

Marta Garaulet

List of Publications by Year in descending order

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Version: 2024-02-01

160
papers

9,251
citations

29994

54
h-index

48187

88
g-index

173
all docs

173
docs citations

173
times ranked

9910
citing authors

#	ARTICLE	IF	CITATIONS
1	Timing of food intake predicts weight loss effectiveness. <i>International Journal of Obesity</i> , 2013, 37, 604-611.	1.6	474
2	Genome-wide association study identifies genetic loci for self-reported habitual sleep duration supported by accelerometer-derived estimates. <i>Nature Communications</i> , 2019, 10, 1100.	5.8	369
3	Short sleep duration is associated with increased obesity markers in European adolescents: effect of physical activity and dietary habits. The HELENA study. <i>International Journal of Obesity</i> , 2011, 35, 1308-1317.	1.6	329
4	Lifestyle recommendations for the prevention and management of metabolic syndrome: an international panel recommendation. <i>Nutrition Reviews</i> , 2017, 75, 307-326.	2.6	294
5	Later circadian timing of food intake is associated with increased body fat. <i>American Journal of Clinical Nutrition</i> , 2017, 106, 1213-1219.	2.2	280
6	Timing of food intake and obesity: A novel association. <i>Physiology and Behavior</i> , 2014, 134, 44-50.	1.0	263
7	Site-specific differences in the fatty acid composition of abdominal adipose tissue in an obese population from a Mediterranean area: relation with dietary fatty acids, plasma lipid profile, serum insulin, and central obesity. <i>American Journal of Clinical Nutrition</i> , 2001, 74, 585-591.	2.2	188
8	Meal timing affects glucose tolerance, substrate oxidation and circadian-related variables: A randomized, crossover trial. <i>International Journal of Obesity</i> , 2015, 39, 828-833.	1.6	188
9	The chronobiology, etiology and pathophysiology of obesity. <i>International Journal of Obesity</i> , 2010, 34, 1667-1683.	1.6	183
10	Relationship between fat cell size and number and fatty acid composition in adipose tissue from different fat depots in overweight/obese humans. <i>International Journal of Obesity</i> , 2006, 30, 899-905.	1.6	171
11	Harmonization of anthropometric measurements for a multicenter nutrition survey in Spanish adolescents. <i>Nutrition</i> , 2003, 19, 481-486.	1.1	165
12	CLOCK, PER2 and BMAL1 DNA Methylation: Association with Obesity and Metabolic Syndrome Characteristics and Monounsaturated Fat Intake. <i>Chronobiology International</i> , 2012, 29, 1180-1194.	0.9	165
13	Meal timing and obesity: interactions with macronutrient intake and chronotype. <i>International Journal of Obesity</i> , 2019, 43, 1701-1711.	1.6	151
14	Chronobiological aspects of nutrition, metabolic syndrome and obesity. <i>Advanced Drug Delivery Reviews</i> , 2010, 62, 967-978.	6.6	145
15	CLOCK genetic variation and metabolic syndrome risk: modulation by monounsaturated fatty acids. <i>American Journal of Clinical Nutrition</i> , 2009, 90, 1466-1475.	2.2	144
16	Clock genes are implicated in the human metabolic syndrome. <i>International Journal of Obesity</i> , 2008, 32, 121-128.	1.6	142
17	Acute Melatonin Administration in Humans Impairs Glucose Tolerance in Both the Morning and Evening. <i>Sleep</i> , 2014, 37, 1715-1719.	0.6	140
18	Genetic determinants of daytime napping and effects on cardiometabolic health. <i>Nature Communications</i> , 2021, 12, 900.	5.8	136

