

Sara C Folta

List of Publications by Year in descending order

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Version: 2024-02-01

118
papers

2,047
citations

257357

24
h-index

289141

40
g-index

120
all docs

120
docs citations

120
times ranked

2657
citing authors

#	ARTICLE	IF	CITATIONS
1	Induction of Heme Oxygenase-1 Expression in Vascular Smooth Muscle Cells. <i>Journal of Biological Chemistry</i> , 1997, 272, 4295-4301.	1.6	175
2	Human EZF, a KrÄ½ppl-like Zinc Finger Protein, Is Expressed in Vascular Endothelial Cells and Contains Transcriptional Activation and Repression Domains. <i>Journal of Biological Chemistry</i> , 1998, 273, 1026-1031.	1.6	167
3	Food Advertising Targeted at School-Age Children: A Content Analysis. <i>Journal of Nutrition Education and Behavior</i> , 2006, 38, 244-248.	0.3	103
4	The StrongWomenâ€œHealthy Hearts Program: Reducing Cardiovascular Disease Risk Factors in Rural Sedentary, Overweight, and Obese Midlife and Older Women. <i>American Journal of Public Health</i> , 2009, 99, 1271-1277.	1.5	74
5	A qualitative study of leadership characteristics among women who catalyze positive community change. <i>BMC Public Health</i> , 2012, 12, 383.	1.2	57
6	A community-based restaurant initiative to increase availability of healthy menu options in Somerville, Massachusetts: Shape Up Somerville. <i>Preventing Chronic Disease</i> , 2009, 6, A102.	1.7	56
7	Support and Sabotage: A Qualitative Study of Social Influences on Health Behaviors Among Rural Adults. <i>Journal of Rural Health</i> , 2018, 34, 88-97.	1.6	55
8	Changes in diet and physical activity resulting from the Shape Up Somerville community intervention. <i>BMC Pediatrics</i> , 2013, 13, 157.	0.7	47
9	What's in Childrenâ€™s Backpacks: Foods Brought from Home. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2014, 114, 1424-1431.	0.4	43
10	Effect of structured physical activity and nutritional supplementation on physical function in mobility-limited older adults: Results from the VIVE2 randomized trial. <i>Journal of Nutrition, Health and Aging</i> , 2017, 21, 936-942.	1.5	43
11	Theoretical Food and Nutrient Composition of Whole-Food Plant-Based and Vegan Diets Compared to Current Dietary Recommendations. <i>Nutrients</i> , 2019, 11, 625.	1.7	40
12	Using Evidence Mapping to Examine Motivations for Following Plant-Based Diets. <i>Current Developments in Nutrition</i> , 2020, 4, nzaa013.	0.1	40
13	Rationale and design of feeding America's bravest: Mediterranean diet-based intervention to change firefighters' eating habits and improve cardiovascular risk profiles. <i>Contemporary Clinical Trials</i> , 2017, 61, 101-107.	0.8	38
14	Molecular Cloning, Characterization, and Promoter Analysis of the Mouse Crp2/SmLim Gene. <i>Journal of Biological Chemistry</i> , 1998, 273, 10530-10537.	1.6	36
15	Prevalence of Metabolic Syndrome and Its Association with Physical Capacity, Disability, and Selfâ€œRated Health in Lifestyle Interventions and Independence for Elders Study Participants. <i>Journal of the American Geriatrics Society</i> , 2015, 63, 222-232.	1.3	34
16	Retooling food service for early elementary school students in Somerville, Massachusetts: the Shape Up Somerville experience. <i>Preventing Chronic Disease</i> , 2009, 6, A103.	1.7	34
17	Improving heart health among Black/African American women using civic engagement: a pilot study. <i>BMC Public Health</i> , 2017, 17, 112.	1.2	33
18	Evaluating Saudi Arabiaâ€™s 50% carbonated drink excise tax: Changes in prices and volume sales. <i>Economics and Human Biology</i> , 2020, 38, 100868.	0.7	33

