

# Mario Bizzini

## List of Publications by Year in descending order

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Version: 2024-02-01

92  
papers

6,268  
citations

94269

37  
h-index

69108

77  
g-index

94  
all docs

94  
docs citations

94  
times ranked

4616  
citing authors

| #  | ARTICLE  | IF  | CITATIONS |
|----|--|-----|-----------|
| 1  | Comprehensive warm-up programme to prevent injuries in young female footballers: cluster randomised controlled trial. <i>BMJ: British Medical Journal</i> , 2008, 337, a2469-a2469.  | 2.4 | 642       |
| 2  | 2016 Consensus statement on return to sport from the First World Congress in Sports Physical Therapy, Bern. <i>British Journal of Sports Medicine</i> , 2016, 50, 853-864.   | 3.1 | 552       |
| 3  | High adherence to a neuromuscular injury prevention programme (FIFA 11+) improves functional balance and reduces injury risk in Canadian youth female football players: a cluster randomised trial. <i>British Journal of Sports Medicine</i> , 2013, 47, 794-802.             | 3.1 | 308       |
| 4  | Alterations in lower extremity movement and muscle activation patterns in individuals with knee osteoarthritis. <i>Clinical Biomechanics</i> , 2004, 19, 44-49.  | 0.5 | 284       |
| 5  | Efficacy of the FIFA 11+ Injury Prevention Program in the Collegiate Male Soccer Player. <i>American Journal of Sports Medicine</i> , 2015, 43, 2628-2637.   | 1.9 | 246       |
| 6  | Differences in quadriceps muscle strength and fatigue between lean and obese subjects. <i>European Journal of Applied Physiology</i> , 2007, 101, 51-59.   | 1.2 | 229       |
| 7  | FIFA 11+: an effective programme to prevent football injuries in various player groups worldwide—a narrative review. <i>British Journal of Sports Medicine</i> , 2015, 49, 577-579.  | 3.1 | 228       |
| 8  | Reliability of a new, hand-held device for assessing skeletal muscle stiffness. <i>Clinical Biomechanics</i> , 2003, 18, 459-461.  | 0.5 | 186       |
| 9  | Reliability of isokinetic strength imbalance ratios measured using the Cybex NORM dynamometer. <i>Clinical Physiology and Functional Imaging</i> , 2008, 28, 113-119.  | 0.5 | 183       |
| 10 | Femoroacetabular Impingement in Professional Ice Hockey Players. <i>American Journal of Sports Medicine</i> , 2007, 35, 1955-1959.   | 1.9 | 166       |
| 11 | Reliability of knee extension and flexion measurements using the Conâ€Trex isokinetic dynamometer. <i>Clinical Physiology and Functional Imaging</i> , 2007, 27, 346-353.  | 0.5 | 166       |
| 12 | Implementation of the FIFA 11+ football warm up program: How to approach and convince the Football associations to invest in prevention. <i>British Journal of Sports Medicine</i> , 2013, 47, 803-806.  | 3.1 | 161       |
| 13 | Countrywide Campaign to Prevent Soccer Injuries in Swiss Amateur Players. <i>American Journal of Sports Medicine</i> , 2011, 39, 57-63.  | 1.9 | 159       |
| 14 | Systematic Review of the Quality of Randomized Controlled Trials for Patellofemoral Pain Syndrome. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2003, 33, 4-20.   | 1.7 | 133       |
| 15 | Return to sport after hip surgery for femoroacetabular impingement: a systematic review. <i>British Journal of Sports Medicine</i> , 2015, 49, 819-824.  | 3.1 | 132       |
| 16 | Science and Medicine Applied to Soccer Refereeing. <i>Sports Medicine</i> , 2012, 42, 615-631.   | 3.1 | 129       |
| 17 | Evaluation of how different implementation strategies of an injury prevention programme (FIFA 11+) impact team adherence and injury risk in Canadian female youth football players: a cluster-randomised trial. <i>British Journal of Sports Medicine</i> , 2013, 47, 480-487. | 3.1 | 119       |
| 18 | Exercise-Based Knee and Anterior Cruciate Ligament Injury Prevention. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2018, 48, A1-A42.  | 1.7 | 111       |

