

Delia Smith West

List of Publications by Year in descending order

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Version: 2024-02-01

64
papers

6,636
citations

236925

25
h-index

114465

63
g-index

66
all docs

66
docs citations

66
times ranked

7825
citing authors

#	ARTICLE	IF	CITATIONS
1	Cardiovascular Effects of Intensive Lifestyle Intervention in Type 2 Diabetes. <i>New England Journal of Medicine</i> , 2013, 369, 145-154.	27.0	2,294
2	The Look AHEAD Study: A Description of the Lifestyle Intervention and the Evidence Supporting It. <i>Obesity</i> , 2006, 14, 737-752.	3.0	714
3	Weight Loss to Treat Urinary Incontinence in Overweight and Obese Women. <i>New England Journal of Medicine</i> , 2009, 360, 481-490.	27.0	526
4	One-Year Weight Losses in the Look AHEAD Study: Factors Associated With Success. <i>Obesity</i> , 2009, 17, 713-722.	3.0	439
5	Motivational Interviewing Improves Weight Loss in Women With Type 2 Diabetes. <i>Diabetes Care</i> , 2007, 30, 1081-1087.	8.6	336
6	Weight Loss of Black, White, and Hispanic Men and Women in the Diabetes Prevention Program. <i>Obesity</i> , 2008, 16, 1413-1420.	3.0	249
7	Internet delivered behavioral obesity treatment. <i>Preventive Medicine</i> , 2010, 51, 123-128.	3.4	175
8	Improving Urinary Incontinence in Overweight and Obese Women Through Modest Weight Loss. <i>Obstetrics and Gynecology</i> , 2010, 116, 284-292.	2.4	141
9	Weight change in the first 2 months of a lifestyle intervention predicts weight changes 8 years later. <i>Obesity</i> , 2015, 23, 1353-1356.	3.0	131
10	Self-Reported Sugar-Sweetened Beverage Intake among College Students. <i>Obesity</i> , 2006, 14, 1825-1831.	3.0	105
11	A Systematic, Multi-domain Review of Mobile Smartphone Apps for Evidence-Based Stress Management. <i>American Journal of Preventive Medicine</i> , 2016, 51, 95-105.	3.0	105
12	Parental Recognition of Overweight in School-Age Children. <i>Obesity</i> , 2008, 16, 630-636.	3.0	102
13	Comparing Behavioral Weight Loss Modalities: Incremental Cost-Effectiveness of an Internet-Based Versus an In-Person Condition. <i>Obesity</i> , 2011, 19, 1629-1635.	3.0	94
14	Effect of Weight Loss on Urinary Incontinence in Overweight and Obese Women: Results at 12 and 18 Months. <i>Journal of Urology</i> , 2010, 184, 1005-1010.	0.4	92
15	Evaluation of early weight loss thresholds for identifying nonresponders to an intensive lifestyle intervention. <i>Obesity</i> , 2014, 22, 1608-1616.	3.0	92
16	Incorporating motivational interviewing into behavioral obesity treatment. <i>Cognitive and Behavioral Practice</i> , 2003, 10, 120-130.	1.5	85
17	An Intensive Behavioral Weight Loss Intervention and Hot Flushes in Women<alt-title>Weight Loss Intervention and Hot Flushes</alt-title>. <i>Archives of Internal Medicine</i> , 2010, 170, 1161.	3.8	81
18	Patterns of success: Online self-monitoring in a web-based behavioral weight control program.. <i>Health Psychology</i> , 2013, 32, 164-170.	1.6	78