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19	Impact of a Smarter Lunchroom intervention on food selection and consumption among adolescents and young adults with intellectual and developmental disabilities in a residential school setting. <i>Public Health Nutrition</i> , 2015, 18, 361-371.	1.1	31
20	An Intervention to Increase Fruit and Vegetable Consumption Using Audio Communications: In-Store Public Service Announcements and AudioTapes. <i>Journal of Health Communication</i> , 2001, 6, 31-43.	1.2	30
21	Healthier Children's Meals in Restaurants: An Exploratory Study to Inform Approaches That Are Acceptable Across Stakeholders. <i>Journal of Nutrition Education and Behavior</i> , 2017, 49, 285-295.e1.	0.3	30
22	Strong Hearts, healthy communities: a rural community-based cardiovascular disease prevention program. <i>BMC Public Health</i> , 2015, 16, 86.	1.2	28
23	Strong Hearts, Healthy Communities: A Community-Based Randomized Trial for Rural Women. <i>Obesity</i> , 2018, 26, 845-853.	1.5	28
24	Milk: Can a "Good" Food Be So Bad?. <i>Pediatrics</i> , 2002, 110, 826-832.	1.0	27
25	Great Taste, Less Waste: A cluster-randomized trial using a communications campaign to improve the quality of foods brought from home to school by elementary school children. <i>Preventive Medicine</i> , 2015, 74, 103-110.	1.6	26
26	Sugary drink excise tax policy process and implementation: Case study from Saudi Arabia. <i>Food Policy</i> , 2020, 90, 101789.	2.8	26
27	Accelerometer assessment of physical activity and its association with physical function in older adults residing at assisted care facilities. <i>Journal of Nutrition, Health and Aging</i> , 2016, 20, 752-758.	1.5	25
28	Environmental Influences on Physical Activity among Rural Adults in Montana, United States: Views from Built Environment Audits, Resident Focus Groups, and Key Informant Interviews. <i>International Journal of Environmental Research and Public Health</i> , 2017, 14, 1173.	1.2	25
29	Going Beyond Frequency: A Qualitative Study to Explore New Dimensions for the Measurement of Family Meals. <i>Journal of Child and Family Studies</i> , 2018, 27, 1075-1087.	0.7	24
30	Assessing the Use of School Public Address Systems to Deliver Nutrition Messages to Children: Shape Up Somerville? Audio Adventures. <i>Journal of School Health</i> , 2006, 76, 459-464.	0.8	23
31	Effect of Physical Activity on Self-Reported Disability in Older Adults: Results from the LIFE Study. <i>Journal of the American Geriatrics Society</i> , 2017, 65, 980-988.	1.3	23
32	Diet and Health Benefits Associated with In-Home Eating and Sharing Meals at Home: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1577.	1.2	23
33	The Vitality, Independence, and Vigor in the Elderly 2 Study (VIVE2): Design and methods. <i>Contemporary Clinical Trials</i> , 2015, 43, 164-171.	0.8	22
34	Factors related to cardiovascular disease risk reduction in midlife and older women: a qualitative study. <i>Preventing Chronic Disease</i> , 2008, 5, A06.	1.7	22
35	National Dissemination of StrongWomen's "Healthy Hearts: A Community-Based Program to Reduce Risk of Cardiovascular Disease Among Midlife and Older Women. <i>American Journal of Public Health</i> , 2015, 105, 2578-2585.	1.5	21
36	Changes in diet and physical activity resulting from the Strong Hearts, Healthy Communities randomized cardiovascular disease risk reduction multilevel intervention trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 91.	2.0	21

