Children study. <i>Health Education Research</i> , 2007, 23, 997-1007.	1.0	59
23	Availability of sports facilities as moderator of the intention-sports participation relationship among adolescents. <i>Health Education Research</i> , 2010, 25, 489-497.	1.0	59
24	Direct and indirect associations between the family physical activity environment and sports participation among 10-12 year-old European children: testing the EnRG framework in the ENERGY project. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 15.	2.0	58
25	Study protocol of physical activity and sedentary behaviour measurement among schoolchildren by accelerometry - Cross-sectional survey as part of the ENERGY-project. <i>BMC Public Health</i> , 2011, 11, 182.	1.2	51
26	General parenting styles are not strongly associated with fruit and vegetable intake and social-environmental correlates among 11-year-old children in four countries in Europe. <i>Public Health Nutrition</i> , 2009, 12, 259-266.	1.1	49
27	Birthweight and arterial stiffness and blood pressure in adulthood--Results from the Amsterdam Growth and Health Longitudinal Study. <i>International Journal of Epidemiology</i> , 2004, 33, 154-161.	0.9	48
28	Long-term effects of the Dutch Schoolgruitem Project -- promoting fruit and vegetable consumption among primary-school children. <i>Public Health Nutrition</i> , 2009, 12, 1213-1223.	1.1	48
29	Socio-demographic inequalities across a range of health status indicators and health behaviours among pregnant women in prenatal primary care: a cross-sectional study. <i>BMC Pregnancy and Childbirth</i> , 2015, 15, 261.	0.9	46
30	Associations between parental rules, style of communication and children's screen time. <i>BMC Public Health</i> , 2015, 15, 1002.	1.2	45
31	The association between home environmental variables and soft drink consumption among adolescents. Exploration of mediation by individual cognitions and habit strength. <i>Appetite</i> , 2011, 56, 503-510.	1.8	44
32	Associations between home- and family-related factors and fruit juice and soft drink intake among 10- to 12-year old children. The ENERGY project. <i>Appetite</i> , 2013, 61, 59-65.	1.8	44
33	Lower lifetime dietary fiber intake is associated with carotid artery stiffness: the Amsterdam Growth and Health Longitudinal Study. <i>American Journal of Clinical Nutrition</i> , 2012, 96, 14-23.	2.2	43
34	Parent and child reports of fruit and vegetable intakes and related family environmental factors show low levels of agreement. <i>Journal of Human Nutrition and Dietetics</i> , 2006, 19, 275-285.	1.3	41
35	The association between psychosocial stress and mortality is mediated by lifestyle and chronic diseases: The Hoorn Study. <i>Social Science and Medicine</i> , 2014, 118, 166-172.	1.8	39
36	The neighborhood social environment and body mass index among youth: a mediation analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2012, 9, 31.	2.0	37

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37	Birth Weight, Adult Body Composition, and Subcutaneous Fat Distribution. <i>Obesity</i> , 2003, 11, 202-208.	4.0	36
38	Dutch Young Adults Ratings of Behavior Change Techniques Applied in Mobile Phone Apps to Promote Physical Activity: A Cross-Sectional Survey. <i>JMIR MHealth and UHealth</i> , 2015, 3, e103.	1.8	36
39	Differences in fruit and vegetable intake and their determinants among 11-year-old schoolchildren between 2003 and 2009. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2011, 8, 141.	2.0	32
40	Associations of parental education and parental physical activity (PA) with children's PA: The ENERGY cross-sectional study. <i>Preventive Medicine</i> , 2012, 55, 310-314.	1.6	32
41	Ethnic differences in 1-year follow-up effect of the Dutch Schoolgruitem Project "promoting fruit and vegetable consumption among primary-school children. <i>Public Health Nutrition</i> , 2007, 10, 1497-1507.	1.1	31
42	Mediation of parental educational level on fruit and vegetable intake among schoolchildren in ten European countries. <i>Public Health Nutrition</i> , 2015, 18, 89-99.	1.1	31
43	Parents and friends both matter: simultaneous and interactive influences of parents and friends on European schoolchildren's energy balance-related behaviours " the ENERGY cross-sectional study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 82.	2.0	30
