

Francisco Esparza-Ros

List of Publications by Year in descending order

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Version: 2024-02-01

16
papers

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citations

1040056

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citing authors

#	ARTICLE	IF	CITATIONS
1	The Effect of Age, Biological Maturation and Birth Quartile in the Kinanthropometric and Physical Fitness Differences between Male and Female Adolescent Volleyball Players. <i>Children</i> , 2022, 9, 58.	1.5	13
2	Influence of biological maturation status on selected anthropometric and physical fitness variables in adolescent male volleyball players. <i>PeerJ</i> , 2022, 10, e13216.	2.0	12
3	Influence of Maturity Status on Kinanthropometric and Physical Fitness Variables in Adolescent Female Volleyball Players. <i>Applied Sciences (Switzerland)</i> , 2022, 12, 4400.	2.5	7
4	Differences between Four Skinfold Calipers in the Assessment of Adipose Tissue in Young Adult Healthy Population. <i>Nutrients</i> , 2022, 14, 2085.	4.1	12
5	Relationship between Biological Maturation, Physical Fitness, and Kinanthropometric Variables of Young Athletes: A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 328.	2.6	29
6	Effects of a Neuromuscular Warm-Up Program in Youth Female Soccer Players. <i>Journal of Human Kinetics</i> , 2021, 79, 29-40.	1.5	2
7	Effect of an injury prevention program on the lower limb stability in young volleyball players. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021, 61, 943-952.	0.7	4
8	Sagittal spine disposition and pelvic tilt during outdoor fitness equipment use and their associations with kinanthropometry proportions in middle-aged and older adults. <i>PeerJ</i> , 2021, 9, e12657.	2.0	2
9	Influence of an Educational Innovation Program and Digitally Supported Tasks on Psychological Aspects, Motivational Climate, and Academic Performance. <i>Education Sciences</i> , 2021, 11, 821.	2.6	1
10	Biomechanical Adaptations in Kayakers of Different Competitive Levels and the Relationship with the Kayak Elements. <i>Applied Sciences (Switzerland)</i> , 2020, 10, 8389.	2.5	1
11	Differences in Fat Mass Estimation Formulas in Physically Active Adult Population and Relationship with Sums of Skinfolts. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7777.	2.6	15
12	Hamstring extensibility differences among elite adolescent and young dancers of different dance styles and non-dancers. <i>PeerJ</i> , 2020, 8, e9237.	2.0	5
13	Incidencia y etiología de las lesiones deportivas en jugadores de voleibol. <i>Revista Andaluza De Medicina Del Deporte</i> , 2019, 12, 394-399.	0.1	1
14	Strength recovery after anterior cruciate ligament reconstruction with quadriceps tendon versus hamstring tendon autografts in soccer players: A randomized controlled trial. <i>Knee</i> , 2018, 25, 704-714.	1.6	45
15	Efecto del entrenamiento en pretemporada en las variables antropométricas y derivadas en jugadores de baloncesto de élite (Effect of preseason training on anthropometric and derived variables in) <i>TJ ETQq1 1 0.784314 rgBT4/Overlo</i>		
16	The effects of a reformer Pilates program on body composition and morphological characteristics in active women after a detraining period. <i>Women and Health</i> , 2016, 56, 784-806.	1.0	22