

# Mike Thomas

## List of Publications by Year in descending order

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Version: 2024-02-01

131  
papers

6,347  
citations

66315

42  
h-index

71651

76  
g-index

142  
all docs

142  
docs citations

142  
times ranked

6377  
citing authors

#	ARTICLE	IF	CITATIONS
1	A feasibility trial of a digital mindfulness-based intervention to improve asthma-related quality of life for primary care patients with asthma. <i>Journal of Behavioral Medicine</i> , 2022, 45, 133-147.	1.1	8
2	European Respiratory Society guidelines for the diagnosis of asthma in adults. <i>European Respiratory Journal</i> , 2022, 60, 2101585.	3.1	84
3	Qualitative study on perceptions of use of Fractional Exhaled Nitric Oxide (FeNO) in asthma reviews. <i>Npj Primary Care Respiratory Medicine</i> , 2022, 32, 13.	1.1	3
4	Biomarkers to guide the use of antibiotics for acute exacerbations of COPD (AECOPD): a systematic review and meta-analysis. <i>BMC Pulmonary Medicine</i> , 2022, 22, 194.	0.8	10
5	Treatment guided by fractional exhaled nitric oxide in addition to standard care in 6- to 15-year-olds with asthma: the RAACENO RCT. <i>Efficacy and Mechanism Evaluation</i> , 2022, 9, 1-154.	0.9	1
6	Maximising recruitment to a randomised controlled trial for chronic rhinosinusitis using qualitative research methods: the MACRO conversation study. <i>Trials</i> , 2021, 22, 54.	0.7	4
7	Case-finding for COPD clinic acceptability to patients in GPs across Hampshire: a qualitative study. <i>Npj Primary Care Respiratory Medicine</i> , 2021, 31, 4.	1.1	2
8	Specialist respiratory outreach: a case-finding initiative for identifying undiagnosed COPD in primary care. <i>Npj Primary Care Respiratory Medicine</i> , 2021, 31, 7.	1.1	8
9	Balancing the needs of the many and the few: where next for adult asthma guidelines?. <i>Lancet Respiratory Medicine</i> , 2021, 9, 786-794.	5.2	18
10	European Respiratory Society clinical practice guidelines for the diagnosis of asthma in children aged 5-16 years. <i>European Respiratory Journal</i> , 2021, 58, 2004173.	3.1	104
11	Mixed methods process evaluation of my breathing matters, a digital intervention to support self-management of asthma. <i>Npj Primary Care Respiratory Medicine</i> , 2021, 31, 35.	1.1	5
12	Moving towards a Treatable Traits model of care for the management of obstructive airways diseases. <i>Respiratory Medicine</i> , 2021, 187, 106572.	1.3	29
13	A real-life comparative effectiveness study into the addition of antibiotics to the management of asthma exacerbations in primary care. <i>European Respiratory Journal</i> , 2021, 58, 2003599.	3.1	11
14	Point-of-care biomarkers in asthma management: Time to move forward. <i>Allergy: European Journal of Allergy and Clinical Immunology</i> , 2020, 75, 995-997.	2.7	13
15	Inhaled Corticosteroids Prescribed for COPD Patients with Mild or Moderate Airflow Limitation: Who Warrants a Trial of Withdrawal?. <i>International Journal of COPD</i> , 2020, Volume 14, 3063-3066.	0.9	6
16	One year later: Highlighting the challenges and opportunities in disseminating a breathing-retraining digital behaviour change intervention. <i>Digital Health</i> , 2020, 6, 205520762093644.	0.9	2
17	Using fractional exhaled nitric oxide to guide step-down treatment decisions in asthma: practical considerations. <i>European Respiratory Journal</i> , 2020, 56, 2002809.	3.1	0
18	The Help for Hay Fever community pharmacy-based pilot randomised controlled trial for intermittent allergic rhinitis. <i>Npj Primary Care Respiratory Medicine</i> , 2020, 30, 23.	1.1	2