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19	Lay Health Educators Translate a Weight-Loss Intervention in Senior Centers. <i>American Journal of Preventive Medicine</i> , 2011, 41, 385-391.	3.0	77
20	Log Often, Lose More: Electronic Dietary Self-Monitoring for Weight Loss. <i>Obesity</i> , 2019, 27, 380-384.	3.0	57
21	Stress Management-Augmented Behavioral Weight Loss Intervention for African American Women. <i>Health Education and Behavior</i> , 2013, 40, 78-87.	2.5	56
22	Are early first trimester weights valid proxies for preconception weight?. <i>BMC Pregnancy and Childbirth</i> , 2016, 16, 357.	2.4	48
23	A Technology-Mediated Behavioral Weight Gain Prevention Intervention for College Students: Controlled, Quasi-Experimental Study. <i>Journal of Medical Internet Research</i> , 2016, 18, e133.	4.3	46
24	Stress, race, and body weight.. <i>Health Psychology</i> , 2009, 28, 131-135.	1.6	43
25	Motivational Interviewing for Weight Loss. <i>Psychiatric Clinics of North America</i> , 2011, 34, 861-869.	1.3	36
26	Do individual, online motivational interviewing chat sessions enhance weight loss in a group-based, online weight control program?. <i>Obesity</i> , 2016, 24, 2334-2340.	3.0	28
27	Recent Advances in Internet-Delivered, Evidence-Based Weight Control Programs for Adults. <i>Journal of Diabetes Science and Technology</i> , 2009, 3, 184-189.	2.2	26
28	The Impact of a Family History of Breast Cancer on Screening Practices and Attitudes in Low-Income, Rural, African American Women. <i>Journal of Women's Health</i> , 2003, 12, 779-787.	3.3	24
29	Associations Between Television Watching and Car Riding Behaviors and Development of Depressive Symptoms: A Prospective Study. <i>Mayo Clinic Proceedings</i> , 2015, 90, 184-193.	3.0	24
30	Evaluating a Technology-Mediated HPV Vaccination Awareness Intervention: A Controlled, Quasi-Experimental, Mixed Methods Study. <i>Vaccines</i> , 2020, 8, 749.	4.4	23
31	A Behavioral Intervention to Reduce Excessive Gestational Weight Gain. <i>Maternal and Child Health Journal</i> , 2017, 21, 485-491.	1.5	22
32	Adding Financial Incentives to Online Group-Based Behavioral Weight Control: An RCT. <i>American Journal of Preventive Medicine</i> , 2020, 59, 237-246.	3.0	22
33	Weight Loss Experiences of African American, Hispanic, and Non-Hispanic White Men and Women with Type 2 Diabetes: The Look AHEAD Trial. <i>Obesity</i> , 2019, 27, 1275-1284.	3.0	20
34	Impact of a 12-month Inflammation Management Intervention on the Dietary Inflammatory Index, inflammation, and lipids. <i>Clinical Nutrition ESPEN</i> , 2019, 30, 42-51.	1.2	20
35	Pretreatment Weight Change Is Associated With Obesity Treatment Outcomes. <i>Obesity</i> , 2011, 19, 1791-1795.	3.0	19
36	The effect of weight loss on changes in health-related quality of life among overweight and obese women with urinary incontinence. <i>Quality of Life Research</i> , 2012, 21, 1685-1694.	3.1	19

