

Sara C Folta

List of Publications by Year in Descending Order

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Version: 2024-04-27

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

115
papers

1,715
citations

22
h-index

38
g-index

120
ext. papers

2,094
ext. citations

3.2
avg. IF

5.19
L-index

#	Paper	IF	Citations
115	Leveling the Playing Field for Community Stakeholders: Examining Practices to Improve Engagement and Address Power Dynamics 2022 , 97-105		
114	Exploring leisure time use and impact on well-being among transition-age autistic youth. <i>Research in Autism Spectrum Disorders</i> , 2022 , 96, 101996	3	1
113	A Stakeholder-Engaged Approach to Development of an Animal-Assisted Intervention for Obesity Prevention Among Youth With Autism Spectrum Disorder and Their Pet Dogs. <i>Frontiers in Veterinary Science</i> , 2021 , 8, 735432	3.1	
112	Food Choice With Economic Scarcity and Time Abundance: A Qualitative Study. <i>Health Education and Behavior</i> , 2021 , 10901981211045926	4.2	
111	Animal-Assisted Intervention: A Promising Approach to Obesity Prevention for Youth With Autism Spectrum Disorder. <i>Frontiers in Veterinary Science</i> , 2021 , 8, 646081	3.1	2
110	Differences in Eating Behavior Among Followers of Popular Diets Across Categories of Perceived Adherence. <i>Current Developments in Nutrition</i> , 2021 , 5, 980-980	0.4	78
109	Food Shopping Experiences Among Dollar Store Shoppers in Fresno and Boston During the COVID-19 Pandemic. <i>Current Developments in Nutrition</i> , 2021 , 5, 246-246	0.4	78
108	Healthy Hearts for an Abundant Life: Feasibility of a Culturally Adapted Cardiovascular Disease Prevention Curriculum for African American Women. <i>Health Equity</i> , 2021 , 5, 398-407	3.1	
107	Self-Reported Duration of Adherence to a Plant-Based Diet Is Associated With Better Food Purchasing Habits and Behaviors Related to Food Availability. <i>Current Developments in Nutrition</i> , 2021 , 5, 1047-1047	0.4	78
106	Theoretical Intakes of Modern-Day Paleo Diets: Comparison to U.S. Dietary Reference Intakes. <i>Current Developments in Nutrition</i> , 2021 , 5, 420-420	0.4	0
105	Part 2: Theoretical Intakes of Modern-Day Paleo Diets. <i>Nutrition Today</i> , 2021 , 56, 158-168	1.6	1
104	Metabolic syndrome and the benefit of a physical activity intervention on lower-extremity function: Results from a randomized clinical trial. <i>Experimental Gerontology</i> , 2021 , 150, 111343	4.5	0
103	Employing Technology Industry Methods to Facilitate Transformative Learning Experiences in the Classroom: Insights From a Pilot. <i>Pedagogy in Health Promotion</i> , 2021 , 7, 127-134	0.7	
102	Diet and Health Benefits Associated with In-Home Eating and Sharing Meals at Home: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	2
101	A Fitness App for Monitoring Walking Behavior and Perception (Runkeeper): Mixed Methods Pilot Study. <i>JMIR Formative Research</i> , 2021 , 5, e22571	2.5	2
100	Cardiovascular Health and African-American Women: A Qualitative Analysis. <i>American Journal of Health Behavior</i> , 2021 , 45, 735-745	1.9	0
99	Helping parents provide vegetable snacks: Investigating price and taste as barriers. <i>Appetite</i> , 2021 , 166, 105481	4.5	2

