Jim Mann

List of Publications by Year
in descending order

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54 papers	3,108 citations	430754 18 h-index	276775 41 g-index
55 all docs	55 docs citations	55 times ranked	4597 citing authors

#	Article	IF	Citations
1	Carbohydrate quality and human health: a series of systematic reviews and meta-analyses. Lancet, The, 2019, 393, 434-445.	6.3	947
2	Effects of dietary fat on gut microbiota and faecal metabolites, and their relationship with cardiometabolic risk factors: a 6-month randomised controlled-feeding trial. Gut, 2019, 68, 1417-1429.	6.1	422
3	Dietary sugars and cardiometabolic risk: systematic review and meta-analyses of randomized controlled trials of the effects on blood pressure and lipids. American Journal of Clinical Nutrition, 2014, 100, 65-79.	2.2	417
4	Mortality in vegetarians and nonvegetarians: detailed findings from a collaborative analysis of 5 prospective studies. American Journal of Clinical Nutrition, 1999, 70, 516S-524S.	2.2	384
5	Dietary fibre and whole grains in diabetes management: Systematic review and meta-analyses. PLoS Medicine, 2020, 17, e1003053.	3.9	231
6	Carbohydrate quantity in the dietary management of type 2 diabetes: A systematic review and metaâ€analysis. Diabetes, Obesity and Metabolism, 2019, 21, 15-27.	2.2	82
7	Iodine status of New Zealand residents as assessed by urinary iodide excretion and thyroid hormones. British Journal of Nutrition, 1997, 78, 901-912.	1.2	57
8	Effects of Macronutrient Distribution on Weight and Related Cardiometabolic Profile in Healthy Non-Obese Chinese: A 6-month, Randomized Controlled-Feeding Trial. EBioMedicine, 2017, 22, 200-207.	2.7	50
9	Whole-Grain Processing and Glycemic Control in Type 2 Diabetes: A Randomized Crossover Trial. Diabetes Care, 2020, 43, 1717-1723.	4.3	47
10	Free sugars and human health: sufficient evidence for action?. Lancet, The, 2004, 363, 1068-1070.	6.3	44
11	Effect on lipoprotein profile of replacing butter wit margarine in a low fat diet: randomised crossover study with hypercholesterolaemic subjects. BMJ: British Medical Journal, 1996, 312, 931-934.	2.4	43
12	Dietary fibre in hypertension and cardiovascular disease management: systematic review and meta-analyses. BMC Medicine, 2022, 20, 139.	2.3	42
13	Individual variation in plasma cholesterol response to dietary saturated fat. BMJ: British Medical Journal, 1995, 311, 1260-1264.	2.4	34
14	Cardiovascular risk prediction in type 2 diabetes before and after widespread screening: a derivation and validation study. Lancet, The, 2021, 397, 2264-2274.	6.3	29
15	Fad diets in Sweden, of all places. Lancet, The, 2009, 374, 767-769.	6.3	28
16	Balancing Sodium and Potassium: Estimates of Intake in a New Zealand Adult Population Sample. Nutrients, 2015, 7, 8930-8938.	1.7	26
17	Wholegrain Particle Size Influences Postprandial Glycemia in Type 2 Diabetes: A Randomized Crossover Study Comparing Four Wholegrain Breads. Diabetes Care, 2020, 43, 476-479.	4.3	26
18	Markers of Cardiovascular Risk in Postmenopausal Women with Type 2 Diabetes Are Improved by the Daily Consumption of Almonds or Sunflower Kernels: A Feeding Study. ISRN Nutrition, 2013, 2013, 1-9.	1.7	21

