

Germán Vicente-Rodríguez

List of Publications by Year in descending order

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Version: 2024-02-01

234
papers

9,402
citations

38660

50
h-index

53109

85
g-index

252
all docs

252
docs citations

252
times ranked

8993
citing authors

#	ARTICLE	IF	CITATIONS
1	Validity and reliability of the International fitness scale (IFIS) in preschool children. <i>European Journal of Sport Science</i> , 2023, 23, 818-828.	1.4	4
2	Does nutritional status influence the effects of a multicomponent exercise programme on body composition and physical fitness in older adults with limited physical function?. <i>European Journal of Sport Science</i> , 2023, 23, 1375-1384.	1.4	1
3	Acute effects of long-distance races on heart rate variability and arterial stiffness: A systematic review and meta-analysis. <i>Journal of Sports Sciences</i> , 2022, 40, 248-270.	1.0	3
4	Active Video Games Improve Muscular Fitness and Motor Skills in Children with Overweight or Obesity. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 2642.	1.2	12
5	The medium-term consequences of a COVID-19 lockdown on lifestyle among Spanish older people with hypertension, pulmonary disease, cardiovascular disease, musculoskeletal disease, depression, and cancer. <i>Epidemiology and Health</i> , 2022, 44, e2022026.	0.8	2
6	New Evidence on Regucalcin, Body Composition, and Walking Ability Adaptations to Multicomponent Exercise Training in Functionally Limited and Frail Older Adults. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 363.	1.2	0
7	Effects of an online home-based exercise intervention on breast cancer survivors during COVID-19 lockdown: a feasibility study. <i>Supportive Care in Cancer</i> , 2022, 30, 6287-6297.	1.0	18
8	Effect of an Active Video Game Intervention Combined With Multicomponent Exercise for Cardiorespiratory Fitness in Children With Overweight and Obesity: Randomized Controlled Trial. <i>JMIR Serious Games</i> , 2022, 10, e33782.	1.7	2
9	Physical Activity Adherence Related to Body Composition and Physical Fitness in Spanish Older Adults: 8 Years-Longitudinal EXERNET-Study. <i>Frontiers in Psychology</i> , 2022, 13, 858312.	1.1	0
10	Psychosocial factors related to physical activity in frail and prefrail elderly people. <i>BMC Geriatrics</i> , 2022, 22, 407.	1.1	0
11	Prevalence of Metabolic Syndrome and Association with Physical Activity and Frailty Status in Spanish Older Adults with Decreased Functional Capacity: A Cross-Sectional Study. <i>Nutrients</i> , 2022, 14, 2302.	1.7	10
12	Frailty and Physical Fitness in Elderly People: A Systematic Review and Meta-analysis. <i>Sports Medicine</i> , 2021, 51, 143-160.	3.1	49
13	Validity of the Polar H7 Heart Rate Sensor for Heart Rate Variability Analysis during Exercise in Different Age, Body Composition and Fitness Level Groups. <i>Sensors</i> , 2021, 21, 902.	2.1	31
14	“Fat but powerful” paradox: association of muscle power and adiposity markers with all-cause mortality in older adults from the EXERNET multicentre study. <i>British Journal of Sports Medicine</i> , 2021, 55, 1204-1211.	3.1	17
15	Associations between Daily Movement Distribution, Bone Structure, Falls, and Fractures in Older Adults: A Compositional Data Analysis Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3757.	1.2	4
16	Functional Frailty, Dietary Intake, and Risk of Malnutrition. Are Nutrients Involved in Muscle Synthesis the Key for Frailty Prevention?. <i>Nutrients</i> , 2021, 13, 1231.	1.7	17
17	Effects of Active Video Games on Health-Related Physical Fitness and Motor Competence in Children and Adolescents With Overweight or Obesity: Systematic Review and Meta-Analysis. <i>JMIR Serious Games</i> , 2021, 9, e29981.	1.7	11
18	Impact of the Home Confinement Related to COVID-19 on the Device-Assessed Physical Activity and Sedentary Patterns of Spanish Older Adults. <i>BioMed Research International</i> , 2021, 2021, 1-8.	0.9	11

