José Pinto-Gouveia

List of Publications by Year in descending order

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194 papers 6,952 citations

57752 44 h-index 71 g-index

207 all docs

207 docs citations

207 times ranked 5182 citing authors

#	Article	IF	CITATIONS
1	Cultivating the Compassionate Self: an Exploration of the Mechanisms of Change in Compassionate Mind Training. Mindfulness, 2022, 13, 66-79.	2.8	9
2	Experiential avoidance, uncompassionate selfâ€responding, and peritraumatic depersonalization/derealization: A novel mediation model for warâ€related PTSD symptomatology. Journal of Clinical Psychology, 2022, 78, 1074-1092.	1.9	2
3	Self-compassion in Acceptance and Commitment Therapy for chronic pain: a pilot study. Scandinavian Journal of Pain, 2022, 22, 631-638.	1.3	5
4	Obstacles to social safeness in women with chronic pain: The role of fears of compassion. Current Psychology, 2021, 40, 5225-5234.	2.8	6
5	Rumination and valued living in women with chronic pain: How they relate to the link between mindfulness and depressive symptoms. Current Psychology, 2021, 40, 1411-1419.	2.8	7
6	Flexibility between immersion and distancing: A dynamic pattern with effect on depressive symptoms. Psychotherapy Research, 2021, 31, 493-506.	1.8	2
7	Perceived validation and criticism in pain: Development of a new measure in chronic pain. European Journal of Pain, 2021, 25, 136-148.	2.8	2
8	Efficacy of an ACT and Compassion-Based eHealth Program for Self-Management of Chronic Pain (iACTwithPain): Study Protocol for a Randomized Controlled Trial. Frontiers in Psychology, 2021, 12, 630766.	2.1	6
9	Efficacy of Online-Based Acceptance and Commitment Therapy for Chronic Pain: A Systematic Review and Meta-Analysis. Journal of Pain, 2021, 22, 1328-1342.	1.4	49
10	Concurrent effects of different psychological processes in the prediction of depressive symptoms – the role of cognitive fusion. Current Psychology, 2020, 39, 528-539.	2.8	20
11	The Three-Factor Eating Questionnaire-R21: a confirmatory factor analysis in a Portuguese sample. Eating and Weight Disorders, 2020, 25, 247-256.	2.5	23
12	Self-Compassion and Depressive Symptoms in Chronic Pain (CP): A 1-Year Longitudinal Study. Mindfulness, 2020, 11, 709-719.	2.8	16
13	Acceptability and preliminary test of efficacy of the Mind programme in women with breast cancer: An acceptance, mindfulness, and compassion-based intervention. Journal of Contextual Behavioral Science, 2020, 15, 162-171.	2.6	14
14	Assessing psychological inflexibility in infertility: The development and validation study of the Psychological Inflexibility Scale – Infertility (PIS-I). Journal of Contextual Behavioral Science, 2020, 18, 239-246.	2.6	4
15	Further validation of the cognitive fusion questionnaire – chronic illness (CFQ-CI) in different health condition samples. Journal of Contextual Behavioral Science, 2020, 16, 45-48.	2.6	3
16	Portuguese version of the Posttraumatic Stress Disorder Checklist for DSMâ€5 (PCLâ€5): Comparison of latent models and other psychometric analyses. Journal of Clinical Psychology, 2020, 76, 1267-1282.	1.9	16
17	A longitudinal preliminary analysis on the role of experiential avoidance in breast cancer patients' reported health outcomes. Psycho-Oncology, 2020, 29, 812-814.	2.3	3
18	Shame and emotion regulation in inflammatory bowel disease: Effects on psychosocial functioning. Journal of Health Psychology, 2020, 25, 511-521.	2.3	28

