Henrik Gustafsson

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/4547935/publications.pdf

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66 2,501 29
papers citations h-index

74 74 74 1650
all docs docs citations times ranked citing authors

214788

47

g-index

| # | Article | IF | CITATIONS |
|----|---|-----|-----------|
| 1 | A qualitative analysis of burnout in elite Swedish athletes. Psychology of Sport and Exercise, 2008, 9, 800-816. | 2.1 | 186 |
| 2 | Athlete burnout: an integrated model and future research directions. International Review of Sport and Exercise Psychology, 2011, 4, 3-24. | 5.7 | 160 |
| 3 | Athlete burnout: review and recommendations. Current Opinion in Psychology, 2017, 16, 109-113. | 4.9 | 137 |
| 4 | Prevalence of Burnout in Competitive Adolescent Athletes. Sport Psychologist, 2007, 21, 21-37. | 0.9 | 135 |
| 5 | Fear of failure, psychological stress, and burnout among adolescent athletes competing in high level sport. Scandinavian Journal of Medicine and Science in Sports, 2017, 27, 2091-2102. | 2.9 | 106 |
| 6 | Peer motivational climate and burnout perceptions of adolescent athletes. Psychology of Sport and Exercise, 2010, 11, 453-460. | 2.1 | 101 |
| 7 | The mediational role of perceived stress in the relation between optimism and burnout in competitive athletes. Anxiety, Stress and Coping, 2012, 25, 183-199. | 2.9 | 85 |
| 8 | Effects of stress and mental toughness on burnout and depressive symptoms: A prospective study with young elite athletes. Journal of Science and Medicine in Sport, 2018, 21, 1200-1205. | 1.3 | 84 |
| 9 | Psychosocial stress as a predictor of injury in elite junior soccer: A latent growth curve analysis. Journal of Science and Medicine in Sport, 2014, 17, 366-370. | 1.3 | 72 |
| 10 | Associations between the perceived quality of the coach–athlete relationship and athlete burnout: An examination of the mediating role of achievement goals. Psychology of Sport and Exercise, 2016, 22, 210-217. | 2.1 | 71 |
| 11 | An interpretative phenomenological analysis of burnout and recovery in elite soccer coaches. Qualitative Research in Sport, Exercise and Health, 2012, 4, 400-419. | 5.9 | 70 |
| 12 | Mindfulness Mechanisms in Sports: Mediating Effects of Rumination and Emotion Regulation on Sport-Specific Coping. Mindfulness, 2017, 8, 1354-1363. | 2.8 | 67 |
| 13 | Effects of Mindfulness-Acceptance-Commitment (MAC) on Sport-Specific Dispositional Mindfulness, Emotion Regulation, and Self-Rated Athletic Performance in a Multiple-Sport Population: an RCT Study. Mindfulness, 2019, 10, 1518-1529. | 2.8 | 67 |
| 14 | Mindfulness and Its Relationship With Perceived Stress, Affect, and Burnout in Elite Junior Athletes. Journal of Clinical Sport Psychology, 2015, 9, 263-281. | 1.0 | 62 |
| 15 | Describing citation structures in sport burnout literature: A citation network analysis. Psychology of Sport and Exercise, 2014, 15, 620-626. | 2.1 | 60 |
| 16 | The role of coach-athlete relationship quality in team sport athletes' psychophysiological exhaustion: implications for physical and cognitive performance. Journal of Sports Sciences, 2018, 36, 1985-1992. | 2.0 | 57 |
| 17 | Motivational processes in the coach-athlete relationship: A multi-cultural self-determination approach. Psychology of Sport and Exercise, 2017, 32, 143-152. | 2.1 | 56 |
| 18 | Profiles of perfectionism, parental climate, and burnout among competitive junior athletes. Scandinavian Journal of Medicine and Science in Sports, 2016, 26, 1256-1264. | 2.9 | 54 |

