

# Henrik Gustafsson

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

66

papers

1,667

citations

26

h-index

40

g-index

73

ext. papers

2,015

ext. citations

2.9

avg, IF

5.1

L-index

#	Paper	IF	Citations
66	The Prevalence of Emotional Exhaustion in Professional and Semiprofessional Coaches. <i>Journal of Clinical Sport Psychology</i> , <b>2022</b> , 1-14	1.6	
65	Can motivational interviewing be a helpful professional tool? Investigating teachers' experiences. <i>Educational Research</i> , <b>2021</b> , 63, 440-455	1.9	1
64	Mindfulness and shooting performance in biathlon. A prospective study. <i>European Journal of Sport Science</i> , <b>2021</b> , 21, 1176-1182	3.9	4
63	Relating Competitive Golfers' Perceived Emotions and Performance. <i>Perceptual and Motor Skills</i> , <b>2021</b> , 128, 1549-1568	2.2	0
62	Maintaining or Losing Intervention-Induced Health-Related Behavior Change. A Mixed Methods Field Study. <i>Frontiers in Psychology</i> , <b>2021</b> , 12, 688192	3.4	0
61	Has the second running boom democratized running? A study on the sociodemographic characteristics of finishers at the world's largest half marathon. <i>Sport in Society</i> , <b>2021</b> , 24, 659-669	1	3
60	Perspectives on the Future of Burnout in Sport. <i>Journal of Clinical Sport Psychology</i> , <b>2021</b> , 1-14	1.6	3
59	Thriving Through Relationships in Sport: The Role of the Parent-Athlete and Coach-Athlete Attachment Relationship. <i>Frontiers in Psychology</i> , <b>2021</b> , 12, 694599	3.4	1
58	Coach Burnout in Relation to Perfectionistic Cognitions and Self-Presentation. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	1
57	Lessons Learned from a Multi-Level Intervention Program to Reduce Swedish Female Floorballers' Dropout Rate. <i>Journal of Sport Psychology in Action</i> , <b>2020</b> , 1-19	1.3	2
56	Cognitive behavioural therapy in performance enhancement <b>2020</b> , 113-128		1
55	Stress, Burnout, and Perfectionism in Soccer Players <b>2020</b> , 292-316		
54	Written Emotional Disclosure Can Promote Athletes' Mental Health and Performance Readiness During the COVID-19 Pandemic. <i>Frontiers in Psychology</i> , <b>2020</b> , 11, 599925	3.4	7
53	Psychological Flexibility Among Competitive Athletes: A Psychometric Investigation of a New Scale. <i>Frontiers in Sports and Active Living</i> , <b>2020</b> , 2, 110	2.3	2
52	Practitioners' reflections of working with the Mindfulness-Acceptance-Commitment (MAC) approach in team sport settings. <i>Journal of Sport Psychology in Action</i> , <b>2020</b> , 11, 92-102	1.3	5
51	Burnout symptoms and recovery processes in eight elite soccer coaches over 10 years. <i>International Journal of Sports Science and Coaching</i> , <b>2019</b> , 14, 431-443	1.8	5
50	Implicit and explicit attitudes towards sport among young elite athletes with high versus low burnout symptoms. <i>Journal of Sports Sciences</i> , <b>2019</b> , 37, 1673-1680	3.6	8

