

# Hannah Forster

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

31  
papers

968  
citations

18  
h-index

31  
g-index

32  
ext. papers

1,196  
ext. citations

5.2  
avg, IF

3.04  
L-index

#	Paper	IF	Citations
31	Personalised nutrition advice reduces intake of discretionary foods and beverages: findings from the Food4Me randomised controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2021</b> , 18, 70	8.4	5
30	Characteristics of participants who benefit most from personalised nutrition: findings from the pan-European Food4Me randomised controlled trial. <i>British Journal of Nutrition</i> , <b>2020</b> , 123, 1396-1405	3.6	5
29	Higher vegetable protein consumption, assessed by an isoenergetic macronutrient exchange model, is associated with a lower presence of overweight and obesity in the web-based Food4me European study. <i>International Journal of Food Sciences and Nutrition</i> , <b>2019</b> , 70, 240-253	3.7	9
28	Associations of vitamin D status with dietary intakes and physical activity levels among adults from seven European countries: the Food4Me study. <i>European Journal of Nutrition</i> , <b>2018</b> , 57, 1357-1368	5.2	18
27	Correlates of overall and central obesity in adults from seven European countries: findings from the Food4Me Study. <i>European Journal of Clinical Nutrition</i> , <b>2018</b> , 72, 207-219	5.2	13
26	Within-person reproducibility and sensitivity to dietary change of C15:0 and C17:0 levels in dried blood spots: Data from the European Food4Me Study. <i>Molecular Nutrition and Food Research</i> , <b>2017</b> , 61, 1700142	5.9	10
25	Characteristics of European adults who dropped out from the Food4Me Internet-based personalised nutrition intervention. <i>Public Health Nutrition</i> , <b>2017</b> , 20, 53-63	3.3	7
24	Metabotyping for the development of tailored dietary advice solutions in a European population: the Food4Me study. <i>British Journal of Nutrition</i> , <b>2017</b> , 118, 561-569	3.6	18
23	Capturing health and eating status through a nutritional perception screening questionnaire (NPSQ9) in a randomised internet-based personalised nutrition intervention: the Food4Me study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2017</b> , 14, 168	8.4	9
22	Effect of personalized nutrition on health-related behaviour change: evidence from the Food4Me European randomized controlled trial. <i>International Journal of Epidemiology</i> , <b>2017</b> , 46, 578-588	7.8	138
21	Profile of European adults interested in internet-based personalised nutrition: the Food4Me study. <i>European Journal of Nutrition</i> , <b>2016</b> , 55, 759-769	5.2	27
20	The impact of 677C -ZT risk knowledge on changes in folate intake: findings from the Food4Me study. <i>Genes and Nutrition</i> , <b>2016</b> , 11, 25	4.3	8
19	Personalised nutrition: the role of new dietary assessment methods. <i>Proceedings of the Nutrition Society</i> , <b>2016</b> , 75, 96-105	2.9	36
18	Objectively Measured Physical Activity in European Adults: Cross-Sectional Findings from the Food4Me Study. <i>PLoS ONE</i> , <b>2016</b> , 11, e0150902	3.7	16
17	Changes in Physical Activity Following a Genetic-Based Internet-Delivered Personalized Intervention: Randomized Controlled Trial (Food4Me). <i>Journal of Medical Internet Research</i> , <b>2016</b> , 18, e30	7.6	21
16	A Dietary Feedback System for the Delivery of Consistent Personalized Dietary Advice in the Web-Based Multicenter Food4Me Study. <i>Journal of Medical Internet Research</i> , <b>2016</b> , 18, e150	7.6	23
15	Physical activity attenuates the effect of the FTO genotype on obesity traits in European adults: The Food4Me study. <i>Obesity</i> , <b>2016</b> , 24, 962-9	8	38

14	Exploring the association of dairy product intake with the fatty acids C15:0 and C17:0 measured from dried blood spots in a multipopulation cohort: Findings from the Food4Me study. <i>Molecular Nutrition and Food Research</i> , <b>2016</b> , 60, 834-45	5.9	22
13	Effect of an Internet-based, personalized nutrition randomized trial on dietary changes associated with the Mediterranean diet: the Food4Me Study. <i>American Journal of Clinical Nutrition</i> , <b>2016</b> , 104, 288-97	7	49
12	Clustering of adherence to personalised dietary recommendations and changes in healthy eating index within the Food4Me study. <i>Public Health Nutrition</i> , <b>2016</b> , 19, 3296-3305	3.3	6
11	Phenotypic factors influencing the variation in response of circulating cholesterol level to personalised dietary advice in the Food4Me study. <i>British Journal of Nutrition</i> , <b>2016</b> , 116, 2011-2019	3.6	9
10	Application of dried blood spots to determine vitamin D status in a large nutritional study with unsupervised sampling: the Food4Me project. <i>British Journal of Nutrition</i> , <b>2016</b> , 115, 202-11	3.6	33
9	Fat mass- and obesity-associated genotype, dietary intakes and anthropometric measures in European adults: the Food4Me study. <i>British Journal of Nutrition</i> , <b>2016</b> , 115, 440-8	3.6	17
8	Reproducibility of the Online Food4Me Food-Frequency Questionnaire for Estimating Dietary Intakes across Europe. <i>Journal of Nutrition</i> , <b>2016</b> , 146, 1068-75	4.1	20
7	The effect of the apolipoprotein E genotype on response to personalized dietary advice intervention: findings from the Food4Me randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , <b>2016</b> , 104, 827-36	7	34
6	How reliable is internet-based self-reported identity, socio-demographic and obesity measures in European adults?. <i>Genes and Nutrition</i> , <b>2015</b> , 10, 28	4.3	37
5	Design and baseline characteristics of the Food4Me study: a web-based randomised controlled trial of personalised nutrition in seven European countries. <i>Genes and Nutrition</i> , <b>2015</b> , 10, 450	4.3	109
4	Predicting fatty acid profiles in blood based on food intake and the FADS1 rs174546 SNP. <i>Molecular Nutrition and Food Research</i> , <b>2015</b> , 59, 2565-73	5.9	9
3	Effects of a Web-Based Personalized Intervention on Physical Activity in European Adults: A Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , <b>2015</b> , 17, e231	7.6	20
2	Online dietary intake estimation: the Food4Me food frequency questionnaire. <i>Journal of Medical Internet Research</i> , <b>2014</b> , 16, e150	7.6	88
1	Online dietary intake estimation: reproducibility and validity of the Food4Me food frequency questionnaire against a 4-day weighed food record. <i>Journal of Medical Internet Research</i> , <b>2014</b> , 16, e190	7.6	112