

Ana MarÃ-a LÃ³pez-Sobaler

List of Publications by Year in descending order

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116
papers

3,943
citations

117453

34
h-index

174990

52
g-index

174
all docs

174
docs citations

174
times ranked

5529
citing authors

#	ARTICLE	IF	CITATIONS
1	Leukocytes and Neutrophil-to-Lymphocyte Ratio as Indicators of Insulin Resistance in Overweight/Obese School-Children. <i>Frontiers in Nutrition</i> , 2022, 8, .	1.6	6
2	Situación ponderal de la población escolar de 6 a 9 años en España: resultados del estudio ALADINO 2015. <i>Anales De Pediatría</i> , 2021, 94, 366-376.	0.3	11
3	Patterns of Change in Dietary Habits and Physical Activity during Lockdown in Spain Due to the COVID-19 Pandemic. <i>Nutrients</i> , 2021, 13, 300.	1.7	100
4	Factors Associated to Weight Gain During Confinement Due to COVID-19 Pandemic in a Sample of Adults in Spain. <i>Current Developments in Nutrition</i> , 2021, 5, 244.	0.1	0
5	Weight status in the 6 to 9 year-old school population in Spain: Results of the ALADINO 2015 study. <i>Anales De Pediatría (English Edition)</i> , 2021, 94, 366-376.	0.1	4
6	INSTAGRAF: A NEW TOOL MIXING INFOGRAPHICS AND SOCIAL MEDIA NETWORKS TO STIMULATE GROUP WORK AND VISUAL LEARNING. , 2021, , .		0
7	Age and APOE genotype affect the relationship between objectively measured physical activity and power in the alpha band, a marker of brain disease. <i>Alzheimer's Research and Therapy</i> , 2020, 12, 113.	3.0	7
8	Breakfast Habits of a Representative Sample of the Spanish Child and Adolescent Population (The Tj ETQq0 0 0 rgBT/Overlogk 10 Tf 50	1.7	50
9	Usual Dietary Intake, Nutritional Adequacy and Food Sources of Calcium, Phosphorus, Magnesium and Vitamin D of Spanish Children Aged One to <10 Years. Findings from the EsNuPI Study. <i>Nutrients</i> , 2020, 12, 1787.	1.7	20
10	Association between Neutrophil-to-Lymphocyte Ratio with Abdominal Obesity and Healthy Eating Index in a Representative Older Spanish Population. <i>Nutrients</i> , 2020, 12, 855.	1.7	35
11	Physical activity practice and sports preferences in a group of Spanish schoolchildren depending on sex and parental care: a gender perspective. <i>BMC Pediatrics</i> , 2020, 20, 337.	0.7	29
12	Effect of dairy intake with or without energy restriction on body composition of adults: overview of systematic reviews and meta-analyses of randomized controlled trials. <i>Nutrition Reviews</i> , 2020, 78, 901-913.	2.6	8
13	Sugar Content in Processed Foods in Spain and a Comparison of Mandatory Nutrition Labelling and Laboratory Values. <i>Nutrients</i> , 2020, 12, 1078.	1.7	13
14	The relationship between physical activity, apolipoprotein E ϵ 4 carriage, and brain health. <i>Alzheimer's Research and Therapy</i> , 2020, 12, 48.	3.0	15
15	TAPA TOOL " PRACTICAL APPLICATION WORK FOR STUDENTS. , 2020, , .		0
16	Adequacy of usual macronutrient intake and macronutrient distribution in children and adolescents in Spain: A National Dietary Survey on the Child and Adolescent Population, ENALIA 2013"2014. <i>European Journal of Nutrition</i> , 2019, 58, 705-719.	1.8	46
17	Updating the Food-Based Dietary Guidelines for the Spanish Population: The Spanish Society of Community Nutrition (SENC) Proposal. <i>Nutrients</i> , 2019, 11, 2675.	1.7	65
18	The association of parents'™ behaviors related to salt with 24 h urinary sodium excretion of their children: A Spanish cross-sectional study. <i>PLoS ONE</i> , 2019, 14, e0227035.	1.1	4

