

Cindy M Gray

List of Publications by Year in descending order

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Version: 2024-02-01

64
papers

1,943
citations

304743

22
h-index

265206

42
g-index

65
all docs

65
docs citations

65
times ranked

2582
citing authors

#	ARTICLE	IF	CITATIONS
1	A gender-sensitised weight loss and healthy living programme for overweight and obese men delivered by Scottish Premier League football clubs (FFIT): a pragmatic randomised controlled trial. <i>Lancet</i> , The, 2014, 383, 1211-1221.	13.7	308
2	Interventions with potential to reduce sedentary time in adults: systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2015, 49, 1056-1063.	6.7	254
3	Football Fans in Training: the development and optimization of an intervention delivered through professional sports clubs to help men lose weight, become more active and adopt healthier eating habits. <i>BMC Public Health</i> , 2013, 13, 232.	2.9	120
4	Evaluating the Impact of Physical Activity Apps and Wearables: Interdisciplinary Review. <i>JMIR MHealth and UHealth</i> , 2018, 6, e58.	3.7	90
5	“You've got to walk before you run”: Positive evaluations of a walking program as part of a gender-sensitized, weight-management program delivered to men through professional football clubs. <i>Health Psychology</i> , 2013, 32, 57-65.	1.6	82
6	Do weight management programmes delivered at professional football clubs attract and engage high risk men? A mixed-methods study. <i>BMC Public Health</i> , 2014, 14, 50.	2.9	80
7	Words matter: a qualitative investigation of which weight status terms are acceptable and motivate weight loss when used by health professionals. <i>BMC Public Health</i> , 2011, 11, 513.	2.9	66
8	Football Fans in Training (FFIT): a randomised controlled trial of a gender-sensitised weight loss and healthy living programme for men – end of study report. <i>Public Health Research</i> , 2015, 3, 1-130.	1.3	64
9	The effect of a programme to improve men’s sedentary time and physical activity: The European Fans in Training (EuroFIT) randomised controlled trial. <i>PLoS Medicine</i> , 2019, 16, e1002736.	8.4	61
10	“Coz football is what we all have”: masculinities, practice, performance and effervescence in a gender-sensitised weight loss and healthy living programme for men. <i>Sociology of Health and Illness</i> , 2016, 38, 812-828.	2.1	58
11	Experiences of type 2 diabetes in sub-Saharan Africa: a scoping review. <i>Global Health Research and Policy</i> , 2018, 3, 25.	3.6	44
12	Weight management for overweight and obese men delivered through professional football clubs: a pilot randomized trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 121.	4.6	42
13	Addressing male obesity: an evaluation of a group-based weight management intervention for Scottish men. <i>Journal of Men's Health</i> , 2009, 6, 70-81.	0.3	41
14	Arts-based approaches to promoting health in sub-Saharan Africa: a scoping review. <i>BMJ Global Health</i> , 2020, 5, e001987.	4.7	33
15	Hockey Fans in Training. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 2506-2516.	0.4	32
16	Group-based healthy lifestyle workplace interventions for shift workers: a systematic review. <i>Scandinavian Journal of Work, Environment and Health</i> , 2018, 44, 568-584.	3.4	32
17	Study protocol of European Fans in Training (EuroFIT): a four-country randomised controlled trial of a lifestyle program for men delivered in elite football clubs. <i>BMC Public Health</i> , 2016, 16, 598.	2.9	31
18	Long-term weight loss trajectories following participation in a randomised controlled trial of a weight management programme for men delivered through professional football clubs: a longitudinal cohort study and economic evaluation. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018, 15, 60.	4.6	30