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19	Improving primary care management of asthma: do we know what really works?. Npj Primary Care Respiratory Medicine, 2020, 30, 29.	1.1	19
20	Using fractional exhaled nitric oxide to guide step-down treatment decisions in patients with asthma: a systematic review and individual patient data meta-analysis. European Respiratory Journal, 2020, 55, 1902150.	3.1	26
21	Feasibility and Acceptability of a Group Mindfulness Intervention in a Difficult Asthma Clinic. Mindfulness, 2020, 11, 1734-1746.	1.6	4
22	Shufeng Jiedu capsules for treating acute exacerbations of chronic obstructive pulmonary disease: a systematic review and meta-analysis. BMC Complementary Medicine and Therapies, 2020, 20, 151.	1.2	18
23	COPD overdiagnosis in primary care: a UK observational study of consistency of airflow obstruction. Npj Primary Care Respiratory Medicine, 2019, 29, 33.	1.1	13
24	A systematic review of psychological, physical health factors, and quality of life in adult asthma. Npj Primary Care Respiratory Medicine, 2019, 29, 37.	1.1	50
25	Determining the reasons for poorly controlled asthma in an adolescent. BMJ: British Medical Journal, 2019, 364, l75.	2.4	2
26	Perceptions of COPD patients of the proposed withdrawal of inhaled corticosteroids prescribed outside guidelines: A qualitative study. Chronic Respiratory Disease, 2019, 16, 147997311985588.	1.0	6
27	Expert panel process to optimise the design of a randomised controlled trial in chronic rhinosinusitis (the MACRO programme). Trials, 2019, 20, 230.	0.7	4
28	The importance of differentiating behavioural and psychological treatment effects from placebo in respiratory interventions. European Respiratory Journal, 2019, 53, 1900156.	3.1	6
29	Quality standards in respiratory real-life effectiveness research: the REal Life EVIDence Assessment Tool (RELEVANT): report from the Respiratory Effectiveness Group European Academy of Allergy and Clinical Immunology Task Force. Clinical and Translational Allergy, 2019, 9, 20.	1.4	20
30	Feasibility trial of a digital self-management intervention "My Breathing Matters"™ to improve asthma-related quality of life for UK primary care patients with asthma. BMJ Open, 2019, 9, e032465.	0.8	18
31	Primary care risk stratification in COPD using routinely collected data: a secondary data analysis. Npj Primary Care Respiratory Medicine, 2019, 29, 42.	1.1	4
32	Protocol for a multicentre randomised controlled trial to investigate the effect on asthma-related quality of life from breathing retraining in patients with incomplete asthma control attending specialist care in Denmark. BMJ Open, 2019, 9, e032984.	0.8	3
33	Quadrupling Inhaled Glucocorticoid Dose to Abort Asthma Exacerbations. New England Journal of Medicine, 2018, 378, 902-910.	13.9	119
34	Fostering the exchange of real world data across different countries to answer primary care research questions: an UNLOCK study from the IPCRG. Npj Primary Care Respiratory Medicine, 2018, 28, 8.	1.1	2
35	Physiotherapy breathing retraining for asthma: a randomised controlled trial. Lancet Respiratory Medicine, 2018, 6, 19-28.	5.2	97
36	Hypocapnia correction as a working mechanism for breathing retraining in asthma " Authors' reply. Lancet Respiratory Medicine, 2018, 6, e15.	5.2	0

