

# Aimilia Papakonstantinou

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

21  
papers

459  
citations

14  
h-index

21  
g-index

25  
ext. papers

575  
ext. citations

4.8  
avg. IF

3.05  
L-index

#	Paper	IF	Citations
21	High dietary calcium reduces body fat content, digestibility of fat, and serum vitamin D in rats. <i>Obesity</i> , <b>2003</b> , 11, 387-94		114
20	The relationship between dietary habits, blood glucose and insulin levels among people without cardiovascular disease and type 2 diabetes; the ATTICA study. <i>Review of Diabetic Studies</i> , <b>2005</b> , 2, 208-15 <sup>3,6</sup>		48
19	Metabolic syndrome and cardiometabolic risk factors. <i>Current Vascular Pharmacology</i> , <b>2013</b> , 11, 858-79	3.3	36
18	A high-protein low-fat diet is more effective in improving blood pressure and triglycerides in calorie-restricted obese individuals with newly diagnosed type 2 diabetes. <i>European Journal of Clinical Nutrition</i> , <b>2010</b> , 64, 595-602	5.2	33
17	The role of acetic acid on glucose uptake and blood flow rates in the skeletal muscle in humans with impaired glucose tolerance. <i>European Journal of Clinical Nutrition</i> , <b>2015</b> , 69, 734-9	5.2	30
16	Acute effects of coffee consumption on self-reported gastrointestinal symptoms, blood pressure and stress indices in healthy individuals. <i>Nutrition Journal</i> , <b>2016</b> , 15, 26	4.3	22
15	Vinegar decreases postprandial hyperglycemia in patients with type 1 diabetes. <i>Diabetes Care</i> , <b>2010</b> , 33, e27	14.6	21
14	Differences in response to corticotropin-releasing factor after short- and long-term consumption of a high-fat diet. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , <b>2007</b> , 293, R1076-85	3.2	18
13	Vinegar Consumption Increases Insulin-Stimulated Glucose Uptake by the Forearm Muscle in Humans with Type 2 Diabetes. <i>Journal of Diabetes Research</i> , <b>2015</b> , 2015, 175204	3.9	17
12	Food group consumption and glycemic control in people with and without type 2 diabetes: the ATTICA study. <i>Diabetes Care</i> , <b>2005</b> , 28, 2539-40	14.6	17
11	Effect of meal frequency on glucose and insulin levels in women with polycystic ovary syndrome: a randomised trial. <i>European Journal of Clinical Nutrition</i> , <b>2016</b> , 70, 588-94	5.2	16
10	A high protein low fat meal does not influence glucose and insulin responses in obese individuals with or without type 2 diabetes. <i>Journal of Human Nutrition and Dietetics</i> , <b>2010</b> , 23, 183-9	3.1	16
9	Dietary fish oil does not protect rats exposed to restraint or sleep deprivation stress. <i>Physiology and Behavior</i> , <b>2003</b> , 78, 759-65	3.5	16
8	Short-term effects of a low glycemic index carob-containing snack on energy intake, satiety, and glycemic response in normal-weight, healthy adults: Results from two randomized trials. <i>Nutrition</i> , <b>2017</b> , 42, 12-19	4.8	15
7	Assessment of perceptions of nutrition knowledge and disease using a group interactive system: the Perception Analyzer. <i>Journal of the American Dietetic Association</i> , <b>2002</b> , 102, 1663-8		9
6	Effects of 6 vs 3 eucaloric meal patterns on glycaemic control and satiety in people with impaired glucose tolerance or overt type 2 diabetes: A randomized trial. <i>Diabetes and Metabolism</i> , <b>2018</b> , 44, 226-234 <sup>5,4</sup>		8
5	Effects of bran size and carob seed flour of optimized bread formulas on glycemic responses in humans: A randomized clinical trial. <i>Journal of Functional Foods</i> , <b>2018</b> , 46, 345-355	5.1	6

4	Short-term effects of six Greek honey varieties on glycemic response: a randomized clinical trial in healthy subjects. <i>European Journal of Clinical Nutrition</i> , <b>2018</b> , 72, 1709-1716	5.2	5
3	Postprandial glucose response after the consumption of three mixed meals based on the carbohydrate counting method in adults with type 1 diabetes. A randomized crossover trial. <i>Clinical Nutrition ESPEN</i> , <b>2019</b> , 31, 48-55	1.3	4
2	The effect of dietary protein intake on coronary heart disease risk. <i>Nutrition Bulletin</i> , <b>2008</b> , 33, 287-297	3.5	2
1	The Impact of Nutritional and Lifestyle Changes on Body Weight, Body Composition and Cardiometabolic Risk Factors in Children and Adolescents during the Pandemic of COVID-19: A Systematic Review.. <i>Children</i> , <b>2021</b> , 8,	2.8	1