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19	Increasing physical activity in older adults using STARFISH, an interactive smartphone application (app); a pilot study. <i>Journal of Rehabilitation and Assistive Technologies Engineering</i> , 2017, 4, 205566831769623.	0.9	28
20	What Do Older People Do When Sitting and Why? Implications for Decreasing Sedentary Behavior. <i>Gerontologist</i> , The, 2019, 59, 686-697.	3.9	26
21	Does Self-Determination Theory help explain the impact of social prescribing? A qualitative analysis of patients' experiences of the Glasgow "Deep-End" Community Links Worker Intervention. <i>Chronic Illness</i> , 2021, 17, 173-188.	1.5	25
22	Scale-Up and Scale-Out of a Gender-Sensitized Weight Management and Healthy Living Program Delivered to Overweight Men via Professional Sports Clubs: The Wider Implementation of Football Fans in Training (FFIT). <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 584.	2.6	25
23	Rugby Fans in Training New Zealand (RUFIT-NZ): a pilot randomized controlled trial of a healthy lifestyle program for overweight men delivered through professional rugby clubs in New Zealand. <i>BMC Public Health</i> , 2019, 19, 166.	2.9	24
24	Long-term weight loss following a randomised controlled trial of a weight management programme for men delivered through professional football clubs: the Football Fans in Training follow-up study. <i>Public Health Research</i> , 2018, 6, 1-114.	1.3	24
25	The Relationship Between Adult Attachment and Suicidal Thoughts and Behaviors: A Systematic Review. <i>Archives of Suicide Research</i> , 2021, 25, 38-73.	2.3	23
26	Protocol for a gender-sensitised weight loss and healthy living programme for overweight and obese men delivered in Australian football league settings (Aussie-FIT): A feasibility and pilot randomised controlled trial. <i>BMJ Open</i> , 2018, 8, e022663.	1.9	22
27	Game of Stones: feasibility randomised controlled trial of how to engage men with obesity in text message and incentive interventions for weight loss. <i>BMJ Open</i> , 2020, 10, e032653.	1.9	22
28	A gender-sensitised weight-loss and healthy living program for men with overweight and obesity in Australian Football League settings (Aussie-FIT): A pilot randomised controlled trial. <i>PLoS Medicine</i> , 2020, 17, e1003136.	8.4	22
29	Hockey Fans in Training (Hockey FIT) pilot study protocol: a gender-sensitized weight loss and healthy lifestyle program for overweight and obese male hockey fans. <i>BMC Public Health</i> , 2016, 16, 1096.	2.9	21
30	Effects of an Injected Placebo on Endurance Running Performance. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 1672-1681.	0.4	20
31	Antenatal physical activity: a qualitative study exploring women's experiences and the acceptability of antenatal walking groups. <i>BMC Pregnancy and Childbirth</i> , 2016, 16, 182.	2.4	15
32	Associations between experiences of disrupted attachments and suicidal thoughts and behaviours: An interpretative phenomenological analysis. <i>Social Science and Medicine</i> , 2019, 235, 112408.	3.8	15
33	Optimization of the Hockey Fans in Training (Hockey FIT) weight loss and healthy lifestyle program for male hockey fans. <i>BMC Public Health</i> , 2017, 17, 916.	2.9	14
34	Feasibility of a real-time self-monitoring device for sitting less and moving more: a randomised controlled trial. <i>BMJ Open Sport and Exercise Medicine</i> , 2017, 3, e000285.	2.9	13
35	Perceptions of Past Parenting and Adult Attachment as Vulnerability Factors for Suicidal Ideation in the Context of the Integrated Motivational-Volitional Model of Suicidal Behavior. <i>Suicide and Life-Threatening Behavior</i> , 2020, 50, 515-533.	1.9	11
36	Implementing ethics for a mobile app deployment. , 2016, , .		10