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19	25-Hydroxyvitamin D and Cardiorespiratory Fitness in Prepubertal Overweight and Obese Children. <i>Nutrients</i> , 2021, 13, 1597.	1.7	3
20	The Effects of Active Video Games on Health-Related Physical Fitness and Motor Competence in Children and Adolescents with Healthy Weight: A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 6965.	1.2	6
21	Fitness vs Fatness as Determinants of Survival in Noninstitutionalized Older Adults: The EXERNET Multicenter Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021, , .	1.7	2
22	How important is current physical fitness for future quality of life? Results from an 8-year longitudinal study on older adults. <i>Experimental Gerontology</i> , 2021, 149, 111301.	1.2	5
23	Changes in Health Behaviors, Mental and Physical Health among Older Adults under Severe Lockdown Restrictions during the COVID-19 Pandemic in Spain. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7067.	1.2	53
24	Fat Fit Patterns, Drug Consumption, and Polypharmacy in Older Adults: The EXERNET Multi-Center Study. <i>Nutrients</i> , 2021, 13, 2872.	1.7	1
25	ECG Ventricular Repolarization Dynamics during Exercise: Temporal Profile, Relation to Heart Rate Variability and Effects of Age and Physical Health. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 9497.	1.2	3
26	Effects of uphill high-intensity interval exercise on muscle damage and exercise performance during recovery. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021, 61, 1258-1266.	0.4	0
27	Does Acute Caffeine Supplementation Improve Physical Performance in Female Team-Sport Athletes? Evidence from a Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2021, 13, 3663.	1.7	20
28	Prevalence of severe/morbid obesity and other weight status and anthropometric reference standards in Spanish preschool children: The PREFIT project. <i>Pediatric Research</i> , 2020, 87, 501-510.	1.1	10
29	Validity and reliability of an optoelectronic system to measure movement velocity during bench press and half squat in a Smith machine. <i>Proceedings of the Institution of Mechanical Engineers, Part P: Journal of Sports Engineering and Technology</i> , 2020, 234, 88-97.	0.4	1
30	Role of Dietary Intake and Serum 25(OH)D on the Effects of a Multicomponent Exercise Program on Bone Mass and Structure of Frail and Pre-Frail Older Adults. <i>Nutrients</i> , 2020, 12, 3016.	1.7	3
31	Heart Rate Variability and Exceptional Longevity. <i>Frontiers in Physiology</i> , 2020, 11, 566399.	1.3	21
32	Associations between Physical Fitness, Bone Mass, and Structure in Older People. <i>BioMed Research International</i> , 2020, 2020, 1-8.	0.9	12
33	Assessment of Active Video Games™ Energy Expenditure in Children with Overweight and Obesity and Differences by Gender. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6714.	1.2	18
34	How to Improve the Functional Capacity of Frail and Pre-Frail Elderly People? Health, Nutritional Status and Exercise Intervention. The EXERNET-Elder 3.0 Project. <i>Sustainability</i> , 2020, 12, 6246.	1.6	18
35	Nonspecific Resistance Training and Swimming Performance. <i>Journal of Strength and Conditioning Research</i> , 2020, Publish Ahead of Print, .	1.0	5
36	Low interest in physical activity and higher rates of obesity among rural teachers. <i>Work</i> , 2020, 67, 1015-1022.	0.6	11

