

Tamar Shochat

List of Publications by Year in descending order

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Version: 2024-02-01

68
papers

3,496
citations

172207

29
h-index

143772

57
g-index

70
all docs

70
docs citations

70
times ranked

3756
citing authors

#	ARTICLE	IF	CITATIONS
1	Functional consequences of inadequate sleep in adolescents: A systematic review. <i>Sleep Medicine Reviews</i> , 2014, 18, 75-87.	3.8	573
2	Increased Light Exposure Consolidates Sleep and Strengthens Circadian Rhythms in Severe Alzheimer's Disease Patients. <i>Behavioral Sleep Medicine</i> , 2003, 1, 22-36.	1.1	329
3	Illumination levels in nursing home patients: effects on sleep and activity rhythms. <i>Journal of Sleep Research</i> , 2000, 9, 373-379.	1.7	230
4	Melatonin Fails to Improve Sleep or Agitation in Double-Blind Randomized Placebo-Controlled Trial of Institutionalized Patients With Alzheimer Disease. <i>American Journal of Geriatric Psychiatry</i> , 2009, 17, 166-169.	0.6	151
5	Changes in Cognitive Function Associated with Sleep Disordered Breathing in Older People. <i>Journal of the American Geriatrics Society</i> , 2001, 49, 1622-1627.	1.3	148
6	CIRCADIAN RHYTHMS OF AGITATION IN INSTITUTIONALIZED PATIENTS WITH ALZHEIMER'S DISEASE. <i>Chronobiology International</i> , 2000, 17, 405-418.	0.9	134
7	Continuous positive airway pressure reduces nocturia in patients with obstructive sleep apnea. <i>Urology</i> , 2006, 67, 974-977.	0.5	114
8	Sleep patterns, electronic media exposure and daytime sleep-related behaviours among Israeli adolescents. <i>Acta Paediatrica, International Journal of Paediatrics</i> , 2010, 99, 1396-1400.	0.7	114
9	Eveningness, Sleep Patterns, Daytime Functioning, and Quality of Life in Israeli Adolescents. <i>Chronobiology International</i> , 2011, 28, 338-343.	0.9	112
10	Effect of Light on Agitation in Institutionalized Patients With Severe Alzheimer Disease. <i>American Journal of Geriatric Psychiatry</i> , 2003, 11, 194-203.	0.6	99
11	Changes in Cognitive Function Associated with Sleep Disordered Breathing in Older People. <i>Journal of the American Geriatrics Society</i> , 2001, 49, 1622-1627.	1.3	89
12	Impact of lifestyle and technology developments on sleep. <i>Nature and Science of Sleep</i> , 2012, 4, 19.	1.4	88
13	Contribution of Routine to Sleep Quality in Community Elderly. <i>Sleep</i> , 2010, 33, 509-514.	0.6	85
14	Sleep-Disordered Breathing and Agitation in Institutionalized Adults With Alzheimer Disease. <i>American Journal of Geriatric Psychiatry</i> , 2003, 11, 426-433.	0.6	84
15	Assessment and treatment of sleep disturbances in older adults. <i>Clinical Psychology Review</i> , 2000, 20, 783-805.	6.0	77
16	Validation of the Pittsburgh Sleep Quality Index Hebrew translation (PSQI-H) in a sleep clinic sample. <i>Israel Medical Association Journal</i> , 2007, 9, 853-6.	0.1	77
17	The relationship between dementia severity and rest/activity circadian rhythms. <i>Neuropsychiatric Disease and Treatment</i> , 2005, 1, 155-163.	1.0	76
18	Hourly profiles of sleep and wakefulness in severely versus mild-moderately demented nursing home patients. <i>Aging Clinical and Experimental Research</i> , 1998, 10, 308-315.	1.4	72