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19	Inventário Obsessivo de Coimbra – versão reduzida (IOC-R). Psychologica, 2020, 63, 101-118.	0.6	O
20	Above and beyond emotional suffering: the unique contribution of compassionate and uncompassionate self-responding in chronic pain. Scandinavian Journal of Pain, 2020, 20, 853-857.	1.3	8
21	Design and Usability of an E-Health Mobile Application. Lecture Notes in Computer Science, 2020, , 314-328.	1.3	0
22	Validation of the Risk-Taking and Self-Harm Inventory for Adolescents in a Portuguese Community Sample. Measurement and Evaluation in Counseling and Development, 2019, 52, 1-14.	2.3	4
23	The influence of selfâ€criticism on depression symptoms among ambulatory patients with inflammatory bowel disease. Clinical Psychology and Psychotherapy, 2019, 26, 743-750.	2.7	5
24	Association study of variants in genes FTO, SLC6A4, DRD2, BDNF and GHRL with binge eating disorder (BED) in Portuguese women. Psychiatry Research, 2019, 273, 309-311.	3 . 3	14
25	Cognitive fusion and depressive symptoms in women with chronic pain: A longitudinal growth curve modelling study over 12 months. Clinical Psychology and Psychotherapy, 2019, 26, 616-625.	2.7	15
26	Measuring structural model invariance across internet-recruited and hospital-recruited IBD patients: Experiential avoidance's effect on psychopathological symptoms. Current Psychology, 2019, 40, 3459.	2.8	3
27	Personality Pathology Profiles as Moderators of the Growing Pro-Social Program: Outcomes on Cognitive, Emotion, and Behavior Regulation in Male Prison Inmates. Journal of Personality Disorders, 2019, , 1-30.	1.4	5
28	A 7â€year followâ€up study of the Mindfulnessâ€Based Program for Infertility: Are there longâ€ŧerm effects?. Clinical Psychology and Psychotherapy, 2019, 26, 409-417.	2.7	10
29	Pain and Depressive Symptoms: Exploring Cognitive Fusion and Self-Compassion in a Moderated Mediation Model. Journal of Psychology: Interdisciplinary and Applied, 2019, 153, 173-186.	1.6	21
30	Gender differences in inflammatory bowel disease: Explaining body image dissatisfaction. Journal of Health Psychology, 2019, 24, 847-856.	2.3	5
31	Chronic pain experience on depression and physical disability: The importance of acceptance and mindfulness-based processes in a sample with rheumatoid arthritis. Journal of Health Psychology, 2019, 24, 153-165.	2.3	9
32	How and when immersion and distancing are useful in emotion focused therapy for depression. Psychotherapy Research, 2019, 29, 737-751.	1.8	6
33	The role of self-disgust in eating psychopathology in overweight and obesity: Can self-compassion be useful?. Journal of Health Psychology, 2019, 24, 1807-1816.	2.3	18
34	Processes of change in quality of life, weight self-stigma, body mass index and emotional eating after an acceptance-, mindfulness- and compassion-based group intervention (Kg-Free) for women with overweight and obesity. Journal of Health Psychology, 2019, 24, 1056-1069.	2.3	57
35	Incorporating psychoeducation, mindfulness and self-compassion in a new programme for binge eating (BEfree): Exploring processes of change. Journal of Health Psychology, 2019, 24, 466-479.	2.3	28
36	Assessment of Chronic Illness-Related Cognitive Fusion: Preliminary Development and Validation of a New Scale with an IBD Sample. Journal of Clinical Psychology in Medical Settings, 2018, 25, 356-366.	1.4	10