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37	Effects of a Multicomponent Exercise Program, a Detraining Period and Dietary Intake Prediction of Body Composition of Frail and Pre-Frail Older Adults from the EXERNET Elder 3.0 Study. Sustainability, 2020, 12, 9894.	1.6	5
38	The Effects of Age, Organized Physical Activity and Sedentarism on Fitness in Older Adults: An 8-Year Longitudinal Study. International Journal of Environmental Research and Public Health, 2020, 17, 4312.	1.2	18
39	The relative age effect on physical fitness in preschool children. Journal of Sports Sciences, 2020, 38, 1506-1515.	1.0	17
40	Association Between Physical Fitness and Bone Strength and Structure in 3- to 5-Year-Old Children. Sports Health, 2020, 12, 431-440.	1.3	17
41	Effects of whole-body vibration training on bone density and turnover markers in adolescent swimmers. Journal of Pediatric Endocrinology and Metabolism, 2020, 33, 623-630.	0.4	5
42	Effects of a 75-km mountain ultra-marathon on heart rate variability in amateur runners. Journal of Sports Medicine and Physical Fitness, 2020, 60, 1401-1407.	0.4	4
43	Long-Term Effects of Whole-Body Vibration in Trained Adolescent Swimmers: Does It Increase Strength, Power, and Swimming Performance?. International Journal of Sports Physiology and Performance, 2020, 15, 416-422.	1.1	2
44	Diet as a moderator in the association of sedentary behaviors with inflammatory biomarkers among adolescents in the HELENA study. European Journal of Nutrition, 2019, 58, 2051-2065.	1.8	17
45	Influence of different playing surfaces on bone mass accretion in male adolescent football players: A one-season study. Proceedings of the Institution of Mechanical Engineers, Part P: Journal of Sports Engineering and Technology, 2019, 233, 536-547.	0.4	0
46	Do physical activity and screen time mediate the association between European fathers' and their children's weight status? Cross-sectional data from the Feel4Diabetes-study. International Journal of Behavioral Nutrition and Physical Activity, 2019, 16, 100.	2.0	8
47	Physical Exercise. , 2019, , 24-24.		0
48	May Young Elite Cyclists Have Less Efficient Bone Metabolism?. Nutrients, 2019, 11, 1178.	1.7	3
49	Is Sitting Time Related with Physical Fitness in Spanish Elderly Population? The Exernet Multicenter Study. Journal of Nutrition, Health and Aging, 2019, 23, 401-407.	1.5	9
50	The muscle-bone unit in adolescent swimmers. Osteoporosis International, 2019, 30, 1079-1088.	1.3	9
51	Associations of dietary energy density with body composition and cardiometabolic risk in children with overweight and obesity: role of energy density calculations, under-reporting energy intake and physical activity. British Journal of Nutrition, 2019, 121, 1057-1068.	1.2	9
52	Swim-Specific Resistance Training: A Systematic Review. Journal of Strength and Conditioning Research, 2019, 33, 2875-2881.	1.0	20
53	Accurate Prediction Equation to Assess Body Fat in Male and Female Adolescent Football Players. International Journal of Sport Nutrition and Exercise Metabolism, 2019, 29, 297-302.	1.0	14
54	Higher socioeconomic status is related to healthier levels of fatness and fitness already at 3 to 5 years of age: The PREFIT project. Journal of Sports Sciences, 2019, 37, 1327-1337.	1.0	18

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55	Frequency and duration of vigorous physical activity bouts are associated with adolescent boys' bone mineral status: A cross-sectional study. <i>Bone</i> , 2019, 120, 141-147.	1.4	17
56	Physical fitness reference standards for preschool children: The PREFIT project. <i>Journal of Science and Medicine in Sport</i> , 2019, 22, 430-437.	0.6	61
57	How do energy balance-related behaviors cluster in adolescents?. <i>International Journal of Public Health</i> , 2019, 64, 195-208.	1.0	9
58	Physical Fitness. <i>Springer Series on Epidemiology and Public Health</i> , 2019, , 277-289.	0.5	0
59	Diet quality index as a predictor of treatment efficacy in overweight and obese adolescents: The EVASYON study. <i>Clinical Nutrition</i> , 2019, 38, 782-790.	2.3	11
60	Is Playing Soccer More Osteogenic for Females Before the Pubertal Spurt?. <i>Journal of Human Kinetics</i> , 2019, 67, 153-161.	0.7	3
61	Agreement of body composition methods in elite male football referees. <i>Revista Andaluza De Medicina Del Deporte</i> , 2019, 12, 230-234.	0.1	1
62	Plantar pressures in male adolescent soccer players and its associations with bone geometry and strength. <i>Journal of Sports Medicine and Physical Fitness</i> , 2019, 59, 1716-1723.	0.4	0
63	Swimming and peak bone mineral density: A systematic review and meta-analysis. <i>Journal of Sports Sciences</i> , 2018, 36, 1-13.	1.0	24
64	Mediterranean diet, diet quality, and bone mineral content in adolescents: the HELENA study. <i>Osteoporosis International</i> , 2018, 29, 1329-1340.	1.3	11
65	Effects of Whole Body Vibration on Tibia Strength and Structure of Competitive Adolescent Swimmers: A Randomized Controlled Trial. <i>PM and R</i> , 2018, 10, 889-897.	0.9	5
66	Bone metabolism markers and vitamin D in adolescent cyclists. <i>Archives of Osteoporosis</i> , 2018, 13, 11.	1.0	3
67	Soccer helps build strong bones during growth: a systematic review and meta-analysis. <i>European Journal of Pediatrics</i> , 2018, 177, 295-310.	1.3	32
68	Inflammation in metabolically healthy and metabolically abnormal adolescents: The HELENA study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2018, 28, 77-83.	1.1	25
69	Correlates of ideal cardiovascular health in European adolescents: The HELENA study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2018, 28, 187-194.	1.1	20
70	Do dietary patterns determine levels of vitamin B 6 , folate, and vitamin B 12 intake and corresponding biomarkers in European adolescents? The Healthy Lifestyle in Europe by Nutrition in Adolescence (HELENA) study. <i>Nutrition</i> , 2018, 50, 8-17.	1.1	4
71	Is Vibration Training Good for Your Bones? An Overview of Systematic Reviews. <i>BioMed Research International</i> , 2018, 2018, 1-16.	0.9	16
72	Vigorous physical activity patterns affect bone growth during early puberty in boys. <i>Osteoporosis International</i> , 2018, 29, 2693-2701.	1.3	12