49	Mindfulness and Athlete Burnout: A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	19
48	Reducing the risk of athlete burnout: Psychosocial, sociocultural, and individual considerations for coaches. <i>International Journal of Sports Science and Coaching</i> , <b>2019</b> , 14, 444-452	1.8	9
47	Applied behavioural analysis in top-level football <b>2019</b> , 255-266		
46	Effects of Mindfulness-Acceptance-Commitment (MAC) on Sport-Specific Dispositional Mindfulness, Emotion Regulation, and Self-Rated Athletic Performance in a Multiple-Sport Population: an RCT Study. <i>Mindfulness</i> , <b>2019</b> , 10, 1518-1529	2.9	38
45	Psychological risk factors for exercise dependence. <i>International Journal of Sport and Exercise Psychology</i> , <b>2019</b> , 1-12	2.5	4
44	Commentary: Early Risk Detection of Burnout: Development of the Burnout Prevention Questionnaire for Coaches. <i>Frontiers in Psychology</i> , <b>2019</b> , 10, 2721	3.4	1
43	Flotation REST as a Stress Reduction Method: The Effects on Anxiety, Muscle Tension, and Performance. <i>Journal of Clinical Sport Psychology</i> , <b>2018</b> , 12, 333-346	1.6	
42	Understanding players' transition from youth to senior professional football environments: A coach perspective. <i>International Journal of Sports Science and Coaching</i> , <b>2018</b> , 13, 26-37	1.8	11
41	The role of coach-athlete relationship quality in team sport athletes' psychophysiological exhaustion: implications for physical and cognitive performance. <i>Journal of Sports Sciences</i> , <b>2018</b> , 36, 1985-1992	3.6	34
40	Usefulness of the Athlete Burnout Questionnaire (ABQ) as a screening tool for the detection of clinically relevant burnout symptoms among young elite athletes. <i>Psychology of Sport and Exercise</i> , <b>2018</b> , 39, 104-113	4.2	24
39	Burnout in Athletes <b>2018</b> , 489-504		9
38	The temporal relations across burnout dimensions in athletes. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2018</b> , 28, 1215-1226	4.6	19
37	Motivational profiles and burnout in elite athletes: A person-centered approach. <i>Psychology of Sport and Exercise</i> , <b>2018</b> , 35, 118-125	4.2	32
36	Examining Perceptions of Teammates[Burnout and Training Hours in Athlete Burnout. <i>Journal of Clinical Sport Psychology</i> , <b>2018</b> , 12, 316-332	1.6	3
35	Cross-Sectional and Longitudinal Associations Between Athlete Burnout, Insomnia, and Polysomnographic Indices in Young Elite Athletes. <i>Journal of Sport and Exercise Psychology</i> , <b>2018</b> , 40, 312-324	1.5	14
34	Performance based self-esteem and athlete-identity in athlete burnout: A person-centered approach. <i>Psychology of Sport and Exercise</i> , <b>2018</b> , 38, 56-60	4.2	15
33	Effects of stress and mental toughness on burnout and depressive symptoms: A prospective study with young elite athletes. <i>Journal of Science and Medicine in Sport</i> , <b>2018</b> , 21, 1200-1205	4.4	46
32	Mindfulness Mechanisms in Sports: Mediating Effects of Rumination and Emotion Regulation on Sport-Specific Coping. <i>Mindfulness</i> , <b>2017</b> , 8, 1354-1363	2.9	37