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37	Is the widely used twoâ€factor structure of the Ruminative Responses Scale invariant across different samples of women?. Psychology and Psychotherapy: Theory, Research and Practice, 2018, 91, 398-416.	2.5	9
38	The impact of illnessâ€related shame on psychological health and social relationships: Testing a mediational model in students with chronic illness. Clinical Psychology and Psychotherapy, 2018, 25, 408-414.	2.7	28
39	Validation of the Sexual Inhibition and Sexual Excitation Scales (SIS/SES) in Portugal: Assessing Gender Differences and Predictors of Sexual Functioning. Archives of Sexual Behavior, 2018, 47, 1721-1732.	1.9	27
40	Going beyond social support: Fear of receiving compassion from others predicts depression symptoms in breast cancer patients. Journal of Psychosocial Oncology, 2018, 36, 520-528.	1.2	16
41	Immersion and distancing during assimilation of problematic experiences in a good-outcome case of emotion-focused therapy. Psychotherapy Research, 2018, 28, 313-327.	1.8	4
42	The Need to Present a Perfect Body Image: Development of a New Measure of Perfectionistic Self-Presentation. Current Psychology, 2018, 37, 559-567.	2.8	10
43	Roles of body image-related experiential avoidance and uncommitted living in the link between body image and women's quality of life. Women and Health, 2018, 58, 38-50.	1.0	4
44	The longitudinal effects of emotion regulation on physical and psychological health: A latent growth analysis exploring the role of cognitive fusion in inflammatory bowel disease. British Journal of Health Psychology, 2018, 23, 171-185.	3. 5	22
45	Developments on committed action: Validity of the CAQ \hat{a} and analysis of committed action's role in depressive symptomatology in breast cancer patients and healthy individuals. Clinical Psychology and Psychotherapy, 2018, 25, e42-e50.	2.7	16
46	How Does the Mindfulness-Based Program for Infertility (MBPI) Work in Reducing Depressive Symptoms?. Mindfulness, 2018, 9, 629-635.	2.8	6
47	Development of a measure for the assessment of peerâ€related positive emotional memories. Psychology and Psychotherapy: Theory, Research and Practice, 2018, 91, 79-94.	2.5	6
48	Daily Peer Hassles and Non-Suicidal Self-Injury in Adolescence: Gender Differences in Avoidance-Focused Emotion Regulation Processes. Journal of Child and Family Studies, 2018, 27, 59-68.	1.3	18
49	How One Experiences and Embodies Compassionate Mind Training Influences Its Effectiveness. Mindfulness, 2018, 9, 1224-1235.	2.8	26
50	Development and Evaluation of a Global Burnout Index Derived from the Use of the Copenhagen Burnout Inventory in Portuguese Physicians. Acta Medica Portuguesa, 2018, 31, 534.	0.4	17
51	Chronic illnessâ€related cognitive fusion explains the impact of body dissatisfaction and shame on depression symptoms in breast cancer patients. Clinical Psychology and Psychotherapy, 2018, 25, 886-893.	2.7	19
52	Psychosocial roots of paranoid ideation: The role of childhood experiences, social comparison, submission, and shame. Clinical Psychology and Psychotherapy, 2018, 25, 650-661.	2.7	4
53	The utility of the Valuing Questionnaire in Chronic Pain. Journal of Contextual Behavioral Science, 2018, 9, 21-29.	2.6	16
54	The weight of weight self-stigma in unhealthy eating behaviours: the mediator role of weight-related experiential avoidance. Eating and Weight Disorders, 2018, 23, 785-796.	2.5	19

