

# Viola Spek

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4531614/publications.pdf>

Version: 2024-02-01

21  
papers

3,372  
citations

759055

12  
h-index

713332

21  
g-index

22  
all docs

22  
docs citations

22  
times ranked

4008  
citing authors

#	ARTICLE	IF	CITATIONS
1	Internet-based cognitive behaviour therapy for symptoms of depression and anxiety: a meta-analysis. <i>Psychological Medicine</i> , 2007, 37, 319.	2.7	1,410
2	Efficacy of Self-guided Internet-Based Cognitive Behavioral Therapy in the Treatment of Depressive Symptoms. <i>JAMA Psychiatry</i> , 2017, 74, 351.	6.0	560
3	Internet-Based Cognitive Behavioral Therapy for Depression. <i>JAMA Psychiatry</i> , 2021, 78, 361.	6.0	398
4	Internet-based cognitive behavioural therapy for subthreshold depression in people over 50 years old: a randomized controlled clinical trial. <i>Psychological Medicine</i> , 2007, 37, 1797-1806.	2.7	268
5	Effectiveness of E-Self-help Interventions for Curbing Adult Problem Drinking: A Meta-analysis. <i>Journal of Medical Internet Research</i> , 2011, 13, e42.	2.1	221
6	Is self-guided internet-based cognitive behavioural therapy (iCBT) harmful? An individual participant data meta-analysis. <i>Psychological Medicine</i> , 2018, 48, 2456-2466.	2.7	106
7	Predictors of outcome of group and internet-based cognitive behavior therapy. <i>Journal of Affective Disorders</i> , 2008, 105, 137-145.	2.0	105
8	Development of a Smoking Abstinence Self-efficacy Questionnaire. <i>International Journal of Behavioral Medicine</i> , 2013, 20, 444-449.	0.8	68
9	Efficacy and Moderators of Internet-Based Interventions in Adults with Subthreshold Depression: An Individual Participant Data Meta-Analysis of Randomized Controlled Trials. <i>Psychotherapy and Psychosomatics</i> , 2021, 90, 94-106.	4.0	59
10	A Randomized Control Trial Evaluating an Online Mindful Parenting Training for Mothers With Elevated Parental Stress. <i>Frontiers in Psychology</i> , 2019, 10, 1550.	1.1	40
11	Internet administration of the Edinburgh Depression Scale. <i>Journal of Affective Disorders</i> , 2008, 106, 301-305.	2.0	35
12	Rationale and design of WEBCARE: A randomized, controlled, web-based behavioral intervention trial in cardioverter-defibrillator patients to reduce anxiety and device concerns and enhance quality of life. <i>Trials</i> , 2009, 10, 120.	0.7	26
13	Type D personality and social relations in adults with diabetes: results from diabetes MILES â€œ The Netherlands. <i>Psychology and Health</i> , 2018, 33, 1456-1471.	1.2	15
14	Mindfulness skills during pregnancy: Prospective associations with mother's mood and neonatal birth weight. <i>Journal of Psychosomatic Research</i> , 2018, 107, 14-19.	1.2	14
15	A new concept of maternity blues: Is there a subgroup of women with rapid cycling mood symptoms?. <i>Journal of Affective Disorders</i> , 2015, 177, 74-79.	2.0	13
16	An Online Mindful Parenting Training for Mothers Raising Toddlers: Assessment of Acceptability, Effectiveness, and Personal Goals. <i>Mindfulness</i> , 2021, 12, 519-531.	1.6	12
17	Increase of depressive symptomatology during pregnancy over 25 yearsâ€™ time in four population based cohorts. <i>Journal of Affective Disorders</i> , 2019, 259, 175-179.	2.0	7
18	Follow-up of pregnancy-related carpal tunnel syndrome symptoms at 12 months postpartum: A prospective study. <i>European Journal of Obstetrics, Gynecology and Reproductive Biology</i> , 2017, 211, 231-232.	0.5	6

#	ARTICLE	IF	CITATIONS
19	Type D personality in Russian patients with cardiovascular disease: validity of the Russian DS14 (DS14-RU). BMC Cardiovascular Disorders, 2019, 19, 78.	0.7	4
20	Mechanical wrist traction as a non-invasive treatment for carpal tunnel syndrome: a randomized controlled trial. Trials, 2017, 18, 464.	0.7	3
21	The Authors Reply. American Journal of Epidemiology, 2015, 182, 896-897.	1.6	0