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|----|--|-----|-----------|
| 19 | UEFA expert group statement on nutrition in elite football. Current evidence to inform practical recommendations and guide future research. <i>British Journal of Sports Medicine</i> , 2021, 55, 416-416.   | 3.1 | 111       |
| 20 | Physiological and performance responses to the FIFA 11+ (part 2): a randomised controlled trial on the training effects. <i>Journal of Sports Sciences</i> , 2013, 31, 1491-1502.  | 1.0 | 105       |
| 21 | Injury prevention strategies at the FIFA 2014 World Cup: perceptions and practices of the physicians from the 32 participating national teams. <i>British Journal of Sports Medicine</i> , 2015, 49, 603-608.  | 3.1 | 99        |
| 22 | A Multinational Cluster Randomised Controlled Trial to Assess the Efficacy of "11+ Kids": A Warm-Up Programme to Prevent Injuries in Children's Football. <i>Sports Medicine</i> , 2018, 48, 1493-1504.  | 3.1 | 98        |
| 23 | Physiological and performance responses to the "FIFA 11+"(part 1): is it an appropriate warm-up?. <i>Journal of Sports Sciences</i> , 2013, 31, 1481-1490.   | 1.0 | 78        |
| 24 | Suggestions From the Field for Return to Sports Participation Following Anterior Cruciate Ligament Reconstruction: Soccer. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2012, 42, 304-312.  | 1.7 | 77        |
| 25 | A concept mapping approach to identifying the barriers to implementing an evidence-based sports injury prevention programme. <i>Injury Prevention</i> , 2019, 25, 244-251.   | 1.2 | 74        |
| 26 | Consensus recommendations on the classification, definition and diagnostic criteria of hip-related pain in young and middle-aged active adults from the International Hip-related Pain Research Network, Zurich 2018. <i>British Journal of Sports Medicine</i> , 2020, 54, 631-641. | 3.1 | 74        |
| 27 | Injury prevention in male veteran football players " a randomised controlled trial using "FIFA 11+". <i>Journal of Sports Sciences</i> , 2015, 33, 873-881.  | 1.0 | 72        |
| 28 | Concurrent validity and intrasession reliability of the IDEEA accelerometry system for the quantification of spatiotemporal gait parameters. <i>Gait and Posture</i> , 2008, 27, 160-163.  | 0.6 | 67        |
| 29 | Comparison of the Reliability, Responsiveness, and Construct Validity of 4 Different Questionnaires for Evaluating Outcomes after Total Knee Arthroplasty. <i>Journal of Arthroplasty</i> , 2011, 26, 861-869.   | 1.5 | 65        |
| 30 | Joint Laxity and Isokinetic Thigh Muscle Strength Characteristics After Anterior Cruciate Ligament Reconstruction. <i>Clinical Journal of Sport Medicine</i> , 2006, 16, 4-9.  | 0.9 | 62        |
| 31 | Spatiotemporal Parameters of Gait After Total Hip Replacement: Anterior versus Posterior Approach. <i>Orthopedic Clinics of North America</i> , 2009, 40, 407-415.   | 0.5 | 62        |
| 32 | Patient-reported outcome measures for hip-related pain: a review of the available evidence and a consensus statement from the International Hip-related Pain Research Network, Zurich 2018. <i>British Journal of Sports Medicine</i> , 2020, 54, 848-857.                           | 3.1 | 59        |
| 33 | Effectiveness of multicomponent lower extremity injury prevention programmes in team-sport athletes: an umbrella review. <i>British Journal of Sports Medicine</i> , 2019, 53, 282-288.  | 3.1 | 56        |
| 34 | It is time for consensus on return to play after injury: five key questions. <i>British Journal of Sports Medicine</i> , 2016, 50, 506-508.  | 3.1 | 51        |
| 35 | Systematic review and meta-analysis: a primer. <i>International Journal of Sports Physical Therapy</i> , 2012, 7, 493-503.   | 0.5 | 47        |
| 36 | Return to Sport After Anterior Cruciate Ligament Injury: Panther Symposium ACL Injury Return to Sport Consensus Group. <i>Orthopaedic Journal of Sports Medicine</i> , 2020, 8, 232596712093082.   | 0.8 | 43        |