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19	The Timing of Activity Rhythms in Patients With Dementia Is Related to Survival. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2004, 59, M1050-M1055.	1.7	62
20	Sensory Hypersensitivity as a Contributing Factor in the Relation Between Sleep and Behavioral Disorders in Normal Schoolchildren. <i>Behavioral Sleep Medicine</i> , 2009, 7, 53-62.	1.1	54
21	Sleep disorders in the elderly. <i>Current Treatment Options in Neurology</i> , 2001, 3, 19-36.	0.7	47
22	Sleep Apnoea In The Older Adult. <i>Drugs and Aging</i> , 2003, 20, 551-560.	1.3	42
23	Pain Perception in Healthy Young Men Is Modified by Time-Of-Day and Is Modality Dependent. <i>Pain Medicine</i> , 2015, 16, 1137-1144.	0.9	39
24	Insomnia in Long-Term Care Facilities: A Comparison of Seven European Countries and Israel: The Services and Health for Elderly in Long Term care Study. <i>Journal of the American Geriatrics Society</i> , 2014, 62, 2033-2039.	1.3	38
25	Sleep quality is associated with walking under dual-task, but not single-task performance. <i>Gait and Posture</i> , 2016, 49, 127-131.	0.6	36
26	Longitudinal changes in insomnia status and incidence of physical, emotional, or mixed impairment in postmenopausal women participating in the Women's Health Initiative (WHI) study. <i>Sleep Medicine</i> , 2015, 16, 364-371.	0.8	35
27	The Relationship between Sensory Processing Patterns and Sleep Quality in Healthy Adults. <i>Canadian Journal of Occupational Therapy</i> , 2012, 79, 134-141.	0.8	34
28	Effect of light on agitation in institutionalized patients with severe Alzheimer disease. <i>American Journal of Geriatric Psychiatry</i> , 2003, 11, 194-203.	0.6	34
29	Sleep-disordered breathing and agitation in institutionalized adults with Alzheimer disease. <i>American Journal of Geriatric Psychiatry</i> , 2003, 11, 426-33.	0.6	33
30	Attributes of Physical Activity and Gut Microbiome in Adults: A Systematic Review. <i>International Journal of Sports Medicine</i> , 2020, 41, 801-814.	0.8	31
31	Sleep Timing in Late Autumn and Late Spring Associates With Light Exposure Rather Than Sun Time in College Students. <i>Frontiers in Neuroscience</i> , 2019, 13, 882.	1.4	29
32	Increased physical activity improves gut microbiota composition and reduces short-chain fatty acid concentrations in older adults with insomnia. <i>Scientific Reports</i> , 2022, 12, 2265.	1.6	28
33	Associations between fecal short-chain fatty acids and sleep continuity in older adults with insomnia symptoms. <i>Scientific Reports</i> , 2021, 11, 4052.	1.6	24
34	Metagenomic analysis reveals the signature of gut microbiota associated with human chronotypes. <i>FASEB Journal</i> , 2021, 35, e22011.	0.2	23
35	Cognitive functioning of female nurses during the night shift: The impact of age, clock time, time awake and subjective sleepiness. <i>Chronobiology International</i> , 2018, 35, 1595-1607.	0.9	21
36	Hospitalization as a Turning Point for Sleep Medication Use in Older Adults. <i>Drugs and Aging</i> , 2012, 29, 565-576.	1.3	20