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55	The Efficacy of the Growing Pro-social Program in Reducing Anger, Shame, and Paranoia over Time in Male Prison Inmates. Journal of Research in Crime and Delinquency, 2018, 55, 649-686.	2.4	8
56	Mindfulness, selfcompassion, and depressive symptoms in chronic pain: The role of pain acceptance. Journal of Clinical Psychology, 2018, 74, 2094-2106.	1.9	40
57	Promoting emotion and behavior regulation in male prison inmates: A secondary data analysis from a randomized controlled trial testing the efficacy of the growing pro-social program Law and Human Behavior, 2018, 42, 57-70.	0.7	14
58	Model comparison and structural invariance of the Peritraumatic Dissociative Experiences Questionnaire in Portuguese colonial war veterans Traumatology, 2018, 24, 62-72.	2.4	2
59	Ashamed and Fused with Body Image and Eating: Binge Eating as an Avoidance Strategy. Clinical Psychology and Psychotherapy, 2017, 24, 195-202.	2.7	41
60	Paranoia in the general population: A revised version of the General Paranoia Scale for adults. Clinical Psychologist, 2017, 21, 125-134.	0.8	16
61	Two forms of selfâ€criticism mediate differently theÂshame–psychopathological symptoms link. Psychology and Psychotherapy: Theory, Research and Practice, 2017, 90, 44-54.	2.5	38
62	Exploring the efficacy of an acceptance, mindfulness & compassionate-based group intervention for women struggling with their weight (Kg-Free): A randomized controlled trial. Appetite, 2017, 112, 107-116.	3.7	95
63	Finding the link between internalized weight-stigma and binge eating behaviors in Portuguese adult women with overweight and obesity: The mediator role of self-criticism and self-reassurance. Eating Behaviors, 2017, 26, 50-54.	2.0	22
64	Empathy and feelings of guilt experienced by nurses: A cross-sectional study of their role in burnout and compassion fatigue symptoms. Applied Nursing Research, 2017, 35, 42-47.	2.2	70
65	BEfree: A new psychological program for binge eating that integrates psychoeducation, mindfulness, and compassion. Clinical Psychology and Psychotherapy, 2017, 24, 1090-1098.	2.7	33
66	Validation of the psychometric properties of cognitive fusion questionnaire. A study of the factorial validity and factorial invariance of the measure among osteoarticular disease, diabetes mellitus, obesity, depressive disorder, and general populations. Clinical Psychology and Psychotherapy, 2017, 24, 1121-1129.	2.7	10
67	Cognitive Fusion Questionnaire: Exploring measurement invariance across three groups of Brazilian women and the role of cognitive fusion as a mediator in the relationship between rumination and depression. Journal of Contextual Behavioral Science, 2017, 6, 53-62.	2.6	16
68	An 18-month study of the effects of IBD symptomatology and emotion regulation on depressed mood. International Journal of Colorectal Disease, 2017, 32, 651-660.	2.2	17
69	The prospective associations between bullying experiences, body image shame and disordered eating in a sample of adolescent girls. Personality and Individual Differences, 2017, 116, 319-325.	2.9	27
70	The role of psychological factors in oncology nurses' burnout and compassion fatigue symptoms. European Journal of Oncology Nursing, 2017, 28, 114-121.	2.1	101
71	Body-Image Acceptance and Action Questionnaire: Its deleterious influence on binge eating and psychometric validation. International Journal of Clinical and Health Psychology, 2017, 17, 151-160.	5.1	24
72	Can Self-Reassurance Buffer against the Impact of Bullying? Effects on Body Shame and Disordered Eating in Adolescence. Journal of Child and Family Studies, 2017, 26, 998-1006.	1.3	16