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|----|---|-----|-----------|
| 37 | Prevalence and Functional Consequences of Femoroacetabular Impingement in Young Male Ice Hockey Players. <i>American Journal of Sports Medicine</i> , 2016, 44, 46-53.  | 1.9 | 40        |
| 38 | Higher compliance to a neuromuscular injury prevention program improves overall injury rate in male football players. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2018, 26, 1975-1983.  | 2.3 | 39        |
| 39 | 2022 Bern Consensus Statement on Shoulder Injury Prevention, Rehabilitation, and Return to Sport for Athletes at All Participation Levels. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2022, 52, 11-28.   | 1.7 | 37        |
| 40 | Test-retest reliability of the IDEEA system in the quantification of step parameters during walking and stair climbing. <i>Clinical Physiology and Functional Imaging</i> , 2009, 29, 271-276.  | 0.5 | 35        |
| 41 | Physiotherapist-led treatment for young to middle-aged active adults with hip-related pain: consensus recommendations from the International Hip-related Pain Research Network, Zurich 2018. <i>British Journal of Sports Medicine</i> , 2020, 54, 504-511.                               | 3.1 | 34        |
| 42 | Improving function in people with hip-related pain: a systematic review and meta-analysis of physiotherapist-led interventions for hip-related pain. <i>British Journal of Sports Medicine</i> , 2020, 54, 1382-1394.   | 3.1 | 32        |
| 43 | Effects of the 11+ Kids injury prevention programme on severe injuries in children's football: a secondary analysis of data from a multicentre cluster-randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2019, 53, 1418-1423.                                      | 3.1 | 30        |
| 44 | A multi-joint lower-limb tracking-trajectory test for the assessment of motor coordination. <i>Neuroscience Letters</i> , 2005, 384, 106-111.   | 1.0 | 29        |
| 45 | Awareness and use of the 11+ injury prevention program among coaches of adolescent female football teams. <i>International Journal of Sports Science and Coaching</i> , 2018, 13, 929-938.  | 0.7 | 29        |
| 46 | Standardised measurement of physical capacity in young and middle-aged active adults with hip-related pain: recommendations from the first International Hip-related Pain Research Network (IHIPRN) meeting, Zurich, 2018. <i>British Journal of Sports Medicine</i> , 2020, 54, 702-710. | 3.1 | 29        |
| 47 | Injuries and Musculoskeletal Complaints in Referees-A Complete Survey in the Top Divisions of the Swiss Football League. <i>Clinical Journal of Sport Medicine</i> , 2009, 19, 95-100.  | 0.9 | 28        |
| 48 | Shoulder injuries in soccer goalkeepers: review and development of a FIFA 11+ shoulder injury prevention program. <i>Open Access Journal of Sports Medicine</i> , 2016, Volume 7, 75-80.  | 0.6 | 28        |
| 49 | The FADIR test accuracy for screening cam and pincer morphology in youth ice hockey players. <i>Journal of Science and Medicine in Sport</i> , 2018, 21, 134-138.   | 0.6 | 28        |
| 50 | The management of symptomatic femoroacetabular impingement: what is the rationale for non-surgical treatment?. <i>British Journal of Sports Medicine</i> , 2016, 50, 511-512.   | 3.1 | 26        |
| 51 | Knee extensor and flexor strength before and after anterior cruciate ligament reconstruction in a large sample of patients: influence of graft type. <i>Physician and Sportsmedicine</i> , 2019, 47, 85-90.   | 1.0 | 26        |
| 52 | Exercise Therapy for the Management of Femoroacetabular Impingement Syndrome: Preliminary Results of Clinical Responsiveness. <i>Arthritis Care and Research</i> , 2019, 71, 1074-1083.   | 1.5 | 25        |
| 53 | International consensus statement: methods for recording and reporting of epidemiological data on injuries and illnesses in golf. <i>British Journal of Sports Medicine</i> , 2020, 54, 1136-1141.  | 3.1 | 22        |
| 54 | The FIFA 11+ Shoulder Injury Prevention Program Was Effective in Reducing Upper Extremity Injuries Among Soccer Goalkeepers: A Randomized Controlled Trial. <i>American Journal of Sports Medicine</i> , 2021, 49, 2293-2300.   | 1.9 | 22        |

