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List of Publications by Year in descending order

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Version: 2024-02-01



#	Article	IF	CITATIONS
1	Effect of an Exercise Intervention on Functional Decline in Very Old Patients During Acute Hospitalizations. JAMA Internal Medicine, 2022, 182, 345.	2.6	11
2	Effects of a Tailored Exercise Intervention in Acutely Hospitalized Oldest Old Diabetic Adults: An Ancillary Analysis. Journal of Clinical Endocrinology and Metabolism, 2021, 106, e899-e906.	1.8	14
3	Physical Function and All-Cause Mortality in Older Adults Diagnosed With Cancer: A Systematic Review and Meta-Analysis. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2021, 76, 1447-1453.	1.7	40
4	Handgrip Strength as a Complementary Test for Mobility Limitations Assessment in Acutely Hospitalized Oldest Old. Rejuvenation Research, 2021, 24, 213-219.	0.9	13
5	Impact of Game-Based Interventions on Health-Related Outcomes in Hospitalized Older Patients: A Systematic Review. Journal of the American Medical Directors Association, 2021, 22, 364-371.e1.	1.2	12
6	Effects of Exercise Interventions on Inflammatory Parameters in Acutely Hospitalized Older Patients: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. Journal of Clinical Medicine, 2021, 10, 290.	1.0	4
7	Recovery of the Decline in Activities of Daily Living After Hospitalization Through an Individualized Exercise Program: Secondary Analysis of a Randomized Clinical Trial. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2021, 76, 1519-1523.	1.7	19
8	Cognitive Function Improvements Mediate Exercise Intervention Effects on Physical Performance in Acutely Hospitalized Older Adults. Journal of the American Medical Directors Association, 2021, 22, 787-791.	1.2	16
9	Exercise Effects on Brain and Muscle Function in Acutely Hospitalized Older Patients Assessed by Functional Near-Infrared Spectroscopy. Journal of the American Medical Directors Association, 2021, 22, 875-876.	1.2	4
10	Cardiorespiratory fitness and allâ€cause mortality in adults diagnosed with cancer systematic review and metaâ€analysis. Scandinavian Journal of Medicine and Science in Sports, 2021, 31, 1745-1752.	1.3	14
11	Effects of high-intensity interval training combined with traditional strength or power training on functionality and physical fitness in healthy older men: A randomized controlled trial. Experimental Gerontology, 2021, 149, 111321.	1.2	9
12	Handgrip strength as a moderator of the influence of age on olfactory impairment in US adult population ≥ 40Âyears of age. Scientific Reports, 2021, 11, 14085.	1.6	1
13	Red Blood Cell Distribution Width Trajectory During a Multicomponent Exercise in Hospitalized Older Adults: A Secondary Analysis of a Randomized Clinical Trial. Rejuvenation Research, 2021, 24, 294-296.	0.9	3
14	Effects of long-term concurrent training to failure or not in muscle power output, muscle quality and cardiometabolic risk factors in older men: A secondary analysis of a randomized clinical trial. Experimental Gerontology, 2020, 139, 111023.	1.2	7
15	A Feasibility Study for Implementation "Health Arcade†A Study Protocol for Prototype of Multidomain Intervention Based on Gamification Technologies in Acutely Hospitalized Older Patients. International Journal of Environmental Research and Public Health, 2020, 17, 8058.	1.2	4
16	Changes in muscle power after usual care or early structured exercise intervention in acutely hospitalized older adults. Journal of Cachexia, Sarcopenia and Muscle, 2020, 11, 997-1006.	2.9	36
17	Tailored exercise is safe and beneficial for acutely hospitalised older adults with chronic obstructive pulmonary disease. European Respiratory Journal, 2020, 56, 2001048.	3.1	11
18	Normative Values for the Short Physical Performance Battery (SPPB) and Their Association With Anthropometric Variables in Older Colombian Adults. The SABE Study, 2015. Frontiers in Medicine, 2020, 7, 52.	1.2	39

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19	Relative Handgrip Strength Diminishes the Negative Effects of Excess Adiposity on Dependence in Older Adults: A Moderation Analysis. Journal of Clinical Medicine, 2020, 9, 1152.	1.0	8
20	Safety and Effectiveness of Long-Term Exercise Interventions in Older Adults: A Systematic Review and Meta-analysis of Randomized Controlled Trials. Sports Medicine, 2020, 50, 1095-1106.	3.1	91
21	Interâ€individual variability in response to exercise intervention or usual care in hospitalized older adults. Journal of Cachexia, Sarcopenia and Muscle, 2019, 10, 1266-1275.	2.9	51
22	Assessing the impact of physical exercise on cognitive function in older medical patients during acute hospitalization: Secondary analysis of a randomized trial. PLoS Medicine, 2019, 16, e1002852.	3.9	64
23	Physical Exercise Improves Function in Acutely Hospitalized Older Patients: Secondary Analysis of a Randomized Clinical Trial. Journal of the American Medical Directors Association, 2019, 20, 866-873.	1.2	24
24	Effect of a multicomponent exercise programme (VIVIFRAIL) on functional capacity in frail community elders with cognitive decline: study protocol for a randomized multicentre control trial. Trials, 2019, 20, 362.	0.7	63
25	Quantifying physical functional trajectory in hospitalized older adults using body worn inertial sensors. Journal of Biomechanics, 2019, 92, 105-111.	0.9	2
26	Role of muscle power output as a mediator between gait variability and gait velocity in hospitalized older adults. Experimental Gerontology, 2019, 124, 110631.	1.2	7
27	Multicomponent exercise and the hallmarks of frailty: Considerations on cognitive impairment and acute hospitalization. Experimental Gerontology, 2019, 122, 10-14.	1.2	70
28	Effect of Exercise Intervention on Functional Decline in Very Elderly Patients During Acute Hospitalization. JAMA Internal Medicine, 2019, 179, 28.	2.6	288
29	Role of physical exercise on cognitive function in healthy older adults: A systematic review of randomized clinical trials. Ageing Research Reviews, 2017, 37, 117-134.	5.0	142
30	Heterogeneity of Different Tools for Detecting the Prevalence of Frailty in Nursing Homes: Feasibility and Meaning of Different Approaches. Journal of the American Medical Directors Association, 2017, 18, 898.e1-898.e8.	1.2	24
31	latrogenic Nosocomial Disability Diagnosis and Prevention. Journal of the American Medical Directors Association, 2016, 17, 762-764.	1.2	26