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19	Chronobiology, genetics and metabolic syndrome. <i>Current Opinion in Lipidology</i> , 2009, 20, 127-134.	1.2	130
20	Timing of food intake impacts daily rhythms of human salivary microbiota: a randomized, crossover study. <i>FASEB Journal</i> , 2018, 32, 2060-2072.	0.2	126
21	CLOCK gene is implicated in weight reduction in obese patients participating in a dietary programme based on the Mediterranean diet. <i>International Journal of Obesity</i> , 2010, 34, 516-523.	1.6	123
22	Timing of Breakfast, Lunch, and Dinner. Effects on Obesity and Metabolic Risk. <i>Nutrients</i> , 2019, 11, 2624.	1.7	113
23	Ghrelin, Sleep Reduction and Evening Preference: Relationships to CLOCK 3111 T/C SNP and Weight Loss. <i>PLoS ONE</i> , 2011, 6, e17435.	1.1	112
24	Circadian Rhythm of Clock Genes in Human Adipose Explants. <i>Obesity</i> , 2009, 17, 1481-1485.	1.5	106
25	Daily profile in two circadian markers –melatonin and cortisol–and associations with metabolic syndrome components. <i>Physiology and Behavior</i> , 2014, 123, 231-235.	1.0	103
26	The Circadian Clock in White and Brown Adipose Tissue: Mechanistic, Endocrine, and Clinical Aspects. <i>Endocrine Reviews</i> , 2018, 39, 261-273.	8.9	102
27	Anthropometric body fat composition reference values in Spanish adolescents. The AVENA Study. <i>European Journal of Clinical Nutrition</i> , 2006, 60, 191-196.	1.3	95
28	PERIOD2 Variants Are Associated with Abdominal Obesity, Psycho-Behavioral Factors, and Attrition in the Dietary Treatment of Obesity. <i>Journal of the American Dietetic Association</i> , 2010, 110, 917-921.	1.3	94
29	Circadian rhythms, food timing and obesity. <i>Proceedings of the Nutrition Society</i> , 2016, 75, 501-511.	0.4	90
30	Timing of food intake is associated with weight loss evolution in severe obese patients after bariatric surgery. <i>Clinical Nutrition</i> , 2016, 35, 1308-1314.	2.3	90
31	Melatonin Effects on Glucose Metabolism: Time To Unlock the Controversy. <i>Trends in Endocrinology and Metabolism</i> , 2020, 31, 192-204.	3.1	89
32	Sex differences in the circadian misalignment effects on energy regulation. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2019, 116, 23806-23812.	3.3	87
33	Body fat distribution reference standards in Spanish adolescents: the AVENA Study. <i>International Journal of Obesity</i> , 2007, 31, 1798-1805.	1.6	83
34	Late dinner impairs glucose tolerance in MTNR1B risk allele carriers: A randomized, cross-over study. <i>Clinical Nutrition</i> , 2018, 37, 1133-1140.	2.3	83
35	Genetic variants in human CLOCK associate with total energy intake and cytokine sleep factors in overweight subjects (GOLDN population). <i>European Journal of Human Genetics</i> , 2010, 18, 364-369.	1.4	81
36	SIRT1 and CLOCK 3111T>C combined genotype is associated with evening preference and weight loss resistance in a behavioral therapy treatment for obesity. <i>International Journal of Obesity</i> , 2012, 36, 1436-1441.	1.6	79

