

# Aimilia Papakonstantinou

## List of Publications by Year in Descending Order

**Source:** <https://exaly.com/author-pdf/4549364/aimilia-papakonstantinou-publications-by-year.pdf>

**Version:** 2024-04-27

This document has been generated based on the publications and citations recorded by exaly.com. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

21  
papers

459  
citations

14  
h-index

21  
g-index

25  
ext. papers

575  
ext. citations

4.8  
avg, IF

3.05  
L-index

#	Paper	IF	Citations
21	The Impact of Nutritional and Lifestyle Changes on Body Weight, Body Composition and Cardiometabolic Risk Factors in Children and Adolescents during the Pandemic of COVID-19: A Systematic Review.. <i>Children</i> , <b>2021</b> , 8,	2.8	1
20	Postprandial glucose response after the consumption of three mixed meals based on the carbohydrate counting method in adults with type 1 diabetes. A randomized crossover trial. <i>Clinical Nutrition ESPEN</i> , <b>2019</b> , 31, 48-55	1.3	4
19	Short-term effects of six Greek honey varieties on glycemic response: a randomized clinical trial in healthy subjects. <i>European Journal of Clinical Nutrition</i> , <b>2018</b> , 72, 1709-1716	5.2	5
18	Effects of 6 vs 3 eucaloric meal patterns on glycaemic control and satiety in people with impaired glucose tolerance or overt type 2 diabetes: A randomized trial. <i>Diabetes and Metabolism</i> , <b>2018</b> , 44, 226-234	5.4	8
17	Effects of bran size and carob seed flour of optimized bread formulas on glycemic responses in humans: A randomized clinical trial. <i>Journal of Functional Foods</i> , <b>2018</b> , 46, 345-355	5.1	6
16	Short-term effects of a low glycemic index carob-containing snack on energy intake, satiety, and glycemic response in normal-weight, healthy adults: Results from two randomized trials. <i>Nutrition</i> , <b>2017</b> , 42, 12-19	4.8	15
15	Effect of meal frequency on glucose and insulin levels in women with polycystic ovary syndrome: a randomised trial. <i>European Journal of Clinical Nutrition</i> , <b>2016</b> , 70, 588-94	5.2	16
14	Acute effects of coffee consumption on self-reported gastrointestinal symptoms, blood pressure and stress indices in healthy individuals. <i>Nutrition Journal</i> , <b>2016</b> , 15, 26	4.3	22
13	Vinegar Consumption Increases Insulin-Stimulated Glucose Uptake by the Forearm Muscle in Humans with Type 2 Diabetes. <i>Journal of Diabetes Research</i> , <b>2015</b> , 2015, 175204	3.9	17
12	The role of acetic acid on glucose uptake and blood flow rates in the skeletal muscle in humans with impaired glucose tolerance. <i>European Journal of Clinical Nutrition</i> , <b>2015</b> , 69, 734-9	5.2	30
11	Metabolic syndrome and cardiometabolic risk factors. <i>Current Vascular Pharmacology</i> , <b>2013</b> , 11, 858-79	3.3	36
10	A high protein low fat meal does not influence glucose and insulin responses in obese individuals with or without type 2 diabetes. <i>Journal of Human Nutrition and Dietetics</i> , <b>2010</b> , 23, 183-9	3.1	16
9	A high-protein low-fat diet is more effective in improving blood pressure and triglycerides in calorie-restricted obese individuals with newly diagnosed type 2 diabetes. <i>European Journal of Clinical Nutrition</i> , <b>2010</b> , 64, 595-602	5.2	33
8	Vinegar decreases postprandial hyperglycemia in patients with type 1 diabetes. <i>Diabetes Care</i> , <b>2010</b> , 33, e27	14.6	21
7	The effect of dietary protein intake on coronary heart disease risk. <i>Nutrition Bulletin</i> , <b>2008</b> , 33, 287-297	3.5	2
6	Differences in response to corticotropin-releasing factor after short- and long-term consumption of a high-fat diet. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , <b>2007</b> , 293, R1076-85	3.2	18
5	The relationship between dietary habits, blood glucose and insulin levels among people without cardiovascular disease and type 2 diabetes; the ATTICA study. <i>Review of Diabetic Studies</i> , <b>2005</b> , 2, 208-15	3.6	48

4	Food group consumption and glycemic control in people with and without type 2 diabetes: the ATTICA study. <i>Diabetes Care</i> , <b>2005</b> , 28, 2539-40	14.6	17
3	High dietary calcium reduces body fat content, digestibility of fat, and serum vitamin D in rats. <i>Obesity</i> , <b>2003</b> , 11, 387-94		114
2	Dietary fish oil does not protect rats exposed to restraint or sleep deprivation stress. <i>Physiology and Behavior</i> , <b>2003</b> , 78, 759-65	3.5	16
1	Assessment of perceptions of nutrition knowledge and disease using a group interactive system: the Perception Analyzer. <i>Journal of the American Dietetic Association</i> , <b>2002</b> , 102, 1663-8		9