

# Aimilia Papakonstantinou

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4549364/publications.pdf>

Version: 2024-02-01

24  
papers

690  
citations

471061

17  
h-index

610482

24  
g-index

25  
all docs

25  
docs citations

25  
times ranked

1013  
citing authors

| #  | ARTICLE  | IF  | CITATIONS |
|----|--|-----|-----------|
| 1  | High Dietary Calcium Reduces Body Fat Content, Digestibility of Fat, and Serum Vitamin D in Rats. <i>Obesity</i> , 2003, 11, 387-394.  | 4.0 | 132       |
| 2  | The Relationship between Dietary Habits, Blood Glucose and Insulin Levels among People without Cardiovascular Disease and Type 2 Diabetes; The ATTICA Study. <i>Review of Diabetic Studies</i> , 2005, 2, 208-208.                           | 0.5 | 62        |
| 3  | Effects of Diet, Lifestyle, Chrononutrition and Alternative Dietary Interventions on Postprandial Glycemia and Insulin Resistance. <i>Nutrients</i> , 2022, 14, 823.   | 1.7 | 50        |
| 4  | Metabolic Syndrome and Cardiometabolic Risk Factors. <i>Current Vascular Pharmacology</i> , 2014, 11, 858-879.   | 0.8 | 49        |
| 5  | The role of acetic acid on glucose uptake and blood flow rates in the skeletal muscle in humans with impaired glucose tolerance. <i>European Journal of Clinical Nutrition</i> , 2015, 69, 734-739.  | 1.3 | 41        |
| 6  | A high-protein low-fat diet is more effective in improving blood pressure and triglycerides in calorie-restricted obese individuals with newly diagnosed type 2 diabetes. <i>European Journal of Clinical Nutrition</i> , 2010, 64, 595-602. | 1.3 | 40        |
| 7  | Acute effects of coffee consumption on self-reported gastrointestinal symptoms, blood pressure and stress indices in healthy individuals. <i>Nutrition Journal</i> , 2015, 15, 26.   | 1.5 | 32        |
| 8  | Short-term effects of a low glycemic index carb-containing snack on energy intake, satiety, and glycemic response in normal-weight, healthy adults: Results from two randomized trials. <i>Nutrition</i> , 2017, 42, 12-19.                  | 1.1 | 31        |
| 9  | Vinegar Decreases Postprandial Hyperglycemia in Patients With Type 1 Diabetes. <i>Diabetes Care</i> , 2010, 33, e27-e27.   | 4.3 | 25        |
| 10 | The Impact of Nutritional and Lifestyle Changes on Body Weight, Body Composition and Cardiometabolic Risk Factors in Children and Adolescents during the Pandemic of COVID-19: A Systematic Review. <i>Children</i> , 2021, 8, 1130.         | 0.6 | 24        |
| 11 | A high protein low fat meal does not influence glucose and insulin responses in obese individuals with or without type 2 diabetes. <i>Journal of Human Nutrition and Dietetics</i> , 2010, 23, 183-189.                                      | 1.3 | 23        |
| 12 | Vinegar Consumption Increases Insulin-Stimulated Glucose Uptake by the Forearm Muscle in Humans with Type 2 Diabetes. <i>Journal of Diabetes Research</i> , 2015, 2015, 1-7.   | 1.0 | 23        |
| 13 | Food Group Consumption and Glycemic Control in People With and Without Type 2 Diabetes: The ATTICA study. <i>Diabetes Care</i> , 2005, 28, 2539-2540.  | 4.3 | 22        |
| 14 | Effect of meal frequency on glucose and insulin levels in women with polycystic ovary syndrome: a randomised trial. <i>European Journal of Clinical Nutrition</i> , 2016, 70, 588-594.   | 1.3 | 22        |
| 15 | Differences in response to corticotropin-releasing factor after short- and long-term consumption of a high-fat diet. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2007, 293, R1076-R1085.     | 0.9 | 21        |
| 16 | Dietary fish oil does not protect rats exposed to restraint or sleep deprivation stress. <i>Physiology and Behavior</i> , 2003, 78, 759-765.   | 1.0 | 20        |
| 17 | Effects of 6 vs 3 eucaloric meal patterns on glycaemic control and satiety in people with impaired glucose tolerance or overt type 2 diabetes: A randomized trial. <i>Diabetes and Metabolism</i> , 2018, 44, 226-234.                       | 1.4 | 20        |
| 18 | Short-term effects of six Greek honey varieties on glycemic response: a randomized clinical trial in healthy subjects. <i>European Journal of Clinical Nutrition</i> , 2018, 72, 1709-1716.  | 1.3 | 13        |

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|----|--|-----|-----------|
| 19 | Assessment of Perceptions of Nutrition Knowledge and Disease Using a Group Interactive System. Journal of the American Dietetic Association, 2002, 102, 1663-1668.   | 1.3 | 12        |
| 20 | Effects of bran size and carob seed flour of optimized bread formulas on glycemic responses in humans: A randomized clinical trial. Journal of Functional Foods, 2018, 46, 345-355.  | 1.6 | 12        |
| 21 | Postprandial glucose response after the consumption of three mixed meals based on the carbohydrate counting method in adults with type 1 diabetes. A randomized crossover trial. Clinical Nutrition ESPEN, 2019, 31, 48-55.              | 0.5 | 6         |
| 22 | Effects of Spaghetti Differing in Soluble Fiber and Protein Content on Glycemic Responses in Humans: A Randomized Clinical Trial in Healthy Subjects. International Journal of Environmental Research and Public Health, 2022, 19, 3001. | 1.2 | 4         |
| 23 | The effect of dietary protein intake on coronary heart disease risk. Nutrition Bulletin, 2008, 33, 287-297.  | 0.8 | 2         |
| 24 | The effect of typical Greek meals on rapid insulin needs in people with type 1 diabetes (DM1). Clinical Nutrition ESPEN, 2016, 13, e71.  | 0.5 | 0         |