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19	HEALTH SCIENCE STUDENTS' OPINION ABOUT THEIR PARTICIPATION IN ACTIVITIES TO IMPROVE THEIR LEARNING. , 2019, , .		1
20	BLOGGING INTERVIEWS FROM SPANISH SCIENTIFIC WOMEN MADE BY STUDENTS FROM SCIENCE SUBJECTS. , 2019, , .		0
21	Protein-energy wasting syndrome in advanced chronic kidney disease: Prevalence and specific clinical characteristics. Nefrologia, 2018, 38, 141-151.	0.2	12
22	Síndrome de desgaste proteico energético en la enfermedad renal crónica avanzada: prevalencia y características clínicas específicas. Nefrologia, 2018, 38, 141-151.	0.2	23
23	Physical activity and sedentary behavior impacts on dietary water intake and hydration status in Spanish schoolchildren: A cross-sectional study. PLoS ONE, 2018, 13, e0208748.	1.1	7
24	Sources of Dietary Sodium in Food and Beverages Consumed by Spanish Schoolchildren between 7 and 11 Years Old by the Degree of Processing and the Nutritional Profile. Nutrients, 2018, 10, 1880.	1.7	9
25	Ibero-American Consensus on Low- and No-Calorie Sweeteners: Safety, Nutritional Aspects and Benefits in Food and Beverages. Nutrients, 2018, 10, 818.	1.7	49
26	DEVELOPMENT OF PODCASTS IN THE DEGREES OF PHARMACY AND HUMAN NUTRITION AND DIETETICS. , 2018, , .		0
27	FEMALE SPANISH SCIENTISTS: A WORLD TO DISCOVER. , 2018, , .		0
28	DEVELOPMENT OF PODCASTS AND SUBTITLED VIDEOS AS DIDACTIC AND INTEGRATING TOOLS. , 2018, , .		0
29	Estimation of salt intake assessed by urinary excretion of sodium over 24h in Spanish subjects aged 7-11 years. European Journal of Nutrition, 2017, 56, 171-178.	4.6	46
30	The relationship between hours of sleep, screen time and frequency of food and drink consumption in Spain in the 2011 and 2013 ALADINO: a cross-sectional study. BMC Public Health, 2017, 17, 33.	1.2	86
31	Improvement in Nutritional Status in Patients With Chronic Kidney Disease-4 by a Nutrition Education Program With No Impact on Renal Function and Determined by Male Sex. , 2017, 27, 303-310.		3
32	Î²-Carotene Concentration and Its Association with Inflammatory Biomarkers in Spanish Schoolchildren. Annals of Nutrition and Metabolism, 2017, 71, 80-87.	1.0	12
33	Adequacy of Usual Vitamin and Mineral Intake in Spanish Children and Adolescents: ENALIA Study. Nutrients, 2017, 9, 131.	1.7	55
34	Breakfast habits and differences regarding abdominal obesity in a cross-sectional study in Spanish adults: The ANIBES study. PLoS ONE, 2017, 12, e0188828.	1.1	15
35	THE TOOL KAHOOT AS METHODOLOGICAL STRATEGY TO ENCOURAGE THE PARTICIPATION AND ACTIVE LEARNING OF UNIVERSITY STUDENTS. , 2017, , .		0
36	Overweight and General and Abdominal Obesity in a Representative Sample of Spanish Adults: Findings from the ANIBES Study. BioMed Research International, 2016, 2016, 1-11.	0.9	36