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73	Psychological and Physiological Effects of Compassionate Mind Training: a Pilot Randomised Controlled Study. Mindfulness, 2017, 8, 1699-1712.	2.8	133
74	Longitudinal Pathways for the Maintenance of Non-Suicidal Self-Injury in Adolescence: The Pernicious Blend of Depressive Symptoms and Self-Criticism. Child and Youth Care Forum, 2017, 46, 841-856.	1.6	12
75	Compassionate Attention and Regulation of Eating Behaviour: A pilot study of a brief lowâ€intensity intervention for binge eating. Clinical Psychology and Psychotherapy, 2017, 24, O1437-O1447.	2.7	37
76	Cognitive Fusion Questionnaireâ€"Body Image: Psychometric Properties and Its Incremental Power in the Prediction of Binge Eating Severity. Journal of Psychology: Interdisciplinary and Applied, 2017, 151, 379-392.	1.6	2
77	What makes dietary restraint problematic? Development and validation of the Inflexible Eating Questionnaire. Appetite, 2017, 114, 146-154.	3.7	33
78	Mindfulness, self-compassion and psychological inflexibility mediate the effects of a mindfulness-based intervention in a sample of oncology nurses. Journal of Contextual Behavioral Science, 2017, 6, 125-133.	2.6	56
79	Self-Defining Memories of Body Image Shame and Binge Eating in Men and Women: Body Image Shame and Self-Criticism in Adulthood as Mediating Mechanisms. Sex Roles, 2017, 77, 338-351.	2.4	13
80	Correlates of psychological inflexibility mediate the relation between alexithymic traits and positive emotions. Journal of Contextual Behavioral Science, 2017, 6, 96-103.	2.6	11
81	The Impact of Self-Criticism and Self-Reassurance on Weight-Related Affect and Well-Being in Participants of a Commercial Weight Management Programme. Obesity Facts, 2017, 10, 65-75.	3.4	20
82	The impact of early shame memories in Binge Eating Disorder: The mediator effect of current body image shame and cognitive fusion. Psychiatry Research, 2017, 258, 511-517.	3.3	25
83	Positive affect and parasympathetic activity: Evidence for a quadratic relationship between feeling safe and content and heart rate variability. Psychiatry Research, 2017, 257, 284-289.	3.3	29
84	Psychological distress, burnout and personality traits in Dutch anaesthesiologists. European Journal of Anaesthesiology, 2017, 34, 41-42.	1.7	5
85	The Origins of Fears of Compassion: Shame and Lack of Safeness Memories, Fears of Compassion and Psychopathology. Journal of Psychology: Interdisciplinary and Applied, 2017, 151, 804-819.	1.6	62
86	The development of compassionate engagement and action scales for self and others. Journal of Compassionate Health Care, $2017, 4, .$	1.2	247
87	The effects of body image impairment on the quality of life of non-operated Portuguese female IBD patients. Quality of Life Research, 2017, 26, 429-436.	3.1	24
88	Body image as a target of victimization by peers/parents: Development and validation of the Body Image Victimization Experiences Scale. Women and Health, 2017, 57, 1061-1079.	1.0	7
89	Depression and physical disability in chronic pain: The mediation role of emotional intelligence and acceptance. Australian Journal of Psychology, 2017, 69, 167-177.	2.8	8
90	Chronic Illnessâ€Related Shame: Development of a New Scale and Novel Approach for IBD Patients' Depressive Symptomatology. Clinical Psychology and Psychotherapy, 2017, 24, 255-263.	2.7	26

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91	Self-Compassion and Emotional Intelligence in Adolescence: A Multigroup Mediational Study of the Impact of Shame Memories on Depressive Symptoms. Journal of Child and Family Studies, 2017, 26, 759-768.	1.3	41
92	Assessing positive emotional memories with peers: The Early Memories of Warmth and Safeness with Peers Scale for adolescents. Journal of Adolescence, 2017, 54, 73-81.	2.4	4
93	The Impact of Shame, Self-Criticism and Social Rank on Eating Behaviours in Overweight and Obese Women Participating in a Weight Management Programme. PLoS ONE, 2017, 12, e0167571.	2.5	37
94	Burnout syndrome and wellbeing in anesthesiologists: the importance of emotion regulation strategies. Minerva Anestesiologica, 2017, 83, 191-199.	1.0	30
95	Immersion and distancing across the therapeutic process: relationship to symptoms and emotional arousal. Research in Psychotherapy: Psychopathology, Process and Outcome, 2017, 20, 258.	0.8	4
96	The effects of the growing pro-social program on cognitive distortions and early maladaptive schemas over time in male prison inmates: A randomized controlled trial Journal of Consulting and Clinical Psychology, 2017, 85, 1064-1079.	2.0	10
97	The infertility trap: how defeat and entrapment affect depressive symptoms. Human Reproduction, 2016, 31, dev311.	0.9	17
98	When the "threat system―is switched on: The impact of anger and shame on paranoia [Cuando el "sistema de alarma―está encendido: Impacto del enfado y la vergýenza en la paranoia]. Revista De Psicopatologia Y Psicologia Clinica, 2016, 20, 199.	0.2	2
99	Stressors in anaesthesiology. European Journal of Anaesthesiology, 2016, 33, 807-815.	1.7	11
100	Experiential avoidance, self-compassion, self-judgment and coping styles in infertility. Sexual and Reproductive Healthcare, 2016, 10, 41-47.	1.2	30
101	The Protective Role of Self-Compassion on Risk Factors for Non-suicidal Self-Injury in Adolescence. School Mental Health, 2016, 8, 476-485.	2.1	48
102	Effectiveness of a mindfulness-based intervention on oncology nurses' burnout and compassion fatigue symptoms: A non-randomized study. International Journal of Nursing Studies, 2016, 64, 98-107.	5.6	149
103	Self-Criticism and Depressive Symptoms Mediate the Relationship Between Emotional Experiences With Family and Peers and Self-Injury in Adolescence. Journal of Psychology: Interdisciplinary and Applied, 2016, 150, 1046-1061.	1.6	16
104	Rumination in Adolescence: the Distinctive Impact of Brooding and Reflection on Psychopathology. Spanish Journal of Psychology, 2016, 19, E37.	2.1	14
105	The role of weight self-stigma on the quality of life of women with overweight and obesity: A multi-group comparison between binge eaters and non-binge eaters. Appetite, 2016, 105, 782-789.	3.7	41
106	Body image flexibility mediates the effect of body image-related victimization experiences and shame on binge eating and weight. Eating Behaviors, 2016, 23, 13-18.	2.0	22
107	Influence of Family and Childhood Memories in the Development and Manifestation of Paranoid Ideation. Clinical Psychology and Psychotherapy, 2016, 23, 397-406.	2.7	13
108	Validation of the Psychometric Properties of the Selfâ€Compassion Scale. Testing the Factorial Validity and Factorial Invariance of the Measure among Borderline Personality Disorder, Anxiety Disorder, Eating Disorder and General Populations. Clinical Psychology and Psychotherapy, 2016, 23, 460-468.	2.7	196