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73	Grip strength cutpoints for youth based on a clinically relevant bone health outcome. Archives of Osteoporosis, 2018, 13, 92.	1.0	34
74	Bone geometry in young male and female football players: a peripheral quantitative computed tomography (pQCT) study. Archives of Osteoporosis, 2018, 13, 57.	1.0	7
75	Percentage of body fat in adolescents with Down syndrome: Estimation from skinfolds. Disability and Health Journal, 2017, 10, 100-104.	1.6	11
76	Bone Structure and Geometric Properties at the Radius and Tibia in Adolescent Endurance-Trained Cyclists. Clinical Journal of Sport Medicine, 2017, 27, 69-77.	0.9	8
77	Plyometric exercise and bone health in children and adolescents: a systematic review. World Journal of Pediatrics, 2017, 13, 112-121.	0.8	72
78	Assessing Fat Mass of Adolescent Swimmers Using Anthropometric Equations: A DXA Validation Study. Research Quarterly for Exercise and Sport, 2017, 88, 230-236.	0.8	5
79	Dietary sources and sociodemographic and lifestyle factors affecting vitamin D and calcium intakes in European adolescents: the Healthy Lifestyle in Europe by Nutrition in Adolescence (HELENA) Study. Public Health Nutrition, 2017, 20, 1593-1601.	1.1	6
80	Relationship between Vitamin D Levels and Bone Tissue in Adolescents with and without Down Syndrome. Journal of Developmental and Physical Disabilities, 2017, 29, 611-624.	1.0	0
81	Ideal cardiovascular health and inflammation in European adolescents: The HELENA study. Nutrition, Metabolism and Cardiovascular Diseases, 2017, 27, 447-455.	1.1	20
82	Physical activity and bone mineral density at the femoral neck subregions in adolescents with Down syndrome. Journal of Pediatric Endocrinology and Metabolism, 2017, 30, 1075-1082.	0.4	5
83	Do 6 months of whole-body vibration training improve lean mass and bone mass acquisition of adolescent swimmers?. Archives of Osteoporosis, 2017, 12, 69.	1.0	14
84	Estabilización en la prevalencia de niveles de sobrepeso y obesidad de la población infantil española. Revista Española De Cardiología, 2017, 70, 629-630.	0.6	0
85	Stabilization in the Prevalence of Overweight and Obesity in Spanish Children and Young Adolescents. Revista Española De Cardiología (English Ed), 2017, 70, 629-630.	0.4	0
86	25-hydroxyvitamin D is differentially associated with calcium intakes of Northern, Central, and Southern European adolescents: Results from the HELENA study. Nutrition, 2017, 36, 22-25.	1.1	4
87	Longitudinal effects of swimming on bone in adolescents: a pQCT and DXA study. Biology of Sport, 2017, 34, 361-370.	1.7	4
88	Relationship between school rhythm and physical activity in adolescents: the HELENA study. Journal of Sports Sciences, 2017, 35, 1666-1673.	1.0	10
89	Body fat percentage comparisons between four methods in young football players: are they comparable?. Nutricion Hospitalaria, 2017, 34, 1119-1124.	0.2	15
90	Hand span influences optimal grip span in adolescents with Down syndrome. Nutricion Hospitalaria, 2017, 34, 626.	0.2	3