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37	A Behavioral Weight Loss Program and Nonurinary Incontinence Lower Urinary Tract Symptoms in Overweight and Obese Women with Urinary Incontinence: A Secondary Data Analysis of PRIDE. <i>Journal of Urology</i> , 2018, 199, 215-222.	0.4	17
38	Differences in home food availability of high- and low-fat foods after a behavioral weight control program are regional not racial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2010, 7, 69.	4.6	13
39	Barriers and Facilitators to Senior Centers Participating in Translational Research. <i>Research on Aging</i> , 2014, 36, 22-39.	1.8	13
40	Enhancing group-based internet obesity treatment: A pilot RCT comparing video and text-based chat. <i>Obesity Science and Practice</i> , 2019, 5, 513-520.	1.9	13
41	A Comparison of Sedentary Behavior as Measured by the Fitbit and ActivPAL in College Students. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3914.	2.6	13
42	Weight Status and Sedentary Behavior of Alzheimer's Disease Caregivers. <i>American Journal of Health Behavior</i> , 2020, 44, 3-12.	1.4	11
43	An Exploration of Domain-Specific Sedentary Behaviors in College Students by Lifestyle Factors and Sociodemographics. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 9930.	2.6	10
44	Design and Methods of a Synchronous Online Motivational Interviewing Intervention for Weight Management. <i>JMIR Research Protocols</i> , 2016, 5, e69.	1.0	10
45	The effect of moderate-intensity exercise on nightly variability in objectively measured sleep parameters among older women. <i>Behavioral Sleep Medicine</i> , 2019, 17, 459-469.	2.1	9
46	Using Commercial Physical Activity Trackers for Health Promotion Research: Four Case Studies. <i>Health Promotion Practice</i> , 2019, 20, 381-389.	1.6	9
47	Eating behavior and weight gain during pregnancy. <i>Eating Behaviors</i> , 2020, 36, 101364.	2.0	9
48	Is Burden Always Bad? Emerging Low-Burden Approaches to Mobile Dietary Self-monitoring and the Role Burden Plays with Engagement. <i>Journal of Technology in Behavioral Science</i> , 2021, 6, 447.	2.3	9
49	Baseline markers of inflammation, lipids, glucose, and Dietary Inflammatory Index scores do not differ between adults willing to participate in an intensive inflammation reduction intervention and those who do not. <i>Nutrition and Health</i> , 2019, 25, 9-19.	1.5	7
50	Early Physical Activity Adoption Predicts Longer-Term Physical Activity Among Individuals Inactive at Baseline. <i>Journal of Physical Activity and Health</i> , 2020, 17, 1205-1212.	2.0	6
51	Expert opinions on reducing dietary self-monitoring burden and maintaining efficacy in weight loss programs: A Delphi study. <i>Obesity Science and Practice</i> , 2022, 8, 401-410.	1.9	6
52	The impact of the interventionist-participant relationship on treatment adherence and weight loss. <i>Translational Behavioral Medicine</i> , 2019, 9, 368-372.	2.4	5
53	College Freshmen Students' Perspectives on Weight Gain Prevention in the Digital Age: Web-Based Survey. <i>JMIR Public Health and Surveillance</i> , 2017, 3, e71.	2.6	5
54	Importance of Multiple Reinforcing Comments and Areas for Change in Optimizing Dietary and Exercise Self-Monitoring Feedback in Behavioral Weight Loss Programs: Factorial Design. <i>Journal of Medical Internet Research</i> , 2020, 22, e18104.	4.3	4

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55	Examining weekly facilitated group sessions and counselorâ€crafted selfâ€monitoring feedback on treatment outcome in digital weight control: A pilot factorial study. <i>Obesity Science and Practice</i> , 2022, 8, 433-441.	1.9	4
56	Association Between Household Food Environment and Excessive Gestational Weight Gain. <i>Journal of Women's Health</i> , 2018, 27, 1064-1070.	3.3	3
57	Weight Loss Success of Participants Residing in Rural and Urban Areas. <i>Journal of Rural Health</i> , 2018, 34, 396-400.	2.9	3
58	Translating the look <scp>AHEAD</scp> trial into action. <i>Obesity</i> , 2015, 23, 1738-1738.	3.0	2
59	Using communityâ€based participatory methods to design a digital intervention for mothers with substance use disorders: Qualitative results from focus group discussions. <i>Perspectives in Psychiatric Care</i> , 2021, , .	1.9	1
60	Distinguishing early patterns of physical activity goal attainment and weight loss in online behavioral obesity treatment using latent class analysis. <i>Translational Behavioral Medicine</i> , 2021, 11, 2164-2173.	2.4	1
61	Describing Transitions in Adherence to Physical Activity Self-monitoring and Goal Attainment in an Online Behavioral Weight Loss Program: Secondary Analysis of a Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2022, 24, e30673.	4.3	1
62	Rationale and study protocol for a randomized controlled trial to determine the effectiveness of a culturally relevant, stress management enhanced behavioral weight loss intervention on weight loss outcomes of black women. <i>BMC Public Health</i> , 2022, 22, 193.	2.9	1
63	Perspectives on the Form, Magnitude, Certainty, Target, and Frequency of Financial Incentives in a Weight Loss Program. <i>American Journal of Health Promotion</i> , 2022, 36, 996-1004.	1.7	1
64	Randomized controlled trial of financial incentives during weightâ€loss induction and maintenance in online group weight control. <i>Obesity</i> , 2022, 30, 106-116.	3.0	1