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37	Examining the Associations between Walk Score, Perceived Built Environment, and Physical Activity Behaviors among Women Participating in a Community-Randomized Lifestyle Change Intervention Trial: Strong Hearts, Healthy Communities. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 849.	1.2	21
38	Diet quality among US-born and foreign-born non-Hispanic blacks: NHANES 2003–2012 data. <i>American Journal of Clinical Nutrition</i> , 2018, 107, 695-706.	2.2	19
39	School staff, parent and student perceptions of a Breakfast in the Classroom model during initial implementation. <i>Public Health Nutrition</i> , 2016, 19, 1696-1706.	1.1	18
40	Dynapenia and Metabolic Health in Obese and Nonobese Adults Aged 70 Years and Older: The LIFE Study. <i>Journal of the American Medical Directors Association</i> , 2017, 18, 312-319.	1.2	17
41	The StrongWomen Change Clubs: Engaging Residents to Catalyze Positive Change in Food and Physical Activity Environments. <i>Journal of Environmental and Public Health</i> , 2014, 2014, 1-6.	0.4	16
42	A qualitative study of factors related to cardiometabolic risk in rural men. <i>BMC Public Health</i> , 2016, 16, 305.	1.2	16
43	Recruitment of Mobility Limited Older Adults Into a Facility-Led Exercise-Nutrition Study: The Effect of Social Involvement. <i>Gerontologist</i> , The, 2016, 56, 669-676.	2.3	16
44	Promoting healthier children's meals at quick-service and full-service restaurants: Results from a pilot and feasibility study. <i>Appetite</i> , 2017, 117, 91-97.	1.8	15
45	Process Evaluation of Strong Hearts, Healthy Communities: A Rural Community-Based Cardiovascular Disease Prevention Program. <i>Journal of Nutrition Education and Behavior</i> , 2019, 51, 138-149.	0.3	15
46	Perceptions of Oncology Providers and Cancer Survivors on the Role of Nutrition in Cancer Care and Their Views on the "NutriCare" Program. <i>Nutrients</i> , 2020, 12, 1277.	1.7	15
47	Efficacy of an Exercise and Nutritional Supplement Program on Physical Performance and Nutritional Status in Older Adults With Mobility Limitations Residing at Senior Living Facilities. <i>Journal of Aging and Physical Activity</i> , 2017, 25, 453-463.	0.5	13
48	The StrongWomen "Healthy Hearts" program in Pennsylvania: RE-AIM analysis. <i>Translational Behavioral Medicine</i> , 2015, 5, 94-102.	1.2	12
49	Availability of Healthier Children's Menu Items in the Top Selling Quick Service Restaurant Chains (2004–2015). <i>American Journal of Public Health</i> , 2019, 109, 267-269.	1.5	11
50	Wearable Activity Monitor Use Is Associated With the Aerobic Physical Activity Guidelines and Walking Among Older Adults. <i>American Journal of Health Promotion</i> , 2021, 35, 679-687.	0.9	11
51	Web-Based Recruitment and Survey Methodology to Maximize Response Rates from Followers of Popular Diets: the Adhering to Dietary Approaches for Personal Taste (ADAPT) Feasibility Survey. <i>Current Developments in Nutrition</i> , 2018, 2, nzy012.	0.1	10
52	Impact of Selective Eating on Social Domains Among Transition-Age Youth with Autism Spectrum Disorder: A Qualitative Study. <i>Journal of Autism and Developmental Disorders</i> , 2020, 50, 2902-2912.	1.7	10
53	Dissemination of healthy kids out of school principles for obesity prevention: A RE-AIM analysis. <i>Preventive Medicine</i> , 2019, 119, 37-43.	1.6	9
54	The Built Environment, Physical Activity, and Aging in the United States: A State of the Science Review. <i>Journal of Aging and Physical Activity</i> , 2015, 23, 323-329.	0.5	9