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37	Fractional exhaled nitric oxide as a predictor of response to inhaled corticosteroids in patients with non-specific respiratory symptoms and insignificant bronchodilator reversibility: a randomised controlled trial. <i>Lancet Respiratory Medicine</i> , 2018, 6, 29-39.	5.2	96
38	Management strategies for chronic rhinosinusitis: a qualitative study of GP and ENT specialist views of current practice in the UK. <i>BMJ Open</i> , 2018, 8, e022643.	0.8	19
39	Dysfunctional Breathing in Children and Adults With Asthma. <i>Frontiers in Pediatrics</i> , 2018, 6, 406.	0.9	34
40	Independent determinants of disease-related quality of life in COPD &ndash; scope for nonpharmacologic interventions?. <i>International Journal of COPD</i> , 2018, Volume 13, 247-256.	0.9	19
41	Temporarily quadrupling the dose of inhaled steroid to prevent asthma exacerbations: FAST. <i>Health Technology Assessment</i> , 2018, 22, 1-82.	1.3	4
42	Dual bronchodilation in COPD: lung function and patient-reported outcomes &ndash; a review. <i>International Journal of COPD</i> , 2017, Volume 12, 141-168.	0.9	26
43	Addressing unmet needs in understanding asthma mechanisms. <i>European Respiratory Journal</i> , 2017, 49, 1602448.	3.1	47
44	Use of electronic medical records and biomarkers to manage risk and resource efficiencies. <i>European Clinical Respiratory Journal</i> , 2017, 4, 1293386.	0.7	8
45	Comparative Effectiveness of Step-up Therapies in Children with Asthma Prescribed Inhaled Corticosteroids: A Historical Cohort Study. <i>Journal of Allergy and Clinical Immunology: in Practice</i> , 2017, 5, 1082-1090.e7.	2.0	7
46	Identifying Risk of Future Asthma Attacks Using UK Medical Record Data: A Respiratory Effectiveness Group Initiative. <i>Journal of Allergy and Clinical Immunology: in Practice</i> , 2017, 5, 1015-1024.e8.	2.0	82
47	Patientsâ€™ experiences of breathing retraining for asthma: a qualitative process analysis of participants in the intervention arms of the BREATHE trial. <i>Npj Primary Care Respiratory Medicine</i> , 2017, 27, 56.	1.1	3
48	Barriers and facilitators of effective self-management in asthma: systematic review and thematic synthesis of patient and healthcare professional views. <i>Npj Primary Care Respiratory Medicine</i> , 2017, 27, 57.	1.1	100
49	Precision medicine in airway diseases: moving to clinical practice. <i>European Respiratory Journal</i> , 2017, 50, 1701655.	3.1	151
50	A qualitative study of GP, nurse and practice manager views on using targeted case-finding to identify patients with COPD in primary care. <i>Npj Primary Care Respiratory Medicine</i> , 2017, 27, 49.	1.1	8
51	Improved outcomes in ex-smokers with COPD: a UK primary care observational cohort study. <i>European Respiratory Journal</i> , 2017, 49, 1602114.	3.1	21
52	Living with asthma and chronic obstructive airways disease: Using technology to support self-management â€“ An overview. <i>Chronic Respiratory Disease</i> , 2017, 14, 407-419.	1.0	42
53	Long-Acting Î² <sub>2</sub> -Agonist in Combination or Separate Inhaler as Step-Up Therapy for Children with Uncontrolled Asthma Receiving Inhaled Corticosteroids. <i>Journal of Allergy and Clinical Immunology: in Practice</i> , 2017, 5, 99-106.e3.	2.0	15
54	Seasonality, risk factors and burden of community-acquired pneumonia in COPD patients: a population database study using linked health care records. <i>International Journal of COPD</i> , 2017, Volume 12, 313-322.	0.9	64