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91	Blood and Urinary Abnormalities Induced During and After 24-Hour Continuous Running. <i>Clinical Journal of Sport Medicine</i> , 2016, 26, e100-e102.	0.9	5
92	Comparison of anthropometric measurements of adiposity in relation to cancer risk: a systematic review of prospective studies. <i>Cancer Causes and Control</i> , 2016, 27, 291-300.	0.8	32
93	Higher bone mass in prepubertal and peripubertal female footballers. <i>European Journal of Sport Science</i> , 2016, 16, 877-883.	1.4	12
94	Body fat in elite Spanish football referees and assistants: A 1-year follow-up study. <i>Apunts Medicine De L'Esport</i> , 2016, 51, 21-26.	0.5	6
95	Swimming and bone: Is low bone mass due to hypogravity alone or does other physical activity influence it?. <i>Osteoporosis International</i> , 2016, 27, 1785-1793.	1.3	18
96	Bone structure of adolescent swimmers; a peripheral quantitative computed tomography (pQCT) study. <i>Journal of Science and Medicine in Sport</i> , 2016, 19, 707-712.	0.6	9
97	Physical Activity Is Associated with Attention Capacity in Adolescents. <i>Journal of Pediatrics</i> , 2016, 168, 126-131.e2.	0.9	65
98	The Effect of Swimming During Childhood and Adolescence on Bone Mineral Density: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2016, 46, 365-379.	3.1	62
99	Effect of whole-body vibration training on bone mass in adolescents with and without Down syndrome: a randomized controlled trial. <i>Osteoporosis International</i> , 2016, 27, 181-191.	1.3	15
100	Comparison of different approaches to calculate nutrient intakes based upon 24-h recall data derived from a multicenter study in European adolescents. <i>European Journal of Nutrition</i> , 2016, 55, 537-545.	1.8	29
101	Factors affecting children and adolescents 50 meter performance in freestyle swimming. <i>Journal of Sports Medicine and Physical Fitness</i> , 2016, 56, 1439-1447.	0.4	1
102	Impact of Physical Activity and Cardiovascular Fitness on Total Homocysteine Concentrations in European Adolescents: The HELENA Study. <i>Journal of Nutritional Science and Vitaminology</i> , 2015, 61, 45-54.	0.2	5
103	Influences of Physical Fitness on Bone Mass in Women With Fibromyalgia. <i>Adapted Physical Activity Quarterly</i> , 2015, 32, 125-136.	0.6	5
104	Combined effects of interaction between physical activity and nutrition on bone health in children and adolescents: a systematic review. <i>Nutrition Reviews</i> , 2015, 73, 127-139.	2.6	54
105	Application of a model based on dual-energy X-ray absorptiometry and finite element simulation for predicting the probability of osteoporotic hip fractures to a sample of people over 60 years. <i>Proceedings of the Institution of Mechanical Engineers, Part H: Journal of Engineering in Medicine</i> , 2015, 229, 369-385.	1.0	2
106	Dietary animal and plant protein intakes and their associations with obesity and cardio-metabolic indicators in European adolescents: the HELENA cross-sectional study. <i>Nutrition Journal</i> , 2015, 14, 10.	1.5	55
107	The effects of swimming training on bone tissue in adolescence. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2015, 25, e589-602.	1.3	32
108	Effect of whole body vibration training on bone mineral density and bone quality in adolescents with Down syndrome: a randomized controlled trial. <i>Osteoporosis International</i> , 2015, 26, 2449-2459.	1.3	26

