

Roman Pawlak

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4449699/publications.pdf>

Version: 2024-02-01

34
papers

763
citations

686830

13
h-index

580395

25
g-index

34
all docs

34
docs citations

34
times ranked

949
citing authors

#	ARTICLE	IF	CITATIONS
1	How prevalent is vitamin B ₁₂ deficiency among vegetarians?. Nutrition Reviews, 2013, 71, 110-117.	2.6	193
2	Is Vitamin B12 Deficiency a Risk Factor for Cardiovascular Disease in Vegetarians?. American Journal of Preventive Medicine, 2015, 48, e11-e26.	1.6	81
3	Benefits, barriers, self-efficacy and knowledge regarding healthy foods; perception of African Americans living in eastern North Carolina. Nutrition Research and Practice, 2009, 3, 56.	0.7	64
4	Vegetarian Diets in the Prevention and Management of Diabetes and Its Complications. Diabetes Spectrum, 2017, 30, 82-88.	0.4	64
5	Iron Status of Vegetarian Adults: A Review of Literature. American Journal of Lifestyle Medicine, 2018, 12, 486-498.	0.8	54
6	Iron Status of Vegetarian Children: A Review of Literature. Annals of Nutrition and Metabolism, 2017, 70, 88-99.	1.0	37
7	A cross-sectional study of fatty acids and brain-derived neurotrophic factor (BDNF) in human milk from lactating women following vegan, vegetarian, and omnivore diets. European Journal of Nutrition, 2019, 58, 2401-2410.	1.8	32
8	Theory of Planned Behavior and Multivitamin Supplement Use in Caucasian College Females. Journal of Primary Prevention, 2008, 29, 57-71.	0.8	30
9	Predicting Intentions to Eat a Healthful Diet by College Baseball Players: Applying the Theory of Planned Behavior. Journal of Nutrition Education and Behavior, 2009, 41, 334-339.	0.3	29
10	Vitamin B-12 content in breast milk of vegan, vegetarian, and nonvegetarian lactating women in the United States. American Journal of Clinical Nutrition, 2018, 108, 525-531.	2.2	29
11	Beliefs, benefits, barriers, attitude, intake and knowledge about peanuts and tree nuts among WIC participants in eastern North Carolina. Nutrition Research and Practice, 2009, 3, 220.	0.7	25
12	REMOVED: Position of the Academy of Nutrition and Dietetics: Vegetarian Diets. Journal of the Academy of Nutrition and Dietetics, 2015, 115, 801-810.	0.4	21
13	Understanding Vitamin B ₁₂ . American Journal of Lifestyle Medicine, 2013, 7, 60-65.	0.8	16
14	Predictors of Intention to Eat 2.5 Cups of Vegetables among Ninth-grade Students Attending Public High Schools in Eastern North Carolina. Journal of Nutrition Education and Behavior, 2008, 40, 392-398.	0.3	13
15	Prevalence of vitamin B-12 deficiency among patients with thyroid dysfunction. Asia Pacific Journal of Clinical Nutrition, 2016, 25, 221-6.	0.3	12
16	Predictors of multivitamin supplement use among African-American female students: a prospective study utilizing the theory of planned behavior. Ethnicity and Disease, 2005, 15, 540-7.	1.0	11
17	The Use of the Theory of Planned Behavior to Assess Predictors of Intention to Eat Fruits Among 9th-Grade Students Attending Two Public High Schools in Eastern North Carolina. Family and Consumer Sciences Research Journal, 2008, 37, 16-26.	0.3	9
18	The Influence of Maternal Aerobic Exercise, Blood DHA and EPA Concentrations on Maternal Lipid Profiles. International Journal of Environmental Research and Public Health, 2022, 19, 3550.	1.2	9

#	ARTICLE	IF	CITATIONS
19	Total Water-Soluble Choline Concentration Does Not Differ in Milk from Vegan, Vegetarian, and Nonvegetarian Lactating Women. <i>Journal of Nutrition</i> , 2020, 150, 512-517.	1.3	8
20	Vitamin B12 status is a risk factor for bone fractures among vegans. <i>Medical Hypotheses</i> , 2021, 153, 110625.	0.8	7
21	Cardiovascular Disease Risk Factors Profile Among Australian Vegetarian and Nonvegetarian Teenagers. <i>American Journal of Lifestyle Medicine</i> , 2021, 15, 313-321.	0.8	5
22	A Cross-Sectional Assessment of Human Milk Oligosaccharide Composition of Vegan, Vegetarian, and Nonvegetarian Mothers. <i>Breastfeeding Medicine</i> , 2022, 17, 210-217.	0.8	4
23	Low-carbohydrate, high-protein diets for management of type 2 diabetes. <i>American Journal of Clinical Nutrition</i> , 2013, 98, 247-248.	2.2	3
24	Embracing a Plant-Based Diet. <i>Nutrition Today</i> , 2017, 52, 155-161.	0.6	3
25	Prevalence of overweight and obesity among Seventh-day Adventist African American and Caucasian college students. <i>Ethnicity and Disease</i> , 2009, 19, 111-4.	1.0	3
26	Pregnancy Outcome and Breastfeeding Pattern among Vegans, Vegetarians and Non-vegetarians. <i>FASEB Journal</i> , 2015, 29, LB255.	0.2	1
27	Inadequate Vitamin B-12 Intake May Be a Problem Not Just for a Small Number of Adventist Vegans. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2014, 114, 197.	0.4	0
28	Low carbohydrate diets should NOT be recommended for patients with familial hypercholesterolaemia. <i>BMJ Evidence-Based Medicine</i> , 2022, 27, 128-128.	1.7	0
29	Assessment of health status among members of two African Americans churches from eastern North Carolina. <i>FASEB Journal</i> , 2009, 23, 736.5.	0.2	0
30	Perception of eating nuts by WIC participants from rural North Carolina. <i>FASEB Journal</i> , 2009, 23, 723.2.	0.2	0
31	The Hartland Institute of Health Education's residential lifestyle intervention improves patients' BMI, blood lipids and fasting plasma glucose profiles. <i>FASEB Journal</i> , 2011, 25, 971.31.	0.2	0
32	Intake, Knowledge, Beliefs and Perception Regarding the Benefits and Barriers of Nuts Intake Among Individuals with or at Risk of Cardiovascular Disease and/or Diabetes. <i>FASEB Journal</i> , 2012, 26, 635.2.	0.2	0
33	Vitamin B12 in Vegetarian Diets. <i>Middle East Journal of Rehabilitation and Health Studies</i> , 2015, 2, .	0.1	0
34	Benefits, barriers, attitudes, and beliefs about soy meat-alternatives among African American parishioners living in eastern North Carolina. <i>Ethnicity and Disease</i> , 2010, 20, 118-22.	1.0	0