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55	A randomised controlled study of the effectiveness of breathing retraining exercises taught by a physiotherapist either by instructional DVD or in face-to-face sessions in the management of asthma in adults. <i>Health Technology Assessment</i> , 2017, 21, 1-162.	1.3	13
56	Exercise-induced bronchoconstriction in athletes – A qualitative assessment of symptom perception. <i>Respiratory Medicine</i> , 2016, 120, 36-43.	1.3	23
57	Patient coping strategies in COPD across disease severity and quality of life: a qualitative study. <i>Npj Primary Care Respiratory Medicine</i> , 2016, 26, 16051.	1.1	38
58	FourFold Asthma Study (FAST): a study protocol for a randomised controlled trial evaluating the clinical cost-effectiveness of temporarily quadrupling the dose of inhaled steroid to prevent asthma exacerbations. <i>Trials</i> , 2016, 17, 499.	0.7	4
59	Fostering the exchange of real-life data across different countries to answer primary care research questions: a protocol for an UNLOCK study from the IPCRG. <i>Npj Primary Care Respiratory Medicine</i> , 2016, 26, 16048.	1.1	1
60	Interactive digital interventions to promote self-management in adults with asthma: systematic review and meta-analysis. <i>BMC Pulmonary Medicine</i> , 2016, 16, 83.	0.8	44
61	Treatable traits: toward precision medicine of chronic airway diseases. <i>European Respiratory Journal</i> , 2016, 47, 410-419.	3.1	746
62	Why aren't we doing better in asthma: time for personalised medicine?. <i>Npj Primary Care Respiratory Medicine</i> , 2015, 25, 15004.	1.1	42
63	Long-acting muscarinic antagonist use in adults with asthma: real-life prescribing and outcomes of add-on therapy with tiotropium bromide. <i>Journal of Asthma and Allergy</i> , 2015, 8, 1.	1.5	29
64	Blood eosinophil count and prospective annual asthma disease burden: a UK cohort study. <i>Lancet Respiratory Medicine</i> , 2015, 3, 849-858.	5.2	443
65	Details of development of the resource for adults with asthma in the RAISIN (randomized trial of an) Tj ETQq1 1 0.784314 rgBT /Overl 2015, 15, 57.	1.5	21
66	Quality Standards for Real-World Research. Focus on Observational Database Studies of Comparative Effectiveness. <i>Annals of the American Thoracic Society</i> , 2014, 11, S99-S104.	1.5	115
67	Exhaled nitric oxide and inhaled corticosteroid dose reduction in asthma: a cohort study. <i>European Respiratory Journal</i> , 2014, 44, 1705-1707.	3.1	7
68	Current evidence and future research needs for FeNO measurement in respiratory diseases. <i>Respiratory Medicine</i> , 2014, 108, 830-841.	1.3	157
69	Asthma diagnosis: not always simple or straightforward. <i>Journal of Thoracic Disease</i> , 2014, 6, 409-10.	0.6	2
70	Help for Hay Fever, a goal-focused intervention for people with intermittent allergic rhinitis, delivered in Scottish community pharmacies: study protocol for a pilot cluster randomized controlled trial. <i>Trials</i> , 2013, 14, 217.	0.7	10
71	COPD Exacerbation Frequency, Pharmacotherapy and Resource Use: An Observational Study in UK Primary Care. <i>COPD: Journal of Chronic Obstructive Pulmonary Disease</i> , 2013, 11, 131023065803008.	0.7	23
72	Real-life comparison of beclometasone dipropionate as an extrafine- or larger-particle formulation for asthma. <i>Respiratory Medicine</i> , 2013, 107, 987-1000.	1.3	40

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73	Integrating real-life studies in the global therapeutic research framework. <i>Lancet Respiratory Medicine</i> , 2013, 1, e29-e30.	5.2	102
74	GOLD COPD categories are not fit for purpose in primary care. <i>Lancet Respiratory Medicine</i> , 2013, 1, e17.	5.2	16
75	Using fractional exhaled nitric oxide (FeNO) to diagnose steroid-responsive disease and guide asthma management in routine care. <i>Clinical and Translational Allergy</i> , 2013, 3, 37.	1.4	46
76	Alternative therapies for asthma: are patients at risk?. <i>Clinical Medicine</i> , 2013, 13, 113-113.	0.8	0
77	The BREATHE study: Breathing REtraining for Asthma – Trial of Home Exercises. A protocol summary of a randomised controlled trial. <i>Primary Care Respiratory Journal: Journal of the General Practice Airways Group</i> , 2013, 22, PS1-PS7.	2.5	12
78	Assessing the risk of attack in the management of asthma: a review and proposal for revision of the current control-centred paradigm. <i>Primary Care Respiratory Journal: Journal of the General Practice Airways Group</i> , 2013, 22, 344-352.	2.5	24
79	No room to breathe: the importance of lung hyperinflation in COPD. <i>Primary Care Respiratory Journal: Journal of the General Practice Airways Group</i> , 2013, 22, 101-111.	2.5	73
80	Patients' perceptions of the potential of breathing training for asthma: a qualitative study. <i>Primary Care Respiratory Journal: Journal of the General Practice Airways Group</i> , 2013, 22, 449-453.	2.5	18
81	Managing patients with stable respiratory disease planning air travel: a primary care summary of the British Thoracic Society recommendations. <i>Primary Care Respiratory Journal: Journal of the General Practice Airways Group</i> , 2013, 22, 234-238.	2.5	28
82	Prescribing and guidelines: both must improve to combat antimicrobial resistance. <i>European Respiratory Journal</i> , 2012, 39, 1050-1050.	3.1	0
83	Reevaluating Acupuncture Research Methods. <i>Archives of Internal Medicine</i> , 2012, 172, 887-8.	4.3	0
84	Prioritising the respiratory research needs of primary care: the International Primary Care Respiratory Group (IPCRG) e-Delphi exercise. <i>Primary Care Respiratory Journal: Journal of the General Practice Airways Group</i> , 2012, 21, 19-27.	2.5	40
85	A cross-sectional study of patterns of airway dysfunction, symptoms and morbidity in primary care asthma. <i>Primary Care Respiratory Journal: Journal of the General Practice Airways Group</i> , 2012, 21, 283-287.	2.5	40
86	Single inhaler maintenance and reliever therapy (SMART) in general practice asthma management: where are we?. <i>Primary Care Respiratory Journal: Journal of the General Practice Airways Group</i> , 2012, 21, 8-10.	2.5	9
87	Correlation between Perceived Asthma Control and Thoraco-Abdominal Asynchrony in Primary Care Patients Diagnosed with Asthma. <i>Journal of Asthma</i> , 2012, 49, 822-829.	0.9	8
88	Current Control and Future Risk in Asthma Management. <i>Allergy, Asthma and Immunology Research</i> , 2011, 3, 217.	1.1	56
89	The role of breathing training in asthma management. <i>Current Opinion in Allergy and Clinical Immunology</i> , 2011, 11, 53-57.	1.1	30
90	Asthma and psychological dysfunction. <i>Primary Care Respiratory Journal: Journal of the General Practice Airways Group</i> , 2011, 20, 250-256.	2.5	101