44	The effects of a fruit and vegetable promotion intervention on unhealthy snacks during mid-morning school breaks: results of the Dutch Schoolgruitem Project. <i>Journal of Human Nutrition and Dietetics</i> , 2010, 23, 609-615.	1.3	29
45	One year of free school fruit in Norway " 7 years of follow-up. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 139.	2.0	29
46	Family sociodemographic characteristics as correlates of children's breakfast habits and weight status in eight European countries. <i>The ENERGY (European Energy balance Research to prevent Overweight and Obesity) Study</i> , 2014, 10, 1000-1008.	1.0	29
47	From cars to bikes " The effect of an intervention providing access to different bike types: A randomized controlled trial. <i>PLoS ONE</i> , 2019, 14, e0219304.	1.1	29
48	Parental education associations with children's body composition: mediation effects of energy balance-related behaviors within the ENERGY-project. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 80.	2.0	28
49	Neighborhood characteristics and TV viewing in youth: Nothing to do but watch TV?. <i>Journal of Science and Medicine in Sport</i> , 2012, 15, 122-128.	0.6	27
50	Associations between Family-Related Factors, Breakfast Consumption and BMI among 10- to 12-Year-Old European Children: The Cross-Sectional ENERGY-Study. <i>PLoS ONE</i> , 2013, 8, e79550.	1.1	27
51	Are positive changes in potential determinants associated with increased fruit and vegetable intakes among primary schoolchildren? Results of two intervention studies in the Netherlands: the Schoolgruitem Project and the Pro Children Study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2008, 5, 21.	2.0	26
52	Association between an IGF-I gene polymorphism and body fatness: differences between generations. <i>European Journal of Endocrinology</i> , 2006, 154, 379-388.	1.9	25
53	A Validation Study of the Fitbit One in Daily Life Using Different Time Intervals. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 1270-1279.	0.2	25
54	Birth weight and musculoskeletal health in 36-year-old men and women: Results from the Amsterdam Growth and Health Longitudinal Study. <i>Osteoporosis International</i> , 2004, 15, 382-388.	1.3	24

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55	Associations of commuting to school and work with demographic variables and with weight status in eight European countries: The ENERGY-cross sectional study. <i>Preventive Medicine</i> , 2017, 99, 305-312.	1.6	23
56	Parental and home influences on adolescents' TV viewing: A mediation analysis. <i>Pediatric Obesity</i> , 2011, 6, e364-e372.	3.2	22
57	Modeling the long term health outcomes and cost-effectiveness of two interventions promoting fruit and vegetable intake among schoolchildren. <i>Economics and Human Biology</i> , 2011, 9, 14-22.	0.7	22
58	Role of free school lunch in the associations between family-environmental factors and children's fruit and vegetable intake in four European countries. <i>Public Health Nutrition</i> , 2013, 16, 1109-1117.	1.1	22
59	The PRO GREENS intervention in Finnish schoolchildren – the degree of implementation affects both mediators and the intake of fruits and vegetables. <i>British Journal of Nutrition</i> , 2014, 112, 1185-1194.	1.2	22
60	Differences in fruit and vegetable intake and determinants of intakes between children of Dutch origin and non-Western ethnic minority children in the Netherlands - a cross sectional study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2006, 3, 31.	2.0	21
61	Agreement between parent and child report on parental practices regarding dietary, physical activity and sedentary behaviours: the ENERGY cross-sectional survey. <i>BMC Public Health</i> , 2014, 14, 918.	1.2	21
62	Does eating family meals and having the television on during dinner correlate with overweight? A sub-study of the PRO GREENS project, looking at children from nine European countries. <i>Public Health Nutrition</i> , 2014, 17, 2528-2536.	1.1	21
63	Gender, ethnic and school type differences in overweight and energy balance-related behaviours among Dutch adolescents. <i>Pediatric Obesity</i> , 2009, 4, 371-380.	3.2	20
64	Macroenvironmental Factors Including GDP per Capita and Physical Activity in Europe. <i>Medicine and Science in Sports and Exercise</i> , 2013, 45, 278-285.	0.2	20