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55	Developing a Web-Based Weight Management Program for Childhood Cancer Survivors: Rationale and Methods. <i>JMIR Research Protocols</i> , 2016, 5, e214.	0.5	9
56	The critical role of communications in a multilevel obesity-prevention intervention: Lessons learned for alcohol educators. <i>Patient Education and Counseling</i> , 2017, 100, S3-S10.	1.0	8
57	Impact of Saudi Arabia's Sugary Drink Tax on Prices and Purchases (P10-066-19). <i>Current Developments in Nutrition</i> , 2019, 3, nzz034.P10-066-19.	0.1	8
58	The Strong Hearts, Healthy Communities Program 2.0: An RCT Examining Effects on Simple 7. <i>American Journal of Preventive Medicine</i> , 2020, 59, 32-40.	1.6	8
59	Parent and Health Care Provider Perceptions for Development of a Web-Based Weight Management Program for Survivors of Pediatric Acute Lymphoblastic Leukemia: A Mixed Methods Study. <i>JMIR Cancer</i> , 2017, 3, e2.	0.9	8
60	Multiple Health Behavior Change for Weight Loss: A Scoping Review. <i>American Journal of Health Behavior</i> , 2020, 44, 559-571.	0.6	8
61	Exploring leisure time use and impact on well-being among transition-age autistic youth. <i>Research in Autism Spectrum Disorders</i> , 2022, 96, 101996.	0.8	8
62	Validation of the Out-of-School-Time Snacks, Beverages, and Physical Activity Questionnaire. <i>Childhood Obesity</i> , 2015, 11, 439-448.	0.8	7
63	Engaging Stakeholders From Volunteer-Led Out-of-School Time Programs in the Dissemination of Guiding Principles for Healthy Snacking and Physical Activity. <i>Preventing Chronic Disease</i> , 2015, 12, E225.	1.7	7
64	Qualitative exploration of cultural factors influencing diet among African-, Caribbean- and US-born Blacks living in the northeast USA. <i>Journal of Nutritional Science</i> , 2019, 8, e23.	0.7	7
65	Self-efficacy and cooking confidence are associated with fruit and vegetable intake in a cross-sectional study with rural women. <i>Eating Behaviors</i> , 2019, 33, 34-39.	1.1	7
66	Effects of the Strong Hearts, Healthy Communities Intervention on Functional Fitness of Rural Women. <i>Journal of Rural Health</i> , 2020, 36, 104-110.	1.6	7
67	Cardiovascular Health and African-American Women: A Qualitative Analysis. <i>American Journal of Health Behavior</i> , 2021, 45, 735-745.	0.6	7
68	Effect of Metabolic Syndrome on the Mobility Benefit of a Structured Physical Activity Intervention—The Lifestyle Interventions and Independence for Elders Randomized Clinical Trial. <i>Journal of the American Geriatrics Society</i> , 2017, 65, 1244-1250.	1.3	6
69	Ordering patterns following the implementation of a healthier children's restaurant menu: A latent class analysis. <i>Obesity</i> , 2017, 25, 192-199.	1.5	6
70	Associations between frequency of food shopping at different food sources and fruit and vegetable intake among rural residents in upstate New York, USA. <i>Public Health Nutrition</i> , 2019, 22, 2472-2478.	1.1	6
71	Understanding Micro-pantries as an Emergency Food Source During the COVID-19 Pandemic. <i>Journal of Nutrition Education and Behavior</i> , 2022, 54, 299-310.	0.3	6
72	Further evidence for the benefits of walking. <i>American Journal of Clinical Nutrition</i> , 2009, 89, 15-16.	2.2	5

