

# Allison Catherine Kelly

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/457526/publications.pdf>

Version: 2024-02-01

41  
papers

1,785  
citations

331259

21  
h-index

301761

39  
g-index

41  
all docs

41  
docs citations

41  
times ranked

1335  
citing authors

#	ARTICLE	IF	CITATIONS
1	Self-compassion training for binge eating disorder: A pilot randomized controlled trial. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2015, 88, 285-303.	1.3	146
2	Soothing Oneself and Resisting Self-Attacks: The Treatment of Two Intrapersonal Deficits in Depression Vulnerability. <i>Cognitive Therapy and Research</i> , 2009, 33, 301-313.	1.2	141
3	Who Benefits from Training in Self-Compassionate Self-Regulation? A Study of Smoking Reduction. <i>Journal of Social and Clinical Psychology</i> , 2010, 29, 727-755.	0.2	120
4	Are improvements in shame and self-compassion early in eating disorders treatment associated with better patient outcomes?. <i>International Journal of Eating Disorders</i> , 2014, 47, 54-64.	2.1	118
5	Self-compassion and fear of self-compassion interact to predict response to eating disorders treatment: A preliminary investigation. <i>Psychotherapy Research</i> , 2013, 23, 252-264.	1.1	115
6	A daily diary study of self-compassion, body image, and eating behavior in female college students. <i>Body Image</i> , 2016, 17, 152-160.	1.9	98
7	Understanding the roles of self-esteem, self-compassion, and fear of self-compassion in eating disorder pathology: An examination of female students and eating disorder patients. <i>Eating Behaviors</i> , 2014, 15, 388-391.	1.1	93
8	Self-compassion moderates the relationship between body mass index and both eating disorder pathology and body image flexibility. <i>Body Image</i> , 2014, 11, 446-453.	1.9	93
9	Social Safeness, Received Social Support, and Maladjustment: Testing a Tripartite Model of Affect Regulation. <i>Cognitive Therapy and Research</i> , 2012, 36, 815-826.	1.2	80
10	Ability to receive compassion from others buffers the depressogenic effect of self-criticism: A cross-cultural multi-study analysis. <i>Personality and Individual Differences</i> , 2016, 98, 324-332.	1.6	77
11	Group-Based Compassion-Focused Therapy as an Adjunct to Outpatient Treatment for Eating Disorders: A Pilot Randomized Controlled Trial. <i>Clinical Psychology and Psychotherapy</i> , 2017, 24, 475-487.	1.4	68
12	Why self-critical patients present with more severe eating disorder pathology: The mediating role of shame. <i>British Journal of Clinical Psychology</i> , 2013, 52, 148-161.	1.7	66
13	Conceptualizing and Measuring Self-Criticism as Both a Personality Trait and a Personality State. <i>Journal of Personality Assessment</i> , 2016, 98, 14-21.	1.3	64
14	Social safeness mediates the relationship between recalled parental warmth and the capacity for self-compassion and receiving compassion. <i>Personality and Individual Differences</i> , 2016, 89, 157-161.	1.6	63
15	Within-persons predictors of change during eating disorders treatment: An examination of self-compassion, self-criticism, shame, and eating disorder symptoms. <i>International Journal of Eating Disorders</i> , 2016, 49, 716-722.	2.1	51
16	The benefits of being self-compassionate on days when interactions with body-focused others are frequent. <i>Body Image</i> , 2016, 19, 195-203.	1.9	50
17	Compassion Protects Mental Health and Social Safeness During the COVID-19 Pandemic Across 21 Countries. <i>Mindfulness</i> , 2022, 13, 863-880.	1.6	36
18	Exposure to body focused and non-body focused others over a week: A preliminary investigation of their unique contributions to college women's eating and body image. <i>Body Image</i> , 2019, 28, 44-52.	1.9	34