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37	Differences in Daily Rhythms of Wrist Temperature Between Obese and Normal-Weight Women: Associations With Metabolic Syndrome Features. <i>Chronobiology International</i> , 2011, 28, 425-433.	0.9	78
38	Modifiable lifestyle behaviors, but not a genetic risk score, associate with metabolic syndrome in evening chronotypes. <i>Scientific Reports</i> , 2018, 8, 945.	1.6	78
39	Ghrelin is impacted by the endogenous circadian system and by circadian misalignment in humans. <i>International Journal of Obesity</i> , 2019, 43, 1644-1649.	1.6	78
40	Adiponectin, the controversial hormone. <i>Public Health Nutrition</i> , 2007, 10, 1145-1150.	1.1	76
41	Common type 2 diabetes risk variant in MTNR1B worsens the deleterious effect of melatonin on glucose tolerance in humans. <i>Metabolism: Clinical and Experimental</i> , 2015, 64, 1650-1657.	1.5	76
42	Late eating is associated with cardiometabolic risk traits, obesogenic behaviors, and impaired weight loss. <i>American Journal of Clinical Nutrition</i> , 2021, 113, 154-161.	2.2	74
43	Adiponectin Gene Expression and Plasma Values in Obese Women during Very-Low-Calorie Diet. Relationship with Cardiovascular Risk Factors and Insulin Resistance. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2004, 89, 756-760.	1.8	70
44	Circadian Expression of Adiponectin and Its Receptors in Human Adipose Tissue. <i>Endocrinology</i> , 2010, 151, 115-122.	1.4	70
45	Differences in Dietary Intake and Activity Level Between Normal-Weight and Overweight or Obese Adolescents. <i>Journal of Pediatric Gastroenterology and Nutrition</i> , 2000, 30, 253-258.	0.9	70
46	<i>PPAR</i> γ Pro12Ala interacts with fat intake for obesity and weight loss in a behavioural treatment based on the Mediterranean diet. <i>Molecular Nutrition and Food Research</i> , 2011, 55, 1771-1779.	1.5	66
47	Evening chronotype associates with obesity in severely obese subjects: interaction with CLOCK 3111T/C. <i>International Journal of Obesity</i> , 2016, 40, 1550-1557.	1.6	65
48	Association between self-reported sleep duration and dietary quality in European adolescents. <i>British Journal of Nutrition</i> , 2013, 110, 949-959.	1.2	63
49	Self-reported sleep duration, white blood cell counts and cytokine profiles in European adolescents: the HELENA study. <i>Sleep Medicine</i> , 2014, 15, 1251-1258.	0.8	62
50	Cortisol secretory pattern and glucocorticoid feedback sensitivity in women from a Mediterranean area: relationship with anthropometric characteristics, dietary intake and plasma fatty acid profile. <i>Clinical Endocrinology</i> , 2007, 66, 185-191.	1.2	61
51	APOA5 Gene Variation Interacts with Dietary Fat Intake to Modulate Obesity and Circulating Triglycerides in a Mediterranean Population. <i>Journal of Nutrition</i> , 2011, 141, 380-385.	1.3	59
52	Beneficial effect of <i>CLOCK</i> gene polymorphism rs1801260 in combination with low-fat diet on insulin metabolism in the patients with metabolic syndrome. <i>Chronobiology International</i> , 2014, 31, 401-408.	0.9	59
53	Timing of Food Intake: Identifying Contributing Factors to Design Effective Interventions. <i>Advances in Nutrition</i> , 2019, 10, 606-620.	2.9	58
54	Small Birth Weight and Later Body Composition and Fat Distribution in Adolescents: The AVENA Study. <i>Obesity</i> , 2008, 16, 1680-1686.	1.5	56

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55	Role of DHEA-S on body fat distribution: Gender- and depot-specific stimulation of adipose tissue lipolysis. <i>Steroids</i> , 2008, 73, 209-215.	0.8	56
56	Differences in circadian rhythmicity in CLOCK 3111T/C genetic variants in moderate obese women as assessed by thermometry, actimetry and body position. <i>International Journal of Obesity</i> , 2013, 37, 1044-1050.	1.6	56
57	<i>CRY1</i> circadian gene variant interacts with carbohydrate intake for insulin resistance in two independent populations: Mediterranean and North American. <i>Chronobiology International</i> , 2014, 31, 660-667.	0.9	56
58	An approximation to the temporal order in endogenous circadian rhythms of genes implicated in human adipose tissue metabolism. <i>Journal of Cellular Physiology</i> , 2011, 226, 2075-2080.	2.0	55
59	Effectiveness of cognitive-behavioral therapy based on the Mediterranean diet for the treatment of obesity. <i>Nutrition</i> , 2009, 25, 861-869.	1.1	54
60	Human adipose tissue expresses intrinsic circadian rhythm in insulin sensitivity. <i>FASEB Journal</i> , 2016, 30, 3117-3123.	0.2	54
61	Circadian rhythmicity as a predictor of weight-loss effectiveness. <i>International Journal of Obesity</i> , 2014, 38, 1083-1088.	1.6	53
62	Gene-Environment Interactions of Circadian-Related Genes for Cardiometabolic Traits. <i>Diabetes Care</i> , 2015, 38, 1456-1466.	4.3	52
63	Expression of cortisol metabolism-related genes shows circadian rhythmic patterns in human adipose tissue. <i>International Journal of Obesity</i> , 2009, 33, 473-480.	1.6	51
64	Daytime eating prevents internal circadian misalignment and glucose intolerance in night work. <i>Science Advances</i> , 2021, 7, eabg9910.	4.7	46
65	Effects of resveratrol on changes induced by high-fat feeding on clock genes in rats. <i>British Journal of Nutrition</i> , 2013, 110, 1421-1428.	1.2	45
66	Relation between degree of obesity and site-specific adipose tissue fatty acid composition in a Mediterranean population. <i>Nutrition</i> , 2011, 27, 170-176.	1.1	44
67	Glucocorticoids Affect 24 h Clock Genes Expression in Human Adipose Tissue Explant Cultures. <i>PLoS ONE</i> , 2012, 7, e50435.	1.1	44
68	Effect of DHEA-sulfate on adiponectin gene expression in adipose tissue from different fat depots in morbidly obese humans. <i>European Journal of Endocrinology</i> , 2006, 155, 593-600.	1.9	43
69	<i>REV</i> \leftrightarrow <i>ERB</i> \leftrightarrow <i>ALPHA</i> circadian gene variant associates with obesity in two independent populations: <i>Mediterranean</i> and <i>North American</i> . <i>Molecular Nutrition and Food Research</i> , 2014, 58, 821-829.	1.5	43
70	Relationship among Adiponectin, Adiponectin Gene Expression and Fatty Acids Composition in Morbidly Obese Patients. <i>Obesity Surgery</i> , 2007, 17, 516-524.	1.1	42
71	Translational evidence of endothelial damage in obese individuals: inflammatory and prothrombotic responses. <i>Journal of Thrombosis and Haemostasis</i> , 2011, 9, 1236-1245.	1.9	40
72	Caloric and Macronutrient Intake Differ with Circadian Phase and between Lean and Overweight Young Adults. <i>Nutrients</i> , 2019, 11, 587.	1.7	40