31	Athlete burnout: review and recommendations. <i>Current Opinion in Psychology</i> , <b>2017</b> , 16, 109-113	6.2	83
30	Motivational processes in the coach-athlete relationship: A multi-cultural self-determination approach. <i>Psychology of Sport and Exercise</i> , <b>2017</b> , 32, 143-152	4.2	35
29	Cognitive behavioral intervention in sport psychology: A case illustration of the exposure method with an elite athlete. <i>Journal of Sport Psychology in Action</i> , <b>2017</b> , 8, 152-162	1.3	7
28	Fear of failure, psychological stress, and burnout among adolescent athletes competing in high level sport. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2017</b> , 27, 2091-2102	4.6	57
27	Hope and optimism in sport <b>2017</b> , 78-91		
26	Athlete Burnout and the Risk of Dropout Among Young Elite Handball Players. <i>Sport Psychologist</i> , <b>2016</b> , 30, 123-130	1	37
25	Workaholism, HomeWork/WorkHome Interference, and Exhaustion Among Sports Coaches. <i>Journal of Clinical Sport Psychology</i> , <b>2016</b> , 10, 222-236	1.6	9
24	Associations between the perceived quality of the coach-athlete relationship and athlete burnout: An examination of the mediating role of achievement goals. <i>Psychology of Sport and Exercise</i> , <b>2016</b> , 22, 210-217	4.2	47
23	Burnout in Athletes <b>2016</b> , 1-21		1
22	Profiles of perfectionism, parental climate, and burnout among competitive junior athletes. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2016</b> , 26, 1256-64	4.6	37
21	Swedish youth football players' attitudes towards moral decision in sport as predicted by the parent-initiated motivational climate. <i>Psychology of Sport and Exercise</i> , <b>2016</b> , 25, 110-114	4.2	11
20	Conceptual Confusion and Potential Advances in Athlete Burnout Research. <i>Perceptual and Motor Skills</i> , <b>2016</b> , 123, 784-791	2.2	28
19	Need satisfaction, motivation, and engagement among high-performance youth athletes: A multiple mediation analysis. <i>International Journal of Sport and Exercise Psychology</i> , <b>2015</b> , 13, 415-433	2.5	21
18	Mindfulness and Its Relationship With Perceived Stress, Affect, and Burnout in Elite Junior Athletes. <i>Journal of Clinical Sport Psychology</i> , <b>2015</b> , 9, 263-281	1.6	43
17	Describing citation structures in sport burnout literature: A citation network analysis. <i>Psychology of Sport and Exercise</i> , <b>2014</b> , 15, 620-626	4.2	46
16	Participation in organized sport and self-esteem across adolescence: the mediating role of perceived sport competence. <i>Journal of Sport and Exercise Psychology</i> , <b>2014</b> , 36, 584-94	1.5	28
15	How to Measure Coach Burnout: An Evaluation of Three Burnout Measures. <i>Measurement in Physical Education and Exercise Science</i> , <b>2014</b> , 18, 209-226	1.9	27
14	Psychosocial stress as a predictor of injury in elite junior soccer: a latent growth curve analysis. <i>Journal of Science and Medicine in Sport</i> , <b>2014</b> , 17, 366-70	4.4	48

13	Hope and athlete burnout: Stress and affect as mediators. <i>Psychology of Sport and Exercise</i> , <b>2013</b> , 14, 640-649	4.2	42
12	Mindful Recovery: A Case Study of a Burned-Out Elite Shooter. <i>Sport Psychologist</i> , <b>2013</b> , 27, 92-102	1	23
11	The mediational role of perceived stress in the relation between optimism and burnout in competitive athletes. <i>Anxiety, Stress and Coping</i> , <b>2012</b> , 25, 183-99	3.1	63
10	An interpretative phenomenological analysis of burnout and recovery in elite soccer coaches. <i>Qualitative Research in Sport, Exercise and Health</i> , <b>2012</b> , 4, 400-419	7	57
9	Are athletes burning out with passion?. <i>European Journal of Sport Science</i> , <b>2011</b> , 11, 387-395	3.9	35
8	Athlete burnout: an integrated model and future research directions. <i>International Review of Sport and Exercise Psychology</i> , <b>2011</b> , 4, 3-24	4.8	119
7	An interpretative phenomenological analysis of how professional dance teachers implement psychological skills training in practice. <i>Research in Dance Education</i> , <b>2011</b> , 12, 277-293	0.5	11
6	Exploring the relationship between hope and burnout in competitive sport. <i>Journal of Sports Sciences</i> , <b>2010</b> , 28, 1495-504	3.6	40
5	Peer motivational climate and burnout perceptions of adolescent athletes. <i>Psychology of Sport and Exercise</i> , <b>2010</b> , 11, 453-460	4.2	82
4	A qualitative analysis of burnout in elite Swedish athletes. <i>Psychology of Sport and Exercise</i> , <b>2008</b> , 9, 800-816	4.16	152
3	An elite endurance athlete's recovery from underperformance aided by a multidisciplinary sport science support team. <i>European Journal of Sport Science</i> , <b>2008</b> , 8, 267-276	3.9	22
2	Prevalence of Burnout in Competitive Adolescent Athletes. <i>Sport Psychologist</i> , <b>2007</b> , 21, 21-37	1	95
1	An exploration of reciprocity between female athletes and their coach in elite junior swimming: a shared reality theory perspective. <i>Qualitative Research in Sport, Exercise and Health</i> , 1-19	7	2