

# Anne C Holding

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4559790/publications.pdf>

Version: 2024-02-01

27  
papers

488  
citations

933447

10  
h-index

794594

19  
g-index

27  
all docs

27  
docs citations

27  
times ranked

443  
citing authors

#	ARTICLE	IF	CITATIONS
1	For the love of reading: Recreational reading reduces psychological distress in college students and autonomous motivation is the key. <i>Journal of American College Health</i> , 2022, 70, 158-164.	1.5	14
2	Navigating the ups and downs: Peer and family autonomy support during personal goals and crises on identity development. <i>Self and Identity</i> , 2022, 21, 456-473.	1.6	6
3	Empirically distinguishing interpersonal styles within romantic relationships: What is helpful or harmful when having a goal for your romantic partner?. <i>Revue Europeenne De Psychologie Appliquee</i> , 2022, 72, 100780.	0.8	0
4	The role of goal-related autonomy: A self-determination theory analysis of perfectionism, poor goal progress, and depressive symptoms.. <i>Journal of Counseling Psychology</i> , 2021, 68, 88-97.	2.0	15
5	On the efficacy of volitional personality change in young adulthood: Convergent evidence using a longitudinal personal goal paradigm. <i>Motivation and Emotion</i> , 2021, 45, 171-185.	1.3	3
6	Autonomous motivation and support flourishes for individuals higher in collaborative personality factors: Agreeableness, assisted autonomy striving, and secure attachment. <i>Journal of Personality</i> , 2021, 89, 899-914.	3.2	10
7	When Goal Pursuit Gets Hairy: A Longitudinal Goal Study Examining the Role of Controlled Motivation and Action Crises in Predicting Changes in Hair Cortisol, Perceived Stress, Health, and Depression Symptoms. <i>Clinical Psychological Science</i> , 2021, 9, 1214-1221.	4.0	8
8	Collaborative autonomy: The dynamic relations between personal goal autonomy and perceived autonomy support in emerging adulthood results in positive affect and goal progress.. <i>Motivation Science</i> , 2021, 7, 145-152.	1.6	7
9	A Remarkable Alliance: Sibling Autonomy Support and Goal Progress in Emerging Adulthood. <i>Family Relations</i> , 2021, 70, 1571-1582.	1.9	5
10	The roles of need satisfaction and passion in symptoms of behavioral addiction: The case of video gaming and gambling.. <i>Motivation Science</i> , 2021, 7, 345-355.	1.6	11
11	Why are we together? A dyadic longitudinal investigation of relationship motivation, goal progress, and adjustment. <i>Journal of Personality</i> , 2020, 88, 464-477.	3.2	4
12	Sacrificeâ€™but at what price? A longitudinal study of young adultsâ€™™ sacrifice of basic psychological needs in pursuit of career goals. <i>Motivation and Emotion</i> , 2020, 44, 99-115.	1.3	14
13	A longitudinal investigation of traitâ€™goal concordance on goal progress: The mediating role of autonomous goal motivation. <i>Journal of Personality</i> , 2020, 88, 530-543.	3.2	6
14	Do mindful people set better goals? Investigating the relation between trait mindfulness, self-concordance, and goal progress. <i>Journal of Research in Personality</i> , 2020, 88, 104015.	1.7	13
15	Passion and grit in the pursuit of long-term personal goals in college students. <i>Learning and Individual Differences</i> , 2020, 83-84, 101939.	2.7	8
16	The relation of parental support of emerging adultsâ€™™ goals to well-being over time: The mediating roles of goal progress and autonomy need satisfaction.. <i>Motivation Science</i> , 2020, 6, 374-385.	1.6	11
17	Letting Go of Gold: Examining the Role of Autonomy in Elite Athletesâ€™™ Disengagement from Their Athletic Careers and Well-Being in Retirement. <i>Journal of Clinical Sport Psychology</i> , 2020, 14, 88-108.	1.0	7
18	In good time: A longitudinal investigation of trait self-control in determining changes in motivation quality. <i>Personality and Individual Differences</i> , 2019, 139, 132-137.	2.9	20

#	ARTICLE	IF	CITATIONS
19	The path from intrinsic aspirations to subjective well-being is mediated by changes in basic psychological need satisfaction and autonomous motivation: A large prospective test. <i>Motivation and Emotion</i> , 2019, 43, 232-241.	1.3	54
20	Perfectionism and the pursuit of personal goals: A self-determination theory analysis. <i>Motivation and Emotion</i> , 2018, 42, 37-49.	1.3	11
21	Stuck in Limbo: Motivational Antecedents and Consequences of Experiencing Action Crises in Personal Goal Pursuit. <i>Journal of Personality</i> , 2017, 85, 893-905.	3.2	45
22	Keeping Up with the Joneses: Friends's™ Perfectionism and Students's™ Orientation Toward Extrinsic Aspirations. <i>Journal of Personality</i> , 2016, 84, 702-715.	3.2	7
23	Validation of the vaccine conspiracy beliefs scale. <i>Papillomavirus Research (Amsterdam, Netherlands)</i> , 2016, 2, 167-172.	4.5	162
24	The humble path to progress: Goal-specific aspirational content predicts goal progress and goal vitality. <i>Personality and Individual Differences</i> , 2016, 90, 99-107.	2.9	17
25	Effects of Neuroticism on Goal Support, Goal Progress, and Depressive Symptoms. <i>Journal of Social and Clinical Psychology</i> , 2015, 34, 674-691.	0.5	3
26	Self-Growth in the College Years. <i>Social Psychological and Personality Science</i> , 2014, 5, 705-712.	3.9	22
27	Choosing to lose it: The role of autonomous motivation in goal disengagement. <i>Motivation and Emotion</i> , 0, , .	1.3	5