

# Yoshinobu Saito

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4568502/publications.pdf>

Version: 2024-02-01

9  
papers

118  
citations

1937685  
4  
h-index

1588992  
8  
g-index

9  
all docs

9  
docs citations

9  
times ranked

198  
citing authors

#	ARTICLE	IF	CITATIONS
1	Regular group exercise contributes to balanced health in older adults in Japan: a qualitative study. <i>BMC Geriatrics</i> , 2017, 17, 190.	2.7	54
2	Environmental and Individual Correlates of Various Types of Physical Activity among Community-Dwelling Middle-Aged and Elderly Japanese. <i>International Journal of Environmental Research and Public Health</i> , 2013, 10, 2028-2042.	2.6	31
3	Community-wide physical activity intervention based on the Japanese physical activity guidelines for adults: A non-randomized controlled trial. <i>Preventive Medicine</i> , 2018, 107, 61-68.	3.4	19
4	The role and attitude of senior leaders in promoting group-based community physical activity: a qualitative study. <i>BMC Geriatrics</i> , 2020, 20, 380.	2.7	5
5	A community-wide intervention to promote physical activity: A five-year quasi-experimental study. <i>Preventive Medicine</i> , 2021, 150, 106708.	3.4	4
6	Awareness of physical activity promotion, physical activity, and sedentary behavior in elderly Japanese. <i>The Journal of Physical Fitness and Sports Medicine</i> , 2018, 7, 113-119.	0.3	2
7	Health-related physical fitness is associated with cardiovascular disease risk factors in Japanese Women and Men. <i>Taiikugaku Kenkyu (Japan Journal of Physical Education Health and Sport Sciences)</i> , 2012, 57, 415-426.	0.1	1
8	Relationship of stress response, coping and lifestyle with premenstrual syndrome in female university athletes: A structural equation modeling. <i>Japanese Journal of Physical Fitness and Sports Medicine</i> , 2021, 70, 109-116.	0.0	1
9	Checking the validity and reliability of the Japanese version of the Mini-Cog using a smartphone application. <i>BMC Research Notes</i> , 2022, 15, .	1.4	1