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73	CLOCK 3111 T/C SNP Interacts with Emotional Eating Behavior for Weight-Loss in a Mediterranean Population. PLoS ONE, 2014, 9, e99152.	1.1	37
74	Lunch eating predicts weight-loss effectiveness in carriers of the common allele at PERILIPIN1: the ONTIME (Obesity, Nutrigenetics, Timing, Mediterranean) study. American Journal of Clinical Nutrition, 2016, 104, 1160-1166.	2.2	37
75	Fragmentation of daily rhythms associates with obesity and cardiorespiratory fitness in adolescents: The HELENA study. Clinical Nutrition, 2017, 36, 1558-1566.	2.3	35
76	Genome-wide association study of breakfast skipping links clock regulation with food timing. American Journal of Clinical Nutrition, 2019, 110, 473-484.	2.2	34
77	Late Eating Is Associated with Obesity, Inflammatory Markers and Circadian-Related Disturbances in School-Aged Children. Nutrients, 2020, 12, 2881.	1.7	34
78	Toward a chronobiological characterization of obesity and metabolic syndrome in clinical practice. Clinical Nutrition, 2015, 34, 477-483.	2.3	32
79	Menopause status is associated with circadian- and sleep-related alterations. Menopause, 2016, 23, 682-690.	0.8	32
80	Evening types have social jet lag and metabolic alterations in school-age children. Scientific Reports, 2020, 10, 16747.	1.6	32
81	Heritability of the timing of food intake. Clinical Nutrition, 2019, 38, 767-773.	2.3	31
82	Chronic consumption of a low-fat diet improves cardiometabolic risk factors according to theCLOCKgene in patients with coronary heart disease. Molecular Nutrition and Food Research, 2015, 59, 2556-2564.	1.5	27
83	Saliva as a non-invasive tool for assessment of metabolic and inflammatory biomarkers in children. Clinical Nutrition, 2020, 39, 2471-2478.	2.3	27
84	Risk of Inadequate Intakes of Vitamins A, B1, B6, C, E, Folate, Iron and Calcium in the Spanish Population Aged 4 to 18. International Journal for Vitamin and Nutrition Research, 2001, 71, 325-331.	0.6	26
85	Two-dimensional Predictive Equation to Classify Visceral Obesity in Clinical Practice*. Obesity, 2006, 14, 1181-1191.	1.5	26
86	Age-related changes in fatty acids from different adipose depots in rat and their association with adiposity and insulin. Nutrition, 2008, 24, 1013-1022.	1.1	26
87	Sexual Dimorphism in Clock Genes Expression in Human Adipose Tissue. Obesity Surgery, 2012, 22, 105-112.	1.1	26
88	Methylation on the Circadian Gene <i>BMAL1</i> Is Associated with the Effects of a Weight Loss Intervention on Serum Lipid Levels. Journal of Biological Rhythms, 2016, 31, 308-317.	1.4	26
89	Interplay of Dinner Timing and <i>MTNR1B</i> Type 2 Diabetes Risk Variant on Glucose Tolerance and Insulin Secretion: A Randomized Crossover Trial. Diabetes Care, 2022, 45, 512-519.	4.3	26
90	Birth weight and blood lipid levels in Spanish adolescents: Influence of selected APOE, APOC3 and PPARgamma2 gene polymorphisms. The AVENA Study. BMC Medical Genetics, 2008, 9, 98.	2.1	25

