

Francisco Esparza-Ros

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4559148/publications.pdf>

Version: 2024-02-01

16
papers

218
citations

1040056

9
h-index

1058476

14
g-index

24
all docs

24
docs citations

24
times ranked

182
citing authors

#	ARTICLE	IF	CITATIONS
1	Strength recovery after anterior cruciate ligament reconstruction with quadriceps tendon versus hamstring tendon autografts in soccer players: A randomized controlled trial. <i>Knee</i> , 2018, 25, 704-714.	1.6	45
2	Relationship between Biological Maturation, Physical Fitness, and Kinanthropometric Variables of Young Athletes: A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 328.	2.6	29
3	The effects of a reformer Pilates program on body composition and morphological characteristics in active women after a detraining period. <i>Women and Health</i> , 2016, 56, 784-806.	1.0	22
4	Differences in Fat Mass Estimation Formulas in Physically Active Adult Population and Relationship with Sums of Skinfolds. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7777.	2.6	15
5	The Effect of Age, Biological Maturation and Birth Quartile in the Kinanthropometric and Physical Fitness Differences between Male and Female Adolescent Volleyball Players. <i>Children</i> , 2022, 9, 58.	1.5	13
6	Influence of biological maturation status on selected anthropometric and physical fitness variables in adolescent male volleyball players. <i>PeerJ</i> , 2022, 10, e13216.	2.0	12
7	Differences between Four Skinfold Calipers in the Assessment of Adipose Tissue in Young Adult Healthy Population. <i>Nutrients</i> , 2022, 14, 2085.	4.1	12
8	Influence of Maturity Status on Kinanthropometric and Physical Fitness Variables in Adolescent Female Volleyball Players. <i>Applied Sciences (Switzerland)</i> , 2022, 12, 4400.	2.5	7
9	Hamstring extensibility differences among elite adolescent and young dancers of different dance styles and non-dancers. <i>PeerJ</i> , 2020, 8, e9237.	2.0	5
10	Effect of an injury prevention program on the lower limb stability in young volleyball players. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021, 61, 943-952.	0.7	4
11	Efecto del entrenamiento en pretemporada en las variables antropométricas y derivadas en jugadores de baloncesto de élite (Effect of preseason training on anthropometric and derived variables in elite basketball players). <i>Applied Sciences (Switzerland)</i> , 2021, 11, 821.	2.6	1
12	Effects of a Neuromuscular Warm-Up Program in Youth Female Soccer Players. <i>Journal of Human Kinetics</i> , 2021, 79, 29-40.	1.5	2
13	Sagittal spine disposition and pelvic tilt during outdoor fitness equipment use and their associations with kinanthropometry proportions in middle-aged and older adults. <i>PeerJ</i> , 2021, 9, e12657.	2.0	2
14	Biomechanical Adaptations in Kayakers of Different Competitive Levels and the Relationship with the Kayak Elements. <i>Applied Sciences (Switzerland)</i> , 2020, 10, 8389.	2.5	1
15	Incidencia y etiología de las lesiones deportivas en jugadores de voleibol. <i>Revista Andaluza De Medicina Del Deporte</i> , 2019, 12, 394-399.	0.1	1
16	Influence of an Educational Innovation Program and Digitally Supported Tasks on Psychological Aspects, Motivational Climate, and Academic Performance. <i>Education Sciences</i> , 2021, 11, 821.	2.6	1