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37	Talking Mats: the effectiveness of a low technology communication framework to help people with dementia express their views. <i>Journal of Assistive Technologies</i> , 2007, 1, 30-34.	0.8	8
38	The use of Talking Mats to improve communication and quality of care for people with dementia. <i>Housing, Care and Support</i> , 2007, 10, 21-28.	0.7	8
39	Can professional football clubs deliver a weight management programme for women: a feasibility study. <i>BMC Public Health</i> , 2018, 18, 1330.	2.9	8
40	Adult attachment: Investigating the factor structure of the Relationship Scales Questionnaire. <i>Journal of Clinical Psychology</i> , 2019, 75, 2169-2187.	1.9	8
41	The Aussie-FIT process evaluation: feasibility and acceptability of a weight loss intervention for men, delivered in Australian Football League settings. <i>Psychology and Health</i> , 2022, 37, 470-489.	2.2	7
42	Sitting as a moral practice: Older adults's accounts from qualitative interviews on sedentary behaviours. <i>Sociology of Health and Illness</i> , 2021, 43, 2102-2120.	2.1	7
43	A physical activity intervention in a Bingo club: Significance of the setting. <i>Health Education Journal</i> , 2018, 77, 377-384.	1.2	6
44	Short term effects of a weight loss and healthy lifestyle programme for overweight and obese men delivered by German football clubs. <i>European Journal of Sport Science</i> , 2020, 20, 703-712.	2.7	6
45	Rugby Fans in Training New Zealand (RUFIT-NZ): protocol for a randomized controlled trial to assess the effectiveness and cost-effectiveness of a healthy lifestyle program for overweight men delivered through professional rugby clubs in New Zealand. <i>Trials</i> , 2020, 21, 139.	1.6	6
46	Using a co-created transdisciplinary approach to explore the complexity of air pollution in informal settlements. <i>Humanities and Social Sciences Communications</i> , 2021, 8, .	2.9	6
47	Development, feasibility, acceptability and potential effectiveness of a healthy lifestyle programme delivered in churches in urban and rural South Africa. <i>PLoS ONE</i> , 2019, 14, e0219787.	2.5	5
48	Five-year cost-effectiveness analysis of the European Fans in Training (EuroFIT) physical activity intervention for men versus no intervention. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 30.	4.6	5
49	Exploring the provision and motives behind the adoption of health-promotion programmes in professional football clubs across four European countries. <i>PLoS ONE</i> , 2021, 16, e0259458.	2.5	5
50	Accessing and engaging women from socio-economically disadvantaged areas: a participatory approach to the design of a public health intervention for delivery in a Bingo club. <i>BMC Public Health</i> , 2016, 16, 345.	2.9	4
51	Text messaging and financial incentives to encourage weight loss in men with obesity: the Game of Stones feasibility RCT. <i>Public Health Research</i> , 2020, 8, 1-224.	1.3	4
52	Recruiting men from across the socioeconomic spectrum via GP registers and community outreach to a weight management feasibility randomised controlled trial. <i>BMC Medical Research Methodology</i> , 2020, 20, 249.	3.1	3
53	Reducing sedentary behaviour in the workplace. <i>BMJ: British Medical Journal</i> , 2018, 363, k4061.	2.3	3
54	Contributions of changes in physical activity, sedentary time, diet and body weight to changes in cardiometabolic risk. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 166.	4.6	3

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55	Fit for LIFE: the development and optimization of an intervention delivered through prison gymnasias to support incarcerated men in making positive lifestyle changes. BMC Public Health, 2022, 22, 783.	2.9	3
56	Football Fans in Training: A Weight Management and Healthy Living Programme for Men Delivered via Scotland's Premier Football Clubs. , 2016, , 251-260.		2
57	Response to Cookstove Trials and Tribulations: What Is Needed to Decrease the Burden of Household Air Pollution?. Annals of the American Thoracic Society, 2018, 15, 1001-1001.	3.2	2
58	Obese Women and Quality of Life. , 2013, , 585-595.		1
59	How active are women who play bingo: a cross-sectional study from the Well!Bingo project. BMC Women's Health, 2017, 17, 57.	2.0	1
60	Transforming Ways of "Doing" Masculinity and Health in Prisons: Performances of Masculinity Within the Fit for LIFE Programme Delivered in Two Scottish Prisons. , 2021, , 279-306.		1
61	Title is missing!. , 2020, 17, e1003136.		0
62	Title is missing!. , 2020, 17, e1003136.		0
63	Title is missing!. , 2020, 17, e1003136.		0
64	Title is missing!. , 2020, 17, e1003136.		0