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91	Circadian system heritability as assessed by wrist temperature: A twin study. <i>Chronobiology International</i> , 2015, 32, 71-80.	0.9	25
92	Relationship of Excess Weight with Clinical Activity and Dietary Intake Deficiencies in Systemic Lupus Erythematosus Patients. <i>Nutrients</i> , 2019, 11, 2683.	1.7	25
93	Timing and duration of sleep and meals in obese and normal weight women. Association with increase blood pressure. <i>Appetite</i> , 2012, 59, 9-16.	1.8	24
94	Apolipoprotein A-II polymorphism: relationships to behavioural and hormonal mediators of obesity. <i>International Journal of Obesity</i> , 2012, 36, 130-136.	1.6	24
95	Weight loss and possible reasons for dropping out of a dietary/behavioural programme in the treatment of overweight patients. <i>Journal of Human Nutrition and Dietetics</i> , 1999, 12, 219-227.	1.3	23
96	Interrelationship between serum lipid profile, serum hormones and other components of the metabolic syndrome. <i>Journal of Physiology and Biochemistry</i> , 2002, 58, 151-160.	1.3	23
97	Differential effect of oral dehydroepiandrosterone sulphate on metabolic syndrome features in pre- and postmenopausal obese women. <i>Clinical Endocrinology</i> , 2012, 77, 548-554.	1.2	23
98	Serum Lipids, Body Mass Index and Waist Circumference during Pubertal Development in Spanish Adolescents: The AVENA Study. <i>Hormone and Metabolic Research</i> , 2006, 38, 832-837.	0.7	22
99	Chronobiological aspects of obesity and metabolic syndrome. <i>Endocrinología y Nutrición (English)</i> 11, 107-114. <small>0.5</small> / <small>22</small>	0.5	22
100	Evening physical activity alters wrist temperature circadian rhythmicity. <i>Chronobiology International</i> , 2014, 31, 276-282.	0.9	22
101	Body composition and physical performance of Spanish adolescents: the AVENA pilot study. <i>Acta Diabetologica</i> , 2003, 40, s299-s301.	1.2	21
102	Reference values for serum lipids and lipoproteins in Spanish adolescents: the AVENA study. <i>International Journal of Public Health</i> , 2006, 51, 99-109.	2.7	21
103	Dehydroepiandrosterone prevents age-associated alterations, increasing insulin sensitivity. <i>Journal of Nutritional Biochemistry</i> , 2008, 19, 809-818.	1.9	21
104	Adiponectin is involved in the protective effect of DHEA against metabolic risk in aged rats. <i>Steroids</i> , 2008, 73, 1128-1136.	0.8	20
105	Blunted rest-activity rhythms link to higher body mass index and inflammatory markers in children. <i>Sleep</i> , 2021, 44, .	0.6	20
106	Heritability of siesta and night-time sleep as continuously assessed by a circadian-related integrated measure. <i>Scientific Reports</i> , 2017, 7, 12340.	1.6	19
107	Effect of dehydroepiandrosterone on protein and fat digestibility, body protein and muscular composition in high-fat-diet-fed old rats. <i>British Journal of Nutrition</i> , 2007, 97, 464-470.	1.2	18
108	Insulin effect on adipose tissue (AT) adiponectin expression is regulated by the insulin resistance status of the patients. <i>Clinical Endocrinology</i> , 2008, 69, 412-417.	1.2	18

