

Arnulfo Ramos-Jimenez

List of Publications by Year in descending order

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Version: 2024-02-01

38
papers

593
citations

840585

11
h-index

642610

23
g-index

46
all docs

46
docs citations

46
times ranked

1066
citing authors

#	ARTICLE	IF	CITATIONS
1	Cyanidin-3-O-glucoside: Physical-Chemistry, Foodomics and Health Effects. <i>Molecules</i> , 2016, 21, 1264.	1.7	196
2	The Respiratory Exchange Ratio is Associated with Fitness Indicators Both in Trained and Untrained Men: A Possible Application for People with Reduced Exercise Tolerance. <i>Clinical Medicine Circulatory, Respiratory and Pulmonary Medicine</i> , 2008, 2, CCRPM.S449.	0.4	71
3	Effect of <i>Arthrospira (Spirulina) maxima</i> Supplementation and a Systematic Physical Exercise Program on the Body Composition and Cardiorespiratory Fitness of Overweight or Obese Subjects: A Double-Blind, Randomized, and Crossover Controlled Trial. <i>Marine Drugs</i> , 2018, 16, 364.	2.2	23
4	Cardiovascular and metabolic effects of intensive Hatha Yoga training in middle-aged and older women from northern Mexico. <i>International Journal of Yoga</i> , 2009, 2, 49.	0.4	23
5	Effect of <i>Spirulina maxima</i> on Postprandial Lipemia in Young Runners: A Preliminary Report. <i>Journal of Medicinal Food</i> , 2012, 15, 753-757.	0.8	22
6	Hypolipidemic Effect of <i>Arthrospira (Spirulina) maxima</i> Supplementation and a Systematic Physical Exercise Program in Overweight and Obese Men: A Double-Blind, Randomized, and Crossover Controlled Trial. <i>Marine Drugs</i> , 2019, 17, 270.	2.2	21
7	Cardiometabolic risk in young adults from northern Mexico: Revisiting body mass index and waist-circumference as predictors. <i>BMC Public Health</i> , 2016, 16, 236.	1.2	19
8	Food Selectivity and Its Implications Associated with Gastrointestinal Disorders in Children with Autism Spectrum Disorders. <i>Nutrients</i> , 2022, 14, 2660.	1.7	18
9	Effects of single sessions of low-intensity continuous and moderate-intensity intermittent exercise on blood lipids in the same endurance runners. <i>Journal of Science and Medicine in Sport</i> , 2009, 12, 323-331.	0.6	15
10	Chronic Effect of Fatmax Training on Body Weight, Fat Mass, and Cardiorespiratory Fitness in Obese Subjects: A Meta-Analysis of Randomized Clinical Trials. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7888.	1.2	13
11	Yoga, bioenergetics and eating behaviors: A conceptual review. <i>International Journal of Yoga</i> , 2015, 8, 89.	0.4	13
12	PREVALENCE OF METABOLIC SYNDROME IN YOUNG MEXICANS: A SENSITIVITY ANALYSIS ON ITS COMPONENTS. <i>Nutricion Hospitalaria</i> , 2015, 32, 189-95.	0.2	10
13	Body Image Satisfaction as a Physical Activity Indicator in University Students. <i>American Journal of Health Behavior</i> , 2017, 41, 599-607.	0.6	9
14	Systematic Physical Exercise and <i>Spirulina maxima</i> Supplementation Improve Body Composition, Cardiorespiratory Fitness, and Blood Lipid Profile: Correlations of a Randomized Double-Blind Controlled Trial. <i>Antioxidants</i> , 2019, 8, 507.	2.2	9
15	Gender- and hydration- associated differences in the physiological response to spinning. <i>Nutricion Hospitalaria</i> , 2014, 29, 644-51.	0.2	9
16	Biomarkers and genetic polymorphisms associated with maximal fat oxidation during physical exercise: implications for metabolic health and sports performance. <i>European Journal of Applied Physiology</i> , 2022, 122, 1773-1795.	1.2	9
17	Design and validation of a self-administered test to assess bullying (bull-M) in high school Mexicans: a pilot study. <i>BMC Public Health</i> , 2013, 13, 334.	1.2	8
18	Metabolomic (anthropometric and biochemical) indexes and metabolic syndrome in adolescents and young adults with intellectual disabilities. <i>Research in Developmental Disabilities</i> , 2014, 35, 2987-2992.	1.2	7