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91	Respiratory physiotherapy: towards a clearer definition of terminology. <i>Physiotherapy</i> , 2011, 97, 345-349.	0.2	11
92	Does laboratory antibiotic susceptibility reporting influence primary care prescribing in urinary tract infection and other infections?. <i>Journal of Antimicrobial Chemotherapy</i> , 2011, 66, 1396-1404.	1.3	61
93	The International Primary Care Respiratory Group (IPCRG) Research Needs Statement 2010. <i>Primary Care Respiratory Journal: Journal of the General Practice Airways Group</i> , 2010, 19, S1-S20.	2.5	59
94	What happens to patients who have their asthma device switched without their consent?. <i>Primary Care Respiratory Journal: Journal of the General Practice Airways Group</i> , 2010, 19, 131-139.	2.5	53
95	Suboptimal persistence with inhaled corticosteroid monotherapy among children with persistent asthma in the UK. <i>Primary Care Respiratory Journal: Journal of the General Practice Airways Group</i> , 2010, 20, 97-101.	2.5	4
96	Prescribing patterns of asthma controller therapy for children in UK primary care: a cross-sectional observational study. <i>BMC Pulmonary Medicine</i> , 2010, 10, 29.	0.8	32
97	Antibiotic Prescribing and Outcomes of Lower Respiratory Tract Infection in UK Primary Care. <i>Chest</i> , 2009, 135, 1163-1172.	0.4	44
98	Prescribing trends in asthma: a longitudinal observational study. <i>Archives of Disease in Childhood</i> , 2009, 94, 16-22.	1.0	47
99	Inhaled corticosteroids for asthma: impact of practice level device switching on asthma control. <i>BMC Pulmonary Medicine</i> , 2009, 9, 1.	0.8	111
100	High-dose inhaled corticosteroids versus add-on long-acting $\beta_2$ -agonists in asthma: An observational study. <i>Journal of Allergy and Clinical Immunology</i> , 2009, 123, 116-121.e10.	1.5	54
101	Are breathing exercises an effective strategy for people with asthma?. <i>Nursing Times</i> , 2009, 105, 22-7.	0.2	1
102	The Brussels Declaration: the need for change in asthma management. <i>European Respiratory Journal</i> , 2008, 32, 1433-1442.	3.1	96
103	Impact of comorbidities on asthma. <i>Expert Review of Clinical Immunology</i> , 2008, 4, 731-742.	1.3	16
104	EPOS Primary Care Guidelines: European Position Paper on the Primary Care Diagnosis and Management of Rhinosinusitis and Nasal Polyps 2007 – a summary. <i>Primary Care Respiratory Journal: Journal of the General Practice Airways Group</i> , 2008, 17, 79-89.	2.5	154
105	Assessing asthma control in routine clinical practice: use of the Royal College of Physicians – 3 Questions™. <i>Primary Care Respiratory Journal: Journal of the General Practice Airways Group</i> , 2008, 18, 83-88.	2.5	48
106	Cost-effectiveness of salmeterol xinafoate/fluticasone propionate combination inhaler in chronic asthma. <i>Current Medical Research and Opinion</i> , 2007, 23, 1147-1159.	0.9	18
107	The Use of Exhaled Nitric Oxide to Guide Asthma Management. <i>American Journal of Respiratory and Critical Care Medicine</i> , 2007, 176, 231-237.	2.5	316
108	Treatment and Outcomes in Patients with Asthma and Allergic Rhinitis in the United Kingdom. <i>International Archives of Allergy and Immunology</i> , 2007, 142, 318-328.	0.9	15