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109	“Evening chronotype associates with increased triglyceride levels in young adults in two independent populations”. <i>Clinical Nutrition</i> , 2021, 40, 2373-2380.	2.3	18
110	Anthropometric indexes for visceral fat estimation in overweight/obese women attending to age and menopausal status. <i>Journal of Physiology and Biochemistry</i> , 2006, 62, 245-252.	1.3	17
111	Chronobiology and obesity: the orchestra out of tune. <i>Clinical Lipidology</i> , 2010, 5, 181-188.	0.4	17
112	Influence of menopause on adipose tissue clock gene genotype and its relationship with metabolic syndrome in morbidly obese women. <i>Age</i> , 2012, 34, 1369-1380.	3.0	17
113	Emotional Eating and Dietary Patterns: Reflecting Food Choices in People with and without Abdominal Obesity. <i>Nutrients</i> , 2022, 14, 1371.	1.7	17
114	Differential menopause- versus aging-induced changes in oxidative stress and circadian rhythm gene markers. <i>Mechanisms of Ageing and Development</i> , 2017, 164, 41-48.	2.2	16
115	Effect of the Ala12 Allele in the PPAR β -2 Gene on the Relationship Between Birth Weight and Body Composition in Adolescents: The AVENA Study. <i>Pediatric Research</i> , 2007, 62, 615-619.	1.1	15
116	Dehydroepiandrosterone-Sulfate Modifies Human Fatty Acid Composition of Different Adipose Tissue Depots. <i>Obesity Surgery</i> , 2011, 21, 102-111.	1.1	15
117	Chronodisruption and diet associated with increased cardiometabolic risk in coronary heart disease patients: the CORDIOPREV study. <i>Translational Research</i> , 2022, 242, 79-92.	2.2	15
118	Differences in AMPK expression between subcutaneous and visceral adipose tissue in morbid obesity. <i>Regulatory Peptides</i> , 2010, 163, 31-36.	1.9	14
119	Stability of the timing of food intake at daily and monthly timescales in young adults. <i>Scientific Reports</i> , 2020, 10, 20849.	1.6	14
120	Anti-COVID-19 measures threaten our healthy body weight: Changes in sleep and external synchronizers of circadian clocks during confinement. <i>Clinical Nutrition</i> , 2022, 41, 2988-2995.	2.3	14
121	Chronobiology and obesity. <i>Nutricion Hospitalaria</i> , 2013, 28 Suppl 5, 114-20.	0.2	13
122	Dehydroepiandrosterone modifies rat fatty acid composition of serum and different adipose tissue depots and lowers serum insulin levels. <i>Journal of Endocrinology</i> , 2009, 201, 67-74.	1.2	12
123	“ From Different Sources Protect From Metabolic Alterations to Obese Patients: A Factor Analysis. <i>Obesity</i> , 2009, 17, 452-459.	1.5	12
124	Dehydroepiandrosterone-sulphate replacement improves the human plasma fatty acid profile in plasma of obese women. <i>Steroids</i> , 2011, 76, 1425-1432.	0.8	12
125	Circadian Rhythms in Hormone-sensitive Lipase in Human Adipose Tissue: Relationship to Meal Timing and Fasting Duration. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2020, 105, e4407-e4416.	1.8	12
126	Adiposity and dietary intake in cardiovascular risk in an obese population from a Mediterranean area. <i>Journal of Physiology and Biochemistry</i> , 2004, 60, 39-49.	1.3	11