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19	Ripening of <i>Pithecellobium dulce</i> (Roxb.) Benth. [Guam [®] chil] Fruit: Physicochemical, Chemical and Antioxidant Changes. <i>Plant Foods for Human Nutrition</i> , 2016, 71, 396-401.	1.4	7
20	Effect of Mindfulness on the Stress [®] Recovery Balance in Professional Soccer Players during the Competitive Season. <i>Sustainability</i> , 2020, 12, 7091.	1.6	7
21	THE BODY SHAPE AS BODY IMAGE DETERMINANT IN UNIVERSITY STUDENTS. <i>Nutricion Hospitalaria</i> , 2017, 34, 1112-1118.	0.2	7
22	Double-blind randomised controlled trial of the independent and synergistic effect of <i>Spirulina maxima</i> with exercise (ISESE) on general fitness, lipid profile and redox status in overweight and obese subjects: study protocol. <i>BMJ Open</i> , 2017, 7, e013744.	0.8	5
23	Selected Physiological Effects of a <i>Garcinia Gummi-Gutta</i> Extract in Rats Fed with Different Hypercaloric Diets. <i>Nutrients</i> , 2018, 10, 565.	1.7	5
24	Exercise Fat Oxidation Is Positively Associated with Body Fatness in Men with Obesity: Defying the Metabolic Flexibility Paradigm. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 6945.	1.2	5
25	Abdominal obesity is strongly associated to blood pressure in young Mexicans. <i>Nutricion Hospitalaria</i> , 2017, 34, 357.	0.2	4
26	Plethysmographic and anthropometric validation of a 3D body image digitizer to determine body dimensions. <i>International Journal of Industrial Ergonomics</i> , 2018, 67, 1-5.	1.5	4
27	Acute physiological response to indoor cycling with and without hydration; case and self-control study. <i>Nutricion Hospitalaria</i> , 2013, 28, 1487-93.	0.2	4
28	Hatha yoga program determinants on cardiovascular health in adult and physically active women. <i>Journal of Yoga & Physical Therapy</i> , 2011, 01, .	0.1	4
29	Prevalence of bullying by gender and education in a city with high violence and migration in Mexico. <i>Revista Panamericana De Salud Publica/Pan American Journal of Public Health</i> , 2017, 41, e37.	0.6	3
30	Effectiveness of Electro-stimulation as a Treatment for Bell's Palsy: An Update Review. <i>Journal of Novel Physiotherapies</i> , 2015, 05, .	0.1	2
31	Body Shape, Image, and Composition as Predictors of Athlete [™] s Performance. , 2016, , .		2
32	Determinación de la intensidad y el gasto calórico de la actividad física durante el recreo escolar en niños y niñas de nivel primaria. <i>E-Motion Revista De Educación Motricidad E Investigación</i> , 2017, , 19.	0.0	2
33	Anthropometric Equations to Determine Maximum Height in Adults \geq 60 Years: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 5072.	1.2	2
34	Association Among Different Aerobic Threshold Markers and FATmax in Men With Obesity. <i>Research Quarterly for Exercise and Sport</i> , 2023, 94, 861-868.	0.8	2
35	Uso del mindfulness sobre indicadores de estrés en deportistas durante la etapa competitiva: Revisión sistemática. <i>Revista Ciencias De La Actividad Física</i> , 2020, 21, 1-13.	0.2	1
36	Effect of Exercise and/or <i>Spirulina maxima</i> On Body Composition In Overweight/Obese Humans. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 215.	0.2	0

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37	Systematic Validation of a Self-Administered Questionnaire to Assess Bullying: from Elementary School to College and by Sex. <i>Revista Electronica De Investigacion Educativa</i> , 2018, 20, 26.	0.4	0
38	EFFECTO DEL EJERCICIO AGUDO SOBRE LA FILTRACIÃ“N GLOMERULAR DE ADULTOS MAYORES. <i>Revista Internacional De Medicina Y Ciencias De La Actividad Fisica Y Del Deporte</i> , 2020, 20, 289-298.	0.1	0