98	Wearable Activity Monitor Use Is Associated With the Aerobic Physical Activity Guidelines and Walking Among Older Adults. <i>American Journal of Health Promotion</i> , 2021 , 35, 679-687	2.5	5
97	Physical activity and healthy eating behavior changes among rural women: an exploratory mediation analysis of a randomized multilevel intervention trial. <i>Translational Behavioral Medicine</i> , 2021 , 11, 1839-1848	3.2	1
96	Orders of Healthier Adult Menu Items in a Full-Service Restaurant Chain with a Healthier Children's Menu. <i>Nutrients</i> , 2020 , 12,	6.7	1
95	Evaluating Saudi Arabia's 50% carbonated drink excise tax: Changes in prices and volume sales. <i>Economics and Human Biology</i> , 2020 , 38, 100868	2.6	20
94	The Strong Hearts, Healthy Communities Program 2.0: An RCT Examining Effects on Simple 7. <i>American Journal of Preventive Medicine</i> , 2020 , 59, 32-40	6.1	1
93	Ripple Effects of a Community-Based Randomized Trial for Rural Women: Strong Hearts, Healthy Communities. <i>Obesity</i> , 2020 , 28, 1224-1234	8	
92	Perceptions of Oncology Providers and Cancer Survivors on the Role of Nutrition in Cancer Care and Their Views on the "NutriCare" Program. <i>Nutrients</i> , 2020 , 12,	6.7	3
91	Perceptions of Physical Activity in African American Older Adults on Hemodialysis: Themes From Key Informant Interviews. <i>Archives of Rehabilitation Research and Clinical Translation</i> , 2020 , 2, 100056	1.3	3
90	Using Evidence Mapping to Examine Motivations for Following Plant-Based Diets. <i>Current Developments in Nutrition</i> , 2020 , 4, nzaa013	0.4	16
89	Impact of Selective Eating on Social Domains Among Transition-Age Youth with Autism Spectrum Disorder: A Qualitative Study. <i>Journal of Autism and Developmental Disorders</i> , 2020 , 50, 2902-2912	4.6	8
88	Snack It Up for Parents: Brief Videos and Tip Sheets for Promoting Vegetable Snacks to School-Aged Children. <i>Journal of Nutrition Education and Behavior</i> , 2020 , 52, 565-567	2	0
87	A positive deviance-based qualitative study of stress, coping, and feeding practices among low-income, Hispanic mothers whose children do versus do not meet guidelines for fruit and vegetable intake. <i>Health Education Research</i> , 2020 , 35, 584-604	1.8	
86	Multiple Health Behavior Change for Weight Loss: A Scoping Review. <i>American Journal of Health Behavior</i> , 2020 , 44, 559-571	1.9	1
85	Incentivizing Healthy Snacks During Out-of-School Time Through Grocery Store Partnerships. <i>Journal of Public Health Management and Practice</i> , 2020 , 26, E33-E41	1.9	3
84	Sugary drink excise tax policy process and implementation: Case study from Saudi Arabia. <i>Food Policy</i> , 2020 , 90, 101789	5	11
83	Impact of Baseline Fatigue on a Physical Activity Intervention to Prevent Mobility Disability. <i>Journal of the American Geriatrics Society</i> , 2020 , 68, 619-624	5.6	2
82	Participant characteristics and self-reported weight status in a cross-sectional pilot survey of self-identified followers of popular diets: Adhering to Dietary Approaches for Personal Taste (ADAPT) Feasibility Survey. <i>Public Health Nutrition</i> , 2020 , 23, 2717-2727	3.3	0
81	Organizational characteristics conducive to the implementation of health programs among Latino churches. <i>Implementation Science Communications</i> , 2020 , 1, 62	2.2	2

