

JosÃ© Daniel JimÃ©nez-GarcÃ­a

List of Publications by Year in descending order

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Version: 2024-02-01

19
papers

369
citations

1040056

9
h-index

888059

17
g-index

19
all docs

19
docs citations

19
times ranked

476
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of Pilates training on sleep quality, anxiety, depression and fatigue in postmenopausal women: A randomized controlled trial. <i>Maturitas</i> , 2019, 124, 62-67.	2.4	61
2	Sarcopenia and sarcopenic obesity in Spanish community-dwelling middle-aged and older women: Association with balance confidence, fear of falling and fall risk. <i>Maturitas</i> , 2018, 107, 26-32.	2.4	45
3	Suspension Training HIIT Improves Gait Speed, Strength and Quality of Life in Older Adults. <i>International Journal of Sports Medicine</i> , 2019, 40, 116-124.	1.7	43
4	Sarcopenia, Diet, Physical Activity and Obesity in European Middle-Aged and Older Adults: The LifeAge Study. <i>Nutrients</i> , 2021, 13, 8.	4.1	40
5	Exercise alone or combined with dietary supplements for sarcopenic obesity in community-dwelling older people: A systematic review of randomized controlled trials. <i>Maturitas</i> , 2018, 110, 92-103.	2.4	39
6	Effects of Pilates on fall risk factors in community-dwelling elderly women: A randomized, controlled trial.. <i>European Journal of Sport Science</i> , 2019, 19, 1386-1394.	2.7	25
7	Effectiveness of A Pilates Training Program on Cognitive and Functional Abilities in Postmenopausal Women. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3580.	2.6	24
8	Risk of Falls in Healthy Older Adults: Benefits of High-Intensity Interval Training Using Lower Body Suspension Exercises. <i>Journal of Aging and Physical Activity</i> , 2019, 27, 325-333.	1.0	20
9	Sleep Quality, Anxiety, and Depression Are Associated with Fall Risk Factors in Older Women. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4043.	2.6	19
10	Effects of HIIT and MIIT Suspension Training Programs on Sleep Quality and Fatigue in Older Adults: Randomized Controlled Clinical Trial. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1211.	2.6	13
11	The Influence of Pilates Exercises on Body Composition, Muscle Strength, and Gait Speed in Community-Dwelling Older Women: A Randomized Controlled Trial. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 2298-2305.	2.1	10
12	Associations between the Severity of Sarcopenia and Health-Related Quality of Life in Community-Dwelling Middle-Aged and Older Adults. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8026.	2.6	9
13	Muscle Strength and Physical Performance Are Associated with Reaction Time Performance in Older People. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5893.	2.6	8
14	Qigong for Muscle Strength and Static Postural Control in Middle-Aged and Older Postmenopausal Women: A Randomized Controlled Trial. <i>Frontiers in Medicine</i> , 2021, 8, 784320.	2.6	4
15	SARC-F and the Risk of Falling in Middle-Aged and Older Community-Dwelling Postmenopausal Women. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 11570.	2.6	3
16	Associations of Sleep Quality, Anxiety, and Depression with Cognitive and Executive Functions among Community-Dwelling Women Aged 65 Years: A Cross-Sectional Study. <i>Healthcare (Switzerland)</i> , 2021, 9, 1599.	2.0	3
17	Traditional and Undulating Periodization on Body Composition, Strength Levels and Physical Fitness in Older Adults. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 4522.	2.6	3
18	Impact of Qigong exercises on the severity of the menopausal symptoms and health-related quality of life: A randomised controlled trial. <i>European Journal of Sport Science</i> , 2023, 23, 656-664.	2.7	0

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19	Handgrip Strength-Related Factors in a Colombian Hypertensive Population: A Cross-Sectional Study. International Journal of Environmental Research and Public Health, 2022, 19, 3726.	2.6	0