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37	Antioxidant status in a group of institutionalised elderly people with chronic obstructive pulmonary disease. <i>British Journal of Nutrition</i> , 2016, 115, 1740-1747.	1.2	17
38	General and Abdominal Obesity Is Related to Physical Activity, Smoking and Sleeping Behaviours and Mediated by the Educational Level: Findings from the ANIBES Study in Spain. <i>PLoS ONE</i> , 2016, 11, e0169027.	1.1	24
39	"SCIENTIFIC CONFERENCE" AS A TOOL FOR ACTIVE LEARNING IN THE SUBJECT OF ANALYTICAL CHEMISTRY II IN THE GRADE OF PHARMACY. , 2016, , .		0
40	PARTICIPATION IN A "SCIENTIFIC CONFERENCE" AND ACADEMIC PERFORMANCE IN A GROUP OF STUDENTS OF PHARMACY. , 2016, , .		0
41	Dietary assessment methods: dietary records. <i>Nutricion Hospitalaria</i> , 2015, 31 Suppl 3, 38-45.	0.2	151
42	Role of eggs consumption in women at different life stages. <i>Nutricion Hospitalaria</i> , 2015, 32 Suppl 1, 35-40.	0.2	3
43	Sobrepeso y obesidad en un grupo de escolares espaÑoles. <i>Revista Chilena De Nutricion</i> , 2014, 41, 264-271.	0.1	6
44	Selenium status in a group of schoolchildren from the region of Madrid, Spain. <i>Journal of Human Nutrition and Dietetics</i> , 2014, 27, 239-246.	1.3	15
45	Dietary glycaemic load and odds of depression in a group of institutionalized elderly people without antidepressant treatment. <i>European Journal of Nutrition</i> , 2013, 52, 1059-1066.	1.8	32
46	The ALADINO Study: A National Study of Prevalence of Overweight and Obesity in Spanish Children in 2011. <i>BioMed Research International</i> , 2013, 2013, 1-7.	0.9	104
47	Omega 3 and Omega 6 Fatty Acids Intake and Dietary Sources in a Representative Sample of Spanish Adults. <i>International Journal for Vitamin and Nutrition Research</i> , 2013, 83, 36-47.	0.6	14
48	Associated factors of obesity in Spanish representative samples. <i>Nutricion Hospitalaria</i> , 2013, 28 Suppl 5, 56-62.	0.2	17
49	Poor zinc status is associated with increased risk of insulin resistance in Spanish children. <i>British Journal of Nutrition</i> , 2012, 107, 398-404.	1.2	35
50	Effects of omega 3 fatty acids supplementation in behavior and non-neurodegenerative neuropsychiatric disorders. <i>British Journal of Nutrition</i> , 2012, 107, S261-S270.	1.2	30
51	Young Children with Excess of Weight Show an Impaired Selenium Status. <i>International Journal for Vitamin and Nutrition Research</i> , 2012, 82, 121-129.	0.6	35
52	Effect of Strength Training and the Practice of Alpine Skiing on Bone Mass Density, Growth, Body Composition, and the Strength and Power of the Legs of Adolescent Skiers. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 2879-2890.	1.0	25
53	Preliminary data on the association between waist circumference and insulin resistance in children without a previous diagnosis. <i>European Journal of Pediatrics</i> , 2011, 170, 35-43.	1.3	25
54	Vitamin D deficiency is an independent predictor of elevated triglycerides in Spanish school children. <i>European Journal of Nutrition</i> , 2011, 50, 373-378.	1.8	52