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109	Cardiorespiratory fitness and ideal cardiovascular health in European adolescents. <i>Heart</i> , 2015, 101, 766-773.	1.2	79
110	Nutrition and Lifestyle in European Adolescents: The HELENA (Healthy Lifestyle in Europe by Nutrition) Tj ETQq0 0 0 rgBT /Overlock 10 T	2.9	142
111	Influence of Hard vs. Soft Ground Surfaces on Bone Accretion in Prepubertal Footballers. <i>International Journal of Sports Medicine</i> , 2014, 35, 55-61.	0.8	6
112	Influence of parental socio-economic status on diet quality of European adolescents: results from the HELENA study. <i>British Journal of Nutrition</i> , 2014, 111, 1303-1312.	1.2	44
113	Effect of Whole-Body Vibration Therapy on Health-Related Physical Fitness in Children and Adolescents With Disabilities: A Systematic Review. <i>Journal of Adolescent Health</i> , 2014, 54, 385-396.	1.2	50
114	Physical fitness, overweight and the risk of eating disorders in adolescents. The <scp>AVENA</scp> and <scp>AFINOS</scp> studies. <i>Pediatric Obesity</i> , 2014, 9, 1-9.	1.4	23
115	Health Inequalities in Urban Adolescents: Role of Physical Activity, Diet, and Genetics. <i>Pediatrics</i> , 2014, 133, e884-e895.	1.0	34
116	Characteristics of extracurricular physical activity and cognitive performance in adolescents. The AVENA study. <i>Journal of Sports Sciences</i> , 2014, 32, 1596-1603.	1.0	11
117	Effects of a short-term whole body vibration intervention on bone mass and structure in elderly people. <i>Journal of Science and Medicine in Sport</i> , 2014, 17, 160-164.	0.6	42
118	More Physically Active and Leaner Adolescents Have Higher Energy Intake. <i>Journal of Pediatrics</i> , 2014, 164, 159-166.e2.	0.9	25
119	Swimming training repercussion on metabolic and structural bone development; benefits of the incorporation of whole body vibration or pilometric training; the RENACIMIENTO project. <i>Nutricion Hospitalaria</i> , 2014, 30, 399-409.	0.2	19
120	Cortical and trabecular bone at the radius and tibia in male and female adolescents with Down syndrome: a peripheral quantitative computed tomography (pQCT) study. <i>Osteoporosis International</i> , 2013, 24, 1035-1044.	1.3	29
121	Sedentary behaviour and clustered metabolic risk in adolescents: The HELENA study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2013, 23, 1017-1024.	1.1	26
122	Decreased levels of physical activity in adolescents with down syndrome are related with low bone mineral density: a cross-sectional study. <i>BMC Endocrine Disorders</i> , 2013, 13, 22.	0.9	29
123	Seasonal variation in physical activity and sedentary time in different European regions. The HELENA study. <i>Journal of Sports Sciences</i> , 2013, 31, 1831-1840.	1.0	57
124	Lunch at school, at home or elsewhere. Where do adolescents usually get it and what do they eat? Results of the HELENA Study. <i>Appetite</i> , 2013, 71, 332-339.	1.8	19
125	A favorable built environment is associated with better physical fitness in European adolescents. <i>Preventive Medicine</i> , 2013, 57, 844-849.	1.6	32
126	Associations of Dietary Calcium, Vitamin D, Milk Intakes, and 25-Hydroxyvitamin D With Bone Mass in Spanish Adolescents: The HELENA Study. <i>Journal of Clinical Densitometry</i> , 2013, 16, 110-117.	0.5	40