80	Effects of the Strong Hearts, Healthy Communities Intervention on Functional Fitness of Rural Women. <i>Journal of Rural Health</i> , 2020 , 36, 104-110	4.6	4
79	Qualitative Exploration of Farm to School Program Adoption and Expansion in Massachusetts Schools. <i>Journal of Hunger and Environmental Nutrition</i> , 2020 , 15, 230-250	1.5	
78	Using fundraising incentives and point-of-purchase nutrition promotion to improve food choices among school families in restaurants: a pilot and feasibility study. <i>Public Health Nutrition</i> , 2020 , 23, 2006-2015	3.3	1
77	Motivations to Adopt Plant-Based Diets: Data from the Adhering to Dietary Approaches for Personal Taste (ADAPT) Study (P16-024-19). <i>Current Developments in Nutrition</i> , 2019 , 3,	0.4	2
76	Impact of Saudi Arabia's Sugary Drink Tax on Prices and Purchases (P10-066-19). <i>Current Developments in Nutrition</i> , 2019 , 3,	0.4	3
75	Strong Hearts for New York: A multilevel community-based randomized cardiovascular disease risk reduction intervention for rural women. <i>Contemporary Clinical Trials</i> , 2019 , 82, 17-24	2.3	2
74	Associations between frequency of food shopping at different food sources and fruit and vegetable intake among rural residents in upstate New York, USA. <i>Public Health Nutrition</i> , 2019 , 22, 2472-2478	3.3	4
73	Cost-effectiveness of a community-based cardiovascular disease prevention intervention in medically underserved rural areas. <i>BMC Health Services Research</i> , 2019 , 19, 315	2.9	1
72	Theoretical Food and Nutrient Composition of Whole-Food Plant-Based and Vegan Diets Compared to Current Dietary Recommendations. <i>Nutrients</i> , 2019 , 11,	6.7	21
71	Examining the Associations between Walk Score, Perceived Built Environment, and Physical Activity Behaviors among Women Participating in a Community-Randomized Lifestyle Change Intervention Trial: Strong Hearts, Healthy Communities. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	14
70	Self-efficacy and cooking confidence are associated with fruit and vegetable intake in a cross-sectional study with rural women. <i>Eating Behaviors</i> , 2019 , 33, 34-39	3	1
69	Process Evaluation of Strong Hearts, Healthy Communities: A Rural Community-Based Cardiovascular Disease Prevention Program. <i>Journal of Nutrition Education and Behavior</i> , 2019 , 51, 138-149	1.9	9
68	Qualitative exploration of cultural factors influencing diet among African-, Caribbean- and US-born Blacks living in the northeast USA. <i>Journal of Nutritional Science</i> , 2019 , 8, e23	2.7	5
67	Changes in diet and physical activity resulting from the Strong Hearts, Healthy Communities randomized cardiovascular disease risk reduction multilevel intervention trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019 , 16, 91	8.4	8
66	Dissemination of healthy kids out of school principles for obesity prevention: A RE-AIM analysis. <i>Preventive Medicine</i> , 2019 , 119, 37-43	4.3	8
65	Availability of Healthier Children's Menu Items in the Top Selling Quick Service Restaurant Chains (2004-2015). <i>American Journal of Public Health</i> , 2019 , 109, 267-269	5.1	9
64	Strong Hearts, Healthy Communities: A Community-Based Randomized Trial for Rural Women. <i>Obesity</i> , 2018 , 26, 845-853	8	19
63	Diet quality among US-born and foreign-born non-Hispanic blacks: NHANES 2003-2012 data. <i>American Journal of Clinical Nutrition</i> , 2018 , 107, 695-706	7	9