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109	Non-suicidal Self-Injury in Adolescence: The Role of Shame, Self-Criticism and Fear of Self-Compassion. Child and Youth Care Forum, 2016, 45, 571-586.	1.6	60
110	New developments in the assessment of weight-related experiential avoidance (AAQW-Revised). Journal of Contextual Behavioral Science, 2016, 5, 193-200.	2.6	27
111	Inflammatory bowel disease: The harmful mechanism of experiential avoidance for patients' quality of life. Journal of Health Psychology, 2016, 21, 2882-2892.	2.3	18
112	Assessing Early Memories of Threat and Subordination: Confirmatory Factor Analysis of the Early Life Experiences Scale for Adolescents. Journal of Child and Family Studies, 2016, 25, 54-64.	1.3	8
113	At the core of eating disorders: Overvaluation, social rank, self-criticism and shame in anorexia, bulimia and binge eating disorder. Comprehensive Psychiatry, 2016, 66, 123-131.	3.1	52
114	Caught in the struggle with food craving: Development and validation of a new cognitive fusion measure. Appetite, 2016, 101, 146-155.	3.7	13
115	Relationships between nurses' empathy, self-compassion and dimensions of professional quality of life: A cross-sectional study. International Journal of Nursing Studies, 2016, 60, 1-11.	5.6	236
116	The Indirect Effect of Early Experiences on Deliberate Self-Harm in Adolescence: Mediation by Negative Emotional States and Moderation by Daily Peer Hassles. Journal of Child and Family Studies, 2016, 25, 1451-1460.	1.3	10
117	Clarity of Personal Values and Committed Action: Development of a Shorter Engaged Living Scale. Journal of Psychopathology and Behavioral Assessment, 2016, 38, 258-265.	1.2	28
118	Normative body dissatisfaction and eating psychopathology in teenage girls: the impact of inflexible eating rules. Eating and Weight Disorders, 2016, 21, 41-48.	2.5	20
119	Evaluating the Multifactor Structure of the Long and Short Versions of the Self-Compassion Scale in a Clinical Sample. Journal of Clinical Psychology, 2015, 71, 856-870.	1.9	143
120	Body Image as a Source of Shame: A New Measure for the Assessment of the Multifaceted Nature of Body Image Shame. Clinical Psychology and Psychotherapy, 2015, 22, 656-666.	2.7	78
121	Portuguese version of the PTSD Checklist-Military Version (PCL-M) - II: diagnostic utility. Revista Brasileira De Psiquiatria, 2015, 37, 55-62.	1.7	4
122	Clinical Change in Cognitive Distortions and Core Schemas After a Cognitive–Behavioral Group Intervention: Preliminary Findings from a Randomized Trial with Male Prison Inmates. Cognitive Therapy and Research, 2015, 39, 578-589.	1.9	9
123	Body image and college women's quality of life: The importance of being self-compassionate. Journal of Health Psychology, 2015, 20, 754-764.	2.3	52
124	Getting entangled with body image: Development and validation of a new measure. Psychology and Psychotherapy: Theory, Research and Practice, 2015, 88, 304-316.	2.5	23
125	Portuguese version of the PTSD Checklist-Military Version (PCL-M)-l: Confirmatory Factor Analysis and reliability. Psychiatry Research, 2015, 226, 53-60.	3.3	5
126	Memories of Shame Experiences with Others and Depression Symptoms: The Mediating Role of Experiential Avoidance. Clinical Psychology and Psychotherapy, 2015, 22, 32-44.	2.7	24