65	The Relationships of Health Behaviour and Psychological Characteristics with Spontaneous Preterm Birth in Nulliparous Women. <i>Maternal and Child Health Journal</i> , 2017, 21, 873-882.	0.7	20
66	Effects of a School-Based Sports Program on Physical Fitness, Physical Activity, and Cardiometabolic Health in Youth With Physical Disabilities: Data From the Sport-2-Stay-Fit Study. <i>Frontiers in Pediatrics</i> , 2018, 6, 75.	0.9	20
67	Evaluation of nationwide health promotion campaigns in the Netherlands: an exploration of practices, wishes and opportunities. <i>Health Promotion International</i> , 2011, 26, 244-254.	0.9	19
68	Mediators of the effect of the JUMP-in intervention on physical activity and sedentary behavior in Dutch primary schoolchildren from disadvantaged neighborhoods. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2012, 9, 131.	2.0	19
69	Primary prevention of overweight in preschool children, the BeeBOFT study (breastfeeding, breakfast) trial. <i>BMC Public Health</i> , 2013, 13, 974.	1.2	19
70	Regular family breakfast was associated with children's overweight and parental education: Results from the ENERGY cross-sectional study. <i>Preventive Medicine</i> , 2016, 91, 197-203.	1.6	19
71	Development of Motivate4Change Using the Intervention Mapping Protocol: An Interactive Technology Physical Activity and Medication Adherence Promotion Program for Hospitalized Heart Failure Patients. <i>JMIR Research Protocols</i> , 2015, 4, e88.	0.5	19
72	Personal, social and environmental correlates of vegetable intake in normal weight and overweight 9 to 13-year old boys. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2006, 3, 37.	2.0	17

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73	Dairy intake from adolescence into adulthood is not associated with being overweight and metabolic syndrome in adulthood: the Amsterdam Growth and Health Longitudinal Study. <i>Journal of Human Nutrition and Dietetics</i> , 2011, 24, 233-244.	1.3	16
74	Micro-level economic factors and incentives in Children's energy balance related behaviours - findings from the ENERGY European cross-section questionnaire survey. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2012, 9, 136.	2.0	16
75	Encouraging Physical Activity via a Personalized Mobile System. <i>IEEE Internet Computing</i> , 2015, 19, 20-27.	3.2	16
76	From cars to bikes – the feasibility and effect of using e-bikes, longtail bikes and traditional bikes for transportation among parents of children attending kindergarten: design of a randomized cross-over trial. <i>BMC Public Health</i> , 2017, 17, 981.	1.2	16
77	A birth-weight questionnaire indicated that life style modifies the birth weight and metabolic syndrome relationship at age 36. <i>Journal of Clinical Epidemiology</i> , 2005, 58, 1172-1179.	2.4	15
78	Do individual cognitions mediate the association of socio-cultural and physical environmental factors with adolescent sports participation?. <i>Public Health Nutrition</i> , 2010, 13, 1746-1754.	1.1	15
79	The school nutrition environment and its association with soft drink intakes in seven countries across Europe – the ENERGY project. <i>Health and Place</i> , 2014, 30, 28-35.	1.5	15
80	Energy Balance Related Behaviour: Personal, Home- and Friend-Related Factors among Schoolchildren in Europe Studied in the ENERGY-Project. <i>PLoS ONE</i> , 2014, 9, e111775.	1.1	15
81	App-Based Intervention Combining Evidence-Based Behavior Change Techniques With a Model-Based Reasoning System to Promote Physical Activity Among Young Adults (Active2Gether): Descriptive Study of the Development and Content. <i>JMIR Research Protocols</i> , 2018, 7, e185.	0.5	15
82	An IGF-I promoter polymorphism modifies the relationships between birth weight and risk factors for cardiovascular disease and diabetes at age 36. <i>BMC Endocrine Disorders</i> , 2005, 5, 5.	0.9	14
83	Mothers' involvement in a school-based fruit and vegetable promotion intervention is associated with increased fruit and vegetable intakes – The Pro Children study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2008, 5, 48.	2.0	14
84	Mediators of longitudinal changes in measures of adiposity in teenagers using parallel process latent growth modeling. <i>Obesity</i> , 2013, 21, 2387-2395.	1.5	14
85	Direct and indirect association between environmental factors and fruit intake, mediation by psychosocial factors: the Pro Children study. <i>Public Health Nutrition</i> , 2010, 13, 1736-1745.	1.1	12