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37	Let them sleep: The effects of a scheduled nap during the night shift on sleepiness and cognition in hospital nurses. <i>Journal of Advanced Nursing</i> , 2019, 75, 2603-2615.	1.5	19
38	An approach to understanding sleep and depressed mood in adolescents: person-centred sleep classification. <i>Journal of Sleep Research</i> , 2017, 26, 709-717.	1.7	16
39	Melatonin Administered in the Afternoon Decreases Next-Day Luteinizing Hormone Levels in Men: Lack of Antagonism by Flumazenil. <i>Journal of Molecular Neuroscience</i> , 1999, 12, 75-80.	1.1	15
40	The KickStrip, a Novel Testing Device for Periodic Limb Movement Disorder. <i>Sleep</i> , 2003, 26, 480-483.	0.6	15
41	Who is sleepier on the night shift? The influence of bio-psycho-social factors on subjective sleepiness of female nurses during the night shift. <i>Ergonomics</i> , 2018, 61, 1004-1014.	1.1	15
42	Quality of life in asymptomatic BRCA1/2 mutation carriers. <i>Preventive Medicine</i> , 2009, 48, 193-196.	1.6	13
43	Sleepiness is a signal to go to bed: data and model simulations. <i>Sleep</i> , 2021, 44, .	0.6	13
44	Hospitalization as a Turning Point for Sleep Medication Use in Older Adults. <i>Drugs and Aging</i> , 2012, 29, 565-576.	1.3	11
45	Sleep disturbances in asymptomatic BRCA1/2 mutation carriers: women at high risk for breast-ovarian cancer. <i>Journal of Sleep Research</i> , 2010, 19, 333-340.	1.7	9
46	Heparanase procoagulant activity, factor Xa, and plasminogen activator inhibitor 1 are increased in shift work female nurses. <i>Annals of Hematology</i> , 2015, 94, 1213-1219.	0.8	9
47	Is time elapsed between cannabis use and sleep start time associated with sleep continuity? An experience sampling method. <i>Drug and Alcohol Dependence</i> , 2020, 208, 107846.	1.6	9
48	Why Do They Fall? The Impact of Insomnia on Gait of Older Adults: A Case-Control Study. <i>Nature and Science of Sleep</i> , 2021, Volume 13, 329-338.	1.4	9
49	Sleep patterns and daytime sleep-related behaviors in male and female Arab and Jewish adolescents in Israel. <i>Sleep and Biological Rhythms</i> , 2013, 11, 82-89.	0.5	8
50	Relationships between body mass index and sleep quality and duration in adults 70 years and older. <i>Sleep Health</i> , 2016, 2, 266-271.	1.3	8
51	The prevalence and prescribing patterns of benzodiazepines and Z-drugs in older nursing home residents in different European countries and Israel: retrospective results from the EU SHELTER study. <i>BMC Geriatrics</i> , 2021, 21, 277.	1.1	8
52	Insomnia in Older Adults. , 2011, , 1544-1550.		6
53	Early to bed, early to rise: sleep perceptions, patterns and related behaviors in ultra-orthodox Jewish adolescents in Israel. <i>Sleep Health</i> , 2017, 3, 458-464.	1.3	4
54	How do you sleep? Sleep in self-figure drawings of young adolescents in residential care facilities: An exploratory study. <i>Sleep Medicine</i> , 2019, 60, 116-122.	0.8	4

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55	The association between objective measurements of sleep quality and postural control in adults: A systematic review. <i>Sleep Medicine Reviews</i> , 2022, 63, 101633.	3.8	4
56	Cannabis and Alcohol Use and Their Associations with Sleep: A Daily Diary Investigation of Single-Use and Co-Use in College Students. <i>Cannabis and Cannabinoid Research</i> , 2023, 8, 527-536.	1.5	4
57	The Relationships of Fibrinogen and C-Reactive Protein With Gait Performance: A 20-Year Longitudinal Study. <i>Frontiers in Aging Neuroscience</i> , 2022, 14, 761948.	1.7	4
58	Attachment orientations and sleep patterns: The moderating role of exchanges with spouse. <i>Journal of Social and Personal Relationships</i> , 2020, 37, 1282-1295.	1.4	2
59	Age-associated differences in sleep duration in the US population: potential effects of disease burden. <i>Sleep Medicine</i> , 2021, 87, 168-173.	0.8	2
60	Sleep and Sleep Disorders. , 2003, , 1031-1042.		1
61	Creativity and habitual sleep patterns among art and social sciences undergraduate students.. <i>Psychology of Aesthetics, Creativity, and the Arts</i> , 2016, 10, 270-277.	1.0	1
62	Insomnia in Older Adults. , 2017, , 1503-1509.e4.		1
63	Burnout, Sleep, and Sleepiness during Day and Night Shifts in Transition from 8- to 12-Hour Shift Rosters among Airline Ground Crew Managers. <i>Clocks & Sleep</i> , 2019, 1, 226-239.	0.9	1
64	Sleep health and aging. , 2022, , 173-198.		1
65	1602câ€...Sleepy on the night shift? bio-psycho-social factors of subjective sleepiness in female nurses during the night shift. , 2018, , .		0
66	Longer Sleep Duration and Later Sleep Timing are Associated with Increased Cold-Pain Perception During the Day. <i>Sleep and Vigilance</i> , 2018, 2, 71-78.	0.4	0
67	Sleep in adolescents. , 2021, , .		0
68	The Effects of Parental Intervention on Sleep Patterns and Electronic Media Exposure in Young Adolescents. <i>Clocks & Sleep</i> , 2022, 4, 129-144.	0.9	0