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73	Long-Term Body Weight Maintenance among StrongWomenâ€“Healthy Hearts Program Participants. <i>Journal of Environmental and Public Health</i> , 2017, 2017, 1-6.	0.4	5
74	Branding a School-Based Campaign Combining Healthy Eating and Eco-friendliness. <i>Journal of Nutrition Education and Behavior</i> , 2018, 50, 180-189.e1.	0.3	5
75	Strong Hearts for New York: A multilevel community-based randomized cardiovascular disease risk reduction intervention for rural women. <i>Contemporary Clinical Trials</i> , 2019, 82, 17-24.	0.8	5
76	Orders of Healthier Adult Menu Items in a Full-Service Restaurant Chain with a Healthier Childrenâ€™s Menu. <i>Nutrients</i> , 2020, 12, 3253.	1.7	5
77	A Cross-Sectional Assessment of Dietary Patterns and Their Relationship to Hypertension and Obesity in Indonesia. <i>Current Developments in Nutrition</i> , 2022, 6, nzac091.	0.1	5
78	Psychosocial Factors Associated with Young Elementary School Children's Intentions to Consume Legumes: A Test of the Theory of Reasoned Action. <i>American Journal of Health Promotion</i> , 2006, 21, 13-15.	0.9	4
79	Reducing cardiovascular disease risk in sedentary, overweight women: strategies for the cardiovascular specialist. <i>Current Opinion in Cardiology</i> , 2010, 25, 497-501.	0.8	4
80	An observational study identifying obese subgroups among older adults at increased risk of mobility disability: do perceptions of the neighborhood environment matter?. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 157.	2.0	4
81	Impact of Baseline Fatigue on a Physical Activity Intervention to Prevent Mobility Disability. <i>Journal of the American Geriatrics Society</i> , 2020, 68, 619-624.	1.3	4
82	Employing Technology Industry Methods to Facilitate Transformative Learning Experiences in the Classroom: Insights From a Pilot. <i>Pedagogy in Health Promotion</i> , 2021, 7, 127-134.	0.4	4
83	A Fitness App for Monitoring Walking Behavior and Perception (Runkeeper): Mixed Methods Pilot Study. <i>JMIR Formative Research</i> , 2021, 5, e22571.	0.7	4
84	Animal-Assisted Intervention: A Promising Approach to Obesity Prevention for Youth With Autism Spectrum Disorder. <i>Frontiers in Veterinary Science</i> , 2021, 8, 646081.	0.9	4
85	Part 2: Theoretical Intakes of Modern-Day Paleo Diets. <i>Nutrition Today</i> , 2021, 56, 158-168.	0.6	4
86	Metabolic syndrome and the benefit of a physical activity intervention on lower-extremity function: Results from a randomized clinical trial. <i>Experimental Gerontology</i> , 2021, 150, 111343.	1.2	4
87	Watching children watch food advertisements on TV. <i>Preventive Medicine</i> , 2008, 46, 177-178.	1.6	3
88	Snacks, beverages, and physical activity during volunteer-led out-of-school-time programs: a cross-sectional analysis. <i>BMC Public Health</i> , 2017, 17, 125.	1.2	3
89	Motivations to Adopt Plant-Based Diets: Data from the Adhering to Dietary Approaches for Personal Taste (ADAPT) Study (P16-024-19). <i>Current Developments in Nutrition</i> , 2019, 3, nzz050.P16-024-19.	0.1	3
90	Cost-effectiveness of a community-based cardiovascular disease prevention intervention in medically underserved rural areas. <i>BMC Health Services Research</i> , 2019, 19, 315.	0.9	3