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109	The use of exhaled nitric oxide monitoring in primary care asthma clinics: a pilot study. Primary Care Respiratory Journal: Journal of the General Practice Airways Group, 2007, 16, 349-356.	2.5	24
110	Can asthma control be improved by understanding the patient's perspective?. BMC Pulmonary Medicine, 2007, 7, 8.	0.8	167
111	Burden of Concomitant Allergic Rhinitis in Adults with Asthma. Journal of Asthma, 2006, 43, 1-7.	0.9	92
112	High-dose inhaled corticosteroids and add-on therapy use in adults with asthma in the UK in 2003: an observational study. Primary Care Respiratory Journal: Journal of the General Practice Airways Group, 2006, 15, 166-172.	2.5	16
113	Allergic rhinitis: evidence for impact on asthma. BMC Pulmonary Medicine, 2006, 6, S4.	0.8	93
114	Breaking new ground: challenging existing asthma guidelines. BMC Pulmonary Medicine, 2006, 6, S6.	0.8	43
115	Atopic wheezing and early life antibiotic exposure: a nested case-control study. Pediatric Allergy and Immunology, 2006, 17, 184-188.	1.1	30
116	High-dose inhaled corticosteroid use in childhood asthma: an observational study of GP prescribing. British Journal of General Practice, 2006, 56, 788-90.	0.7	13
117	Gastroesophageal Reflux Disease and Asthma. Chest, 2005, 128, 85-93.	0.4	75
118	Asthma-Related Health Care Resource Use Among Asthmatic Children With and Without Concomitant Allergic Rhinitis. Pediatrics, 2005, 115, 129-134.	1.0	132
119	Effect of a concomitant diagnosis of allergic rhinitis on asthma-related health care use by adults. Clinical and Experimental Allergy, 2005, 35, 282-287.	1.4	176
120	Asthma and Panic. American Journal of Respiratory and Critical Care Medicine, 2005, 171, 1197-1198.	2.5	17
121	COPD management in the community: early detection and proactive care. Primary Care Respiratory Journal: Journal of the General Practice Airways Group, 2005, 14, 5-7.	2.5	6
122	The prevalence of dysfunctional breathing in adults in the community with and without asthma. Primary Care Respiratory Journal: Journal of the General Practice Airways Group, 2005, 14, 78-82.	2.5	116
123	The national montelukast survey. Journal of Allergy and Clinical Immunology, 2005, 115, 47-54.	1.5	46
124	Evaluating the effectiveness of asthma treatment in real-life practice. Journal of Evaluation in Clinical Practice, 2004, 10, 297-305.	0.9	10
125	Community-acquired pneumonia mortality: a potential link to antibiotic prescribing trends in general practice. Respiratory Medicine, 2004, 98, 17-24.	1.3	63
126	Database studies in asthma pharmacoeconomics: uses, limitations and quality markers. Expert Opinion on Pharmacotherapy, 2003, 4, 351-358.	0.9	25



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127	Stop Think: Asthma and Dysfunctional breathing. Primary Care Respiratory Journal: Journal of the General Practice Airways Group, 2003, 12, 25-26.	2.5	0
128	Key developments in respiratory medicine. Practitioner, 2003, 247, 254-6, 258, 260-1 passim.	0.3	0
129	The burden of paediatric asthma is higher than health professionals think: results from the Asthma in Real Life (AIR) study. Primary Care Respiratory Journal: Journal of the General Practice Airways Group, 2002, 11, 30-33.	2.5	17
130	Prevalence of dysfunctional breathing in patients treated for asthma in primary care: cross sectional survey. BMJ: British Medical Journal, 2001, 322, 1098-1100.	2.4	198
131	The management of acute lower respiratory tract infection in adults in primary care. Primary Care Respiratory Journal: Journal of the General Practice Airways Group, 2000, 9, 4-7.	2.5	9