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127	Eating disorders: When social rank perceptions are shaped by early shame experiences. Psychology and Psychotherapy: Theory, Research and Practice, 2015, 88, 38-53.	2.5	27
128	Development of the Combat Distress Scale of the Combat Experiences Questionnaire (CEQ). Journal of Affective Disorders, 2015, 174, 602-610.	4.1	1
129	Returning to emotional eating: the emotional eating scale psychometric properties and associations with body image flexibility and binge eating. Eating and Weight Disorders, 2015, 20, 497-504.	2.5	32
130	Psychometric properties of the Portuguese version of the Acceptance and Action Questionnaire–Trauma Specific (AAQ-TS): A study with Portuguese Colonial War Veterans. Journal of Affective Disorders, 2015, 185, 81-89.	4.1	8
131	Ulcerative Colitis Symptomatology and Depression: The Exacerbator Role of Maladaptive Psychological Processes. Digestive Diseases and Sciences, 2015, 60, 3756-3763.	2.3	9
132	Exploring Selfâ€criticism: Confirmatory Factor Analysis of the FSCRS in Clinical and Nonclinical Samples. Clinical Psychology and Psychotherapy, 2015, 22, 153-164.	2.7	102
133	Mapping non suicidal self-injury in adolescence: Development and confirmatory factor analysis of the Impulse, Self-harm and Suicide Ideation Questionnaire for Adolescents (ISSIQ-A). Psychiatry Research, 2015, 227, 238-245.	3.3	23
134	Expanding Research on Decentering as Measured by the Portuguese Version of the Experiences Questionnaire. Spanish Journal of Psychology, 2015, 18, E23.	2.1	17
135	Expanding binge eating assessment: Validity and screening value of the Binge Eating Scale in women from the general population. Eating Behaviors, 2015, 18, 41-47.	2.0	95
136	Clinical change in anger, shame, and paranoia after a structured cognitive-behavioral group program: Early findings from a randomized trial with male prison inmates. Journal of Experimental Criminology, 2015, 11, 217-236.	2.9	12
137	Being bullied and feeling ashamed: Implications for eating psychopathology and depression in adolescent girls. Journal of Adolescence, 2015, 44, 259-268.	2.4	41
138	Focusing on Self or Others Has Different Consequences for Psychological Well-Being: A Longitudinal Study of the Effects of Distinct Interpersonal Goals. Journal of Social and Clinical Psychology, 2015, 34, 809-825.	0.5	9
139	The first 2 years of rheumatoid arthritis: The influence of acceptance on pain, physical limitation and depression. Journal of Health Psychology, 2015, 20, 102-112.	2.3	26
140	The Other As Shamer Scale $\hat{a}\in$ " 2: Development and validation of a short version of a measure of external shame. Personality and Individual Differences, 2015, 74, 6-11.	2.9	68
141	The prevalence of personality disorders in Portuguese male prison inmates: Implications for penitentiary treatment. Analise Psicologica, 2015, 33, 279-290.	0.2	8
142	Shame Memories and Eating Psychopathology: The Buffering Effect of Selfâ€Compassion. European Eating Disorders Review, 2014, 22, 487-494.	4.1	56
143	Recall of Threat and Submissiveness in Childhood and Psychopathology: The Mediator Effect of Selfâ€Criticism. Clinical Psychology and Psychotherapy, 2014, 21, 73-81.	2.7	29
144	Pain Related Catastrophizing on Physical Limitation in Rheumatoid Arthritis Patients. Is Acceptance Important?. Spanish Journal of Psychology, 2014, 17, E31.	2.1	9