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19	Low carbohydrate diets: going against the grain. Lancet, The, 2014, 384, 1479-1480.	6.3	16
20	Discrepancies in nutritional recommendations: the need for evidence based nutrition. Asia Pacific Journal of Clinical Nutrition, 2002, 11, S510-S515.	0.3	15
21	The Effect of a Diet Moderately High in Protein and Fiber on Insulin Sensitivity Measured Using the Dynamic Insulin Sensitivity and Secretion Test (DISST). Nutrients, 2017, 9, 1291.	1.7	15
22	The Indo-Mediterranean diet revisited. Lancet, The, 2005, 366, 353-354.	6.3	14
23	Helicobacter pylori infection as a risk factor for serum bilirubin change and less favourable lipid profiles: a hospital-based health examination survey. BMC Infectious Diseases, 2019, 19, 157.	1.3	14
24	Dietary fibre intake in childhood or adolescence and subsequent health outcomes: A systematic review of prospective observational studies. Diabetes, Obesity and Metabolism, 2020, 22, 2460-2467.	2.2	14
25	High-risk glycated hemoglobin trajectories established by mid-20s: findings from a birth cohort study. BMJ Open Diabetes Research and Care, 2016, 4, e000243.	1.2	13
26	Gelatinisation and milling whole-wheat increases postprandial blood glucose: randomised crossover study of adults with type 2 diabetes. Diabetologia, 2021, 64, 1385-1388.	2.9	11
27	Dietary sugars and body weight: systematic review and metaâ€analyses of randomised controlled trials. FASEB Journal, 2013, 27, 622.17.	0.2	11
28	Periodontitis is not associated with metabolic risk during the fourth decade of life. Journal of Clinical Periodontology, 2017, 44, 22-30.	2.3	8
29	Trans fatty acids: A cause for concern?. International Journal of Food Sciences and Nutrition, 1995, 46, 171-176.	1.3	5
30	Dietary guidelines on trial: the charges are not evidence based. Lancet, The, 2016, 388, 851-853.	6.3	5
31	Protocol for a randomised controlled trial to evaluate the effectiveness of the diabetes community exercise and education programme (DCEP) for long-term management of diabetes. BMJ Open, 2019, 9, e025578.	0.8	5
32	Associations Between Sugars Intakes and Urinary Sugars Excretion and Carbon Stable Isotope Ratios in Red Blood Cells as Biomarkers of Sugars Intake in a Predominantly MÄori Population. Frontiers in Nutrition, 2021, 8, 637267.	1.6	5
33	How do we support walking prescriptions for type 2 diabetes management? Facilitators and barriers following a 3-month prescription. Journal of Primary Health Care, 2020, 12, 173.	0.2	5
34	Evidence favours an association between saturated fat intake and coronary heart disease. BMJ, The, 2013, 347, f6851-f6851.	3.0	4
35	Diverging global trends in heart disease and diabetes: implications for dietary guidelines. Lancet Diabetes and Endocrinology,the, 2015, 3, 584-585.	5.5	4
36	Glycated albumin is stable in plasma when exposed to common laboratory conditions and comparable when drawn from venous or capillary sites. Journal of Clinical Laboratory Analysis, 2018, 32, .	0.9	4

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37	Observational studies are compatible with an association between saturated and trans fats and cardiovascular disease. Evidence-Based Medicine, 2016, 21, 37-37.	0.6	2
38	Effect of Wholegrain Flour Particle Size in Bread on Glycaemic and Insulinaemic Response among People with Risk Factors for Type 2 Diabetes: A Randomised Crossover Trial. Nutrients, 2021, 13, 2579.	1.7	2
39	Blood glucose testing in the community: who are the users and do they have elevated blood glucose?. Journal of Primary Health Care, 2020, 12, 352.	0.2	2
40	Importance of dietary management and practical patient counseling, the European/Australasian perspective. Atherosclerosis Supplements, 2002, 3, 23-29.	1.2	1
41	Diabetes Mellitus. World Review of Nutrition and Dietetics, 2014, 111, 110-115.	0.1	1
42	Macronutrients: Requirements and Distribution. World Review of Nutrition and Dietetics, 2014, 111, 24-29.	0.1	1
43	Are some diets "mass murder"? Dietary guidelines worldwide advise limiting saturated fat in favour of monounsaturated and polyunsaturated fats. BMJ, The, 2015, 350, h625-h625.	3.0	1
44	Nutrition: It's Relevance in Development and Treatment of the Metabolic Syndrome. , 2006, , 333-352.		0
45	Dietary guidelines are not beyond criticism â€“ Authors' reply. Lancet, The, 2017, 389, 598-599.	6.3	0
46	Epidemiology of Nutrition and Diabetes Mellitus: Etiology and Environmental Factors. , 0, , 87-94.		0
47	Serum and red blood cell folate status of New Zealanders: results from a national nutrition survey. FASEB Journal, 2012, 26, 126.4.	0.2	0
48	Urinary sugars excretion as an estimate of sugars intakes is limited in its relationship to cardioâ€•metabolic risk factors. FASEB Journal, 2015, 29, 595.29.	0.2	0
49	Dietary fibre and whole grains in diabetes management: Systematic review and meta-analyses. , 2020, 17, e1003053.		0
50	Dietary fibre and whole grains in diabetes management: Systematic review and meta-analyses. , 2020, 17, e1003053.		0
51	Dietary fibre and whole grains in diabetes management: Systematic review and meta-analyses. , 2020, 17, e1003053.		0
52	Dietary fibre and whole grains in diabetes management: Systematic review and meta-analyses. , 2020, 17, e1003053.		0
53	Dietary fibre and whole grains in diabetes management: Systematic review and meta-analyses. , 2020, 17, e1003053.		0
54	Dietary fibre and whole grains in diabetes management: Systematic review and meta-analyses. , 2020, 17, e1003053.		0