Delia Smith West

List of Publications by Year
in descending order

64 papers	6,636 citations	236925 25 h-index	114465 63 g-index
66 all docs	66 docs citations	66 times ranked	7825 citing authors

#	Article	IF	Citations
1	Expert opinions on reducing dietary selfâ€monitoring burden and maintaining efficacy in weight loss programs: A Delphi study. Obesity Science and Practice, 2022, 8, 401-410.	1.9	6
2	Describing Transitions in Adherence to Physical Activity Self-monitoring and Goal Attainment in an Online Behavioral Weight Loss Program: Secondary Analysis of a Randomized Controlled Trial. Journal of Medical Internet Research, 2022, 24, e30673.	4.3	1
3	Rationale and study protocol for a randomized controlled trial to determine the effectiveness of a culturally relevant, stress management enhanced behavioral weight loss intervention on weight loss outcomes of black women. BMC Public Health, 2022, 22, 193.	2.9	1
4	Examining weekly facilitated group sessions and counselorâ€crafted selfâ€monitoring feedback on treatment outcome in digital weight control: A pilot factorial study. Obesity Science and Practice, 2022, 8, 433-441.	1.9	4
5	Perspectives on the Form, Magnitude, Certainty, Target, and Frequency of Financial Incentives in a Weight Loss Program. American Journal of Health Promotion, 2022, 36, 996-1004.	1.7	1
6	Randomized controlled trial of financial incentives during weightâ€loss induction and maintenance in online group weight control. Obesity, 2022, 30, 106-116.	3.0	1
7	A Comparison of Sedentary Behavior as Measured by the Fitbit and ActivPAL in College Students. International Journal of Environmental Research and Public Health, 2021, 18, 3914.	2.6	13
8	Is Burden Always Bad? Emerging Low-Burden Approaches to Mobile Dietary Self-monitoring and the Role Burden Plays with Engagement. Journal of Technology in Behavioral Science, 2021, 6, 447.	2.3	9
9	Using communityâ€based participatory methods to design a digital intervention for mothers with substance use disorders: Qualitative results from focus group discussions. Perspectives in Psychiatric Care, 2021, , .	1.9	1
10	An Exploration of Domain-Specific Sedentary Behaviors in College Students by Lifestyle Factors and Sociodemographics. International Journal of Environmental Research and Public Health, 2021, 18, 9930.	2.6	10
11	Distinguishing early patterns of physical activity goal attainment and weight loss in online behavioral obesity treatment using latent class analysis. Translational Behavioral Medicine, 2021, 11, 2164-2173.	2.4	1
12	Weight Status and Sedentary Behavior of Alzheimer's Disease Caregivers. American Journal of Health Behavior, 2020, 44, 3-12.	1.4	11
13	Evaluating a Technology-Mediated HPV Vaccination Awareness Intervention: A Controlled, Quasi-Experimental, Mixed Methods Study. Vaccines, 2020, 8, 749.	4.4	23
14	Adding Financial Incentives to Online Group-Based Behavioral Weight Control: An RCT. American Journal of Preventive Medicine, 2020, 59, 237-246.	3.0	22
15	Eating behavior and weight gain during pregnancy. Eating Behaviors, 2020, 36, 101364.	2.0	9
16	Early Physical Activity Adoption Predicts Longer-Term Physical Activity Among Individuals Inactive at Baseline. Journal of Physical Activity and Health, 2020, 17, 1205-1212.	2.0	6
17	Importance of Multiple Reinforcing Comments and Areas for Change in Optimizing Dietary and Exercise Self-Monitoring Feedback in Behavioral Weight Loss Programs: Factorial Design. Journal of Medical Internet Research, 2020, 22, e18104.	4.3	4
18	Weight Loss Experiences of African American, Hispanic, and Nonâ€Hispanic White Men and Women with Type 2 Diabetes: The Look AHEAD Trial. Obesity, 2019, 27, 1275-1284.	3.0	20