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145	Differences between Depression and Paranoia: The Role of Emotional Memories, Shame and Subordination. Clinical Psychology and Psychotherapy, 2014, 21, 49-61.	2.7	37
146	Thinness in the Pursuit for Social Safeness: An Integrative Model of Social Rank Mentality to Explain Eating Psychopathology. Clinical Psychology and Psychotherapy, 2014, 21, 154-165.	2.7	90
147	Development of Exposure to Combat Severity Scale of the Combat Experiences Questionnaire (CEQ). Journal of Anxiety Disorders, 2014, 28, 938-946.	3.2	4
148	The Protective Role of Selfâ€compassion in Relation to Psychopathology Symptoms and Quality of Life in Chronic and in Cancer Patients. Clinical Psychology and Psychotherapy, 2014, 21, 311-323.	2.7	132
149	Escaping from body image shame and harsh self-criticism: Exploration of underlying mechanisms of binge eating. Eating Behaviors, 2014, 15, 638-643.	2.0	79
150	Terapia focada nos esquemas: questões acerca da sua validação empÃrica. Psicologia, 2014, 15, 309.	0.3	1
151	The Effect of Shame and Shame Memories on Paranoid Ideation and Social Anxiety. Clinical Psychology and Psychotherapy, 2013, 20, 334-349.	2.7	109
152	Physical appearance as a measure of social ranking: The role of a new scale to understand the relationship between weight and dieting. Clinical Psychology and Psychotherapy, 2013, 20, 55-66.	2.7	60
153	Understanding the Importance of Attachment in Shame Traumatic Memory Relation to Depression: The Impact of Emotion Regulation Processes. Clinical Psychology and Psychotherapy, 2013, 20, 149-165.	2.7	50
154	The Mediator Role of Emotion Regulation Processes on Infertility-Related Stress. Journal of Clinical Psychology in Medical Settings, 2013, 20, 497-507.	1.4	51
155	Mindfulness-Based Program for Infertility: efficacy study. Fertility and Sterility, 2013, 100, 1059-1067.	1.0	78
156	Measuring selfâ€efficacy to deal with infertility: Psychometric properties and confirmatory factor analysis of the portuguese version of the infertility selfâ€efficacy scale. Research in Nursing and Health, 2013, 36, 65-74.	1.6	18
157	Self-compassion in the face of shame and body image dissatisfaction: Implications for eating disorders. Eating Behaviors, 2013, 14, 207-210.	2.0	193
158	Entrapment and Defeat Perceptions in Depressive Symptomatology: Through an Evolutionary Approach. Psychiatry (New York), 2013, 76, 53-67.	0.7	31
159	Mindful Attention and Awareness: Relationships with Psychopathology and Emotion Regulation. Spanish Journal of Psychology, 2013, 16, E79.	2.1	19
160	The Role of Predisposition to Hallucinations on Non-Clinical Paranoid vs. Socially Anxious Individuals after Hearing Negative Affective-Laden Sounds: An Experimental Investigation. Behavioural and Cognitive Psychotherapy, 2013, 41, 221-237.	1.2	6
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