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127	Profile of adipose tissue gene expression in premenopausal and postmenopausal women. <i>Menopause</i> , 2011, 18, 675-684.	0.8	11
128	Assessment of MTNR1B Type 2 Diabetes Genetic Risk Modification by Shift Work and Morningness-Eveningness Preference in the UK Biobank. <i>Diabetes</i> , 2020, 69, 259-266.	0.3	11
129	Healthy Obese Subjects Differ in Chronotype, Sleep Habits, and Adipose Tissue Fatty Acid Composition from Their Non-Healthy Counterparts. <i>Nutrients</i> , 2021, 13, 119.	1.7	11
130	Endocrine, metabolic and nutritional factors in obesity and their relative significance as studied by factor analysis. <i>International Journal of Obesity</i> , 2001, 25, 243-251.	1.6	10
131	Tissue-Specific Interaction of Per1/2 and Dec2 in the Regulation of Fibroblast Circadian Rhythms. <i>Journal of Biological Rhythms</i> , 2012, 27, 478-489.	1.4	10
132	Trends in the mediterranean diet in children from south-east Spain. <i>Nutrition Research</i> , 1998, 18, 979-988.	1.3	9
133	Circadian health differs between boys and girls as assessed by non-invasive tools in school-aged children. <i>Clinical Nutrition</i> , 2019, 38, 774-781.	2.3	9
134	Proof-of-principle demonstration of endogenous circadian system and circadian misalignment effects on human oral microbiota. <i>FASEB Journal</i> , 2022, 36, e22043.	0.2	9
135	Behavioural therapy in the treatment of obesity (II): role of the Mediterranean diet. <i>Nutricion Hospitalaria</i> , 2010, 25, 9-17.	0.2	9
136	Resistance to Dietary Obesity in Rats Given Different High-Energy Diets. <i>International Journal for Vitamin and Nutrition Research</i> , 2006, 76, 271-279.	0.6	8
137	Timing of chocolate intake affects hunger, substrate oxidation, and microbiota: A randomized controlled trial. <i>FASEB Journal</i> , 2021, 35, e21649.	0.2	8
138	Application of multiparametric procedures for assessing the heritability of circadian health. <i>Chronobiology International</i> , 2016, 33, 234-244.	0.9	7
139	Consensus document and conclusions. Methodology of dietary surveys, studies on nutrition, physical activity and other lifestyles. <i>Nutricion Hospitalaria</i> , 2015, 31 Suppl 3, 9-11.	0.2	7
140	New computed tomography-derived indices to predict cardiovascular and insulin-resistance risks in overweight/obese patients. <i>European Journal of Clinical Nutrition</i> , 2009, 63, 887-897.	1.3	6
141	Chronobiology: Influences on Metabolic Syndrome and Cardiovascular Risk. <i>Current Cardiovascular Risk Reports</i> , 2010, 4, 15-23.	0.8	6
142	Role of cardiotrophin-1 in the regulation of metabolic circadian rhythms and adipose core clock genes in mice and characterization of 24-h circulating CT-1 profiles in normal-weight and overweight/obese subjects. <i>FASEB Journal</i> , 2017, 31, 1639-1649.	0.2	6
143	Serotonin transporter promoter polymorphism modulates the ability to control food intake: Effect on total weight loss. <i>Molecular Nutrition and Food Research</i> , 2017, 61, 1700494.	1.5	6
144	Circadian period of luciferase expression shortens with age in human mature adipocytes from obese patients. <i>FASEB Journal</i> , 2019, 33, 175-180.	0.2	6

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145	Early Appearance of Epicardial Adipose Tissue through Human Development. <i>Nutrients</i> , 2021, 13, 2906.	1.7	6
146	How Accurately Can We Recall the Timing of Food Intake? A Comparison of Food Times from Recall-Based Survey Questions and Daily Food Records. <i>Current Developments in Nutrition</i> , 2022, 6, nzac002.	0.1	6
147	Methods for monitoring the functional status of the circadian system in dietary surveys studies: application criteria and interpretation of results. <i>Nutricion Hospitalaria</i> , 2015, 31 Suppl 3, 279-89.	0.2	3
148	Adipose Tissue as a Peripheral Clock. , 2013, , 29-53.		2
149	Infancy and Childhood Obesity Grade Predicts Weight Loss in Adulthood: The ONTIME Study. <i>Nutrients</i> , 2021, 13, 2132.	1.7	2
150	Daily Rhythm of Fractal Cardiac Dynamics Links to Weight Loss Resistance: Interaction with CLOCK 3111T/C Genetic Variant. <i>Nutrients</i> , 2021, 13, 2463.	1.7	2
151	Reply to HS Kahn and R Valdez. <i>American Journal of Clinical Nutrition</i> , 2002, 75, 1124.	2.2	1
152	The Mediterranean Diet and Obesity from a Nutrigenetic and Epigenetics Perspective. , 2015, , 237-247.		1
153	Response to comment: Anti-COVID-19 measures threaten our healthy body weight: Changes in sleep and external synchronizers of circadian clocks during confinement. <i>Clinical Nutrition</i> , 2022, 41, 3135-3136.	2.3	1
154	The Role of Site-Specific Adipose Tissue Fatty Acid Composition in Obesity. , 2014, , 489-502.		0
155	Exercise, Diet, and Obese Adolescents. , 2015, , 77-83.		0
156	0045 Decreased Oral Glucose Tolerance And Insulin Response During Biological Evening Versus Morning Among Adults Under Free-living Conditions. <i>Sleep</i> , 2019, 42, A18-A19.	0.6	0
157	Genetics of Chrononutrition. , 2020, , 141-151.		0
158	Genetics in Chronobiology and Obesity. , 2013, , 133-160.		0
159	Chrononutrition. , 2022, , .		0
160	Later energy intake relative to mathematically modeled circadian time is associated with higher percentage body fat. <i>Obesity</i> , 2023, 31, 50-56.	1.5	0