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55	Estimation of salt intake by 24h urinary sodium excretion in a representative sample of Spanish adults. <i>British Journal of Nutrition</i> , 2011, 105, 787-794.	1.2	100
56	Association between food and nutrient intakes and cognitive capacity in a group of institutionalized elderly people. <i>European Journal of Nutrition</i> , 2010, 49, 293-300.	1.8	49
57	Influence of the consumption of fruits and vegetables on the nutritional status of a group of institutionalized elderly persons in the Madrid region. <i>Journal of Nutrition, Health and Aging</i> , 2010, 14, 615-620.	1.5	2
58	Fat intake and asthma in Spanish schoolchildren. <i>European Journal of Clinical Nutrition</i> , 2010, 64, 1065-1071.	1.3	43
59	Associations between abdominal fat and body mass index on vitamin D status in a group of Spanish schoolchildren. <i>European Journal of Clinical Nutrition</i> , 2010, 64, 461-467.	1.3	70
60	Weight Loss Due to Fruit and Vegetable Use. , 2010, , 437-448.		1
61	An Adequate Calcium Intake Could Help Achieve Weight Loss in Overweight/Obese Women following Hypocaloric Diets. <i>Annals of Nutrition and Metabolism</i> , 2010, 57, 95-102.	1.0	8
62	Vitamin D status modification by two slightly hypocaloric diets in young overweight/obese women. <i>International Journal for Vitamin and Nutrition Research</i> , 2009, 79, 71-78.	0.6	22
63	Vitamin D in Overweight/Obese Women and Its Relationship With Dietetic and Anthropometric Variables. <i>Obesity</i> , 2009, 17, 778-782.	1.5	65
64	Increasing consumption of breakfast cereal improves thiamine status in overweight/obese women following a hypocaloric diet. <i>International Journal of Food Sciences and Nutrition</i> , 2009, 60, 69-79.	1.3	7
65	Changes in the sensation of hunger and well-being before and after meals in overweight/obese women following two types of hypoenergetic diet. <i>Public Health Nutrition</i> , 2009, 12, 44-50.	1.1	14
66	Dietary strategies for improving folate status in institutionalized elderly persons. <i>British Journal of Nutrition</i> , 2009, 101, 1611-1615.	1.2	10
67	Folate Status in Young Overweight and Obese Women: Changes Associated with Weight Reduction and Increased Folate Intake. <i>Journal of Nutritional Science and Vitaminology</i> , 2009, 55, 149-155.	0.2	13
68	Vitamin B6 status improves in overweight/obese women following a hypocaloric diet rich in breakfast cereals, and may help in maintaining fat-free mass. <i>International Journal of Obesity</i> , 2008, 32, 1552-1558.	1.6	16
69	Preliminary data about the influence of vitamin D status on the loss of body fat in young overweight/obese women following two types of hypocaloric diet. <i>British Journal of Nutrition</i> , 2008, 100, 269-272.	1.2	36
70	Modification of Iron Status in Young Overweight/Mildly Obese Women by Two Dietary Interventions Designed to Achieve Weight Loss. <i>Annals of Nutrition and Metabolism</i> , 2007, 51, 367-373.	1.0	8
71	The influence of fruit and vegetable intake on the nutritional status and plasma homocysteine levels of institutionalised elderly people. <i>Public Health Nutrition</i> , 2007, 10, 266-272.	1.1	25
72	Restricted-energy diets rich in vegetables or cereals improve cardiovascular risk factors in overweight/obese women. <i>Nutrition Research</i> , 2007, 27, 313-320.	1.3	5