62	Going Beyond Frequency: A Qualitative Study to Explore New Dimensions for the Measurement of Family Meals. <i>Journal of Child and Family Studies</i> , 2018 , 27, 1075-1087	2.3	12
61	Support and Sabotage: A Qualitative Study of Social Influences on Health Behaviors Among Rural Adults. <i>Journal of Rural Health</i> , 2018 , 34, 88-97	4.6	37
60	Branding a School-Based Campaign Combining Healthy Eating and Eco-friendliness. <i>Journal of Nutrition Education and Behavior</i> , 2018 , 50, 180-189.e1	2	2
59	Web-Based Recruitment and Survey Methodology to Maximize Response Rates from Followers of Popular Diets: the Adhering to Dietary Approaches for Personal Taste (ADAPT) Feasibility Survey. <i>Current Developments in Nutrition</i> , 2018 , 2, nzy012	0.4	6
58	The critical role of communications in a multilevel obesity-prevention intervention: Lessons learned for alcohol educators. <i>Patient Education and Counseling</i> , 2017 , 100 Suppl 1, S3-S10	3.1	6
57	Efficacy of an Exercise and Nutritional Supplement Program on Physical Performance and Nutritional Status in Older Adults With Mobility Limitations Residing at Senior Living Facilities. <i>Journal of Aging and Physical Activity</i> , 2017 , 25, 453-463	1.6	5
56	Effect of Physical Activity on Self-Reported Disability in Older Adults: Results from the LIFE Study. <i>Journal of the American Geriatrics Society</i> , 2017 , 65, 980-988	5.6	17
55	Healthier Children's Meals in Restaurants: An Exploratory Study to Inform Approaches That Are Acceptable Across Stakeholders. <i>Journal of Nutrition Education and Behavior</i> , 2017 , 49, 285-295.e1	2	19
54	Dynapenia and Metabolic Health in Obese and Nonobese Adults Aged 70 Years and Older: The LIFE Study. <i>Journal of the American Medical Association</i> , 2017 , 18, 312-319	5.9	13
53	Effect of Metabolic Syndrome on the Mobility Benefit of a Structured Physical Activity Intervention-The Lifestyle Interventions and Independence for Elders Randomized Clinical Trial. <i>Journal of the American Geriatrics Society</i> , 2017 , 65, 1244-1250	5.6	5
52	Long-Term Body Weight Maintenance among StrongWomen-Healthy Hearts Program Participants. <i>Journal of Environmental and Public Health</i> , 2017 , 2017, 4372048	2.6	4
51	Promoting healthier children's meals at quick-service and full-service restaurants: Results from a pilot and feasibility study. <i>Appetite</i> , 2017 , 117, 91-97	4.5	10
50	Rationale and design of Feeding America's bravest: Mediterranean diet-based intervention to change firefighters' eating habits and improve cardiovascular risk profiles. <i>Contemporary Clinical Trials</i> , 2017 , 61, 101-107	2.3	27
49	Ordering patterns following the implementation of a healthier children's restaurant menu: A latent class analysis. <i>Obesity</i> , 2017 , 25, 192-199	8	6
48	Effect of Structured Physical Activity and Nutritional Supplementation on Physical Function in Mobility-Limited Older Adults: Results from the VIVE2 Randomized Trial. <i>Journal of Nutrition, Health and Aging</i> , 2017 , 21, 936-942	5.2	34
47	Improving heart health among Black/African American women using civic engagement: a pilot study. <i>BMC Public Health</i> , 2017 , 17, 112	4.1	22
46	Snacks, beverages, and physical activity during volunteer-led out-of-school-time programs: a cross-sectional analysis. <i>BMC Public Health</i> , 2017 , 17, 125	4.1	1
45	Association of nutrition club membership with markers of health: a cross sectional study. <i>BMC Public Health</i> , 2017 , 17, 310	4.1	