#	ARTICLE	IF	CITATIONS
19	The role of social connection on the experience of COVID-19 related post-traumatic growth and stress. <i>PLoS ONE</i> , 2021, 16, e0261384.	1.1	32
20	Autonomous and controlled motivation for eating disorders treatment: Baseline predictors and relationship to treatment outcome. <i>British Journal of Clinical Psychology</i> , 2015, 54, 76-90.	1.7	27
21	A feasibility study of a 2â€week selfâ€compassionate letterâ€writing intervention for nontreatment seeking individuals with typical and atypical anorexia nervosa. <i>International Journal of Eating Disorders</i> , 2018, 51, 1005-1009.	2.1	26
22	Fears of compassion magnify the harmful effects of threat of COVIDâ€19 on mental health and social safeness across 21 countries. <i>Clinical Psychology and Psychotherapy</i> , 2021, 28, 1317-1333.	1.4	25
23	Practicing Self-Compassion Weakens the Relationship Between Fear of Receiving Compassion and the Desire to Conceal Negative Experiences from Others. <i>Mindfulness</i> , 2018, 9, 500-511.	1.6	21
24	Predictors and moderators of between-therapists and within-therapist differences in depressed outpatientsâ€™ experiences of the Rogerian conditions.. <i>Journal of Counseling Psychology</i> , 2016, 63, 162-172.	1.4	16
25	Eating disorder subtypes differ in their rates of psychosocial improvement over treatment. <i>Journal of Eating Disorders</i> , 2014, 2, 2.	1.3	13
26	Receiving support, giving support, and self-reassurance: A daily diary test of social mentality theory. <i>Personality and Individual Differences</i> , 2017, 107, 37-42.	1.6	13
27	From competition to compassion: A caregiving approach to intervening with appearance comparisons. <i>Body Image</i> , 2018, 25, 148-162.	1.9	12
28	Cultivating Self-Compassion Promotes Disclosure of Experiences that Threaten Self-Esteem. <i>Cognitive Therapy and Research</i> , 2020, 44, 108-119.	1.2	11
29	Relational body image: Preliminary evidence that body image varies within a person from one specific relationship to another. <i>Body Image</i> , 2020, 34, 221-232.	1.9	11
30	Barriers to self-compassion in the eating disorders: The factor structure of the fear of self-compassion scale. <i>Eating Behaviors</i> , 2019, 35, 101334.	1.1	10
31	Why would I want to be more selfâ€compassionate? A qualitative study of the pros and cons to cultivating selfâ€compassion in individuals with anorexia nervosa. <i>British Journal of Clinical Psychology</i> , 2021, 60, 99-115.	1.7	10
32	Trait self-compassion predicts different responses to failure depending on the interpersonal context. <i>Personality and Individual Differences</i> , 2019, 143, 47-54.	1.6	8
33	Social Exchange Styles: Measurement, Validation, and Application. <i>European Journal of Personality</i> , 2011, 25, 198-210.	1.9	7
34	Most women with anorexia nervosa report less eating pathology on days when they are more selfâ€compassionate than usual. <i>International Journal of Eating Disorders</i> , 2020, 53, 133-137.	2.1	6
35	The fragility of perceived social rank following exercise in anorexia nervosa: an ecological momentary assessment study of shame and pride. <i>Eating and Weight Disorders</i> , 2020, 25, 1601-1607.	1.2	6
36	Self-compassionate college women report receiving more social support in the face of distress: Evidence from a daily diary study. <i>Personality and Individual Differences</i> , 2020, 154, 109680.	1.6	5

#	ARTICLE	IF	CITATIONS
37	A two-week daily diary study examining the association between daily self-compassion and symptoms of bulimia nervosa. <i>International Journal of Eating Disorders</i> , 2021, 54, 1438-1448.	2.1	5
38	The relation between two barriers to self-compassion and clinical characteristics in individuals with eating disorders. <i>European Eating Disorders Review</i> , 2020, 28, 766-772.	2.3	4
39	Compassion-Focused Therapy for Eating Disorders. , 2017, , 164-169.		3
40	Adaptive body image can be contagious: An examination of college women facing situational body image threats. <i>Body Image</i> , 2022, 42, 222-236.	1.9	1
41	Compassion-Focused Therapy for Eating Disorders. , 2016, , 1-6.		0