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|----|---|-----|-----------|
| 55 | Lateral Meniscus Repair in a Professional Ice Hockey Goaltender: A Case Report With a 5-Year Follow-up. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2006, 36, 89-100.   | 1.7 | 20        |
| 56 | Injury prediction in veteran football players using the Functional Movement Screen <sup>®</sup> . <i>Journal of Sports Sciences</i> , 2016, 34, 1371-1379.  | 1.0 | 20        |
| 57 | Epidemiology of Traumatic and Overuse Injuries in Swiss Professional Male Ice Hockey Players. <i>Orthopaedic Journal of Sports Medicine</i> , 2020, 8, 232596712096472.   | 0.8 | 18        |
| 58 | Timing Effect on Training-Session Rating of Perceived Exertion in Top-Class Soccer Referees. <i>International Journal of Sports Physiology and Performance</i> , 2017, 12, 1157-1162.   | 1.1 | 17        |
| 59 | Infographic. Effectiveness of multicomponent lower extremity injury prevention programmes in team-sport athletes: an umbrella review. <i>British Journal of Sports Medicine</i> , 2020, 54, 815-816.  | 3.1 | 17        |
| 60 | Return to competitive football after major knee surgery: more questions than answers?. <i>Journal of Sports Sciences</i> , 2014, 32, 1209-1216.   | 1.0 | 14        |
| 61 | The 2019 International Society of Hip Preservation (ISHA) physiotherapy agreement on assessment and treatment of femoroacetabular impingement syndrome (FAIS): an international consensus statement. <i>Journal of Hip Preservation Surgery</i> , 2020, 7, 631-642. | 0.6 | 14        |
| 62 | Field-based evaluation of hip adductor and abductor strength in professional male ice hockey players: Reference values and influencing factors. <i>Physical Therapy in Sport</i> , 2020, 43, 204-209.   | 0.8 | 13        |
| 63 | Five-year results of the Innex total knee arthroplasty system. <i>International Orthopaedics</i> , 2010, 34, 1159-1165.   | 0.9 | 12        |
| 64 | The groin area: the Bermuda triangle of sports medicine?. <i>British Journal of Sports Medicine</i> , 2011, 45, 1-1.  | 3.1 | 12        |
| 65 | Precompetition medical assessment of referees and assistant referees selected for the 2010 FIFA World Cup: Table 1. <i>British Journal of Sports Medicine</i> , 2012, 46, 374-376.  | 3.1 | 12        |
| 66 | Rehabilitation and return to sport after bilateral open surgery for femoroacetabular impingement in a professional ice hockey player: A case report. <i>Physical Therapy in Sport</i> , 2015, 16, 193-201.  | 0.8 | 10        |
| 67 | Return to competition after an Achilles tendon rupture using both on and off the field load monitoring as guidance: A case report of a top-level soccer player. <i>Physical Therapy in Sport</i> , 2018, 29, 70-78.   | 0.8 | 10        |
| 68 | What treatment options exist for patients with femoroacetabular impingement syndrome but without surgical indication?. <i>British Journal of Sports Medicine</i> , 2018, 52, 552-553.   | 3.1 | 10        |
| 69 | Hip muscle strength asymmetries and their associations with hip morphology and symptoms are sex-specific in patients with femoroacetabular impingement syndrome. <i>Physical Therapy in Sport</i> , 2020, 42, 131-138.  | 0.8 | 10        |
| 70 | Effectiveness of the FIFA 11+ Referees Injury Prevention Program in reducing injury rates in male amateur soccer referees. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 1774-1781.   | 1.3 | 10        |
| 71 | FIFA Women's World Cup 2011: Pre-Competition Medical Assessment of female referees and assistant referees. <i>British Journal of Sports Medicine</i> , 2013, 47, 179-181.   | 3.1 | 9         |
| 72 | Development and implementation of the ACC SportSmart Warm-up programme: a nationwide sports injury prevention initiative in New Zealand. <i>British Journal of Sports Medicine</i> , 2018, 52, 1334-1338.   | 3.1 | 9         |