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19	Impact of a 12-month Inflammation Management Intervention on the Dietary Inflammatory Index, inflammation, and lipids. Clinical Nutrition ESPEN, 2019, 30, 42-51.	1.2	20
20	Log Often, Lose More: Electronic Dietary Selfâ€Monitoring for Weight Loss. Obesity, 2019, 27, 380-384.	3.0	57
21	Enhancing groupâ€based internet obesity treatment: A pilot RCT comparing video and textâ€based chat. Obesity Science and Practice, 2019, 5, 513-520.	1.9	13
22	Baseline markers of inflammation, lipids, glucose, and Dietary Inflammatory Index scores do not differ between adults willing to participate in an intensive inflammation reduction intervention and those who do not. Nutrition and Health, 2019, 25, 9-19.	1.5	7
23	The effect of moderate-intensity exercise on nightly variability in objectively measured sleep parameters among older women. Behavioral Sleep Medicine, 2019, 17, 459-469.	2.1	9
24	Using Commercial Physical Activity Trackers for Health Promotion Research: Four Case Studies. Health Promotion Practice, 2019, 20, 381-389.	1.6	9
25	The impact of the interventionistâ€“participant relationship on treatment adherence and weight loss. Translational Behavioral Medicine, 2019, 9, 368-372.	2.4	5
26	Association Between Household Food Environment and Excessive Gestational Weight Gain. Journal of Women's Health, 2018, 27, 1064-1070.	3.3	3
27	A Behavioral Weight Loss Program and Nonurinary Incontinence Lower Urinary Tract Symptoms in Overweight and Obese Women with Urinary Incontinence: A Secondary Data Analysis of PRIDE. Journal of Urology, 2018, 199, 215-222.	0.4	17
28	Weight Loss Success of Participants Residing in Rural and Urban Areas. Journal of Rural Health, 2018, 34, 396-400.	2.9	3
29	A Behavioral Intervention to Reduce Excessive Gestational Weight Gain. Maternal and Child Health Journal, 2017, 21, 485-491.	1.5	22
30	College Freshmen Studentsâ€™ Perspectives on Weight Gain Prevention in the Digital Age: Web-Based Survey. JMIR Public Health and Surveillance, 2017, 3, e71.	2.6	5
31	Do individual, online motivational interviewing chat sessions enhance weight loss in a groupâ€based, online weight control program?. Obesity, 2016, 24, 2334-2340.	3.0	28
32	Are early first trimester weights valid proxies for preconception weight?. BMC Pregnancy and Childbirth, 2016, 16, 357.	2.4	48
33	A Systematic, Multi-domain Review of Mobile Smartphone Apps for Evidence-Based Stress Management. American Journal of Preventive Medicine, 2016, 51, 95-105.	3.0	105
34	A Technology-Mediated Behavioral Weight Gain Prevention Intervention for College Students: Controlled, Quasi-Experimental Study. Journal of Medical Internet Research, 2016, 18, e133.	4.3	46
35	Design and Methods of a Synchronous Online Motivational Interviewing Intervention for Weight Management. JMIR Research Protocols, 2016, 5, e69.	1.0	10
36	Weight change in the first 2 months of a lifestyle intervention predicts weight changes 8 years later. Obesity, 2015, 23, 1353-1356.	3.0	131