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127	Effects of a short-term whole body vibration intervention on physical fitness in elderly people. <i>Maturitas</i> , 2013, 74, 276-278.	1.0	26
128	Clustering of Multiple Lifestyle Behaviors and Health-related Fitness in European Adolescents. <i>Journal of Nutrition Education and Behavior</i> , 2013, 45, 549-557.	0.3	45
129	Validation of anthropometry and foot-to-foot bioelectrical resistance against a three-component model to assess total body fat in children: the IDEFICS study. <i>International Journal of Obesity</i> , 2013, 37, 520-526.	1.6	14
130	Effects of whole body vibration training on body composition in adolescents with Down syndrome. <i>Research in Developmental Disabilities</i> , 2013, 34, 1426-1433.	1.2	33
131	Fat mass influence on bone mass is mediated by the independent association between lean mass and bone mass among elderly women: A cross-sectional study. <i>Maturitas</i> , 2013, 74, 44-53.	1.0	13
132	Is Bone Tissue Really Affected by Swimming? A Systematic Review. <i>PLoS ONE</i> , 2013, 8, e70119.	1.1	99
133	Effect of endurance and resistance training on regional fat mass and lipid profile. <i>Nutricion Hospitalaria</i> , 2013, 28, 340-6.	0.2	17
134	Do calcium and vitamin D intake influence the effect of cycling on bone mass through adolescence?. <i>Nutricion Hospitalaria</i> , 2013, 28, 1136-9.	0.2	8
135	Effects of a short-term whole body vibration intervention on lean mass in elderly people. <i>Nutricion Hospitalaria</i> , 2013, 28, 1255-8.	0.2	8
136	Physical activity and cardiorespiratory fitness in adolescents with Down syndrome. <i>Nutricion Hospitalaria</i> , 2013, 28, 1151-5.	0.2	24
137	Inter-methods agreement for the assessment of percentage of body fat between two laboratory methods in male adolescent cyclists. <i>Nutricion Hospitalaria</i> , 2013, 28, 1049-52.	0.2	5
138	The nutritional status in adolescent Spanish cyclists. <i>Nutricion Hospitalaria</i> , 2013, 28, 1184-9.	0.2	8
139	Iron and vitamin status biomarkers and its association with physical fitness in adolescents: the HELENA study. <i>Journal of Applied Physiology</i> , 2012, 113, 566-573.	1.2	22
140	Reliability and validity of a screen time-based sedentary behaviour questionnaire for adolescents: The HELENA study. <i>European Journal of Public Health</i> , 2012, 22, 373-377.	0.1	99
141	European adolescents' level of perceived stress and its relationship with body adiposity: The HELENA Study. <i>European Journal of Public Health</i> , 2012, 22, 519-524.	0.1	25
142	Validity of hip-mounted uniaxial accelerometry with heart-rate monitoring vs. triaxial accelerometry in the assessment of free-living energy expenditure in young children: the IDEFICS Validation Study. <i>Journal of Applied Physiology</i> , 2012, 113, 1530-1536.	1.2	26
143	Reliability and Intermethod Agreement for Body Fat Assessment Among Two Field and Two Laboratory Methods in Adolescents. <i>Obesity</i> , 2012, 20, 221-228.	1.5	52
144	Vitamin D status and physical activity interact to improve bone mass in adolescents. The HELENA Study. <i>Osteoporosis International</i> , 2012, 23, 2227-2237.	1.3	35

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145	Mejoras de la condición cardiorrespiratoria en jóvenes con síndrome de Down mediante entrenamiento aeróbico: estudio longitudinal. <i>Apunts Medicine De L'Esport</i> , 2012, 47, 49-54.	0.5	2
146	Ciclisme i salut física de l'adolescent. <i>Apunts Medicine De L'Esport</i> , 2012, 47, 169.	0.5	1
147	A 21-week bone deposition promoting exercise programme increases bone mass in young people with Down syndrome. <i>Developmental Medicine and Child Neurology</i> , 2012, 54, 552-556.	1.1	51
148	Physical fitness levels among independent non-institutionalized Spanish elderly: The elderly EXERNET multi-center study. <i>Archives of Gerontology and Geriatrics</i> , 2012, 55, 406-416.	1.4	64
149	Whole-body vibration increases upper and lower body muscle activity in older adults: Potential use of vibration accessories. <i>Journal of Electromyography and Kinesiology</i> , 2012, 22, 456-462.	0.7	33
150	Eating Habits and Total and Abdominal Fat in Spanish Adolescents: Influence of Physical Activity. The AVENA Study. <i>Journal of Adolescent Health</i> , 2012, 50, 403-409.	1.2	24
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