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|----|---|-----|-----------|
| 73 | Clinical Rating of Movement-Pattern Quality in Patients With Femoroacetabular Impingement Syndrome: A Methodological Study. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2018, 48, 260-269.  | 1.7 | 8         |
| 74 | Sports injury prevention programmes from the sports physical therapist's perspective: An international expert Delphi approach. <i>Physical Therapy in Sport</i> , 2022, 55, 146-154.  | 0.8 | 8         |
| 75 | Ice and modern sports physiotherapy: still cool?. <i>British Journal of Sports Medicine</i> , 2012, 46, 219-219.  | 3.1 | 6         |
| 76 | There are more football injury prevention reviews than randomised controlled trials. Time for more RCT action!. <i>British Journal of Sports Medicine</i> , 2018, 52, 1477-1478.  | 3.1 | 6         |
| 77 | Health4Sport: 13 safeguarding principles so that young athletes can thrive in multidisciplinary sporting environments. <i>British Journal of Sports Medicine</i> , 2021, 55, 952-953.   | 3.1 | 5         |
| 78 | Mid-term outcomes of exercise therapy for the non-surgical management of femoroacetabular impingement syndrome: are short-term effects persisting?. <i>Physical Therapy in Sport</i> , 2022, 55, 168-175.   | 0.8 | 5         |
| 79 | FIFA 11+ Injury Prevention in Amateur Football from Development to Worldwide Dissemination. , 2015, , 199-208.  |     | 3         |
| 80 | Lower Limb Exercise-Based Injury Prevention Programs Are Effective in Improving Sprint Speed, Jumping, Agility and Balance: an Umbrella Review. <i>International Journal of Sports Physical Therapy</i> , 2021, 16, 1396-1404.  | 0.5 | 3         |
| 81 | Optimizing Performance in Return to Play After Sport-Related Concussion in Elite Ice Hockey Players: A Sports Physical Therapy and Athletic Trainer Perspective. <i>International Journal of Sports Physical Therapy</i> , 2022, 17, 317-326.   | 0.5 | 3         |
| 82 | Registered International Sports Physical Therapist (RISPT): towards excellence in sports physiotherapy for the athlete. , 2021, 1, 1-2.   |     | 3         |
| 83 | The Vancouver bobsled: cool patellofemoral runnings. <i>British Journal of Sports Medicine</i> , 2014, 48, 407-407.   | 3.1 | 2         |
| 84 | Infographic. Consensus recommendations on the classification, definition and diagnostic criteria of hip-related pain in young and middle-aged active adults from the International Hip-related Pain Research Network, Zurich 2018. <i>British Journal of Sports Medicine</i> , 2021, 55, 115-117. | 3.1 | 2         |
| 85 | Perceived Barriers to and Facilitators of an Injury Prevention Program Among Professional Male Ice Hockey Players and Staff Members. <i>Journal of Sport Rehabilitation</i> , 2021, 30, 1080-1087.  | 0.4 | 2         |
| 86 | VIP for PT, or very important PEDro for physiotherapy. <i>British Journal of Sports Medicine</i> , 2013, 47, 187-187.   | 3.1 | 1         |
| 87 | On the shoulders of giants/shouldering the educational burdenâ€¦ your one-stop shoulder shop: Bern, 22 November 2019. <i>British Journal of Sports Medicine</i> , 2019, 53, 523-523.  | 3.1 | 1         |
| 88 | Join the Swiss Sports Physiotherapy Association in celebrating 15 years of quality education: Bern, November 24th, 2017. <i>British Journal of Sports Medicine</i> , 2017, 51, 553-553.   | 3.1 | 0         |
| 89 | #sportsuisse2018 â€œ â€œBest ofâ€™ in Bern â€œ again! 15â€œ16 November 2018. <i>British Journal of Sports Medicine</i> , 2018, 52, 549-549.   | 3.1 | 0         |
| 90 | It is all about the knee! A focus on sportswomen and sports physiotherapy at #sportfisio2020 in Bern. <i>British Journal of Sports Medicine</i> , 2020, 54, 497-497.  | 3.1 | 0         |

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|----|---|-----|-----------|
| 91 | It is Women & Sports at #sportfio2021. British Journal of Sports Medicine, 2021, 55, 461-461.                       | 3.1 | 0         |
| 92 | Celebrating 20 years: itâ€™s best practice at #sportfio2022. British Journal of Sports Medicine, 2022, 56, 477-478. | 3.1 | 0         |