

Franziska Grundler

List of Publications by Year in descending order

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Version: 2024-02-01

12
papers

446
citations

933447

10
h-index

1199594

12
g-index

12
all docs

12
docs citations

12
times ranked

461
citing authors

#	ARTICLE	IF	CITATIONS
1	Safety, health improvement and well-being during a 4 to 21-day fasting period in an observational study including 1422 subjects. PLoS ONE, 2019, 14, e0209353.	2.5	134
2	Unravelling the health effects of fasting: a long road from obesity treatment to healthy life span increase and improved cognition. Annals of Medicine, 2020, 52, 147-161.	3.8	62
3	Effects of Periodic Fasting on Fatty Liver Index – A Prospective Observational Study. Nutrients, 2019, 11, 2601.	4.1	59
4	Changes in human gut microbiota composition are linked to the energy metabolic switch during 10 d of Buchinger fasting. Journal of Nutritional Science, 2019, 8, e36.	1.9	50
5	Influence of Long-Term Fasting on Blood Redox Status in Humans. Antioxidants, 2020, 9, 496.	5.1	27
6	Blood Pressure Changes in 1610 Subjects With and Without Antihypertensive Medication During Long-Term Fasting. Journal of the American Heart Association, 2020, 9, e018649.	3.7	23
7	Interplay between oxidative damage, the redox status, and metabolic biomarkers during long-term fasting. Food and Chemical Toxicology, 2020, 145, 111701.	3.6	20
8	Is muscle and protein loss relevant in long-term fasting in healthy men? A prospective trial on physiological adaptations. Journal of Cachexia, Sarcopenia and Muscle, 2021, 12, 1690-1703.	7.3	20
9	Long-term fasting improves lipoprotein-associated atherogenic risk in humans. European Journal of Nutrition, 2021, 60, 4031-4044.	3.9	19
10	Effects of acyl-coenzyme A binding protein (ACBP)/diazepam-binding inhibitor (DBI) on body mass index. Cell Death and Disease, 2021, 12, 599.	6.3	13
11	Fasting-mediated metabolic and toxicity reprogramming impacts circulating microRNA levels in humans. Food and Chemical Toxicology, 2021, 152, 112187.	3.6	11
12	Excretion of Heavy Metals and Glyphosate in Urine and Hair Before and After Long-Term Fasting in Humans. Frontiers in Nutrition, 2021, 8, 708069.	3.7	8