86	The Use and Effects of an App-Based Physical Activity Intervention –Active2Gether–in Young Adults: Quasi-Experimental Trial. <i>JMIR Formative Research</i> , 2020, 4, e12538.	0.7	12
87	Genetic and Environmental Influences on Individual Differences in Sedentary Behavior During Adolescence. <i>JAMA Pediatrics</i> , 2012, 166, 509-14.	3.6	11
88	Associations between neighbourhood and household environmental variables and fruit consumption: exploration of mediation by individual cognitions and habit strength in the GLOBE study. <i>Public Health Nutrition</i> , 2013, 16, 505-514.	1.1	11
89	An Interactive-Technology Health Behavior Promotion Program for Heart Failure Patients: A Pilot Study of Experiences and Needs of Patients and Nurses in the Hospital Setting. <i>JMIR Research Protocols</i> , 2014, 3, e32.	0.5	10
90	Exploring subgroup effects by socioeconomic position of three effective school-based dietary interventions: the European TEENAGE project. <i>International Journal of Public Health</i> , 2013, 59, 493-502.	1.0	9



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91	Differences in beliefs and home environments regarding energy balance behaviors according to parental education and ethnicity among schoolchildren in Europe: the ENERGY cross sectional study. BMC Public Health, 2014, 14, 610.	1.2	9
92	Do intrapersonal factors mediate the association of social support with physical activity in young women living in socioeconomically disadvantaged neighbourhoods? A longitudinal mediation analysis. PLoS ONE, 2017, 12, e0173231.	1.1	9
93	A comprehensive multicomponent school-based educational intervention did not affect fruit and vegetable intake at the 14-year follow-up. Preventive Medicine, 2019, 121, 79-85.	1.6	9
94	Comparison of energy balance-related behaviours and measures of body composition between Turkish adolescents in Turkey and Turkish immigrant adolescents in the Netherlands. Public Health Nutrition, 2014, 17, 2692-2699.	1.1	8
95	The Association Between Vitamin D Status and Parameters for Bone Density and Quality is Modified by Body Mass Index. Calcified Tissue International, 2015, 96, 113-122.	1.5	8
96	Genetic and Environmental Influences on Individual Differences in Sleep Duration During Adolescence. Twin Research and Human Genetics, 2013, 16, 1015-1025.	0.3	7
97	Evaluation of a personalized coaching system for physical activity. , 2017, , .		7
98	Predictors and mediators of differences in soft drinks consumption according to gender and plans of further education among Norwegian secondary-school children. Public Health Nutrition, 2013, 16, 1250-1256.	1.1	6
99	Parental modeling, education and children's sports and TV time: The ENERGY-project. Preventive Medicine, 2015, 70, 96-101.	1.6	6
100	Effects of a school-based sports program on psychosocial health and attention in youth with physical disabilities. Journal of Pediatric Rehabilitation Medicine, 2020, 13, 37-46.	0.3	6
101	Can Ethnic Background Differences in Children's Body Composition Be Explained by Differences in Energy Balance-Related Behaviors? A Mediation Analysis within the Energy-Project. PLoS ONE, 2013, 8, e71848.	1.1	5
102	The effect of an extra piece of fruit or vegetables at school on weight status in two generations - 14 years follow-up of the Fruit and Vegetables Makes the Marks study. PLoS ONE, 2018, 13, e0205498.	1.1	4
103	Cumbersome but desirableâ€”Breaking the code of everyday cycling. PLoS ONE, 2020, 15, e0239127.	1.1	4
104	Corrigendum to: "Measured sedentary time and physical activity during the school day of European 10- to 12-year-old children: The ENERGY project" [J. Sci. Med. Sport 17 (2014) 201â€“206]. Journal of Science and Medicine in Sport, 2014, 17, 450.	0.6	3
105	Do heart failure status and psychosocial variables moderate the relationship between leisure time physical activity and mortality risk among patients with a history of myocardial infarction?. BMC Cardiovascular Disorders, 2016, 16, 196.	0.7	3
106	Interrater Reliability of the ENERGY Photo-Rating Instrument for School Environments Related to Physical Activity and Eating. Journal of Physical Activity and Health, 2016, 13, 433-439.	1.0	1
107	PS14 - 3. The association between psychosocial stress and mortality is mediated by life style and chronic diseases: the Hoorn Study. Nederlands Tijdschrift Voor Diabetologie, 2013, 11, 175-176.	0.0	0