44	Environmental Influences on Physical Activity among Rural Adults in Montana, United States: Views from Built Environment Audits, Resident Focus Groups, and Key Informant Interviews. <i>International Journal of Environmental Research and Public Health</i> , 2017 , 14,	4.6	16
43	Parent and Health Care Provider Perceptions for Development of a Web-Based Weight Management Program for Survivors of Pediatric Acute Lymphoblastic Leukemia: A Mixed Methods Study. <i>JMIR Cancer</i> , 2017 , 3, e2	3.2	3
42	Web-Based Recruitment and Survey Methodology to Capture Followers of Popular Diets: The Adhering to Dietary Approaches for Personal Taste (ADAPT) Feasibility Survey. <i>FASEB Journal</i> , 2017 , 31, 788.13	0.9	
41	School staff, parent and student perceptions of a Breakfast in the Classroom model during initial implementation. <i>Public Health Nutrition</i> , 2016 , 19, 1696-706	3.3	13
40	A qualitative study of factors related to cardiometabolic risk in rural men. <i>BMC Public Health</i> , 2016 , 16, 305	4.1	8
39	Accelerometer Assessment of Physical Activity and Its Association with Physical Function in Older Adults Residing at Assisted Care Facilities. <i>Journal of Nutrition, Health and Aging</i> , 2016 , 20, 752-8	5.2	20
38	Recruitment of Mobility Limited Older Adults Into a Facility-Led Exercise-Nutrition Study: The Effect of Social Involvement. <i>Gerontologist, The</i> , 2016 , 56, 669-76	5	12
37	Strong Hearts, healthy communities: a rural community-based cardiovascular disease prevention program. <i>BMC Public Health</i> , 2016 , 16, 86	4.1	23
36	Developing a Web-Based Weight Management Program for Childhood Cancer Survivors: Rationale and Methods. <i>JMIR Research Protocols</i> , 2016 , 5, e214	2	4
35	The StrongWomen-Healthy Hearts program in Pennsylvania: RE-AIM analysis. <i>Translational Behavioral Medicine</i> , 2015 , 5, 94-102	3.2	9
34	The Vitality, Independence, and Vigor in the Elderly 2 Study (VIVE2): Design and methods. <i>Contemporary Clinical Trials</i> , 2015 , 43, 164-71	2.3	19
33	Great Taste, Less Waste: a cluster-randomized trial using a communications campaign to improve the quality of foods brought from home to school by elementary school children. <i>Preventive Medicine</i> , 2015 , 74, 103-10	4.3	20
32	Impact of a Smarter Lunchroom intervention on food selection and consumption among adolescents and young adults with intellectual and developmental disabilities in a residential school setting. <i>Public Health Nutrition</i> , 2015 , 18, 361-71	3.3	26
31	An observational study identifying obese subgroups among older adults at increased risk of mobility disability: do perceptions of the neighborhood environment matter?. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015 , 12, 157	8.4	2
30	Validation of the Out-of-School-Time Snacks, Beverages, and Physical Activity Questionnaire. <i>Childhood Obesity</i> , 2015 , 11, 439-48	2.5	6
29	National Dissemination of StrongWomen-Healthy Hearts: A Community-Based Program to Reduce Risk of Cardiovascular Disease Among Midlife and Older Women. <i>American Journal of Public Health</i> , 2015 , 105, 2578-85	5.1	18
28	Engaging Stakeholders From Volunteer-Led Out-of-School Time Programs in the Dissemination of Guiding Principles for Healthy Snacking and Physical Activity. <i>Preventing Chronic Disease</i> , 2015 , 12, E225	3.7	5
27	Prevalence of metabolic syndrome and its association with physical capacity, disability, and self-rated health in Lifestyle Interventions and Independence for Elders Study participants. <i>Journal of the American Geriatrics Society</i> , 2015 , 63, 222-32	5.6	25