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|----|--|-----|-----------|
| 19 | Exploring the relationship between hope and burnout in competitive sport. Journal of Sports Sciences, 2010, 28, 1495-1504. | 2.0 | 53 |
| 20 | Hope and athlete burnout: Stress and affect as mediators. Psychology of Sport and Exercise, 2013, 14, 640-649. | 2.1 | 53 |
| 21 | Athlete Burnout and the Risk of Dropout Among Young Elite Handball Players. Sport Psychologist, 2016, 30, 123-130. | 0.9 | 53 |
| 22 | Motivational profiles and burnout in elite athletes: A person-centered approach. Psychology of Sport and Exercise, 2018, 35, 118-125. | 2.1 | 45 |
| 23 | Are athletes burning out with passion?. European Journal of Sport Science, 2011, 11, 387-395. | 2.7 | 44 |
| 24 | Usefulness of the Athlete Burnout Questionnaire (ABQ) as a screening tool for the detection of clinically relevant burnout symptoms among young elite athletes. Psychology of Sport and Exercise, 2018, 39, 104-113. | 2.1 | 41 |
| 25 | Participation in Organized Sport and Self-Esteem Across Adolescence: The Mediating Role of Perceived Sport Competence. Journal of Sport and Exercise Psychology, 2014, 36, 584-594. | 1.2 | 39 |
| 26 | Mindfulness and Athlete Burnout: A Systematic Review and Meta-Analysis. International Journal of Environmental Research and Public Health, 2019, 16, 449. | 2.6 | 37 |
| 27 | Conceptual Confusion and Potential Advances in Athlete Burnout Research. Perceptual and Motor Skills, 2016, 123, 784-791. | 1.3 | 35 |
| 28 | How to Measure Coach Burnout: An Evaluation of Three Burnout Measures. Measurement in Physical Education and Exercise Science, 2014, 18, 209-226. | 1.8 | 34 |
| 29 | Performance based self-esteem and athlete-identity in athlete burnout: A person-centered approach. Psychology of Sport and Exercise, 2018, 38, 56-60. | 2.1 | 34 |
| 30 | Mindful Recovery: A Case Study of a Burned-Out Elite Shooter. Sport Psychologist, 2013, 27, 92-102. | 0.9 | 32 |
| 31 | Need satisfaction, motivation, and engagement among high-performance youth athletes: A multiple mediation analysis. International Journal of Sport and Exercise Psychology, 2015, 13, 415-433. | 2.1 | 30 |
| 32 | The temporal relations across burnout dimensions in athletes. Scandinavian Journal of Medicine and Science in Sports, 2018, 28, 1215-1226. | 2.9 | 29 |
| 33 | An elite endurance athlete's recovery from underperformance aided by a multidisciplinary sport science support team. European Journal of Sport Science, 2008, 8, 267-276. | 2.7 | 28 |
| 34 | Cross-Sectional and Longitudinal Associations Between Athlete Burnout, Insomnia, and Polysomnographic Indices in Young Elite Athletes. Journal of Sport and Exercise Psychology, 2018, 40, 312-324. | 1.2 | 27 |
| 35 | Understanding players' transition from youth to senior professional football environments: A coach perspective. International Journal of Sports Science and Coaching, 2018, 13, 26-37. | 1.4 | 21 |
| 36 | An interpretative phenomenological analysis of how professional dance teachers implement psychological skills training in practice. Research in Dance Education, 2011, 12, 277-293. | 1.0 | 19 |