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91	Incentivizing Healthy Snacks During Out-of-School Time Through Grocery Store Partnerships. <i>Journal of Public Health Management and Practice</i> , 2020, 26, E33-E41.	0.7	3
92	Organizational characteristics conducive to the implementation of health programs among Latino churches. <i>Implementation Science Communications</i> , 2020, 1, 62.	0.8	3
93	Perceptions of Physical Activity in African American Older Adults on Hemodialysis: Themes From Key Informant Interviews. <i>Archives of Rehabilitation Research and Clinical Translation</i> , 2020, 2, 100056.	0.5	3
94	Helping parents provide vegetable snacks: Investigating price and taste as barriers. <i>Appetite</i> , 2021, 166, 105481.	1.8	3
95	Psychosocial Factors Associated With Young Elementary School Children's Intentions to Consume Legumes: A Test of the Theory of Reasoned Action. <i>American Journal of Health Promotion</i> , 2006, 21, 13-15.	0.9	2
96	Participant characteristics and self-reported weight status in a cross-sectional pilot survey of self-identified followers of popular diets: Adhering to Dietary Approaches for Personal Taste (ADAPT) Feasibility Survey. <i>Public Health Nutrition</i> , 2020, 23, 2717-2727.	1.1	2
97	Ripple Effects of a Community-Based Randomized Trial for Rural Women: Strong Hearts, Healthy Communities. <i>Obesity</i> , 2020, 28, 1224-1234.	1.5	2
98	Using fundraising incentives and point-of-purchase nutrition promotion to improve food choices among school families in restaurants: a pilot and feasibility study. <i>Public Health Nutrition</i> , 2020, 23, 2006-2015.	1.1	2
99	Physical activity and healthy eating behavior changes among rural women: an exploratory mediation analysis of a randomized multilevel intervention trial. <i>Translational Behavioral Medicine</i> , 2021, 11, 1839-1848.	1.2	2
100	Food Choice With Economic Scarcity and Time Abundance: A Qualitative Study. <i>Health Education and Behavior</i> , 2022, 49, 150-158.	1.3	2
101	Using focus groups to develop a bone health curriculum for after-school programs. <i>Preventing Chronic Disease</i> , 2004, 1, A06.	1.7	2
102	Snack It Up for Parents: Brief Videos and Tip Sheets for Promoting Vegetable Snacks to School-Aged Children. <i>Journal of Nutrition Education and Behavior</i> , 2020, 52, 565-567.	0.3	1
103	Food Shopping Experiences Among Dollar Store Shoppers in Fresno and Boston During the COVID-19 Pandemic. <i>Current Developments in Nutrition</i> , 2021, 5, 246.	0.1	1
104	Theoretical Intakes of Modern-Day Paleo Diets: Comparison to U.S. Dietary Reference Intakes. <i>Current Developments in Nutrition</i> , 2021, 5, 420.	0.1	1
105	A Stakeholder-Engaged Approach to Development of an Animal-Assisted Intervention for Obesity Prevention Among Youth With Autism Spectrum Disorder and Their Pet Dogs. <i>Frontiers in Veterinary Science</i> , 2021, 8, 735432.	0.9	1
106	Fitness and Nutrition Messages in Magazines for African Americans. <i>Nutrition Today</i> , 2007, 42, 37-40.	0.6	0
107	The Impact of Marathon Training on Body Weight in Recreational Runners. <i>Medicine and Science in Sports and Exercise</i> , 2010, 42, 625.	0.2	0
108	Association of nutrition club membership with markers of health: a cross sectional study. <i>BMC Public Health</i> , 2017, 17, 310.	1.2	0

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109	Qualitative Exploration of Farm to School Program Adoption and Expansion in Massachusetts Schools. <i>Journal of Hunger and Environmental Nutrition</i> , 2020, 15, 230-250.	1.1	0
110	Differences in Eating Behavior Among Followers of Popular Diets Across Categories of Perceived Adherence. <i>Current Developments in Nutrition</i> , 2021, 5, 980.	0.1	0
111	Healthy Hearts for an Abundant Life: Feasibility of a Culturally Adapted Cardiovascular Disease Prevention Curriculum for African American Women. <i>Health Equity</i> , 2021, 5, 398-407.	0.8	0
112	Self-Reported Duration of Adherence to a Plant-Based Diet Is Associated With Better Food Purchasing Habits and Behaviors Related to Food Availability. <i>Current Developments in Nutrition</i> , 2021, 5, 1047.	0.1	0
113	Weight Loss and Dietary Changes in a Community-Based Intervention to Reduce Cardiovascular Disease Risk in Midlife and Older Women. <i>FASEB Journal</i> , 2008, 22, 44.5.	0.2	0
114	Social Support and Sabotage: The Influence of Relationships on Health Eating and Physical Activity Behaviors in Rural Adults. <i>FASEB Journal</i> , 2015, 29, 395.7.	0.2	0
115	Catalysts for Health Behavior Change in Midlife and Older Rural Adults: A Qualitative Study. <i>FASEB Journal</i> , 2015, 29, 588.10.	0.2	0
116	Comparison of Self-Reported Weight Status Among Followers of Popular Diets: Data from the ADAPT (Adhering to Dietary Approaches for Personal Taste) Feasibility Survey. <i>FASEB Journal</i> , 2017, 31, .	0.2	0
117	Web-Based Recruitment and Survey Methodology to Capture Followers of Popular Diets: The Adhering to Dietary Approaches for Personal Taste (ADAPT) Feasibility Survey. <i>FASEB Journal</i> , 2017, 31, 788.13.	0.2	0
118	A positive deviance-based qualitative study of stress, coping, and feeding practices among low-income, Hispanic mothers whose children do versus do not meet guidelines for fruit and vegetable intake. <i>Health Education Research</i> , 2020, 35, 584-604.	1.0	0