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73	Changes in thiamin intake and blood levels in young, overweight/obese women following hypocaloric diets based on the increased relative consumption of cereals or vegetables. <i>European Journal of Clinical Nutrition</i> , 2007, 61, 77-82.	1.3	6
74	Improvement of cholesterol levels and reduction of cardiovascular risk via the consumption of phytosterols. <i>British Journal of Nutrition</i> , 2006, 96, S89-S93.	1.2	51
75	The Relationship Between Antioxidant Nutrient Intake and Cataracts in Older People. <i>International Journal for Vitamin and Nutrition Research</i> , 2006, 76, 359-366.	0.6	12
76	Responses to Two Weight-loss Programs Based on Approximating the Diet to the Ideal: Differences Associated with Increased Cereal or Vegetable Consumption. <i>International Journal for Vitamin and Nutrition Research</i> , 2006, 76, 367-376.	0.6	13
77	How justifiable is it to distort the energy profile of a diet to obtain benefits in body weight control?. <i>American Journal of Clinical Nutrition</i> , 2005, 82, 1140-1141.	2.2	5
78	Smoking and Passive Smoking as Conditioners of Folate Status in Young Women. <i>Journal of the American College of Nutrition</i> , 2004, 23, 365-371.	1.1	30
79	Thiamin status during the third trimester of pregnancy and its influence on thiamin concentrations in transition and mature breast milk. <i>British Journal of Nutrition</i> , 2004, 92, 129-135.	1.2	42
80	Influence of the desire to lose weight on food habits, and knowledge of the characteristics of a balanced diet, in a group of Madrid university students. <i>European Journal of Clinical Nutrition</i> , 2003, 57, S90-S93.	1.3	38
81	Relationship between habitual breakfast and intellectual performance (logical reasoning) in well-nourished schoolchildren of Madrid (Spain). <i>European Journal of Clinical Nutrition</i> , 2003, 57, S49-S53.	1.3	37
82	Influence of dietetic and anthropometric factors and of the type of sport practised on bone density in different groups of women. <i>European Journal of Clinical Nutrition</i> , 2003, 57, S58-S62.	1.3	26
83	Influence of Maternal Education on Food Consumption and Energy and Nutrient Intake in a Group of Pre-School Children from Madrid. <i>International Journal for Vitamin and Nutrition Research</i> , 2003, 73, 439-445.	0.6	15
84	Cognitive Function in Elderly People Is Influenced by Vitamin E Status. <i>Journal of Nutrition</i> , 2002, 132, 2065-2068.	1.3	69
85	Effect of Saturated Fatty Acid Consumption on Energy and Nutrient Intake and Blood Lipid Levels in Preschool Children. <i>Annals of Nutrition and Metabolism</i> , 2001, 45, 121-127.	1.0	5
86	The consumption of milk products in a group of pre-school children: Influence on serum lipid profile. <i>Nutrition Research</i> , 2000, 20, 779-790.	1.3	5
87	Influence of Calcium Intake on Gestational Hypertension. <i>Annals of Nutrition and Metabolism</i> , 1999, 43, 37-46.	1.0	26
88	Riboflavin Levels in Maternal Milk: The Influence of Vitamin B2 Status during the Third Trimester of Pregnancy. <i>Journal of the American College of Nutrition</i> , 1999, 18, 324-329.	1.1	16
89	Maternal vitamin E status during the third trimester of pregnancy in Spanish women: Influence on breast milk vitamin E concentration. <i>Nutrition Research</i> , 1999, 19, 25-36.	1.3	13
90	Zinc status of a group of pregnant Spanish women: Effects on anthropometric data and Apgar scores of neonates. <i>Nutrition Research</i> , 1999, 19, 1423-1428.	1.3	9