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| 37 | Reducing the risk of athlete burnout: Psychosocial, sociocultural, and individual considerations for coaches. International Journal of Sports Science and Coaching, 2019, 14, 444-452. | 1.4 | 17 |
| 38 | Swedish youth football players' attitudes towards moral decision in sport as predicted by the parent-initiated motivational climate. Psychology of Sport and Exercise, 2016, 25, 110-114. | 2.1 | 15 |
| 39 | Psychological risk factors for exercise dependence. International Journal of Sport and Exercise Psychology, 2021, 19, 461-472. | 2.1 | 15 |
| 40 | Written Emotional Disclosure Can Promote Athletes' Mental Health and Performance Readiness During the COVID-19 Pandemic. Frontiers in Psychology, 2020, 11, 599925. | 2.1 | 15 |
| 41 | Burnout in Athletes. , 2018, , 489-504. | | 15 |
| 42 | Workaholism, Home–Work/Work–Home Interference, and Exhaustion Among Sports Coaches. Journal of Clinical Sport Psychology, 2016, 10, 222-236. | 1.0 | 13 |
| 43 | Implicit and explicit attitudes towards sport among young elite athletes with high versus low burnout symptoms. Journal of Sports Sciences, 2019, 37, 1673-1680. | 2.0 | 13 |
| 44 | Cognitive behavioral intervention in sport psychology: A case illustration of the exposure method with an elite athlete. Journal of Sport Psychology in Action, 2017, 8, 152-162. | 0.9 | 12 |
| 45 | Thriving Through Relationships in Sport: The Role of the Parent–Athlete and Coach–Athlete Attachment Relationship. Frontiers in Psychology, 2021, 12, 694599. | 2.1 | 12 |
| 46 | Burnout symptoms and recovery processes in eight elite soccer coaches over 10 years. International Journal of Sports Science and Coaching, 2019, 14, 431-443. | 1.4 | 10 |
| 47 | Practitioners' reflections of working with the Mindfulness-Acceptance-Commitment (MAC) approach in team sport settings. Journal of Sport Psychology in Action, 2020, 11, 92-102. | 0.9 | 9 |
| 48 | Psychological Flexibility Among Competitive Athletes: A Psychometric Investigation of a New Scale. Frontiers in Sports and Active Living, 2020, 2, 110. | 1.8 | 8 |
| 49 | Examining Perceptions of Teammates' Burnout and Training Hours in Athlete Burnout. Journal of Clinical Sport Psychology, 2018, 12, 316-332. | 1.0 | 7 |
| 50 | Lessons Learned from a Multi-Level Intervention Program to Reduce Swedish Female Floorballers' Dropout Rate. Journal of Sport Psychology in Action, 2021, 12, 226-244. | 0.9 | 7 |
| 51 | Mindfulness and shooting performance in biathlon. A prospective study. European Journal of Sport Science, 2021, 21, 1176-1182. | 2.7 | 6 |
| 52 | Perspectives on the Future of Burnout in Sport. Journal of Clinical Sport Psychology, 2022, 16, 75-88. | 1.0 | 6 |
| 53 | An exploration of reciprocity between female athletes and their coach in elite junior swimming: a shared reality theory perspective. Qualitative Research in Sport, Exercise and Health, 0, , 1-19. | 5.9 | 5 |
| 54 | Has the second â€running boom' democratized running? A study on the sociodemographic characteristics of finishers at the world's largest half marathon. Sport in Society, 2021, 24, 659-669. | 1.2 | 4 |

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|----|---|-----|-----------|
| 55 | Commentary: Early Risk Detection of Burnout: Development of the Burnout Prevention Questionnaire for Coaches. Frontiers in Psychology, 2019, 10, 2721. | 2.1 | 3 |
| 56 | Coach Burnout in Relation to Perfectionistic Cognitions and Self-Presentation. International Journal of Environmental Research and Public Health, 2020, 17, 8812. | 2.6 | 3 |
| 57 | Do Athletes Have More of a Cognitive Profile with ADHD Criteria than Non-Athletes?. Sports, 2021, 9, 61. | 1.7 | 3 |
| 58 | Maintaining or Losing Intervention-Induced Health-Related Behavior Change. A Mixed Methods Field Study. Frontiers in Psychology, 2021, 12, 688192. | 2.1 | 3 |
| 59 | The Prevalence of Emotional Exhaustion in Professional and Semiprofessional Coaches. Journal of Clinical Sport Psychology, 2023, 17, 376-389. | 1.0 | 3 |
| 60 | Relating Competitive Golfers' Perceived Emotions and Performance. Perceptual and Motor Skills, 2021, 128, 1549-1568. | 1.3 | 2 |
| 61 | Burnout in Athletes. , 2016, , 1-21. | | 2 |
| 62 | Stress, Burnout, and Perfectionism in Soccer Players. , 2020, , 292-316. | | 2 |
| 63 | Can motivational interviewing be a helpful professional tool? Investigating teachers' experiences. Educational Research, 2021, 63, 440-455. | 1.8 | 2 |
| 64 | Flotation REST as a Stress Reduction Method: The Effects on Anxiety, Muscle Tension, and Performance. Journal of Clinical Sport Psychology, 2018, 12, 333-346. | 1.0 | 1 |
| 65 | Cognitive behavioural therapy in performance enhancement. , 2020, , 113-128. | | 1 |
| 66 | Hope and Athletic Performance. , 2017, , . | | 0 |