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37	Translating the look <scp>AHEAD</scp> trial into action. Obesity, 2015, 23, 1738-1738.	3.0	2
38	Associations Between Television Watching and Car Riding Behaviors and Development of Depressive Symptoms: A Prospective Study. Mayo Clinic Proceedings, 2015, 90, 184-193.	3.0	24
39	Evaluation of early weight loss thresholds for identifying nonresponders to an intensive lifestyle intervention. Obesity, 2014, 22, 1608-1616.	3.0	92
40	Barriers and Facilitators to Senior Centers Participating in Translational Research. Research on Aging, 2014, 36, 22-39.	1.8	13
41	Cardiovascular Effects of Intensive Lifestyle Intervention in Type 2 Diabetes. New England Journal of Medicine, 2013, 369, 145-154.	27.0	2,294
42	Stress Managementâ€“Augmented Behavioral Weight Loss Intervention for African American Women. Health Education and Behavior, 2013, 40, 78-87.	2.5	56
43	Patterns of success: Online self-monitoring in a web-based behavioral weight control program.. Health Psychology, 2013, 32, 164-170.	1.6	78
44	The effect of weight loss on changes in health-related quality of life among overweight and obese women with urinary incontinence. Quality of Life Research, 2012, 21, 1685-1694.	3.1	19
45	Motivational Interviewing for Weight Loss. Psychiatric Clinics of North America, 2011, 34, 861-869.	1.3	36
46	Lay Health Educators Translate a Weight-Loss Intervention in Senior Centers. American Journal of Preventive Medicine, 2011, 41, 385-391.	3.0	77
47	Comparing Behavioral Weight Loss Modalities: Incremental Costâ€Effectiveness of an Internetâ€Based Versus an Inâ€Person Condition. Obesity, 2011, 19, 1629-1635.	3.0	94
48	Pretreatment Weight Change Is Associated With Obesity Treatment Outcomes. Obesity, 2011, 19, 1791-1795.	3.0	19
49	Improving Urinary Incontinence in Overweight and Obese Women Through Modest Weight Loss. Obstetrics and Gynecology, 2010, 116, 284-292.	2.4	141
50	An Intensive Behavioral Weight Loss Intervention and Hot Flushes in Women<alt-title>Weight Loss Intervention and Hot Flushes</alt-title>. Archives of Internal Medicine, 2010, 170, 1161.	3.8	81
51	Effect of Weight Loss on Urinary Incontinence in Overweight and Obese Women: Results at 12 and 18 Months. Journal of Urology, 2010, 184, 1005-1010.	0.4	92
52	Differences in home food availability of high- and low-fat foods after a behavioral weight control program are regional not racial. International Journal of Behavioral Nutrition and Physical Activity, 2010, 7, 69.	4.6	13
53	Internet delivered behavioral obesity treatment. Preventive Medicine, 2010, 51, 123-128.	3.4	175
54	Recent Advances in Internet-Delivered, Evidence-Based Weight Control Programs for Adults. Journal of Diabetes Science and Technology, 2009, 3, 184-189.	2.2	26

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55	Oneâ€year Weight Losses in the Look AHEAD Study: Factors Associated With Success. Obesity, 2009, 17, 713-722.	3.0	439
56	Weight Loss to Treat Urinary Incontinence in Overweight and Obese Women. New England Journal of Medicine, 2009, 360, 481-490.	27.0	526
57	Stress, race, and body weight.. Health Psychology, 2009, 28, 131-135.	1.6	43
58	Parental Recognition of Overweight in Schoolâ€age Children. Obesity, 2008, 16, 630-636.	3.0	102
59	Weight Loss of Black, White, and Hispanic Men and Women in the Diabetes Prevention Program. Obesity, 2008, 16, 1413-1420.	3.0	249
60	Motivational Interviewing Improves Weight Loss in Women With Type 2 Diabetes. Diabetes Care, 2007, 30, 1081-1087.	8.6	336
61	Selfâ€Reported Sugarâ€Sweetened Beverage Intake among College Students. Obesity, 2006, 14, 1825-1831.	3.0	105
62	The Look AHEAD Study: A Description of the Lifestyle Intervention and the Evidence Supporting It. Obesity, 2006, 14, 737-752.	3.0	714
63	Incorporating motivational interviewing into behavioral obesity treatment. Cognitive and Behavioral Practice, 2003, 10, 120-130.	1.5	85
64	The Impact of a Family History of Breast Cancer on Screening Practices and Attitudes in Low-Income, Rural, African American Women. Journal of Women's Health, 2003, 12, 779-787.	3.3	24