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91	The Age at which Meat is First Included in the Diet Affects the Incidence of Iron Deficiency and Ferropenic Anaemia in a Group of Pre-school Children from Madrid. <i>International Journal for Vitamin and Nutrition Research</i> , 1999, 69, 127-131.	0.6	10
92	The influence of saturated fatty acid consumption on energy and nutrient intake, blood lipid levels and iron indicators in a group of young women. <i>Nutrition Research</i> , 1998, 18, 671-682.	1.3	4
93	The relationship between the consumption of an inadequate breakfast and energy profile imbalance in preschool children. <i>Nutrition Research</i> , 1998, 18, 703-712.	1.3	7
94	The consumption of food, energy and nutrients in pregnant women: Differences with respect to smoking habits. <i>Nutrition Research</i> , 1998, 18, 1691-1701.	1.3	8
95	The Importance of Breakfast in Meeting Daily Recommended Calcium Intake in a Group of Schoolchildren. <i>Journal of the American College of Nutrition</i> , 1998, 17, 19-24.	1.1	39
96	The Influence of Smoking on Vitamin C Status During the Third Trimester of Pregnancy and on Vitamin C Levels in Maternal Milk. <i>Journal of the American College of Nutrition</i> , 1998, 17, 379-384.	1.1	40
97	Ascorbic acid levels in maternal milk: differences with respect to ascorbic acid status during the third trimester of pregnancy. <i>British Journal of Nutrition</i> , 1998, 79, 431-437.	1.2	24
98	Calcium levels in maternal milk: relationships with calcium intake during the third trimester of pregnancy. <i>British Journal of Nutrition</i> , 1998, 79, 501-507.	1.2	34
99	Influence of smoking on vitamin E status during the third trimester of pregnancy and on breast-milk tocopherol concentrations in Spanish women. <i>American Journal of Clinical Nutrition</i> , 1998, 68, 662-667.	2.2	71
100	Differences in diet and food habits between patients with gallstones and controls.. <i>Journal of the American College of Nutrition</i> , 1997, 16, 88-95.	1.1	69
101	The Relationship between Breakfast and Whole Diet Energy Profiles in a Group of Preschool Children. <i>Annals of Nutrition and Metabolism</i> , 1997, 41, 299-306.	1.0	6
102	Dietary intake and cognitive function in a group of elderly people. <i>American Journal of Clinical Nutrition</i> , 1997, 66, 803-809.	2.2	323
103	The female Spanish population: a group at risk of nutritional iron deficiency. <i>International Journal of Food Sciences and Nutrition</i> , 1997, 48, 271-279.	1.3	12
104	Concern regarding bodyweight and energy balance in a group of female university students from Madrid: differences with respect to body mass index.. <i>Journal of the American College of Nutrition</i> , 1997, 16, 244-251.	1.1	8
105	Vitamin A status during the third trimester of pregnancy in Spanish women: influence on concentrations of vitamin A in breast milk. <i>American Journal of Clinical Nutrition</i> , 1997, 66, 564-568.	2.2	70
106	Zinc levels in maternal milk: the influence of nutritional status with respect to zinc during the third trimester of pregnancy. <i>European Journal of Clinical Nutrition</i> , 1997, 51, 253-258.	1.3	37
107	Concern about nutrition and its relation to the food habits of a group of young university students from Madrid (Spain). <i>European Journal of Nutrition</i> , 1997, 36, 16-22.	4.6	12
108	Influence of the time spent watching television on the dietary habits, energy intake and nutrient intake of a group of Spanish adolescents. <i>Nutrition Research</i> , 1996, 16, 1467-1470.	1.3	12

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109	Dietary intake of a physically active elderly Spanish male group of high socioeconomic status. <i>International Journal of Food Sciences and Nutrition</i> , 1996, 47, 307-313.	1.3	9
110	Influence of the Intake of Fortified Breakfast Cereals on Dietary Habits and Nutritional Status of Spanish Schoolchildren. <i>Annals of Nutrition and Metabolism</i> , 1996, 40, 146-156.	1.0	35
111	Breakfast habits of different groups of Spanish schoolchildren. <i>Journal of Human Nutrition and Dietetics</i> , 1996, 9, 33-41.	1.3	9
112	Associations between obesity, breakfast-time food habits and intake of energy and nutrients in a group of elderly Madrid residents.. <i>Journal of the American College of Nutrition</i> , 1996, 15, 65-72.	1.1	42
113	A non-linear compartmental model to describe forage degradation kinetics during incubation in polyester bags in the rumen. <i>British Journal of Nutrition</i> , 1995, 73, 3-15.	1.2	99
114	Eating Behavior and Energy and Nutrient Intake in Overweight/Obese and Normal-Weight Spanish Elderly. <i>Annals of Nutrition and Metabolism</i> , 1995, 39, 371-378.	1.0	22
115	Dietary assessment of a group of elderly Spanish people. <i>International Journal of Food Sciences and Nutrition</i> , 1995, 46, 137-144.	1.3	17
116	Influence of smoking on folate intake and blood folate concentrations in a group of elderly Spanish men.. <i>Journal of the American College of Nutrition</i> , 1994, 13, 68-72.	1.1	43