26	The Built Environment, Physical Activity, and Aging in the United States: A State of the Science Review. <i>Journal of Aging and Physical Activity</i> , 2015 , 23, 323-329	1.6	0
25	Social Support and Sabotage: The Influence of Relationships on Health Eating and Physical Activity Behaviors in Rural Adults. <i>FASEB Journal</i> , 2015 , 29, 395.7	0.9	
24	Catalysts for Health Behavior Change in Midlife and Older Rural Adults: A Qualitative Study. <i>FASEB Journal</i> , 2015 , 29, 588.10	0.9	
23	What's in children's backpacks: foods brought from home. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2014 , 114, 1424-31	3.9	31
22	The StrongWomen Change Clubs: engaging residents to catalyze positive change in food and physical activity environments. <i>Journal of Environmental and Public Health</i> , 2014 , 2014, 162403	2.6	11
21	Changes in diet and physical activity resulting from the Shape Up Somerville community intervention. <i>BMC Pediatrics</i> , 2013 , 13, 157	2.6	35
20	A qualitative study of leadership characteristics among women who catalyze positive community change. <i>BMC Public Health</i> , 2012 , 12, 383	4.1	43
19	Reducing cardiovascular disease risk in sedentary, overweight women: strategies for the cardiovascular specialist. <i>Current Opinion in Cardiology</i> , 2010 , 25, 497-501	2.1	2
18	Further evidence for the benefits of walking. <i>American Journal of Clinical Nutrition</i> , 2009 , 89, 15-6	7	3
17	The StrongWomen-Healthy Hearts program: reducing cardiovascular disease risk factors in rural sedentary, overweight, and obese midlife and older women. <i>American Journal of Public Health</i> , 2009 , 99, 1271-7	5.1	62
16	A community-based restaurant initiative to increase availability of healthy menu options in Somerville, Massachusetts: Shape Up Somerville. <i>Preventing Chronic Disease</i> , 2009 , 6, A102	3.7	54
15	Retooling food service for early elementary school students in Somerville, Massachusetts: the Shape Up Somerville experience. <i>Preventing Chronic Disease</i> , 2009 , 6, A103	3.7	34
14	Watching children watch food advertisements on TV. <i>Preventive Medicine</i> , 2008 , 46, 177-8	4.3	3
13	Factors related to cardiovascular disease risk reduction in midlife and older women: a qualitative study. <i>Preventing Chronic Disease</i> , 2008 , 5, A06	3.7	21
12	Weight Loss and Dietary Changes in a Community-Based Intervention to Reduce Cardiovascular Disease Risk in Midlife and Older Women. <i>FASEB Journal</i> , 2008 , 22, 44.5	0.9	
11	Fitness and Nutrition Messages in Magazines for African Americans. <i>Nutrition Today</i> , 2007 , 42, 37-40	1.6	
10	Food advertising targeted at school-age children: a content analysis. <i>Journal of Nutrition Education and Behavior</i> , 2006 , 38, 244-8	2	96
9	Psychosocial factors associated with young elementary school children's intentions to consume legumes: a test of the theory of reasoned action. <i>American Journal of Health Promotion</i> , 2006 , 21, 13-5	2.5	3

8	Psychosocial Factors Associated With Young Elementary School Children's Intentions to Consume Legumes: A Test of the Theory of Reasoned Action. <i>American Journal of Health Promotion</i> , 2006 , 21, 13-15	2.5	2
7	Assessing the use of school public address systems to deliver nutrition messages to children: Shape up Somerville--audio adventures. <i>Journal of School Health</i> , 2006 , 76, 459-64; quiz 482-4	2.1	21
6	Using focus groups to develop a bone health curriculum for after-school programs. <i>Preventing Chronic Disease</i> , 2004 , 1, A06	3.7	2
5	Milk: can a "good" food be so bad?. <i>Pediatrics</i> , 2002 , 110, 826-32	7.4	22
4	An intervention to increase fruit and vegetable consumption using audio communications: in-store public service announcements and audiotapes. <i>Journal of Health Communication</i> , 2001 , 6, 31-43	2.5	29
3	Human EZF, a Krüppel-like zinc finger protein, is expressed in vascular endothelial cells and contains transcriptional activation and repression domains. <i>Journal of Biological Chemistry</i> , 1998 , 273, 1026-31	5.4	150
2	Molecular cloning, characterization, and promoter analysis of the mouse Crp2/SmLim gene. Preferential expression of its promoter in the vascular smooth muscle cells of transgenic mice. <i>Journal of Biological Chemistry</i> , 1998 , 273, 10530-7	5.4	33
1	Induction of heme oxygenase-1 expression in vascular smooth muscle cells. A link to endotoxic shock. <i>Journal of Biological Chemistry</i> , 1997 , 272, 4295-301	5.4	161